TWIN BABY HUMANS & TWIN BABY GOATS & INSPIRING SCIENTISTS
TRANSFORMING FEAR & MOUNTAIN MAMAS & SPRING FAMILY CALENDAR
SPRING BREAK & SUMMER CAMP DIRECTORY & MORE!





Gisela Genschow, Director

Join us for our Summer Session!

Classes begin June 4!

**Ballet** 

**Creative Dance** 

Modern

Jazz

Folklórico

Flamenco

**Adult Ballet** 

Adult Tap

PLEASE REGISTER FOR SUMMER CLASSES ONLINE: www.aspensantafeballet.com

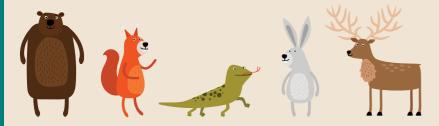
550B St. Michael's Drive, Santa Fe, New Mexico 87505 phone 505-983-5591 fax 505-992-1027



Join Olivia Owl & Visit

# VoteDifferentSantaFe.com

where you can find videos that explain how Ranked Choice Voting works, FAQs, AND a practice ballot for our mock-election to select a Mayor of "Animal Town"!



	<b>1</b> st CHOICE	2 <sup>nd</sup> CHOICE	3 <sup>rd</sup> CHOICE	4 <sup>th</sup> CHOICE	5 <sup>th</sup> CHOICE
Betty Bear	0	0		0	0
Felix Fox	0	0	0	0	
Lucinda Lizard		0	0	0	0
Roberto Rabbit	0	0	0		0
Diego Deer	0		0	0	0

La página de internet de ¡Vota Differente Santa Fe! ahora esta en español.

Follow us on 🖪 🍑 at @SantaFeGov for more videos, resources, and sample ballots!

**#VoteDifferentSantaFe** 



Early Voting starts February 14 Election day is March 6

May 28th to August 10th



#### **EXCITING OUTDOOR PROGRAMS**

**Day Campers and Little Trekkers** 

entering grades K-2nd

Young Trekkers

entering grades 3rd and 4th

**Outdoor Trekkers** 

entering grades 5th-7th

HIKING, KAYAKING, ROCK CLIMBING, ART, COOKING, YOGA, GARDENING, SWIMMING AND SO MUCH MORE!

\$310 +tax per week for full days (7:45am-6pm) \$290 +tax per week for short day program (7:45am-3:30pm) for grades K-1st.

Friday field trips to Albuquerque for the older groups.

#### **REGISTER ONLINE TODAY!**

childrensadventurecompany.org



505-988-7201 · 935 Alto Street, Santa Fe, NM childrensadventurecompany@gmail.com



# **Notes from Claudette**

# OLD LIONS,

#### ONE two three... ONE

two three...

It's New Year's Eve, the cusp of 1970. The sea air is thick with humidity and the smell of night jasmine blossoms. Dad and I are on the patio downstairs from my grandparents' apartment in Hallandale, Florida. Dad's leading me through a box step, counting out a waltz rhythm, humming "Moon River."

Dad's elegance as a ballroom dancer is family legend, but I've got an ulterior motive here. This is what spy novels call a "lure." I've been enlisted to keep him out of the apartment for a half-hour, while the rest of the family is decorating the apartment for a joint New Year's and birthday surprise. Tomorrow is Dad's birthday.

Dad may have a hunch about his pre-teen daughter's sudden curiosity

about ballroom dancing. Yes, these are still the days when adults might foxtrot to "Fly Me to the Moon" at a Saturday evening dinner-dance. I have a few school dances ahead of me, but we're more likely to hear "Hey Jude," or "Jeremiah was a Bullfrog," than Andy Williams.

I'm not good yet at keeping secrets; that skill will come, but at 11 I still believe my feelings are written on my face. Yet keeping a secret from my dad somehow feels like keeping a secret *with* my dad. There's an air of the familiar and the exotic to this gentle lion. As he leads me through a box step — *ONE two three*, *ONE two three* — I feel we're in on something together.

These are the moments I remember now about my dad. The way he folded his pants (which he called slacks) neatly down the crease and draped them over the bar of a hanger. How he'd watch me quietly as I played solitaire, saying softly, "Look at your six," if I missed a play. The way his eyes twinkled before he told a joke, and the soft edges of his humor. His seemingly endless process of making a bed — smoothing the bottom sheet, tucking the corners, pulling up the top sheet carefully and folding it evenly over the blanket from one end to the other — as if details really do matter.

Where did he learn that ballroom dancing? Only in the nightclubs of Shanghai before World War II, as I learned interviewing him for what became my book about him, *Farewell*, *Aleppo*. (See my ad on page 23.)

Continued on page 6



"Starry Night," chalk pastel, by Audriana Wood, 8, Dragonfly Art Studio (based on a lesson on Georges Seurat)

# Tumblewoeds

Volume 23 Number 4

Editor/Publisher: Claudette E. Sutton

Assistant Editors: Steve Harrington and Katy Yanda

Calendar and Directory Editor: Alicia Inez Guzmán

#### **Contributors:**

Kyce Bello, Katie Chavez Cook, Perli Cunanan, Hilary DeVries, Nancy Guthrie, Katie Macaulay, Amy Miller, Darya Peterson-Glass, Diane Smogor, Whitney J. Spivey, Christy Wall, Stephanie Walther

**Spanish Editor:** Flor de María Oliva

**Graphic Designer:** Ann Hackett

**Cover Photographer:** Ana June

Ad/Photo Manager: Megan Parton

Web Designer: Artotems Co.

Tumbleweeds is a quarterly newspaper for all Santa Fe families and people who work with or care about children.

We welcome letters, artwork and articles from our readers on personal and professional experiences with children.

Please send to: Tumbleweeds 369 Montezuma #191 Santa Fe, NM 87501 Phone: (505) 984-3171

#### Website:

www.sftumbleweeds.com

#### mail:

info@sftumbleweeds.com

Tumbleweeds is published quarterly, in the Spring, Summer, Fall, and Winter, and is distributed free throughout Santa Fe, Española and Los Alamos. Paid subscriptions are available for \$15 a year. © 2018 Tumbleweeds. All rights reserved. Please write the publisher for permission to reproduce any article in whole or in part. Paid advertisements do not represent an endorsement by Tumbleweeds. Articles express the opinion of the author and not necessarily that of the publisher.

# **Contents**

Mastering the magic of reading

page 12



'Tis the season for baby animals! What to do if you find one page 16

Yes, we can transform fear / Podemos transformar el miedo

pages 20 & 28



A world of camps and classes for spring break and summer page 28-47

Notes from Claudette: Old Lions, New Cubs **Baby Briefs** Prenatal: Twins 101 8 Infants: Viva ¡Convive!..... 10 Elementary: Quests Aren't Just For Fairy Tales **Animals:** Labor of Love..... . 14 Nature: Baby Season!..... ... 16 Outdoors: Heart of the Wild..... 18 **Teens:** Overcoming Fear in Adolescence 20 **STEM:** Inspiring Scientists...... 22 Parenting: Mama-thon..... Briefs Voces de la familia: Superar el miedo en la adolescencia Spring Break & Summer Camp Directory

**ON THE COVER:** Jayde Martinez, age 6, a first-grader at Atalaya Elementary School, is a ballerina cowgirl: She loves to ride horses, dance and go fishing. Aspen Martinez, age 4, attends pre-K at Atalaya. She loves to make people laugh, make recycled art and play with her baby goat. Photo © Ana June 2018.

ARTWORK IN THIS ISSUE is by children in First Presbyterian Church's Child Development Center, and in Oceanna Holton's Dragonfly Art Studio. Look for more on our website, www.sftumbleweeds.com.

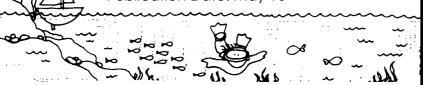
Summer Spotlight: Students Get Their Hands on Heritage ......

Spring 2018 Calendar ...

# Be a part of Tumbleweeds!

#### **Summer 2018 Deadlines**

- Article Submissions: April 15
- Summer Camp Directory and Summer Calendar Listings: April 27
- Ad Reservations: April 27
- Ad Copy: May 4
- Publication Date: May 16



#### Get on our list — Subscribe!

□ Please enter my subscription at \$15/year. ☐ I want to make a contribution of: □ \$15 □ \$25 □ \$50 □ \$100 □ □ Support this vital community resource.

Name Address State

☐ This is a gift subscription. Please send a card from \_

Mail your check or money order to:

Tumblowoeds 369 Montezuma, #191, Santa Fe, NM 87501 Phone (505) 984-3171

info@sftumbleweeds.com We accept Visa, Master Card and Discover

MOUNTAIN KIDS! IS CELEBRATING OUR 10th YEAR THE OUTDOOR ADVENTURE CAMP IN SANTA FE! www.sfmountainkids.com

"This the best camp ever, I want to stay here for infinity!"

New Programs for 2018

Register Now!

Overheard in Santa Fe, 2017 camper

33

#### Continued from page 4

Dad died in January, just after his 96<sup>th</sup> birthday. Age had been gaining ground for the past few years. A master of five languages, a longtime crossword aficionado, he began losing words. Places began to deceive him. As I described something my family and I were doing in Santa Fe, I realized he had lost concepts of here and elsewhere. In time he lost more and more ability to comprehend or speak. Yet at the end of every phone call he would say, "I love you" and "Enjoy yourself," even when he could say little more. These became the wishes and prayers to him as he got nearer to death.

He had a long, wonderful life, and a very gentle death. Our relationship felt complete. For all that, I'm grateful. For Mom's vibrancy and gratitude to God and to her husband, I'm endlessly inspired. All this is deep comfort.

But grief is a strange animal. Sometimes it keeps a safe distance. Some days it jumps at me with teeth bared. Some days I find myself bone-weary, even on what hasn't been a "hard" day, as if there's a separate track of emotion running through me, an underground river.

But then...by what some might call coincidence, or perhaps an Act of Grace from the Journalism Gods, a passel of gorgeous articles and photos about babies crossed my desk for this issue.

There's Whitney Spivey's funny and informative piece, "Twins 101," on birthing identical twins. (Email from me to Ann Hackett, our graphic designer: "I love the photo of the two babies' butts... are you using it??" Ann's reply: "OF COURSE I'm using the baby butt pic.")

There's Katie Chavez Cook's exquisite essay, "Labor of Love," about witnessing the birth of baby

goats with her two human kids, which has brought me tingles and tears, again and again.

Oh, and then there's "Baby Season!" by Christy Wall and Hilary DeVries of the New Mexico Wildlife Center, about spring in the animal kingdom. If that article and photos don't give you a warm glow, you might just be made of stone.

New organizations for families are being born, including a birthing center particularly geared to Native American moms (see Baby Briefs), and ¡Santa Fe Convive!, a new collaborative working group pooling the resources of four longstanding programs: Many Mothers, Las Cumbres Community Services, Fathers New Mexico and Gerard's House (see Nancy Guthrie's "Viva ¡Convive!"). Katie Macaulay, director of a longstanding outdoor program for children, Mountain Kids!, is starting a new program for moms: Mountain Mamas (see her "Mama-thon").

The Santa Fe Alliance for Science has quietly grown to over 100 scientists, mathematicians and teachers who volunteer in public and private schools as science fair judges and tutors (see Diane Smogor's "Inspiring Science").

Reading Quest, which provides summer and afterschool tutoring through its Reading is Magic program (see Perli Cunanan and Amy Miller's "Quests Aren't Just for Fairy Tales"), is also growing, in its new space donated by the United Way in their Early Learning Center, in the old Kaune Elementary School building.

For other organizations, growth brings a new name: IMPACT Personal Safety is now Resolve, still showing children and adults how to prevent and defend themselves against violence (see Darya Peterson-Glass' "Overcoming Fear in Adolescence," in English, y "Superar el miedo en la adolescencia" en español).

Warehouse 21, which itself just turned 21, is now Studio Santa Fe, revamping to meet the changing needs of youth in our city (News Briefs).

Kyce Bello takes us into the "heart of the wild," in her magical essay by that name, on a trip to Chaco Canyon with fourth graders from the Santa Fe Waldorf School, drawing inspiration from Terry Tempest Williams (who is coming to the James A. Little Theatre on March 12).

These new beginnings and changes are particularly gratifying for me now. Dad's passing has made me more sweetly aware of the generational ripples of parental influence. This morning I threw the comforter up over the wrinkled sheets on the bed, but this afternoon I'm chasing errant commas and checking for subject/verb match, in the final stages of proofing this issue, as if details really do matter. As if how we treat our children really *does* matter. Let's treat them with love and joy.

And keep in touch! We love to hear from you.





Images, Japan Camp....and more! We have something for everyone!

www.santafeschool.org | 505-438-8585 | 5912 Jaguar Drive, Santa Fe, NM 87507

# **Baby Briefs**

# NAVAJO MIDWIFE PLANS NEW BIRTH CENTER IN POJOAQUE

By Whitney J. Spivey

#### Nicolle Gonzales is a Navajo midwife who has

delivered more than 350 babies during her tenure at Bridge Care for Women in Los Alamos. After nearly five years in the practice, Gonzales is switching gears to focus on the nonprofit she founded in April 2014.

The Changing Woman Initiative (CWI) aims to empower women to have the birth experiences they want, and to avoid the highly regulated labor and deliveries that hospitals so often demand.

That's why a major goal of CWI is to open a reproductive wellness and birth center in Pojoaque, about 15 miles north of Santa Fe. The center will be open to all women but will focus on providing equitable, thoughtful and culturally relevant reproductive health care that will strengthen Native women's bonds to family and community.

The homelike facility will have three birth rooms and give women the choice to have their babies in a bed, in a water bath or outside in a private courtyard. "Native women wanting to birth in a tipi will also have that option," says Gonzales, noting the importance of reintroducing culture and tradition into the birth experience. Native women will be encouraged to think about things such as which direction their beds face (each direction has a significance) and whether the first sound a baby hears is his native language inviting him into

Gonzales expects the majority of patients at the birth center to be on Medicaid. She hopes all patients, regardless of income level, will participate in programs at the center to become better educated on prenatal care, lactation and women's health issues.

The birth center, which will require \$7 million to build and another halfmillion to start up, is scheduled to open in the spring of 2019. CWI recently received an \$80,000 grant from Every Mother Counts, but donations are still greatly needed and appreciated. Visit changing woman intiative.com.





Top: Nicolle Gonzales (right), one of only 14 Native American midwives in the United States, wants to help Native women feel empowered by their heritage and traditions. Here she sits with her sister and CWI's assistant executive director, Kansas Begaye. Bottom: Plans for the birth center include rammed-earth walls, solar panels and watersavina features.





# **Prenatal**

Seeing double? Find out why.

By Whitney J. Spivey

#### Nearly a year in, I've noticed a pattern. I'm

pushing the double stroller, and a stranger across the way gets a look in her eye. She rushes over.

"Twins?" she asks.

Duh, I think.

"Identical?"

Are you blind? They are carbon copies of each other.

"One boy and one girl?"

Do you need me to define identical for you?

"Do twins run in your family?"

Identical twins don't run in anyone's family.

"Were they conceived naturally?"

Yes! It happened during the 12 minutes it takes my husband's homemade pizza to cook.

I have this conversation — but with more polite responses on my part — every time I'm in public with my girls. Variations on this exchange include people telling me which of their relatives are twins, or that they always wanted twins. I never quite know how to respond to the latter because the possibility of having twins never once crossed my mind. Even after my seven-week ultrasound, when the tech casually said, "There's the baby, and, oh, there's the other baby," it took me several weeks to fully grasp that I was indeed growing two tiny humans in my belly.

Often people tell me I have "double trouble," that I am "doubly blessed," or that I got "two for one" (would someone please tell my insurance company that?). Some strangers want to touch the girls — one man actually stuck his finger in one of their mouths — while others whip out their cameras and start taking pictures. Sometimes people don't believe that my husband and I can tell them apart, so they give advice on how to distinguish one from the other: Paint their toes! Pierce their ears! Tattoo their names on the bottom of their feet! Or surely one must have a birthmark?

Apparently I'm not alone in this madness. Santa Fean Sara Gustafson, mom to 5-year-old identical twin boys, assures me that all of the above is not only normal but also that it doesn't stop once twins are out of the baby stage. "It is constant questions wherever we go," she says. "I really believe a lot of people are curious and fascinated about twins. The questions are innocent but sometimes a bit too personal. I tell my boys we can be polite, but we don't have to be everyone's friend."

# How Do Twins Happen?

Remember sex education class? One sperm + one egg = one baby. Usually. Identical twins happen when one sperm fertilizes one egg, and the fertilized egg splits early in development. The resulting two embryos have identical DNA, which results in — surprise! — identical twins. Identical twins are always the same sex and look almost exactly alike.

Identical twins are also called monozygotic twins because they come from one zygote (fertilized egg). My girls are what's called monozygotic-diamniotic, which means that each twin had her own amniotic sac, but they shared one placenta. Having their own sacs was helpful because there was less chance of them (specifically their umbilical cords) getting tangled up in the womb. The shared pla-



Double trouble? Double the fun? The author's identical girls, two of the eight twins born at Los Alamos Medical Center in 2017, turn 1 year old on March 29.

centa was only problematic toward the end of the pregnancy, when Baby A (the twin closer to the cervix) started using more nutrients and growing at a faster rate than her sister. The doctor noticed the size discrepancy during my 36-week ultrasound, and I was induced later that day.

Contrary to popular belief, identical twins are not genetic. The chance of having them is totally random and holds steady at about three to four per 1,000 births around the world. About one-third of all twins are identical.

Fraternal twins, on the other hand, are often genetic. Some women release two eggs during ovulation (this phenomena, called hyperovulation, can be hereditary). When each of the eggs is fertilized by different sperm, the result is fraternal, or dizygotic, twins. As such, each twin has his or her own amniotic sac and placenta. Fraternal twins are no more genetically similar than normal siblings and can be different genders.

Fraternal twins can also occur when a woman undergoes infertility treatments — multiple fertilized eggs are transferred to the uterus with the hope that one implants, but often two (or more!) develop into babies.

According to the American Pregnancy Association, older women, women who have a higher body mass index, and women who have recently stopped using hormonal birth control are also more likely to have fraternal twins.

# The Numbers

According to the U.S. Department of Health and Human Services, 133,155 twins were born in the United States in 2015 — that's about 34 twins per 1,000 births. In New Mexico, that rate is a little lower — about 25 twins per 1,000 births.

In 2017, 273 sets of twins were born in New Mexico (along with seven sets of triplets and one set of quadruplets). In our area, one set of twins was born at Presbyterian Española Hospital, four sets were born at Los Alamos Medical Center, and nine sets were born at Christus St. Vincent Regional Medical Center in Santa Fe. Often, however, Santa Fe-area women expecting twins deliver in Albuquerque because those hospitals are typically better equipped to handle complicated deliveries and multiple preemies.

Twins are more common today than they were 30 years ago. The rate of twin births has risen by more than 75 percent since 1980. Interestingly, the rise has occurred across all ages and races and states within the United States. The largest increases have been among white woman 30 and older, perhaps because more women in this category are undergoing infertility treatments. Older women are also more likely to release multiple eggs during ovulation.

Twins often arrive early. Gestation for a single baby is 40 weeks. It's not uncommon for twins to come at 36 weeks or earlier. About 75 percent of twins are delivered by cesarean section, but vaginal births do occur and are in fact recommended by the American College of Obstetricians and Gynecologists for lower-risk twin pregnancies.

Typically, twins who are delivered vaginally are born in a hospital's operating room, rather than a normal labor and delivery room, in case complications arise. I knew this going into my delivery, but was still surprised to see no fewer than 14 faces as I was wheeled into the OR. In addition to my husband, midwife, obstetrician, doula, two anesthesiologists and two nurses, each twin had three nurses. Pushing out two babies on a narrow operating table in front of such an audience was not exactly the intimate birthing experience I'd dreamed of, but I got the job done and readjusted my expectations about modesty along the way (this came in handy just a few hours later when everyone and their mother was trying to teach me how to breastfeed two infants).

# The Twin Bond

Although my girls were healthy upon arrival, they were super-tiny and were monitored in the hospital for a week. The first several months at home were a total blur (feedings every three hours, pumping like

a maniac, juggling a steady stream of houseguests) and also strangely difficult because at that age, the twins didn't really interact with one another, or with anyone, for that matter.

Fast forward one year, and life is still crazy. The twins still aren't sleeping through the night, but these two little girls provide so much joy to one another and to everyone who crosses their path. I guess that's why I'm actually okay with total strangers asking all those questions.

Whitney J. Spivey is a writer-editor at Los Alamos National Laboratory. In addition to her twins, she and her husband care for two cats and 13 chickens.

# Tips for Twin Parents

#### **BEFORE THE BABIES ARRIVE:**

- Don't panic (ok, panic, but try to save some energy for when the babies actually arrive).
- Take advantage of free resources. From prenatal books at your public library to local nonprofits such as First Born that actually send someone to your house to talk and answer questions, there are plenty of ways to educate yourself in preparation for your new arrivals. Most hospitals also offer free childbirth classes.
- Start thinking of you and your partner as equals in this journey. A supportive and actively involved partner is crucial to surviving both a twin pregnancy and life with newborn twins.

#### **AFTER THE BABIES ARRIVE:**

- If you are in the hospital for a while, try to see the silver lining. Nurses will teach you how to hold and feed your babies. They'll even take over feedings so you can get extra sleep.
- Ask for help. Help comes in all forms, from counseling for postpartum depression to having a friend set up a meal train. Many Mothers, a home visiting program for families with new babies, provides double the time to parents of twins. Las Cumbres Community Services provides a wide range of excellent programs for infants and parents.
- Be patient and flexible with yourself and with others. What works today may not work tomorrow. You are constantly learning and adapting.





Juggling babies and bottles, Spivey discovers that feeding rewborn twins often requires yoga-like flexibility. Some people have suggested tattooing the babies so their parents could tell them apart.

- Try to find other parents of twins whom you can go to with questions and concerns.
- If your twins are identical, try to caption pictures as you take them.
- Ladies: Want to stop peeing every time you laugh or sneeze? Go see a physical therapist who specializes in women's issues.
- Life as you know it isn't going to end. You'll still be able to do everything you do now — with modifications. If something is important to you, you will find ways to include your babies.

# VIVA RCONVIVE

New collaborative connects parents to resources and each other • By Nancy Guthrie



#### Many of us have been

expectant or new parents with limited knowledge of childcare, affordable housing, health care and other information and resources necessary to raise healthy, happy children. That's what Many Mothers, Las Cumbres Community Services, and Fathers New Mexico were considering when they proposed creating ¡Santa Fe Convive!, a new collaborative working group in the Santa Fe Birth to Career Initiative.

Individually, each of these organizations works to educate and connect parents to resources that will keep them and their children safe, healthy and thriving. By combining resources and offering meetings for parents and expectant parents, we support our client families and reach even more families. At the beginning of this year, Gerard's House, which works in providing grief support for families, joined the group.

¡Santa Fe Convive! was envisioned as a means to bring resources and information about parenting to expectant parents and families in a way that is inviting and fun. We hold collaborative "teach and talk" meetings on topics especially relevant to disadvantaged youth, immigrant families and single mothers, typically twice a month. Additionally, peer support groups for pregnant and new mothers are being

> formed with regular discussions on issues that matter most to them while promoting empowerment and leadership within the communities.

Each of these four organizations supports families with children at various developmental stages who may be facing a variety of challenges. As a collaborative group, ¡Convive! is a natural extension of the referrals and work already taking place among the organizations.

- Many Mothers (www.manymothers.org) matches trained volunteers with families having a baby younger than six months of age to provide in-home support. This support helps to reduce parental stress and thereby reduces adverse childhood experiences, and also helps parents feel more connected to their community.
- The Las Cumbres Community Services ¡Que Cute! Healthy Baby Program (www.lascumbresnm.org/child-family-services/que-cute-healthybaby-program) seeks to reduce the number of low birth-weight babies born in Santa Fe County by supporting women throughout their pregnancies, so that they have healthy pregnancies, healthy births and healthy babies.
- Fathers New Mexico (www.fathersnewmexico. org/) helps young men become great fathers by employing mentoring, teaching and group activities to establish trust and support with the fathers. Fathers New Mexico helps empower dads to be responsible, healthy fathers, partners and community members.
- Gerard's House (www.gerardshouse.org) is a

safe place for grieving children, teens and families, where healing happens through acceptance and peer support. Their Nuestra Jornada Group for Teen Moms is a grief support group especially for young mothers and expectant young women.

¡Santa Fe Convive! welcomes all parents and expectant parents to attend the twice-monthly "teach and talk" gatherings, typically 6:30 p.m. the first and third Wednesdays, at Gerard's House, 3204 Mercantile Court #C, in Santa Fe. Dinner, on-site childcare, door prizes and transportation assistance are provided at no charge. Past door prizes include a family pass to the Santa Fe Botanical Gardens, board games, craft supplies and diapers.



Parents practice infant CPR on dolls (learning tricks such as administering chest compressions to the beat of the Bee Gee's "Stayin Alive") at a recent class offered through ¡Santa Fe Convive!

Courtesy photos

Past presenters have included Johnny Wilson, executive director of Fathers New Mexico, talking about the role and importance of fathers in a child's life.

Veronica Reyes from beWellnm presented information about health insurance, health insurance exchanges, and then scheduled appointments for parents to enroll in the exchange before the fall enrollment period began.

Amparo Guerrero of Solace Crisis Treatment Center spoke in Spanish and English about preventing sexual abuse in children.

Rayos Burciaga of Somos Un Pueblo Unido offered information in Spanish on civil rights afforded to all residents of the United States based on the Bill of Rights.

Tammy Thomas, a health educator with the Department of Health's Childhood Lead Poisoning Prevention Program and New Mexico Tracking, spoke to the group about toy safety, focusing on the dangers of lead in inexpensive toys. Thomas also spoke about the value and importance of imaginative play for young children. The door prize that evening was a basket of craft materials for making toys.

These meetings often have an immediate and significant impact on participants. A young father who attended Johnny Wilson's talk began attending support groups with other fathers. One young, single mother who recently moved to Santa Fe from out of state has enjoyed visiting with other parents and learning new parenting information at the meetings. After the presentation on toy safety where she learned that many of the inexpensive toys found at dollar stores contain unsafe levels of lead, she went home and cleaned out all of the "cheap" toys in her daughter's toy box.

Future "teach and talk" presenters will include Laliv Zang talking about herbal teas to calm minor aches and illnesses in children. Allegra Love, with the Santa Fe Dreamers, will discuss the legal documents to prepare in case of deportation or death. Renee Zisman with the NMSU Cooperative Extension will present several lessons on Ideas for Cooking and Nutrition (ICAN).

Funding for the ¡Santa Fe Convive! working group is provided by the Santa Fe Birth to Career Collaboration, which is part of Opportunity Santa Fe: Birth to Career (www.opportunitysantafe.org), a joint effort between the Santa Fe Mayor's Children, Youth and Families Community Cabinet; the Mayor's Youth Advisory Board; and the Santa Fe Birth to Career Collaboration, working with many community partners. Opportunity Santa Fe also offers the services of two AmeriCorps Vista Volunteers, Sarah Cheney and Emily McRae, who help ensure that everything is ready for each "teach and talk" meeting.

To learn about upcoming presentations and register to attend, please visit our Facebook page at www.facebook.com/sfconvive, email santafeconvive@gmail. com, or call (505) 988-9715 ext. 7900. The ¡Santa Fe Convive! calendar is publicly available and can be found by searching Google calendars for "santafeconvive."

Nancy Guthrie is the executive director of Many Mothers.



Untitled sand painting (detail), by Alia Caserta, 12, Dragonfly Art Studio, (based on a lesson on Navajo sand paintings)



RIOGRANDESCHOOL.ORG/SUMMER



# **JUNE 5 -AUGUST 3**

WE OFFER SUMMER CAMP FOR 3 YEAR OLDS THROUGH 6TH GRADE.

#### **MORNING**

#### **ENRICHMENT IN:**

- CHINESE CULTURE
- VIDEO GAME DESIGN
- YOGA
- PUPPETRY
- ROBOTICS
- IMPROV & MORE

#### AFTERNOON PROGRAM **FOCUSING ON:**

- ADVENTURE-BASED **LEARNING**
- DESIGN CHALLENGES
- WATER FUN
- OUTDOOR PLAY

CALL PROGRAM DIRECTOR

NEAL TURNQUIST AT 983-1621 OR EMAIL SUMMER@RIOGRANDESCHOOL.ORG

FULL DAY CAMP WITH BEFORE

AND AFTER CARE OPTIONS

**AVAILABLE** 



CHALLENGING.INSPIRING. AND NUTURING CHILDREN **SINCE 1978** 

RIOGRANDESCHOOL.ORG

AGE 3 - GRADE 6

Rio Grande School does not discriminate on the basis of race, color, gender, sexual orientation, gender identity, or national or ethnic origin,

# **Elementary**

# Quests Aren't Just for For these kids, reading is a true journey Fally Tales

#### Victor, a second grade student, could not read

at all and felt badly about himself. He had become convinced that he was just stupid. Embarrassed, he didn't want his classmates to know that he couldn't read. He was beginning to give up on school.

Victor's teacher realized he needed additional support outside of her classroom. She made a referral to Reading is Magic, a free summer and afterschool reading program that is a collaboration between Reading Quest, a nonprofit organization dedicated to children's literacy, and Santa Fe School for the Arts & Sciences, a south-side independent school serving students age 3 to grade 8. Rayna Dineen, Reading Quest's founder and executive director, started Reading is Magic when she was the principal of Santa Fe School for the Arts & Sciences. The summer and afterschool program is supported administratively and financially by the school and also receives funding from the city's Youth and Children Commission, the county of Santa Fe and others.

Heading into its seventh year, the Reading is Magic program has had strong outcomes. After the two-week summer camp, students show, on average, a growth in their reading proficiency of a full grade level. Students must be referred to the Reading is Magic program by their teachers in order to enroll.

After attending the two-week Reading is Magic summer camp and continued tutoring with Reading Quest, Victor reached his grade level in reading and has developed new confidence as student.

"After assessing Victor, it became apparent that he had never learned the letters of the alphabet or the sounds they make," Dineen said. "He did not know

about short vowel sounds or any of the basic rules of reading. Once he started working with Reading Quest and playing reading games, he quickly started reading and after one year he was close to grade level. Now, in fifth grade, he is proud that he can read the chapter books his teacher gives him."

Victor's struggles, like that of other students Dineen encounters, had nothing to do with a learning disability or the fact that he primarily spoke Spanish at home, she explained. It was simply that Victor had not been taught to read in the early grades in a way that worked for him. "Now that Victor knows how to read, he is happy at school — and well on his way to fulfilling his dreams for himself," she said.

Learning to read is one of the most complex tasks human beings ever accomplish. English is difficult because it is routinely inconsistent, with many exceptions to its basic rules. To learn to read English fluently, many children need to master letter recognition and a core set of tools for knowing when letter sounds and combinations change and how they affect one another.

After four years of coordinating and conducting Reading is Magic camps as a volunteer, Dineen established Reading Quest as the umbrella organization in 2015. With a proven track record and now more outside support, Reading Quest is poised to expand the success of the Reading is Magic program to reach more students. This year United Way of Santa Fe County generously donated a permanent space in their Early Learning Center, in the former Kaune Elementary School. In its new home, Reading Quest provides year-round, free and slidingscale reading tutoring; training and coaching for teachers, parents and teens; and professional development for public school teachers.



end of the Reading is Magic summer camp, students create and perform in a medieval-themed reader's theater performance

Reading Quest and the Reading is Magic program employ master teachers and trained teen tutors to support readers, who use intensive phonics instruction in a fun, engaging and safe environment that instills the understanding that perseverance and hard work lead to success.

Reading Quest is a leading member of a collective effort called The Reading Group, a Birth to Career collaborative funded by the Santa Fe Community Foundation, part of Opportunity Santa Fe. Established last summer, it includes experts in the field of reading instruction, such as The May Center for Learning, Santa Fe School for the Arts & Sciences, Literacy Volunteers and the literacy coordinator for Santa Fe Public Schools, as well as organizations such as Match

New Mexico, Reel Fathers, the Food Depot, Santa Fe Public Libraries and Communities in Schools. Through focus groups and research, the group is working to turn the corner on children's literacy in Santa Fe, where only 28 percent of public school students are able to read effectively at their grade level according to most recent standardized tests.

For students such as Victor, learning to read becomes an adventure, a journey that's fun and exciting. "The confidence and joy our kids experience as they master the art of reading feels like real, everyday magic to them," Dineen said. "For a child who couldn't read, to come out of that adventure with a sense of mastery — for them, reading is magic!"

#### HOW YOU CAN HELP:

- Reading Quest is seeking donations of computer tablets for students to practice reading using phonics-based apps at home.
- · Additional teen and adult volunteers are needed, who will be trained in teaching reading.
- Graphic designers are needed to help reproduce Reading Quest's reading board games for teachers and parents.
- Reading Quest is a 501(c)3 nonprofit organization and welcomes tax-deductible donations to support free and

low-cost tutoring services.

• Baby, children or young adult books are always appreciated. Books can also be donated at The Reading Group's Community Book Swap, noon to 5 p.m. April 8 at the Santa Fe Place Mall food court.

For more information on Reading Quest, visit www.readingquestcenter.org, email Rayna Dineen at readingquestcenter@gmail.com, or call (505) 920-9709.

Perli Cunanan is the executive director of Santa Fe School for the Arts & Sciences and co-chairs The Reading Group with Amy Miller, the executive director of The May Center for Learning.



A Ramirez Thomas Elementary School student reads to a horse from My Little Horse Listener, a nonprofit organization that uses miniature donkeys and horses as "listeners" for children who are building their read-gloud confidence







#### EMPLE BETH SHALOM ESCHOOL



Early enrollment for 2018-19 begins April 9th Open enrollment begins May 7th

205 E Barcelona Rd | preschool@sftbs.org | 505.982.6888



# Labor

Baby goats bring the real world home to kids

By Katie Chavez Cook



Mother and baby are doing just fine

I sat bolt upright in bed, startled awake

by the eerie cry of a pack of coyotes. Their chorus was off-key, chilling, and sounded like they were just outside the bedroom window. I threw back the covers and dashed to the back door. The goats!

> We had built the six-foot fence; we had built the beautiful barn; but the barn door was open! And the gate is penetrable!

This was not the first time I have woken in the night, heart pounding before my eyes are open, driven to action by a primal fear, the mama bear in me rising. As I stepped into my boots and felt for a flashlight in my jacket pocket, I asked myself, "How did we get into this mess in the first place?"

> Much as with motherhood itself, I never really doubted that I would love raising goats. I adore their velvety ears and winning dispositions. I am a homesteader at heart, and I was determined to make goat butter and nudge my children to connect more deeply with the natural world. But sometimes, in the middle of the night, when I am throwing open the back door wondering what I would do if there were indeed coyotes in the barn, it feels like self-induced chaos and I wonder just what I was thinking.

Fortunately, there were no coyotes circling my pregnant doe in the barn that night. Buttercup was carrying what felt like two kids due any day now. Ari, my then-8-year-old daughter, and Jordan, my then-5-yearold son, were determined to help bring the baby goats into the world, and I had been keeping them home from school in anticipation of their arrival. As Buttercup's due date approached I prepared a birthing kit, located an extra heat lamp and stashed a

pile of clean towels near the barn. At first it was hard to wait, but as the days went by I relaxed into it, and anxiety evolved into eager anticipation. Each day the children would ask "When, Mama?" "Soon," I would say. "We have to be patient."

Buttercup's attitude shifted during the several the days preceding her labor. The typically aloof doe became my shadow whenever I entered the barn. On the day her labor began, she complained loudly if she couldn't see me from her sunny spot in the corner where she lay on her side looking very serious. I eventually sat down in the straw with her, cooing and stroking her warm, rotund belly, soothing myself and the children as much as her.

When the first kid finally started to crown, I was filled with excitement. I began to silently review what I had read and heard about catching baby goats: how to turn them if they are breech, how to suction their little goat noses if they struggle to take a first breath; how to help; when not to help. I didn't notice my children's reaction at first. Wide-eyed and a little frightened, they hovered behind me hand in hand. They were overwhelmed, and I was alone. What if this all went very poorly? How could I spare them and empower them at the same time? My mind was racing but my hands were steady and pressed against Buttercup. In a flash I did what every good midwife does: I sent the children for warm water.

This is the mama bear padding around inside me, bound by instinct to protect them from injury and painful truth. I want to shelter them from a world that can be hard and uncaring, to spare them heartache; but this instinct is coupled with a need to prepare them for the challenges that lie ahead. It is tied to a hope that they will remain tender and compassionate, but not naive. I must help them to test their own limits and to know their own courage

So, when Ari and Jordan came back with the bucket and stood tentatively in the barn doorway, I smiled at them. I shifted in the straw. Lying between my knees and our resting doe was a new, wet, tiny baby goat. "Come see," I whispered. "There's another one on the way..."

A nurse by training, a hearth-keeper at heart, Katie Chavez Cook lives on the outskirts of Santa Fe with her husband and two children.



Happy kids: Ari and Jordan greet one of the new baby goats.



Explore a new school.



#### **Don't miss Terry Tempest Williams**

March 12, 2018, 7:30 pm James A. Little Theatre Tickets: SantaFeWaldorf.org/ttw

**Visitor Mornings for all grades** Tuesdays 8:30-10:30 • 2/13, 3/13 & 5/8

santafewaldorf.org | 26 Puesta del Sol, Santa Fe | 505.467.6431

## **ARTsmart** Workshops

Join us at ARTsmart's Community Studio for innovative visual arts camps that nurture children's creativity and wonder!

> Call (505) 992-2787 or email rchornenky@artsmartnm.org for more information.

Visit artsmartnm.org or 1201 Parkway Drive to register.

# **Spring Break Camp**

Grades K-4 March 19-23 Monday through Friday, 8:00-12:00 \$125 fee includes snacks and materials



#### **Summer Camps**

Exciting week-long theme camps! Grades K-3 & Grades 3-6 Monday through Friday, 8:00-12:00 \$125 fee includes snacks and materials Registration begins March 1st



# Baby Season!

They're cute, they're helpless, they're wild. What to do if you find them?

By Christy Wall and Hilary DeVries

#### Who doesn't love baby animals? They're small

and look so cuddly! At New Mexico Wildlife Center, we refer to spring as "Baby Season." During the months of March, April, May and June, many species give birth to their young. Very few animals care for their babies the same way that humans do. Mother animals often spend large periods of time away from their babies. This action can help protect the babies by drawing less attention to the young animals and enabling them to hide from predators. How do different animals care for their babies? What should we do if we find baby animals who look like they need help? When should animals be left alone, and when should you call the New Mexico Wildlife Center? It is important to remember that even though they are adorable and look defenseless, baby animals are still wild animals.

### Rabbits

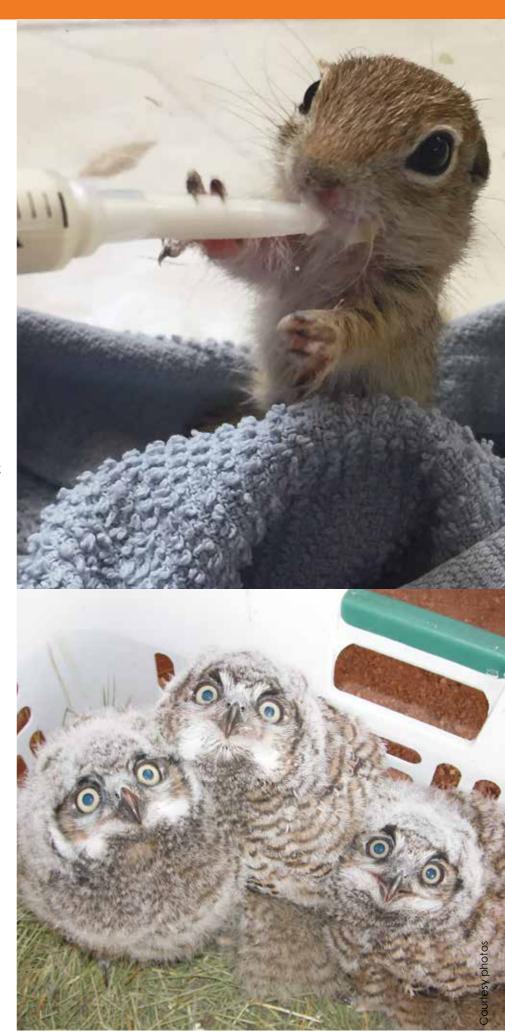
Mother bunnies make a nest. Often these nests are in plain sight, such as in the middle of a yard. Bunny nests are usually constructed of grass. When the babies are born, Mama does not sit on the nest. In fact, the mother bunny only visits the nest in the early morning and at dusk! During these visits, she will feed her babies.

Because baby rabbits spend most of their time alone, when people encounter a nest of baby rabbits they often think that they are abandoned. If you find a nest of baby bunnies and are concerned that their mother is no longer caring for them, you can place a circle of yarn around the nest or sprinkle cornstarch around the nest. Check it the next day. If the yarn is disturbed or if the babies have cornstarch on them, the mother bunny came back to care for her babies. Do not relocate bunny nests! Rabbits memorize the exact locations of the nest to find their babies. If the nest is moved, they will not search for it. If you find an injured baby bunny or have questions about how to protect a bunny nest, give us a call.

### Songbirds

Songbirds also create a nest for their babies. Unlike rabbits, the mother bird sits on her eggs to keep them warm. Baby birds that have hatched within the last three days are calling "hatchlings." These babies don't have feathers and must be in their nest to be cared for. Once baby birds grow some feathers, they are called "nestlings" and still need their parents for survival. As nestlings grow and get flight feathers, they become "fledglings." As the name suggests, this is when baby birds try to fly. Most fledglings leave the nest before they can fly. Mom and dad still hang around to feed their fledglings, but it can take up to a week for the babies to learn to fly.

If you find a nestling or hatchling on the ground and cannot locate a nest, place it in a box, keep it warm, and call us for advice. If you find a fledgling on the ground and think it's in danger (from a cat, a dog, a road, etc.), place it on a higher surface. The bird's parents won't abandon it if you touch it! If the entire nest has fallen to the ground, or you can't find or reach the nest, you can make a home-



A newborn rock squirrel gets fed from a medicine dropper, while great horned owl babies are given a makeshift nest in a laundry basket.

made nest. Take a plastic container with sides just tall enough that the baby won't roll out, poke holes in the bottom, and line it with torn paper towels. Nail or tie it as close to the original nest as possible. Put the baby back in its new nest, and keep an eye on it from a distance for 15 minutes to see if the parents return. Birds are fast and will stay to feed the babies for less than a minute. Baby birds with obvious injuries should be brought to a wildlife rehabilitator.

Mice make nests for their babies, too. For the first two weeks of their lives, baby mice must be fed every two hours, even during the night, so mama mice are very busy. Baby mice sometimes appear after their mother has been caught in a trap. If you find baby mice and think the mother is still around, you can make a nest of torn up paper towels. Leave the babies alone for one to two hours. If the mother mouse is still around, she will relocate the babies. If the mother does not return, line a small box with rags to transport them to a wildlife rehabilitator. Make sure to keep the babies in a warm, dark and quiet area, and do not attempt to feed them.

### Deer, Elk and Antelope

If you're really lucky, in the spring you may see a fawn or an elk calf. Mother deer, elk and antelope leave their spotted babies alone, typically in a relatively safe area with good cover, while they forage. The babies can be on their own for several hours at a time. If you see one of these hidden little ones, do not approach them. Leave the area so that its mother feels that it's safe to return. Make sure to keep your dog on leash or inside until the mother returns. Signs



A Bewick's wren hatchling is no bigger than a quarter.

that the baby could be orphaned include a sunken face, extremely obvious ribs and hips, unkempt appearance with ticks and brambles in their fur, and uncontrollable crying. If you are concerned that the baby has been abandoned, give us a call, or call the New Mexico Department of Game & Fish.

## Raising Baby Animals

Raising baby animals without professional help is very difficult. Many babies cannot survive without a very specific care plan. Attempting to keep or raise a baby wild animal is also illegal without the proper permit. While it's very tempting to hang on to a baby bunny (after all, they're so cute!), its best chance of survival is to stay with its family. If all else fails, call a licensed rehabilitator. It's important to call us before you pick up or transport an animal to us, because even over the phone we can prevent unintentional kidnapping of baby animals. One phone call may lead to a baby successfully being reunited with its parents.

If you find an animal that you suspect needs human help, never give it any food or water until speaking with a rehabilitator. Every species of animal has a different milk formula, and feeding a baby animal the wrong formula can be deadly. In general, even if you have touched a baby animal, the parents will continue to feed it. To prevent spreading or contracting zoonotic disease, always wear gloves if you need to handle wildlife.

If you find an injured animal, or if you have questions about wildlife, call New Mexico Wildlife Center at (505) 753-9505.

Follow New Mexico Wildlife Center on Facebook to keep up with the baby animals we receive into our care this spring!

Christy Wall, Ph.D., Director of Science and Education for the New Mexico Wildlife Center, has been teaching science for over 10 years and has been leading NMWC's River Classroom Program since 2014. Hilary DeVries, Wildlife Rehabilitator, recently arrived at NMWC after being a staff member and "Raccoon Team Leader" at Wildcare Foundation, a wildlife rehabilitation facility in Noble, Oklahoma.

























at may center









Help your child take a **LEAP!** this summer in reading, writing, math, engineering & art

Designed for students from early childhood through 9th grade

For more information & registration www.maycenter.org/summer-leap 505-983-7407

# **Outdoors**

# HEART OF THE Fourth graders from Santa Fe Waldorf School (above) ascend to the canyon

Fostering kinship to the natural world • By Kyce Bello

#### On a mild October night, the full moon lit up

Chaco Canyon's sheer walls so they glowed like lanterns. Rangers settled us in for the night sky program, telling stories about the stars and ancient astronomers as our eyes adjusted to the moonlit dark. Soon they led the assembled group of nature enthusiasts, with 18 Santa Fe Waldorf School fourth-graders among them, to a cluster of powerful telescopes aimed skyward.

A long-time Chaco enthusiast, I had come along as a chaperone on my daughter's three-day field trip to Chaco Culture National Historic Park. The park embraced us with open arms. Each student in Ms. Kathleen Taylor's class, like every fourth-grader in America who visits a national monument or park, received an annual park pass. The program is part of a visionary impulse to help children experience public lands and is based on a simple logic: The future of these places depends on our kids falling in love with them.

Chaco Canyon is a World Heritage Site, renowned as the ceremonial and cultural hub of Ancestral Puebloan culture in the San Juan Basin. The students eagerly explored its trails and great houses, sketching petroglyphs, puzzling over complex architecture, and trying to fathom how a civilization had flourished for centuries in this parched, arid landscape.

Our group was like a flock of colorful, chattering birds that landed in the dusty canyon peopled by tourists and rangers in khaki clothes. Aside from when sightseers found themselves behind us on a narrow trail, everyone seemed delighted that we had come. We were provided with our very own ranger, a seasonal volunteer named Snow, who gave us an insider's tour of Pueblo Bonito. Snow joined us for dinner one night at our group campsite and, by the light of a fire and the rising harvest moon, told the students a creation story connected to Chaco that made the landscape of stars, moon and desert breathe and whisper around us. The children sang for her in exchange, their sweet melodies filling the campground.

But the night sky program at the visitor center ignited their interest in a way that only the mysteries of space can. As the children put their eyes to the telescopes, sounds of awe slipped from their lips. Mostly they were variations of "Wow!" but one child exclaimed, "The moon is a glittering land covered in sparkles!" Another said, "Saturn is a giant eyeball looking back at me." As they lined up for glimpses into the unseen corners of the sky, the young starwatchers thrummed with delight, as if they were the first humans to see these mysteries up close.

It was the mysteries of silence and darkness that environmental writer Terry Tempest Williams encountered as a child visiting Timpanogos Cave. In her book, The Hour of Land: A Personal Topography of America's National Parks, Williams — who will be speaking in Santa Fe on March 12 — describes enterrim and (next page) explore Pueblo Alto, a mesa-top ruin dating from 1020, at Chaco Culture National Historic Park.

ing the deep section of cave called the Great Heart of Timpanogos where she reached out to touch an outcrop of glowing red-orange stone.

"I wanted to touch the heart," she writes, "run the palms of my hands on its side, believing that if I did, I could better understand my own heart, which was invisible to me." After tarrying a few extra moments, Williams heard the door slam closed as her church group left without her. She felt the impenetrable dark close around her, and heard only the sound of water dripping amidst a deep pulsing from within the mountain.

She recounts, "I don't know how long I stood inside Timpanogos Cave ... but it was long enough to have experienced how fear moves out of panic toward wonder. Inside the cave, I knew I would be found. What I didn't know was what would find me — the spirit of Timpanogos. To this day, my spiritual life is found inside the heart of the wild."

Williams has had a profound influence on my understanding of what it means to inhabit a landscape responsibly. As a parent and educator, I return to her books for examples of how our stories can shape public policy on behalf of the natural world, and to better understand how the land shapes our imaginations.

She reminds me that by nurturing our connection to wild places, we are able to recognize those same wilds mirrored inside ourselves. She writes that the natural world "reminds us what it means to be human, what we are connected to rather than what we are separate from." This is what it means, I think, to be "put in our place." As I watched my daughter and her friends put their eyes to the telescope, or take in the vastness of the stars, I thought of how the waves of awe and humility we experience taking in the world give us an abiding, and necessary, sense of place within it. Yes, it is big, we realize. And yes, we are part of it.

Midway through our three-day stay at Chaco, Ms. Taylor, my daughter's teacher, led her students up the steep, rough trail to the high mesa atop the canyon walls. The children scaled the rock like brightly-clad lizards, and I tentatively picked my way up behind them, careful not to look down. The path funneled into a slot in the rock wall, and exuberant voices echoed in the tight chamber. "There are fossils everywhere!" a child exclaimed, nose inches from the wall and fingers lightly tracing the forms. When we emerged atop the mesa, the fossils, like cairns, led us along the rim before we headed inland to the ruins at Pueblo Alto.

After our hour of exploring, storm clouds rumbled across the canyon. Though the sun still shone overhead, sheets of falling rain darkened sections of sky in the distance. We abandoned our plans for a five-mile loop hike and turned back the way we came, following the fossils in reverse and picking up our pace as the storm drew close around us.

The first raindrops fell as we entered the slot canyon, but mercifully it wasn't until we piled into the van that the rain began to fall in a torrent. We followed the storm as we drove back to camp, wipers swishing furiously, and were alarmed to find several of our tents flattened and blown over. A handful of children who had expertly put their tent up without any help had forgotten to close the windows, and came home to a lake with their sleeping bags floating in it.

The storm passed over within minutes of our return, moving east toward the mountains. As the sun came out, steam began to rise around us. We spread our sleeping bags out on bushes and fences and re-staked our tents. Everything would be dry within an hour. For now, though, the desert glistened with raindrops. The smell of watered earth enfolded us. I'd like to say there was a rainbow, but it might just have been the feeling of one. Dried grass stems and saltbush sparkled with raindrops, the entire landscape suddenly transformed into something altogether lush and nourishing.

Whether the kids noticed all that, I can't say. They were knee-deep in the mud

puddles left behind, delightedly

taking the world in through their pores, getting an intimate feel for the heart of Chaco.

Kyce Bello teaches parent/child classes at the Santa Fe Waldorf School and has an MFA in poetry from the Institute of American Indian Arts. She edited the anthology The Return of the River: Writers, Scholars, and Citizens Speak on Behalf of the Santa Fe River (Sunstone Press, 2011), and is the mother of Cora, 10, and Maida, 7.

The Santa Fe Waldorf School presents "Healing and Nature: Conversations with Terry Tempest Williams," 7:30 p.m. March 12 at the James A. Little Theatre, 1060 Cerrillos Road, Santa Fe, as part of its annual program to bring environmental educators to New Mexico. Tickets are available at www.santafewaldorf.org.

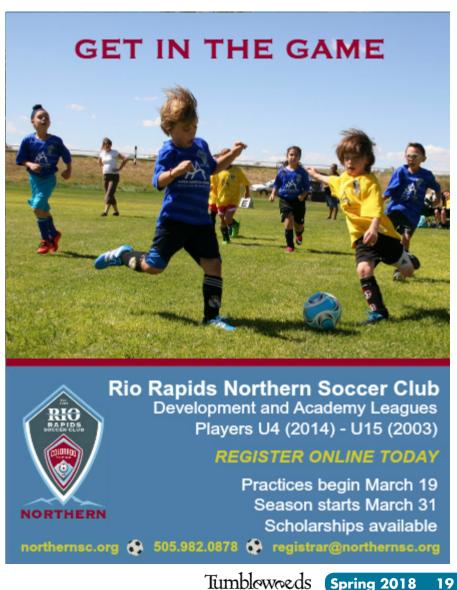
For information on the Every Kid in a Park Pass, or to print out a pass for your fourth-grader, visit www.everykidinapark. gov. There are 26 national parks, monuments and historic sites in the Four Corners region.

Bandelier National Monument hosts a night sky program on Thursday evenings from May 24 to September in their camp-ground. For more information and reservations, call (505) 672-3861 or go to www.nps.gov/band/planyourvisit/night-skyprograms.htm.

Chaco Culture National Historical Park runs night sky programs on Friday and Saturday evenings from April to October.







# OVERCOMING FEAR IN ADOLESCENCE

Personal safety training as a rite of passage

By Darya Peterson-Glass

#### As parents and

educators, we can't help but be aware of the anxiety and stress that our children and students now face. An article published in Time magazine in October 2016 spoke of this post-9/11 generation as the first that cannot escape their fears, due to the constant pressure and stimulation of social media. They have grown up in an era of economic and collective stress. They have seen their parents struggle through the financial meltdown of 2008. School shootings and terrorism have become common, rather than exceptional, and gruesome details are in the news and on social media indiscriminately.

Middle school has always been a time of tremendous transition in the lives of children, and today's teens are experiencing an intensifying awareness of society's fears and stresses. As parents and teachers, we can help these students by creating rites of passage to help them mark their growth, face their fears and overcome a sense of inability or passivity. Some of these rites are small, while others may be major, life-changing episodes that propel the child into a new sense of self.

Rites of passage bring about challenges that teach us, test us, and make us able to do something beyond our us able to do something beyond our perceived capacity. They are experi-



A seventh arader at the Santa Fe Girls School learns to transform "fearful" to "fierce."

ences that can propel growing children to take steps towards caring for themselves with no one's help, from which they emerge transformed, having grown more fully into themselves.

Teaching middle school girls, 11 to 14 years old, I deeply appreciate being able to create such rites of passage. From the daily opportunity for a student to find her own voice in a classroom discussion, to making small steps towards learning the ropes of leadership, these rites of passage help students develop into strong advocates for themselves and their world (hey, how wonderful is that?!).

In addition to these small, daily opportunities for growth, I enjoy and appreciate the work that I am able to do in partnership with Resolve (formerly IMPACT Personal Safety).

Resolve (www.resolvenm.org) is a Santa Fe program that teaches children and adults to prevent, mitigate and interrupt interpersonal violence. Students learn mental and emotional preparation, adrenaline management, verbal dissuasion and physical techniques for threatening and violent situations. All strategies are practiced in increasingly realistic scenarios. As a teacher, I recommend Resolve to all families. Their training is available for children beginning with ages 6 and up, and appropriate for any gender.

Adults have a basic instinct to keep children safe — which often

extends to an urge to keep them from feeling fear. Resolve's adrenaline-packed training creates a mixture of excitement and fear in students. Is this a good thing? Actually, I find it essential for students' learning about self, particularly for teens who teeter between needing freedom and adventure, and who are learning life skills of discernment, emotion management and personal boundaries.

Students who participate in a controlled Resolve situation gain the skills to find safety in a real-life dangerous encounter. In their bodies and subconscious minds, they know that they have just effectively saved themselves as they faced mock violence and practiced the skills to overcome adversity.

"I am so scared" becomes "I am in control of my reactions." "I don't know if I can do it" becomes "I know I can do it; I did it." "The world is a scary place" becomes "I am powerful." One eighth-grade graduate said simply: "This class definitely taught me to live without fear."

At the Santa Fe Girls' School we have worked closely with Resolve for the past 18 years, integrating their violence prevention and self-defense training into our curriculum. In 2017 we received their Visionary Award for our ongoing engagement with this work. Our commitment to empowering girls to develop into strong young women capable of facing challenges of all kinds with resilience, confidence and agency is served through this beneficial collaboration. We believe that *all* students are more likely to succeed when they have the tools to set boundaries, de-escalate conflicts and defend themselves.

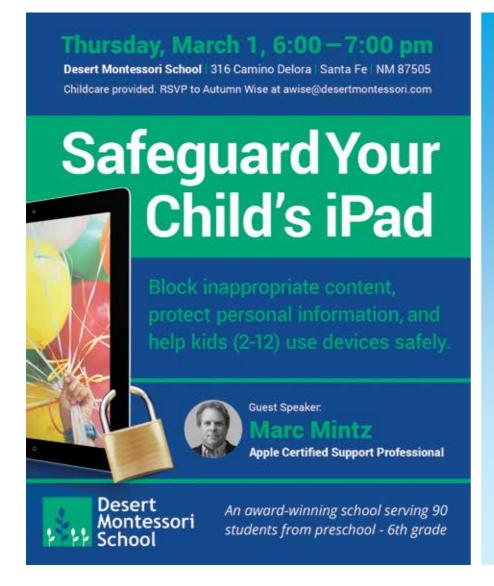
"In Resolve I learned that I have to set boundaries," one of our eighth-grade students said after completing the training. "I have to use my voice and be straightforward with what I want and what I believe. And if that does not work and an attack happens, I must defend myself. I cannot be afraid. I have walked out of Resolve fearless. I am still the nice person I try to be, only now I know when nice just isn't enough. Now I know I have a voice."

This sort of transformation is alchemical in its power and implication. I rejoice in seeing this strength and ability blossom in my students; I see each one face this challenge and reach into the depths of her character to emerge as a person in charge of her destiny.

Darya Peterson-Glass teaches mathematics and history at the Santa Fe Girls' School. She has been a Personal Safety Trainer at Resolve and IMPACT for eight years.



Construction paper collage, by Evelyn, First Presbyterian Church Child Development Center



# RANDALL DAVEY Audubon

## **DISCOVER • INVESTIGATE • PLAY SUMMER ADVENTURE CAMP 2018**



Ages 5-12

Animals

Nature Detectives

Art & Nature

Grossology

Super Plants

...& more!

#### ONLINE REGISTRATION OPENS FEB. IST

Visit <a href="http://nm.audubon.org">http://nm.audubon.org</a> for brochure, topic schedule, registration, scholarship applications, & more information

1800 Upper Canyon Road | (505) 983-6245 | nm.audubon.org

# Inspiring Swww

Santa Fe scientists support young learners

By Diane Smogor

#### "WHOA!"

This was the sound uttered in a classroom by a group of 10-year-old girls as Bruce Abell from the Santa Fe Alliance for Science (SFAFS) picked up more than 30 paper clips with an electromagnet made from a wire-wound bolt hooked up to a small battery charger. The boys in class were less vocal but still rapt in their attention in this fourth-grade classroom at Piñon Elementary school, where Abell and another volunteer, Andres C. Salazar, conducted a prototype science project using electromagnets.

"We wanted to demonstrate and engage the students in a real-time science experiment, which in about 45 minutes takes them through the scientific process of creating a hypothesis, running an experiment and collecting data," said Abell, president of the board of directors of the SFAFS. "The students, especially those in the lower grades, get excited when they realize science can be fun! Our visits are intended to further stimulate their interest in science and encourage them to participate in science fairs with a little more rigor in completing a science fair project. Teachers have been especially supportive of our visits and have indicated to us that we reinforce their classroom science instruction."

A few students in the group, reflecting their bilingual heritage, opt to describe their project in Spanish. To meet their needs, SFAFS has supplied judges who work with students throughout the school district in their native language.

"I tell them in English and Spanish about my epiphany that I experienced many years ago, in the late 50s," said Salazar, a research professor at the University of New Mexico. "A Los Alamos scientist came down to talk to an Española High School classroom about the significance of Sputnik, a satellite that had been launched by the then Soviet Union. He urged us to go into science and math so we could qualify for the many scholarships available for college study then being allocated by Congress in response to the perceived Russian threat. I vowed, right then and there, I would become an engineer."

This fall, SFAFS volunteers reached approximately 3,300 students in 166 classrooms in 21 elementary and secondary schools through the classroom "prefair" visiting program. In addition, volunteers have coached more than 500 high school students on their science projects, and will spend thousands of hours judging student science fair projects and tutoring students in STEM (science, technology, engineering and math) topics before the school year ends.

Abell and Salazar are two of approximately 100 volunteers who share their time and passion for science and learning. Over the past decade, the Alliance has supplied judges for the many science fairs held in Santa Fe public schools, and in a few private schools as well. These volunteers come to the schools with top-notch credentials. A judge who volunteers for several hours at a science fair is typically a retired teacher or college faculty member, a retired scientist or engineer from Los Alamos National Lab or private industry, or simply a parent with a college degree in science or math.

Some volunteers have been giving their time to work with students year after year, sometimes also serving as tutors in local high schools. Suzanne Rodriquez, a volunteer science fair judge and classroom presenter, is a recently-retired Santa Fe math and science teacher and now tutors students weekly in math at the New Mexico School for the Arts.

"It's important to me to get all kids interested in math, but especially young girls," Rodriguez said. "It was challenging to teach middle school math. Kids come in at the start of the year saying 'I don't like it, it's not cool, it's hard, it's boring, I can't do this, I don't need it later in life...' There are *many* hurdles to jump, but if you get past that, it's mind-blowing. I'd try to get them excited by showing them parts of math they never knew about and make it relevant and fun." Rodriguez enthusiastically talks about how she integrated fractals and Vihart YouTube videos into the classroom. Check out www.youtube.com/



watch?v=DK5Z709I2eo to learn about the benefits of doodling in math class!

"While the challenges are big, the payoff is also big," Rodriguez continued. "By mid-year, having a bunch of girls that have gotten turned on to math is very rewarding to see."

Like Rodriguez, Jean Hinlicky, one of the newest volunteers, is particularly interested in supporting young girls. "There's still an amazing bias against women in all of the sciences," she says. "We need women role models so much. As a volunteer science fair judge, I saw the ability to be helpful. That's exciting." Hinlicky ran a private medical practice in behavioral pediatrics/ child psychiatry in Maryland for 35 years before retiring full-time in Santa Fe.

Hinlicky discovered that she had a connection with the Alliance when she saw that her former organic chemistry professor, George Rubottom, was on the board. "He was the best professor I ever had," she said. "I was petrified of taking the class, and George got me to understand, not just memorize, organic chemistry. He made it possible for me to get into medical school." She sees SFAFS as providing this kind of inspiration to future scientists.

Rubottom, one of the original SFAFS board members, taught organic chemistry for 16 years at Bucknell University, the University of Idaho and in Puerto Rico, before running a \$42 million organic chemistry program at the National Science Foundation for 21 years. "Our volunteer community has become more diverse," he said. "We've focused on recruiting Spanish speakers to meet local need, and



Santa Fe Indian School students lead the Café Scientifique program, which invites STEM experts to the school for interactive evening workshops, open to the community.

involving more women and young professionals. There are many scientific connections in this community and those have served us well when it comes to recruiting volunteers for our programs.

"It's not our role to make every kid a scientist but to encourage kids to explore their interests, give them an appreciation of science and boost their confidence so every student believes that they can do it," he continued.

Rubottom also presented some of the nearly 70 Science Cafés, evening presentations open to students and the public held at the Georgia O'Keeffe Education Annex for the past few years. To better reach local students, SFAFS now partners with the Santa Fe Indian School's Café Scientifique program, a teen-led group that brings in various STEM experts

to run interactive evening workshops at the school. These presentations are open to all high school students in Santa Fe and include a free meal and a raffle prize.

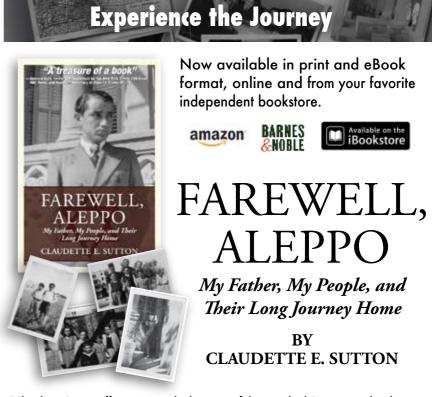
Volunteer scientists have participated in the Santa Fe Children's Museum "Weird Science" event for the past five years. As Alliance members often say, "It blows my mind away - the level of commitment from our volunteers."

In addition to donating their time and expertise, many SFAFS volunteers have also contributed funds to SFAFS, a 501(c) (3) organization, to help meet program and overhead expenses. These donations also provide local support to the schools. For example, SFAFS provides stipends to teachers who serve as their school's science fair coordinator. SFAFS

awards cash prizes to students who win at Expo, the Santa Fe Public School's district-wide science fair competition. SFAFS also purchased lab equipment and materials for school science departments and afterschool STEM clubs, and supports professional development workshops for teachers. Thanks to a longstanding partnership with the Santa Fe Public School District and Chari Kauffman, the district's science coordinator, SFAFS can readily respond to the changing needs of local students, teachers and schools, to achieve its vision: Every Santa Fe student is "STEM Ready" to explore and succeed in life.

Diane Smogor is the executive director of the Santa Fe Alliance for Science. To learn more about the organization and ways to get involved, visit www.sfafs.org.





"Claudette Sutton offers us not only the story of the vanished Syrian-Jewish culture in Aleppo, now a battleground in Syria's civil war, but also a look at how that culture still survives, and still nourishes Syrian Jews now living in America."

-Bernard Kalb, former correspondent for the New York Times, CBS News, NBC News, and Assistant Secretary of State for Public Affairs.



# **Parenting**



# MAMA-THON

Group runs help mamas go the distance

By Katie Macaulay

### Ever since I discovered the magic of morning fitness

outside in the mountains, my life has changed.

I call it "Emerging From the Fog of Early Motherhood," and you might be familiar with some of the symptoms:

- No time for self-care (always taking care of others' needs first)
- No time for exercise (or a haphazard attempt)
- No time for connecting with other moms (without kids hanging off your leg)
- Feeling constantly frazzled and exhausted (even slightly depressed).

If you are familiar with one or more of these symptoms, you may be experiencing the Fog. My experience with the Fog and my emergence from it are the reason I am starting a new program called Mountain Mamas.

Before the Fog lifted for me, I experienced all of these symptoms. I was out of shape and did not feel good in my body after having two kids. Getting outside for a 10-minute walk felt like a huge achievement. My inertia was like that of a newborn, and my speed was only that required for chasing a toddler or teaching a 5-year-old to ride a bike. I likely experienced some mild, undiagnosed depression during those early years of the Fog.

As the kids got older, I found another symptom of the Fog was a lack of clarity. When my daughter started kindergarten I was disoriented. I spent the first few weeks of her kindergarten year in a daze, as if always walking from room to room to get something and forgetting what I was looking for. Where would I focus my energy now that both kids were in school? I had so many dreams of this time of newfound freedom, yet I was experiencing the lack-of-clarity Fog.

In the Fog, I also had the latent desire to get out into the mountains and exercise but did not know where to start. I envied the moms who "had the time" or the previous experience to run trails or skin up the mountain on a powder day. I had not done much of either, and with small children it certainly did not seem like the time to start.

Luckily, I found an antidote. It started with a group of other moms who were rising before dawn to run mountain trails and return home before kids were awake. Really? This sounded terrifying, and unimaginable, yet intriguing (and only possible because my husband could stay at home with the children).

Could I really get up that early? (I had never, ever been a morning person.) Could I really commit to regular exercise? (I had never had a regular exercise routine before.) Would my family accept this new behavior and roll with it? And would these mountain mamas really accept me, an out-of-shape non-runner, into their group?

Despite my lack of experience, lack of confidence and lifetime subscription to the Non-Morning Person Club, I was desperate for change, so I gave it a try.

It didn't take long for me to become addicted to this taste of me-time. My own objections were quickly overcome; my body clock adjusted to the new time frame. Going to bed early and rising before the sun felt like a gift to myself. Regular exercise made me feel like a whole new person, as I shed the extra pounds that had been weighing me down, mentally and physically. Plus I was feeling so good from exercise-induced endorphins that I was able to deal more constructively with many of my family's expressions of discontent. I could pacify, and problem-solve, and not for a minute consider giving up my morning routine. Lastly, the other moms accepted me. They weren't as hardcore as I had feared and I made new lifelong friends and a new lifelong habit of exercise.

The runs themselves were surprisingly energizing, and the early morning experience was surprisingly sublime. The quiet in our dark house was like a well-kept secret — just me, alone with my thoughts, uninterrupted. Pure heaven! Driving to the trailhead listening to the morning news made me feel like an intelligent grown-up again, a return to my formerly more-informed self. (I had stopped listening to the news when my young son asked me what a death squad was.)

Breathing in the fresh mountain air, witnessing spectacular sunrises and getting stronger each day felt like a spa treatment; glowing with endorphins I happily got the kids ready for school upon my return from the mountain trails. But really, the best part was connecting with the other mamas, sharing the joys and challenges of motherhood on the trail. The Fog lifted a little more with each early morning rise. I had newfound camaraderie, fitness and confidence.

As a bonus to all these other positives, my  $\log loved$  the new routine. She was getting more and better exercise than she ever had. My new motto became: "If Coover is happy, I am happy."

After a while, the mamas and I started training for longer runs. I was amazed when I finished my first half-marathon. With a friend organizing a group run, I began to train for the Grand Canyon Rim-to-Rim, something I hadn't dreamed possible barely a year earlier. My new feelings of well-being spilled over into all areas of my life. Not to mention that running the Grand Canyon itself was one of the most awe-inspiring experiences of my life. (It was really a run/hike at more than 90 degrees in the bottom of the canyon.)

The next marathon for me, however, will be the realization of my long-held dream to share this idea — Mountain Mamas — with other women. I know there must be other mamas experiencing the Fog who could benefit from regular exercise and mama connection. Mamas who would like to:

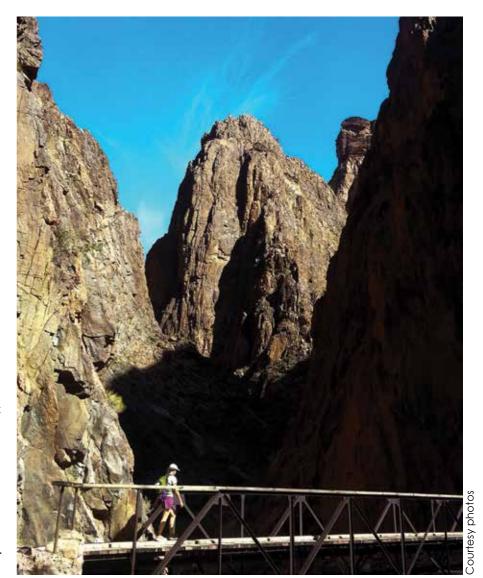
- Get regular exercise in nature (through hikes, runs or bike rides)
- Connect with other women, sharing the joys and trials of motherhood
- Gain more clarity and confidence in all areas of life.

Are as you afraid as I was? Fear not! You do not have to be a hard-core early morning runner to participate. Mountain Mamas will offer hikes and mountain bike rides (after kid drop-off), in addition to early morning runs. All will be suitable for beginners and experienced athletes alike. With time, we will offer gourmet backpacking trips, photography and art workshops, creativity and clarity circles, and more.

The theme of Mountain Mamas will be connecting with nature and with each other, lifting each other up and getting clear. As women, we know how to encourage and support one another. Together we will hit the trail and climb mountains to find our own personal summit.

To learn more about becoming a Mountain Mama go to the Mountain Kids! website, www.sfmountainkids.com, and look under Programs.

Katie Macaulay is the founder and director of Mountain Kids!, a year-round outdoor adventure and education program, now entering its 10th year.



The author trained with friends for the Grand Canyon Rim-to-Rim run/hike.



Santa Fe's Nationally **Known Largest** Retail/Resale Store









Furniture & Bedding Baby Gear & Accessories Pretend Play & Riding Toys **Art Supplies** Books, Puzzles & Wooden Toys Maternity & Nursing

At the corner of Guadalupe & Aztec • Santa Fe

505.989.8886

Buy • Trade • Consign



Golden Acorns is in it's 8th year! Hurray! We are offering our fun, experiential, holistic summer program again for children ages 4-11, with an exciting new Leadership Program for youth ages 12-15. Campers engage in a variety of world cultural and healing arts, including

**Puppet Making African Dance & Drumming** Herbalism & Gardening Breakdancing & Hip-Hop Compassionate Communication Permaculture Yoga & T'ai Chi Healthy Cooking and More!



FOR MORE INFORMATION VISIT www.GOLDENACORNSCAMP.org or call 505.795.9079

# TOGETHER WE CAN END HUNGER!

#### Canstruction Santa Fe will be back at Santa Fe

Place Mall this June to dazzle the community with giant sculptures made entirely from canned food.

Canstruction events are held annually in over 150 cities throughout the world. Back for its fourth year here in Santa Fe, Canstruction is a unique competition and exhibition that showcases colossal structures created by teams of architects, engineers and designers. The goal? To raise awareness about hunger.

Each design team raises funds to purchase the food required for their Cansculpture, creates a design based on the theme for the year and then convenes a team to bring the design to life on Build Day. After dazzling the community for 10 days and sparking conversations about hunger, the sculptures will be gently disassembled. All food is donated to The Food Depot, Northern New Mexico's food bank.

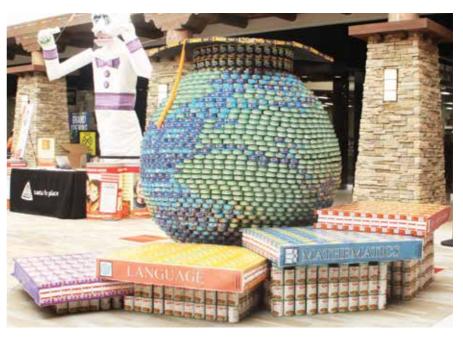
Creativity is key with each Canstruction event, and the theme varies depending on what the local committee has selected. In its first year, five teams supported by 10 sponsors used 7,730 cans to create Cansculptures on the theme of "Welcome to New Mexico." The following year, four teams in partnership with 27 sponsors balanced 10,000 cans to the theme of "Movies & Television." In 2017, Canstruction Santa Fe proved "We CAN Be Heroes" by bringing together seven teams and 56 sponsors and a total of 33,187 cans of food. In just three years, Canstruction Santa Fe has generated enough food for 43,117 meals!

The teams for Canstruction Santa Fe 2018 are coming together now, seeking sponsors and drafting their designs for this year's theme: "Rock CAN Roll." This year's event will be held at Santa Fe Place, 4250 Cerrillos Road, June 8 through 18.

There are many ways to get involved in this one-of-a-kind event:

- Encourage a design professional you know to enter with a competing team.
- Sponsor a design team or the event itself.
- Stop by Santa Fe Place on June 8 to watch the sculptures being built.
- Visit Santa Fe Place between June 9 and June 13 to cast a vote for your favorite sculpture in the "People's Choice" award.
- Volunteer with The Food Depot to help on Build Day and/or DeCanstruction Day.

To learn more about Canstruction Santa Fe, go to www.thefooddepot.org, or call Jill Dixon, The Food Depot's director of development, at (505) 471-1633 Ext. 116.





"Education Can Save the World" (top) and "Navajo Code Talkers" are two of many ambitious canned-food sculptures created in past years for Canstruction Santa Fe. Canned food donations benefit The Food Depot.

## Warehouse 21 Becomes Studio Center of Santa Fe

### This past year, Warehouse 21 celebrated its

21st anniversary as Santa Fe's teen arts center. Over the years, W21 has won numerous awards and has become a central part of youth programing and outreach in the city.

Now, Warehouse 21 is becoming the Studio Center of Santa Fe, with a new management team led by Kim Langbecker with Paul Rainbird, Craig Anderson and Peter Sills. This transition occurs as the founder of W21, Ana Gallegos y Reinhardt, moves on to new challenges.

Studio Center will continue many of the traditions started at W21, while focusing more strongly on building partnerships between Santa Fe's diverse

youth cultures and art and technology professionals, who will provide mentoring and career training. Studio Center has already begun collaborating with Fragile Peace, 100 Kids Who Care and the Santa Fe Community College.

The transition to Studio Center of Santa Fe is expected to be complete this spring. Currently plans are underway to develop new programs, partnerships and sources of funding for the new initiative. Enhancements and refurbishments to the facilities have already begun to update the infrastructure and provide a state-of-the-art environment for the arts.

Ana Gallegos y Reinhardt was celebrated on November 18 , to honor her immense contribution as the founder of W21.

"What Ana and the team at Warehouse 21 created has had tremendous meaning and importance for young people in our community, and I'm so grateful to her for her years of service," said Santa Fe Mayor Javier Gonzales. "I'm excited to see what lies in store for this vibrant center for art, youth, growth and community development, and we'll be there with them step for step along this journey."

To learn more about the new Studio Center of Santa Fe, including partnerships, collaborations, volunteer opportunities and ways to contribute, please write or visit Studio Center of Santa Fe, 1614 Paseo de Peralta, Santa Fe, NM 87501; call (505) 989-4423; or email admin@studiocentersf.org or info@studiocentersf.org.

## SUPPORT GROUP FORMS FOR PARENTS OF CHILDREN WITH LEARNING DIFFERENCES

#### Having a child of any age with learning

differences (LD) presents parents with special challenges. It stretches parents in directions that others are not called upon to do. When one member of a family has a learning difference, this affects the entire family and, due to genetics, the challenges are often multigenerational.

Janine Johnston, a reading therapist, learning specialist and parent of two children with learning challenges, is offering a new support group this spring to help parents who are dealing with these challenges, and who would like to find camaraderie and share resources with others.

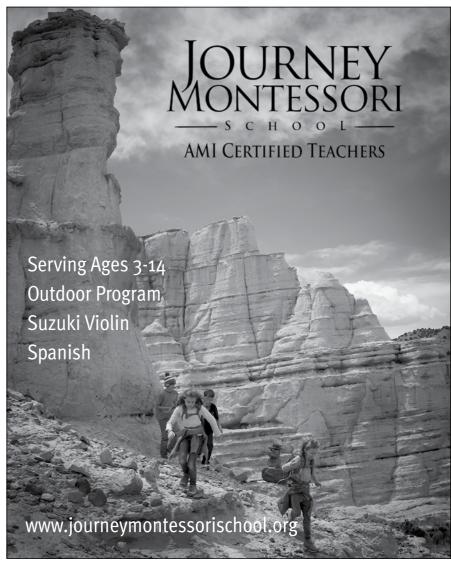
The Support Group for Families with LD will meet at 10 a.m. March 3 at Ohori's Coffee, 505 Cerrillos Road. The first meeting will introduce a range of topics including resources such as books, websites and experts; effects of LD on siblings and family systems; and supportive summer camps. Subsequent topics will be generated by the group.

For more information, contact Johnston at janine@enchantmentlearning.com or (505) 699-3118.



Collage, by Carolina, First Presbyterian Church Child Development Center





# **Voces de la familia**

# Superar el miedo en la adolescencia

Capacitación de seguridad personal como rito de iniciación

Por Darya Peterson-Glass • Traducción por Flor de María Oliva

#### Como padres de familia y

educadores, no podemos evitar darnos cuenta de la ansiedad y tensión que nuestros hijos y estudiantes enfrentan hoy en día. Un artículo publicado en la revista Time en octubre del 2016 se refirió a esta generación pos 9/11 como la primera que no se puede escapar de sus temores, debido a la constante presión y estimulación de los medios sociales. Estos jóvenes han crecido en una era de tensión económica y colectiva. Han visto a sus padres luchar durante la crisis financiera del 2008. Las balaceras en las escuelas y el terrorismo se han vuelto comunes, en lugar de ser excepcionales, y sus horribles detalles aparecen en las noticias y los medios sociales sin discriminación.

La escuela secundaria siempre ha sido un tiempo de tremenda transición en la vida de los niños y los adolescentes, cuya conciencia ahora experimenta con mayor intensidad las tensiones y temores de la sociedad. Como padres y maestros, podemos ayudar a estos estudiantes al crear ritos de iniciación para que vayan marcando su crecimiento, enfrenten sus temores y superen su sentido de impotencia o pasividad. Mientras que algunos de estos ritos son pequeños, algunos son mayores episodios de cambios en la vida que impulsan al niño a tener un nuevo sentido de sí mismo.

Los ritos de iniciación traen consigo desafíos que sirven como enseñanza, nos ponen a prueba y nos capacitan a actuar más allá de nuestra percibida capacidad. Son experiencias que pueden impulsar al niño a dar los pasos para cuidarse sin la ayuda de nadie, de lo cual salen transformados. habiendo crecido o madurado más completamente como individuos.

Como maestra de niñas de la secundaria, de 11 a 14 años de edad, puedo apreciar lo que significa el poder crear estos ritos de iniciación. Desde la oportunidad diaria para una estudiante de encontrar su

propia voz en una discusión en la clase, hasta el dar pequeños pasos para ir aprendiendo lo que requiere el liderazgo, estos ritos ayudan a las estudiantes a convertirse en fuertes defensoras de sí mismas y su mundo. ¿No es eso maravilloso?

Además de estas pequeñas y cotidianas oportunidades para el crecimiento, disfruto y agradezco el trabajo que puedo hacer en asociación con Resolve (antes, Seguridad personal IMPACT).

Resolve (www.resolvenm.org) es un programa de Santa Fe que enseña a niños y adultos a prevenir, mitigar e interrumpir la violencia interpersonal. Los estudiantes aprenden sobre la preparación mental y emocional, la regulación de la adrenalina, la disuasión verbal y técnicas físicas para manejar situaciones

violentas y amenazantes. Todas esas estrategias se practican en escenarios cada vez más realistas. Como maestra, recomiendo Resolve a las familias. Su capacitación está disponible para niños a partir de los seis años de edad y es apropiada para todo género.

Los adultos tienen un instinto básico para mantener seguros a los niños, lo cual con frecuencia se extiende a la necesidad de librarlos de los sentimientos de temor. El entrenamiento de Resolve, repleto de adrenalina, crea una mezcla de entusiasmo y temor en los estudiantes. ¿Es eso algo bueno? En realidad, yo pienso que es esencial para que los estudiantes aprendan sobre sí mismos, especialmente para los adolescentes que se debaten entre la necesidad de la libertad y la aventura, y que están aprendiendo habilidades de vida



El entrenamiento de Resolve, repleto de adrenalina, crea una mezcla de entusiasmo y temor en los estudiantes.

sobre el discernimiento, el control de emociones y los límites personales.

Los estudiantes que participan en situaciones controladas de Resolve obtienen las habilidades para hallar la seguridad cuando se encuentran ante un peligro en la vida real. Subconscientemente, en sus cuerpos y mentes saben que se han salvado de manera efectiva cuando se han enfrentado a violencia simulada y practicado habilidades que les permiten superar la adversidad. "Estoy tan asustada" se convierte en: "Estoy en control de mis reacciones". "No sé si puedo hacer esto" se convierte en: "Sé que puedo hacerlo; lo hice". "El mundo es un lugar peligroso" se convierte en: "Soy poderosa". Una graduada del octavo grado dijo simplemente: "Esta clase definitivamente me enseñó a vivir sin miedo".

En la escuela de niñas de Santa Fe hemos trabajado de cerca con Resolve en los últimos 18 años, integrando a nuestro programa de estudios su capacitación para la autodefensa y la prevención de violencia. En el 2017 recibimos su premio Visionario por nuestra constante actividad en este campo. Nuestro compromiso para empoderar a las niñas para que se desarrollen en jóvenes fuertes capaces de enfrentar toda clase de desafíos con resistencia, confianza y voluntad es posible por medio de esta beneficiosa colaboración. Creemos que todas las estudiantes tienen más posibilidades de éxito cuando tienen a su alcance las herramientas para fijar límites, reducir conflictos y defenderse.

"En Resolve "aprendí que tengo que fijar límites", dijo una de nuestras alumnas después de terminar la capacitación. "Tengo que usar mi voz y ser directa con lo que quiero y lo que creo. Y si eso no funciona y ocurre un ataque, debo defenderme. No puedo tener miedo. De Resolve he salido sin miedo. Todavía soy la buena persona que trato de ser, sólo que ahora sé cuándo ser buena no es suficiente. Ahora sé que tengo voz."

Este tipo de transformación es fundamental en su poder e implicaciones. Gozo viendo cuando esta fuerza y habilidad florecen en mis estudiantes; veo a cada una enfrentarse a este desafío y alcanzar profundidades de carácter que las convierten en personas a cargo de su propio destino.

Darya Peterson-Glass enseña matemáticas e historia en Santa Fe Girls School. Ha sido entrenadora de seguridad personal en Resolve e IMPACT por ocho años.



Tempera painting (detail), by Nicholas, First Presbyterian Church Child Development Center

#### WE'VE GOT FAITH IN KIDS!

#### The United Church of Santa Fe

Join our children and youth programs this Spring!

#### **Sunday Mornings:**

- Children's Exploration with stories, art, and service projects-8:30 & 11:00
- Youth and Children's Choirs—10:00
- Youth "Initiation to Adulthood" (8th/9th)—9:45
- "Young Adventurers" (6<sup>th</sup>/7<sup>th</sup>)—11:00
- High School Programs throughout the year





Rev. Talitha Arnold, Sr. Minister • Rachel Baker, Children's Ministry

"Love God. Love Neighbor. Love Creation." The United Church of Santa Fe 1804 Arroyo Chamiso (at St. Michael's Drive, near the hospital) 988-3295 | www.UnitedChurchofSantaFe.org

## **AARTZ WEST**

A creative haven where aspiring artists of all ages grow, thrive, develop their artistic skills and have fun!

#### Summer Aartz 2018!

5 separate full-day sessions 4 days each: Monday-Thursday (First Week Only: Tuesday-Friday) May 28-June 28

Drawing Watercolor

Acrylic Clay Printmaking Sculpture Felt Art

Multi-age • Scholarships • Bilingual Ages 7-17 • Limited Class Size Personalized Instruction

\$195 covers instruction, professional art materials, a healthy snack.



All classes taught by LIZA MYERS, Certified K-12 award winning artist and educator. BFA, MFA **VERMONT ART TEACHER OF THE YEAR** 

www.lizamyers.com/aartz-classes/

AARTZ WEST • 1401 Maclovia • 802-236-8062

# Spring Break & Summer Camp Directory



"The Black Horse," chalk pastel, by Ayden Archuleta, 6, Dragonfly Art Studio (based on a lesson on Georges Seurat)

## SPRING BREAK CAMPS & PROGRAMS

#### ARTSMART SPRING BREAK CAMP

Join us for innovative weeklong theme camps in the ARTsmart Community Studio, where students create unique, expressive works of art. The \$125 fee includes all materials and healthy snacks. Camps offered for grades K through 3, and grade 3 through 6. Monday to Friday 8 a.m. to noon. Spring Break Camp: March 19 to 23. Visit artsmartnm.org for registration and schedules. For more information, email Rebecca at rchornenky@artsmartnm.org, or call 992-2787.

#### GENOVEVA CHAVEZ COMMUNITY CENTER SPRING CAMP **FESTIVE**

Fun, educational and safe programming for ages 6 to 12, March 19 to 23. Full-day camp, \$145, Monday through Friday, 7:30 a.m.-5:30 p.m. Swimming, ice skating, sports, arts and crafts, games and fun with food. Half-day Basketball Camp, \$65, 8:30 a.m. to noon; skills, drills and scrimmage games. Combo Camp, \$175: participate in morning Basketball Camp, then join Day Camp for afternoon activities. Parents must provide lunch and snack. Call Melissa at 955-4005, or Diego Gabaldon at 955-4014. www.chavezcenter.com.

#### **MOTHER'S FARM SPRING BREAK CAMP**

Full-day camp for ages 5 to 12, March 19 to 23, on a 10-acre farm off NM 14, outside Santa Fe. Horses to ride and touch. Clay to hand-harvest and sculpt and make pots. Golden Retriever puppies to love. Outdoor games, organic gardens, water play, nature walks along the Springs, yoga to feel good in our bodies, art and music to make experiential connections. Transportation from Salvador Perez soccer field parking on Alta Vista 8:20 a.m., with 4:30 p.m. drop off. \$249/week. Visit www. mothersfarmschool.com; or email mothersfarm@yahoo.com.

## **SUMMER CAMPS & PROGRAMS**

Let your muse come out to play. Join Liza Myers, Vermont

Art Educator of the Year, in her teaching studio, a creative haven for ages 7 to 17. Five separate full-day sessions of creative exploration, May 28 to June 28, Each bilingual session runs Monday through Thursday (except the first week, which runs Tuesday through Friday). Drawing, watercolor, acrylic, collage, clay, printmaking, book arts, metal foil, felt art and more. \$195 per session includes instruction, materials and healthy snack. Call Liza (802) 236-8062 or go to www. lizamvers.com/aartz-classes/

#### **ACEQUIA MADRE GARDEN CAMPS**

Weekly camps meet June 4 to 8, June 11 to 15, June 18 to 22, June 25 to 29, and August 6 to 10, 9 a.m to 3 p.m. at the Acequia Madre School Garden for grades K through 6 from all schools. Campers explore the wonders of gardening in a small family-like setting, along with plenty of time for free play, team-building games and creative art projects. Camps are \$175 per week, maximum 20 campers/week. Email brooksmolly1@gmail.com to register.

#### ACEQUIA MADRE LITTLE THEATER

A new summer acting camp for ages 8 through 15, at Acequia Madre Elementary School, open to the community, June 4 to July 13, Monday through Friday, 9 a.m. to 1 p.m., with before- and after-care available. Children will learn history, write the script, and perform in a musical theater production, "One Hundred Years of Music." For more information, call Rachel Montez, 501-3215.

#### ARTSMART SUMMER CAMPS

Join us for innovative weeklong theme camps in the ARTsmart Community Studio, where students create unique, expressive works of art. The \$125 fee includes all materials and healthy snacks. Camps offered for grades K through 3, and grade 3 through 6. Summer Camps meet June 4 to August 10, Monday to Friday 8 a.m. to noon. Visit our website at artsmartnm.org for registration and schedules. For more information, email Rebecca at rchornenky@artsmartnm.org, or call 992-2787.

#### **AUDUBON NEW MEXICO ADVENTURE SUMMER CAMP**

Not your ordinary summer camp! This summer the Randall Davey Audubon Center will host nine weeks of nature day camps for ages 5 to 12. Each week is theme-based encouraging discovery, investigation, play and a love of nature. Monday through Friday, 9 a.m. to 3 p.m., \$235/week. Early dropoff and aftercare, \$80/week. For registration, scholarships and more information, visit nm.audubon.org, call 983-4609 x21, or email Camp Director Katie at kweeks@audubon.ora.

#### **BELISAMA IRISH DANCE**

Belisama Irish Dance offers classes for the whole family to enjoy. Performance opportunities in the community, local competition and fun choreography classes. Ages 5 and up. Santa Fe and Los Alamos locations. Call Adrienne Bellis, director, 670-2152, or go to www.belisamadance.com.

#### **CADENCE COMPANY CAMP**

Cadence Company Camp, for teens ages 13 to 18, offered by Talking Hands Talking Feet, combines music and rhythm, theater games, song and verse, movement and dance, storytelling, comedy and video arts. Friday performance for friends and family. Serving Eldorado and Santa Fe on five wooded acres, one mile from Café Fina. June 11 to 15 and July 30 to August 3. \$220/week, \$200 sibling discount. Scholarships available, Hours 8:30 a.m. to 4 p.m. Call or text 231-5869, or visit talkinghandstalkingfeet.com/cadence/.

St. Michael's High School is pleased to offer Camp Horsemen Summer 2018 for elementary and middle school aged children. From soccer and art to baseball and science, kids will have a fun and memorable summer on our 25acre campus as they develop and expand their skills and knowledge. Camp Horsemen not only provides a safe environment for kids but also offers the most affordable summer camps in Santa Fe. Different camps are offered each week. Visit stmichaelssf.org for details.

#### CANDYMAN STRINGS & THINGS SUMMER ROCK CAMP

At the Candyman Strings & Things Summer Rock Camp, campers will form a band with others, learn songs from their favorite bands and improve their skills. Bands will develop their identity and logo, record an album, participate in live radio interviews, perform in a real rock concert and more. Also included in tuition are Pizza Party Fridays, camp photos and videos, digital albums and a camp t-shirt or hat. Call 983-5906 or visit www.candymansf.com for dates, registration and more information.

#### CHILDREN'S ADVENTURE COMPANY

Santa Fe's most active and enriched summer camp for kindergarten through seventh grade for 31 years! CAC's focus is age-appropriate outdoor field trips that include rock climbing, kayaking, hiking and survival skills, along with gardening, cooking, science, art and yoga, taught by caring, well-educated staff. Weekly camps May 28 through August 10. Field trips to Albuquerque every Friday for older groups. Full day (7:45 a.m.-6 p.m.), or short-day program (7:45 a.m.-3:30 p.m.) for day campers only. 935 Alto Street, Santa Fe. Register online: www. childrensadventurecompany.org, or call 988-7201.

#### CHRIST CHURCH SANTA FE KIDS CAMP

An exciting week filled with engaging music, crafts and activities that teach children about different cultures as they learn more about God's heart for His world. June 4 to 8, 8:45 a.m. to 12:00 p.m. For ages 3 to 12. Cost \$10. Snacks provided. For more information or to register, call 982-8817 or visit or christchurchsantafe.org.

#### CITY OF SANTA FE 2018 SUMMER YOUTH PROGRAM

June 4 through July 26, at six Santa Fe locations for ages 6 to 12, and at the Carlos Ortega Teen Center for ages 13 and up, on a sliding fee scale. Youth registration begins at 7:30 a.m. May 12, at the Mary Esther Gonzales Senior Center, Genoveva Chavez Center, and Southside Library, on a first come, first served basis. Teen registration begins 7:30 a.m. at the Carlos Ortega Teen Center. Bring a birth certificate for 6-year-olds, and proof of family income. Learn more at www. santafenm.gov/summer\_youth\_program.

#### DRAGONFLY ART STUDIO SUMMER CAMP

Fine art classes for ages 6 to 16 are designed to stimulate imagination, creativity and experimentation with a range of art media and materials. Summer Camp meets Monday to Friday, 9 a.m. to 4 p.m. in June, July and August. Each week has a different art theme. Afterschool art classes meet one day per week, 3:30 to 5:30 p.m and end with a student art show at a local gallery. We also offer birthday parties and weekend workshops. Visit dragonflyartstudioforkids.com or call Oceanna at 670-5019.

#### ETIQUETTE SANTA FE MANNERS CAMP

In a chaotic world, build a foundation of kindness and

# Spring Break & Summer Camp Directory

consideration. Empower your child to navigate social and academic encounters with confidence and ease. Topics include: Manners in a Modern World, First Impressions, Introductions, Handshakes, Thank You Notes, Techie Tweens, Public Speaking, Conversation Skills, Interview Prep, Fork and Function, Mainstream versus Culture Specific. Private, group, families, summer camps, ages 4 to forever. Please inquire at 988-2070, www. etiquettesantafe.com.

#### **FENCING SUMMER CAMPS 2018**

At New Mexico Fencing Foundation Summer Camps, first-year or new fencers learn fundamentals of footwork, bladework, tactics and technique. Maximum 12 participants. All equipment provided. Instructor James Odom has 32 years of experience, certified in all three weapons: foil, epee and saber, Beainning fencing camps June 4 to 7, July 9 to 12 and July 23 to 26, 9:30 a.m. to 1:30 p.m.; \$200 (10 percent sibling discount). Camps meet at 1306 Clark Road, Santa Fe. Contact nmfencing@gmail.com, or register at nmfencing.org.

#### **GOLDEN ACORNS SUMMER CAMP**

Join Golden Acorns Summer Camp of Living Arts & Culture, now in our eighth year, Curriculum promotes and teaches healthy and sustainable living practices such as Yoga and T'ai Chi, gardening, permaculture, herbalism, fun and healthy cooking, and compassionate communication. We also feature African dance and drumming, breakdancing, graffiti art, puppet making, healing arts and more. For ages 4 to 11, and, a new exciting Leadership Program for ages 12 to 15. Go www. goldenacornscamp.org or call 795-9079.

#### **GUARANTEED READING PROGRAM**

Guaranteed Reading Program had its highest improvement ever in 2017. Santa Fe students are soaring using national standards for reading skills. "No more endless tutoring!" says Abby. You can stop your child's reading struggles and end your frustration now with Floy Gregg, veteran Reading Specialist and her unique course. Bob's Mom says, "You have nothing to lose and your child has everything to gain with Floy's no-risk guarantee." See 2017 Results, Poor Readers Symptoms List and contact Floy to schedule your complimentary parent consultation at www.FloyGregg.com.

#### HANDS-ON HERITAGE

Open to grades 4 to 8, this five-week Santa Fe Public School program combines hands-on learning with two weekly field trips to local museums and other natural and cultural sites, Monday to Thursday 8 a.m. to 3 p.m., Friday 8 a.m. to 12:30 p.m., June 18 to July 25. Two locations: El Camino Real Academy and Aspen Community Magnet School. \$250 per student, \$50 per

additional child. Scholarships available. Applications available beginning March 1, at both sites and on the SFPS website. Contact Stephanie Walther, swalther@sfps.k12.nm.us.



"Do Not Pull on My Cat's Tail," watercolor and ink, by Frances Enfield, 6, Dragonfly Art Studio (based on a lesson on Pieter Bruegel)

#### KIDS' COOKING CAMP

A special introduction to the wonderful world of cooking for kids ages 7 to 12, July 9 to 13, from 10 a.m. to 12:30 p.m. Join the 19th annual weeklong cooking camp and cover a different topic everyday. Cook a wide variety of dishes and gain the knowledge and know-how to become the real chef in your family. Chef Johnny Vee will help you earn your chef's hat and cooking diploma. \$325. Las Cosas Cooking School, 181 Paseo de Peralta, 988-3394.

#### LITTLE EARTH SUMMER DAY CAMP

Memorable summer experiences for children ages 4 to 9, June 4 through August 10. Five two-week sessions for all ages. Minimum enrollment: one session. Four or five days per week. 10 percent tuition discount for children who enroll for the entire summer. Art, cooking, weekly nature field trips, swimming and games. Low student-teacher ratio. Enrollment limited. For more information or to request a brochure and pre-registration form, call 988-1968. Little Earth School, 321 West Zia Road, www.littleearthschool.org.

#### MARTIAL ARTS TRAINING CENTER SUMMER CAMP

Weekly camps from June through August: Monday through Friday, 8:30 a.m. to 4:30 p.m. Learn traditional Japanese karate, empower vourself with amazing self-defense moves. experience Okinawan weaponry in a safe environment, and

play super-fun, fairly competitive games. Karate emphasizes respect, increases self-confidence and helps kids get fit. Family rates and discounts for multiple weeks are available.

Open to kids ages 7 to 14, no experience required. 982-7083, www.martialartstrainingcenter.biz.

#### **MAY CENTER SUMMER LEAP**

Help your child take a LEAP this summer in reading, writing, math, engineering and art. Designed for students from early childhood through ninth grade. Early Childhood Summer Program: June 18 to August 3 (no class the week of July 2) and Summer LEAP Programs: July 9 to August 3 for first through ninth grade. For details, call 983-7407 or visit www. mavcenter.ora.

#### **MOTHER'S FARM SCHOOL SUMMER CAMPS**

Weeklong full-day camp on our 10-acre farm off NM 14, outside Santa Fe, from May 24 through mid-August, for ages 5 to 12, and two sessions of overnight camp for ages 7 to 12, June 4 to 8 and July 8 to 12, girls in the tipi, boys in tents. Horses, gardening, water play, yoga, nature walks, art, music and more. \$239/week day camp, \$649/week overnight camp. Transportation from Salvador Perez soccer field parking on Alta Vista, 8:20 a.m., with 4:30 p.m. drop-off. Visit www.

mothersfarmschool.com or email mothersfarm@yahoo.com.

Santa Fe's go-to camp for outdoor adventure and natureconnection. Campers ages 5 to 15 take daily adventures into the mountains to explore and learn through games, hiking, mountain biking, kayaking, backpacking, camping, natural arts and crafts, photography, and plenty of free and guided play in nature. Children will explore the natural and cultural history of New Mexico and learn wilderness skills, tracking, bird language, plant knowledge and more. Weekly themes. New: five-day camps for working parents. Counselor-in-Training program for teens. For details, visit www.sfmountainkids.com.

#### NDI NEW MEXICO SUMMER DANCE CAMPS

NDI New Mexico's Early Steps and Arts in Motion Summer Dance Camps are offered in June and July for children ages 3 to 18. All levels welcome. Contact Danny Silver, Dance Barns Producer, 795-7088 or dsilver@ndi-nm.org. NDI New Mexico at The Dance Barns, 1140 Alto Street.

#### NEW MEXICO CENTER WILDLIFE DISCOVERY CAMPS

Science Explorers (Grades 4-6): Explore the lake and learn about water and where it comes from. Activities include swimming, hiking and canoeing. 9 a.m. to 3 p.m., Monday through Friday, June 18-22 at Abiquiu Lake, July 9-13 at Heron Lake. Wildlife Explorers (Grades 1-3): Learn about New Mexico





# Spring Break & Summer Camp Directory

animals and their homes. Meet our animal ambassadors up close! 9 a.m. to 1 p.m., Monday through Friday at at the New Mexico Wildlife Center, June 25-29 for grades 1-2, July 23-27 for grades 2-3. All camps \$100/child. (505)

#### PAJARITO ENVIRONMENTAL EDUCATION **CENTER NATURE- BASED SUMMER CAMPS**

Four summer camps will encourage kids to explore nature, learn, discover and play. Grades 9 to 12 will love the Backpacking Adventure for Teens Camp, June 5 to 8. Grades 7 and 8 will camp overnight, raft and more during the Living Earth Adventure Program, June 11 to 15. Grades 4 to 6 can enroll in two Nature Odvssev camps: Rockina and Flowing Camp, June 11 to 15, and Moving and Growing Camp, June 18 to 22. To register, visit peecnature.org/events/summercamps/ or call (505) 662-0460.

#### PANDEMONIUM PRODUCTIONS' MUSICAL THEATRE SUMMER CAMP

For ages 7 to 17. Students study acting, singing and dancing and perform in a Broadway-style musical at the James A. Little Theater. Past shows include "The Little Mermaid," "Wizard of Oz," "Peter Pan," "Grease" and more. Rehearsals take place at the New Mexico School for the Arts, Monday through Friday, 9 a.m. to 1 p.m. Space is limited; scholarships available. For more information call 920-0704 or visit www.pandemoniumprod.org.

#### RIO GRANDE SCHOOL SUMMER CAMP - K-6TH GRADE

Weekly camps June 5 through August 3 integrate enriched learning experiences with play, creative expression and adventure-based learning. Morning, afternoon and full-day options are available. Campers attending the morning session will choose an enrichment class in which they will learn alongside our educators, who average more than 10 years experience. Afternoon sessions will take advantage of a lovely and safe five-acre campus and focus on adventure education, design-thinking, and trips to museums and other exciting locales near campus. Rio Grande School. 715 Camino Cabra, Santa Fe. 983-1621.

#### RIO GRANDE SCHOOL SUMMER CAMP - PRE-K

Rio Grande Summer Camp offers a pre-K camp program for 3- and 4-year-olds, June 5 through August 3. Each week our experienced pre-K educators design and lead childcentered activities that encourage discovery, imagination and creativity in a fun-filled, nurturing environment. The rich array of activities include the following: gardening, cooking,



"Mountain," watercolor and ink, by Larkyn Woltring, 7, Dragonfly Art Studio (based on a lesson on Pieter Bruegel)

dramatic play, art projects, water play, and lots of outside time on our lovely and safe five-acre campus. Rio Grande School, 715 Camino Cabra Santa Fe, 983-1621.

#### **RIO RAPIDS NORTHERN SOCCER**

Rio Rapids Northern is hosting several weeklong, half-day and full-day soccer camps this summer. Enjoy a summer of soccer from international camps for all levels of play, including One Week, One Passion; TetraBrazil Soccer Academy; Challenger Sports British Soccer Camp; and Callaghan's English Soccer Camps. Camps are for children ages 3 and up, beginning June 4. For more information about camps and how to register, go to www.northernsc.org/summer-camps.html

#### SANTA FE CLIMBING CENTER CAMPS & CLASSES

New location, bigger and better indoor climbing. Summer camps with indoor and outdoor climbing, wilderness survival skills, hikes and other outdoor adventure-based activities. Weeklong camps from 8:30 a.m. to 3:30 p.m., \$349 per week. Multi-day summer camps for ages 5 to 8, May 29, June 4, 18, 25, July 9, August 6, 13 and 20. Ages 9 to 13: June 11, 25, July 9, 16, 23, August 6, 13 and 20. Ages 12 to 15: July 30. 3008 Cielo Court. Call 986-8944 or visit www.climbsantafe.com/camps/.

#### SANTA FE COMMUNITY COLLEGE KIDS STUFF

Offering programs for toddlers to teens. Intellectual and experiential learning through camps in swimming (ages 3 through 13), outdoor adventures (ages 10 through 15),

computer programming (ages 9 through 17), plus cooking, music, art and design (ages 8 through 17) For information call 428-1676 or visit www.sfcc.edu/kids.

#### **SANTA FE PERFORMING ARTS**

Santa Fe Performing Arts offers unique and fun youth theater summer camps. SFPA's programs offer excellent professional training in acting technique, singing, dancing and provide real audition experience. For more details and information call 982-7992, email sfperforminaarts@ amail.com, or visit www. sfperformingarts.org.

#### SANTA FE PUBLIC SCHOOLS **SUMMER ARTS CAMP**

Elementary music for pre-K through sixth grade. Grades 5 to 12 may choose band, choir, auitar or strina orchestra instruction. A visual arts component for all students is

optional. May 29 to June 22, Monday to Friday from 8 a.m. to noon at Gonzales Community School, Tuition is \$250 per child, or \$300 with visual arts. Limited partial-scholarship options available with early pre-qualification. Register by May 1. For more information, contact SFPS Music Department: lbrito@sfps.k12.nm.us or 467-2550.

#### SANTA FE PUBLIC SCHOOL SUMMER PROGRAMS

Santa Fe Public Schools offers high quality summer programs that both increase learning and offer fun, innovative enrichment activities. Programs are designed for different levels of students from grades K through 12. Programs support themes including biomedical sciences, engineering, the joy of reading, the culture of New Mexico and music and art. Look for updated information on sfps. info in mid-March to access specific details regarding sites and programs

#### SANTA FE SCHOOL FOR THE ARTS & **SCIENCES SUMMER CAMP**

Weekly camps for ages 3 to 15, June 11 through August 3. exciting, educational, entertaining camps specially designed for a wide range of ages. Themes include: World of Color, Love of

Nature, Slime and Other Crazy Concoctions, Jedi Alliance, Minecraft, Creature Design, and Dungeons & Dragons. Most camps are \$230 per week. Extended care and financial aid available. For more information, call 438-8585, email office@ santafeschool.org, or visit www.santafeschool.org. 5912 Jaguar Drive, Santa Fe.

#### SANTA FE TENNIS AND SWIM CLUB SUMMER CAMPS

Summer camps offered Monday through Friday in all-day or half-day sessions. Superstars Camp for ages 6 to 11 runs every week starting May 28 and offers a variety of activities designed to enhance the development of young minds and bodies. Tennis Camp for ages 10 and up runs every other week starting June 4. Camps run through the summer at 1755 Camino Corrales in the Museum Hill neighborhood. We also offer after school classes. Call 988-4100 or visit santafetenniscamps.com or santafetennis.net.

#### SANTA FE WALDORF SCHOOL SUMMER CAMPS

Children currently enrolled in grades 1 through 5 are eligible to participate in four separate week-long camp programs throughout the summer months: HeART Week, Travel the World, Fantastic Fiber Fun, and Repurpose, Reimagine and Recycle, each at \$250/week; June 4 to 8, June 11 to 15, August 6 to 10, August 13 to 17. Before and after-care are also available. Santa Fe Waldorf School, 26 Puesta del Sol, Santa Fe. For more information or to register, visit www.santafewaldorf.org/camps or email camps@santafewaldorf.ora

#### SCHOOL OF ASPEN SANTA FE BALLET SUMMER SESSIONS

Learn in a supportive environment that fosters confidence, technique and artistry. Classes for children ages 3 and up in creative dance, ballet, jazz, folklórico, hip-hop and more. Studio locations in Santa Fe and Eldorado. Summer session classes start June 4. For more information, call 983-5591 or visit www.aspensantafeballet.com.

#### SKATE SCHOOL SANTA FE

Ramps and Bowls Camps: Expert instruction for ages 8 and up, mornings at public skate parks, afternoons at our indoor park, 9 a.m. to 4 p.m. Weeklong camps beginning May 28, June 11, July 2, July 16, July 23, \$275 plus tax. Longboard Camps: Ride the school's boards and learn to turn, stop and slide, on local bike paths and indoor park, 9 a.m. to 4 p.m. June 4-6, June 18-20, July 9-11, August 6-8. Ages 9 and up. \$200 plus tax. 825 Early Street #H, 474-0074. skateboardsafety.com.

#### TALKING HANDS TALKING FEET KALEIDOSCOPE CAMP

Kaleidoscope Camp, for ages 6 to 12, is a time for creative fun, making new friends and a journey of discovery. Songs and music, creative dance, storytelling, theater games and lots of humor, combined with organized and free play on a magical landscape. Friday performance. Serving Eldorado and Santa Fe on five wooded acres, one mile from Café Fina. June 4 to 8 and August 6 to 10. \$220/week, \$200 sibling discount and scholarships available. Hours 8 a.m. to 4 p.m. Call/text 231-5869. or visit talkinghandstalkingfeet.com/camp/.

# ne Last Chance!

If you missed listing your program in the **Summer Camp Directory in this issue, fear not! Tumbleweeds' 2018 Summer Camp and Program Directory** will appear in our Summer Issue!

Listings are free for display advertisers or \$60 plus tax for others.

Submit a description of up to 85 words by email (info@sftumbleweeds.com) or use the easy click-and-send form on our website, www.sftumbleweeds.com.

Deadline for sending directory listings and reserving display ads is April 27 for our Summer 2018 (June, July & August) issue. Publication date is May 16.

Questions? Call 984-3171 or info@sftumbleweeds.com

# **Summer Spotlight**

# STUDENTS GET THEIR HANDS ON NEW MEXICO'S HERITAGE

By Stephanie Walther

#### No need for students to go far

this year for an amazing and fulfilling summer experience! The five-week Hands-On Heritage summer program, at El Camino Real Academy and Aspen Community Magnet School, offers students entering grades 4 through 8 the opportunity to explore New Mexico's beautiful land and history, while they learn about the environment and cultures of northern New Mexico.

"My daughter's experience in the program was lifechanging," said Anna Chavez, mother of a past Hands-On Heritage participant. "She encountered new people and new settings. I love that she was learning about New Mexico and experiencing its rich history."

Hands-On Heritage was created by the late Susan Duncan, former president of the Santa Fe Public School board. One of Duncan's passions was creating safe and engaging spaces for students to learn outside of the regular school day.

The program offers a mix of academic and enrichment activities for all students, as well as a leadership development component for older students. One of the highlights is a multitude of excursions to local museums, farms, parks, pueblos and other significant natural, historical and cultural sites such as Bandelier National Monument, the Santa Fe Farmers' Market and the New Mexico History Museum.

These trips allow students to witness first-hand what they learn in the classroom. Past participants have been amazed at all the wonderful sites their state has to offer and show joy in sharing stories of living

here. Yearly changes in the curriculum and field trip schedule allows students to revisit popular destinations but see new sites as well, so children who come for multiple summers will not be disappointed.

The program emphasizes literacy and inquirybased (or interest-driven) environmental science, social studies and math, all related to the themes of the summer. Arts and crafts and a variety of physical education and fitness activities are tied in as well. Each program culminates with an open house for students to display their works of art, writing and photos, and to present personal highlights of the program to their parents.

Hands-On Heritage focuses on grades 4 through 8, since grades K through 3 are served by the K3+ program, which offers five additional weeks of schooling during the summer. These years are formative to the young people of Santa Fe, and Handson Heritage helps fill the gap. Hands-On Heritage is held at two of the K-3+ sites for the convenience of families who also have younger students.

This year, the program runs from June 18 to July 25, from 8 a.m. to 3 p.m. Monday to Thursday, and 8 a.m. to 12:30 p.m. on Fridays. Students living in the Aspen and El Camino zones can get free bus transportation through SFPS. Breakfast and lunch are served every day. The total cost is \$250 (\$50 per week), and \$50 (\$10 per week) for an additional child in the family. Scholarships are available.

Applications will be available beginning March 1 at both sites and on the SFPS website. Contact Stephanie Walther at swalther@sfps.k12.nm.us for



Fourth grade Hands-On Heritage students at Aspen Community Magnet School inspected ancient artifacts on a visit to the school by the Center for New Mexico Archaeology, as part of their Project Archaeology educational outreach program.

questions, and check out www.facebook.com/HandsOnHeritageSantaFe/ for photos from last summer.

Stephanie Walther is the Hands-On Heritage program coordinator.



## SANTA FE PUBLIC SCHOOLS SUMMER ARTS CAMP

Fun, engaging, music instruction with visual arts component!



Registration: jsammeth@sfps.k12.nm.us 505-467-4938

www.sfps.info/music

See Listing in Camp Directory Registration Ends May 1st!

Band-Guitar-Strings **Elementary Music-Art** 

June 4 - 29, M-F, 8:00-12:00 daily

Tuition \$250, with Art \$300 Grades Pre-K through 12 E.J. Martinez Elementary



# Spring 2018 Calendar - March

Events are free, or included in the price of museum admission, unless otherwise noted. P indicates an event especially for parents.

## March

#### 1 THURSDAY, 10:45-11:15 A.M. Books & Babies

Books, songs and finger games for ages 6 months to 2 years. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

## 1 THURSDAY, 11-11:45 A.M. Preschool Story Time

Stories, rhymes, songs and crafts for ages 2 to 5. Main Library, 145 Washington Avenue, 955-6837.

## 1 THURSDAY, 2:15-2:45 P.M. Music Jam

Choose your favorite instrument and join in the jam! Instruments are provided, and all ages are welcome. Included with regular admission, free for Explora members. Explora, 1701 Mountain NW, Albuquerque, (505) 224-8300

## 1 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Hours extended to 6:30 p.m. Free admission for children under 16. Santa Fe Children's Museum. 1050 Old Pecos Trail. 989-8359.

## 1 THURSDAY, 4:30-5:30 P.M. Seeds and Sprouts

Hands-on gardening and nature-themed activities in the Earthworks Garden (weather permitting). Free with admission. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

# P1 THURSDAY, 6-7 P.M. Safeguard Your Child's I-Pad

Block inappropriate content, protect personal information and help kids (ages 2-12) use devices safely, with guest speaker Marc Mintz, author of Practical Paranoia and an Apple Certified Support Professional. Childcare provided. Free. RSVP to awise@desertmontessori.com. Desert Montessori School, 316 Camino Delora, 983-8212.

#### 2 FRIDAY, 10-11 A.M. Garden Sprouts Pre-K Activities

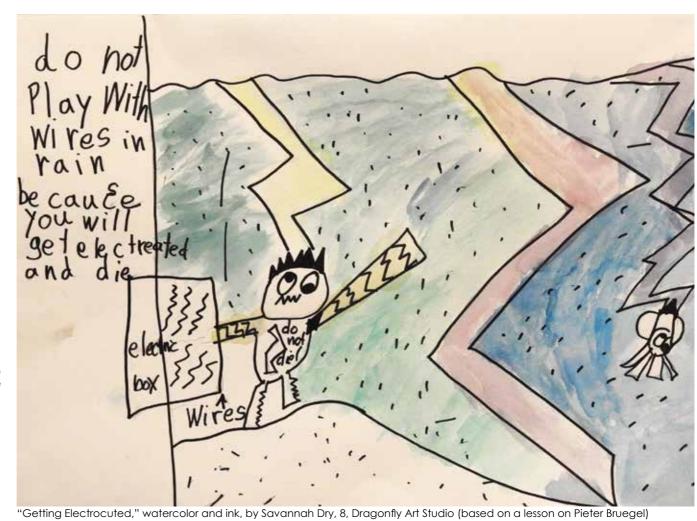
An outdoor, hands-on classroom for ages 3 to 5 and caregivers, every Friday morning weather-permitting. Listen to a book and participate in interactive nature and garden related activities. \$5 suggested donation. Free to members and children under 12. Santa Fe Botanical Garden at Museum Hill, 715 Camino Lejo, 471-9103.

#### 2 FRIDAY, 11 A.M.-NOON Story Time

Bring your toddlers and preschoolers for stories, songs and crafts just for them. Free. Vista Grande Public Library, 466-7323.

#### 2 FRIDAY, 2-4 P.M. All Ages Chess

All ages and skill levels welcome. Players under 12 need parental permission. Free. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.



#### 2 FRIDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Come pet a snake, or ask a member of the critter team your questions about animal exhibits. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

## 2 FRIDAY, 2:30-4:30 P.M. Open Art Studio

Explore a variety of artistic processes, every Friday. Free with admission. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359 ext. 115.

#### 2 FRIDAY, 5-7 P.M. First Friday Art Activity

Join us in the galleries to create your own drawings while exploring the use of color in modern artwork. All ages welcome.
Georgia O'Keeffe Museum, 217 Johnson St, Santa Fe, 946-1000.

## 2 FRIDAY, 6 P.M. AND 7 P.M. Friday Fractals

An award-winning full-dome planetarium show that takes viewers on a tour of the fractals in nature and zooms through infinitely complex mathematical fractals. Featuring original music, the show is both educational and entertaining, and suitable for audiences 3 and up. Two showings, with separate admission: adults \$10, seniors \$7, children (3-12) \$5. New Mexico Museum of Natural History and Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2869.

#### 2 FRIDAY, 7-8 P.M. March Night Sky Show

Discover and identify objects visible in our night sky this month, and enjoy their beauty on the planetarium dome. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

## 2 FRIDAY, 8 P.M. AND 9 P.M. Fractals Rock!

Zoom into the infinite world of fractals in this dramatic and beautiful live fractal show. Accompanied by original music in surround sound, this is similar to the Friday Fractals show but with "less talk, more rock." Two showings, with separate admission: Adults \$10, seniors \$7, children (3-12) \$5. New Mexico Museum of Natural History and Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2869.

#### 3 SATURDAY, 10:30 A.M.-NOON Opera Makes Sense

Free admission from 10 a.m. to noon. Experience opera through the senses. In partnership with the Santa Fe Opera and Santa Public Library Southside Branch. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

## 3 SATURDAY, 10:30 A.M.-NOON ¡Vamos al Museo!

Docent and artist-led family program includes a 30-minute museum tour focused on an art form, source inspiration, artist or type of material. Following the tour, the whole family can create their own artwork in the Pete V. Domenici Education Building Messy Classroom. National Hispanic Cultural Center, 1701 4th Street SW, Albuquerque, (505) 246-2261.

## 3 SATURDAY, 1-2:30 P.M. Family Art Workshops

Weekly workshops designed for all ages to participate. Included with museum admission. Albuquerque Museum, 2000 Mountain Road NW, Albuquerque, (505) 243-7255.

## 3 SATURDAY, 7-9 P.M. Music for Everyone

This concert brings ensembles from all Santa

Fe Youth Symphony Association performance programs to the stage and features the Grammy award-winning Harlem Quartet with renowned Cuban pianist and composer Aldo López Gavilán. Tickets \$25-50. For more information, call 501-2370. Tickets can be purchased at the Lensic Box Office. The Lensic Performing Arts Center. 211 West San Francisco Street, 988-1234.

## 4 SUNDAY, 9 A.M.-5 P.M. Free First Sundays

On the first Sunday of every month, the New Mexico Museum of Natural History and Science is free to all New Mexico residents. (Bring NM ID or proof of residence. Regular admission fees for DynaTheater and Planetarium shows.) New Mexico Museum of Natural History and Science. 180 Mountain Road NW, Albuquerque, (505) 841-2800.

## 4 SUNDAY, 10 A.M.-5 P.M. Free First Sundays

Admission to New Mexico state museums on the first Sunday of every month and to all New Mexico residents with ID: the Museum of Indian Arts and Culture, Museum of International Folk Art, New Mexico History Museum and the New Mexico Museum of Art. Children under 16 are admitted free at all times. 476-1200.

#### 4 SUNDAY, 2-3:30 P.M. La Familia Vigil Performance

La Familia Vigil performance, featuring Northern New Mexico folk music with Governor's Award Living Treasure, Cipriano Vigil. Concert free for NM residents. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

## 4 SUNDAY, 3-4 P.M. Snake Sunday

Informal meet-and-greet with Cornelius the

# Spring 2018 Calendar – March

Corn Snake. Learn fun facts about snakes and watch weekly feeding. Be aware, Cornelius won't be able to come out when he's shedding or not feeling well. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

#### 5 MONDAY, 9-11 A.M. **Toddler Time**

Explore early childhood exhibit areas, enjoy story time and join in a music jam. Included with regular admission, and free for Explora members. Explora, 1701 Mountain Road, NW, Albuquerque, (505) 224-8300.

#### 5 MONDAY, 10-11 A.M. **Nature Playtimes**

Join local families for fun, hands-on activities, hikes, games and stories in nature. Free. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

#### 5 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Stories, songs and lots of fun. All ages welcome. Bee Hive Books, 328 Montezuma Avenue,

#### 5 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center, See March 2

#### ${\mathbb P}$ 5 monday, 6-7 p.m. **Hospital Tour for Expecting Couples**

Follow the path of getting admitted to the hospital when you are in labor, including where to go for registration and what will happen

during your assessments. Offered by The Birthing Tree. Christus St. Vincent Regional Medical Center, 455 Saint Michaels Drive, 552-2454.

#### 6 TUESDAY, ALL DAY Santa Fe Public School Closure

Santa Fe Public Schools are closed today for municipal elections.

#### 6 TUESDAY, 7:30 A.M.-5:30 P.M. **School Closure Day Camp**

A fun recreational day camp filled with games, sports, swimming, ice skating, and arts and crafts, for ages 6 to 12. \$45. Genoveva Chavez Community Center, 3221 Rodeo Road. Call Melissa, 955-4005 or Diego, 955-4014, to register.

#### 6 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Weave poses into story, song and games to foster creative expression while developing coordination and balance. \$10 per class. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-4515

#### 6 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Stories, rhymes, songs and crafts for ages 2 to 5. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

#### 7 WEDNESDAY, 9-11 A.M. Wee Wednesdays

Toddler activities, special exploration and story time. Free with admission. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

#### ${\mathbb P}$ 7 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

Weekly gentle yoga class inspired by the cycles and wisdom of nature. This class will help with flexibility and strength in preparation for, or in recovery from, childbirth, as well as experience release from tension and deep relaxation. RSVP to Jessica Terrazas, United Way Early Learning Center at Agua Fria, 3164 Agua Fria, Santa Fe. 819-0137.

#### 7 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Books, songs and finger games for ages 6 months to 2 years. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

#### 7 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Stories, rhymes, songs and crafts for ages 2 to 5. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

#### 7 WEDNESDAY, 2:15-2:45 P.M. **Music Jam**

Explora. See March 1 listing.

#### 7 WEDNESDAY, 6-8 P.M. **Admissions Open House**

For girls in fourth and fifth grade and their families, Santa Fe Girls' School, 310 West Zia Road, 820-3188.

#### 8 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1

#### 8 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

#### 🏲 8 THURSDAY, 1-2 P.M. La Leche League

Support and information for all mothers and mothers-to-be who are interested in breastfeeding. Indigo Baby, De Vargas Mall, 185 Paseo de Peralta, 466-2738.

#### 8 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora, See March 1 listing

#### 8 THURSDAY, 3:30-4:30 P.M. **Science After School**

Children ages 6 to 12 learn about their world while having fun with science. All materials provided. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

### 8 THURSDAY, 4-6:30 P.M.

Thursdays are Yours

Santa Fe Children's Museum. See March 1 listina.

#### 8 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listina.



## MARTIAL RTS SHOTOKAN KARATE AND OKINAWAN WEAPONRY TRAINING CENTER





## **REGISTER NOW FOR** CAMP!

COME ENJOY **OUR NEW** LOCATION & WORK OUT IN OUR LARGER FACILITY.

### **KARATESF.BIZ** 505 982 7083

Japanese Karate/Okinawan Weaponry Private Lessons & Group Classes 2903 Agua Fria. Santa Fe. NM 87505

# Spring 2018 Calendar – March

#### 9 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2 listing.

#### 9 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2 listing.

#### 9 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

#### 9 FRIDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center, See March 2 listing.

#### 9 FRIDAY, 2:30-4:30 P.M. Friday Afternoon Art

Family program. All adults must be accompanied by a child. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

#### 9 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

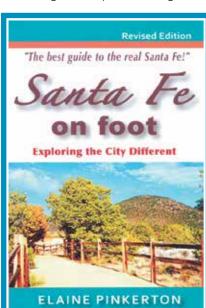
Santa Fe Children's Museum, See March 2 listina.

#### 9 FRIDAY, 7-7:45 P.M. Astronomy Show: Inside the Sun

Explore our local star with Dr. Joyce Ann Guzik. Adults \$6: children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505)

#### 9 FRIDAY, 7-9 P.M. **Family Movie Night**

Free showing of a family film on the big screen.



#### SANTA FE ON FOOT

Take the kids for a walk in their own hometown! Complete guide to 12 discovery adventures with maps, pictures, directions and history.

At Santa Fe bookstores \$18.95

#### OCEAN TREE BOOKS

www.oceantree.com (505) 983-1412



Mixed media painting, First Presbyterian Church Child Development Center

Popcorn and juice included. Call for rating. Vista Grande Public Library, 14 Avenida Torreon, Eldorado 466-7323.

#### 🏲 10 SATURDAY, 10 A.M. -NOON Open House at Little Earth School

Parents are invited to explore Little Earth's classrooms, preschool through sixth grade, and meet the teachers. Little Earth School, 321 West Zia Road, 988-1968.

#### 10 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

#### 10 SATURDAY, 2-2:45 P.M. Feature Film: We are the Stars

This exciting, family-friendly film connects us to the evolution of the universe and explores the secrets of our cosmic chemistry. Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

#### 10 SATURDAY, 2:30-4 P.M. **Family Movie Matinee**

All ages. Family-oriented movies. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

#### 11 SUNDAY, 2-3 P.M. Santa Fe Symphony

All ages are invited to hear and learn about a string quartet. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

#### 11 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4

#### 12 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

#### 12 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

#### 12 MONDAY, 10 A.M.-5 P.M. **Spring Break Special Hours**

The Santa Fe Children's Museum will be open Mondays and Tuesdays through March 27, in addition to its regular Wednesday through

Sunday schedule, to accommodate Spring Break visitors, Santa Fe Children's Museum 1050 Old Pecos Trail, 989-8359.

#### 12 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

#### 12 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

#### 12 MONDAY, 7:30-8:30 P.M. **Healing and Nature: Conversations** with Terry Tempest Williams

Presented by the Santa Fe Waldorf School as part of its annual program to bring environmental educators to Santa Fe. Tickets available at www.santafewaldorf. org. James A. Little Theatre, 1060 Cerrillos Road, 983-9727

#### 13 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

#### 13 TUESDAY, 10 A.M.-5 P.M. **Spring Break Special Hours**

Santa Fe Children's Museum. See March 12

#### 13 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Oliver La Farge Branch Library. See March 6

#### 13 TUESDAY, 3:30-4:30 **Science After School**

Southside Library, See March 8 listing.

#### 13 TUESDAY, 6-7 P.M. **Family Night**

Come to the nature center to explore swirls in nature and science through stories and handson activities. Free (sponsored by the Kiwanis Club). Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

#### 14 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7 listina

#### ₽ 14 WEDNESDAY, 10-11 A.M. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

#### 14 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

#### 14 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Southside Branch Library. March 7 listing.

#### 14 WEDNESDAY, 2:15-2:45 P.M.

Music Jam

Explora. See March 1 listing.

#### 14 WEDNESDAY, 3:30-4:30 P.M. **Science After School**

Main Library. See March 8 listing

#### 15 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

#### 15 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

#### 15 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora, See March 1 listina,

#### 15 THURSDAY, 3:30-4:30 P.M. School Age Craft

For ages 6 to 12. Have fun creating. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

#### 15 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1

#### 15 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listing.

# Spring 2018 Calendar – March

### 16 FRIDAY, 10-11 A.M.

**Garden Sprouts Pre-K Activities** 

Santa Fe Botanical Garden. See March 2 listing.

### 16 FRIDAY, 11 A.M.-NOON Story Time

Vista Grande Public Library. See March 2 listing.

### 16 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

### 16 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center, See March 2 listing.

### 16 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum, See March 2 listing.

### 16 FRIDAY, 3:30-4:30 P.M. Diane the Magicienne

All ages magic show. Southside Branch Library, 6599 Jaguar Drive, 955-2828

### 16 FRIDAY, 6:30 P.M.-17 SATURDAY, 8 A.M. **Aquarium Overnights**

Explore the Aquarium at night and learn in depth about ocean animals. Pre-registration required: \$30/person. Children under age 18 must be accompanied by an adult. ABQ BioPark Aquarium, 2601 Central NW, Albuquerque, (505) 848-7180.

### 17 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 17 SATURDAY, 5-7 P.M. **Rhythm of Fire**

A St. Patrick's Day performance for the whole family, presented by Belisama Irish Dance. Adults \$20; children 12 and under, students and seniors \$15. Lensic Center for the Performing Arts, 211 W. San Francisco Street, 988-1234.

### 17 SATURDAY, 7-8 P.M. Astronomy Show: Equinox and Rebirth

Join Dr. Erica Fogerty to discover the origin of the equinox, spring rebirth and stellar nurseries. Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 18 SUNDAY, 1:30-2:30 P.M. Diane the Magicienne

All ages magic show. Main Library, 145 Washington Avenue, 55-6837.

### 18 SUNDAY, 2-2:45 P.M. Feature Film: Sun Struck & Solar Quest

This exciting, family-friendly film connects us to the evolution of the universe and explores the secrets of our cosmic chemistry. Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 18 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4 listing

### 19 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

### 19 MONDAY, 10-11 A.M. Nature Playtimes

Los Alamos Nature Center. See March 5 listing.

### 19 MONDAY, 10 A.M.-5 P.M. **Spring Break Special Hours**

Santa Fe Children's Museum. See March 12

### 19 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 19 MONDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing.

### 19 MONDAY, ALL DAY Santa Fe Public Schools Spring

Santa Fe Public Schools are closed through March 23 for Spring Break.

### 20 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

**Break Closure** 

Family Strengths Network. See March 6 listing.

### 20 TUESDAY, ALL DAY Santa Fe Public Schools Spring **Break Closure**

Santa Fe Public Schools. See March 19 listing.

### 20 TUESDAY, 10 A.M.-5 P.M. Spring Break Special Hours

Santa Fe Children's Museum. See March 12

### 20 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Oliver La Farge Branch Library. See March 6

### 20 TUESDAY, 6-7:30 P.M. Los Alamos County Parks, Recreation and Open Spaces Take **Over the Nature Center**

Enjoy an evening of putt-putt, prizes and fun for all ages. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 21 WEDNESDAY, ALL DAY Santa Fe Public Schools Spring **Break Closure**

Santa Fe Public Schools. See March 19 listing.

### ${\mathbb P}$ 21 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

### 21 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listing.

### 21 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Southside Branch Library. March 7 listing.

### 21 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 21 WEDNESDAY, 3:30-4:30 P.M. **School Age Craft**

For ages 6 to 12. Have fun creating. Main Library, 145 Washington Avenue, 955-6837.

### 22 THURSDAY, ALL DAY Santa Fe Public Schools Spring **Break Closure**

Santa Fe Public Schools. See March 19 listing.

### 22 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 22 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

### 22 THURSDAY, 2:15-2:45 P.M.

Music Jam

Explora. See March 1 listing.

### 22 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum, See March 1

### 22 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1

### 23 FRIDAY, ALL DAY Santa Fe Public Schools Spring **Break Closure**

Santa Fe Public Schools. See March 19 listing.

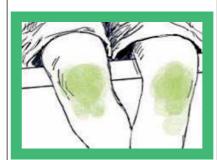
### 23 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden, See March 2 listing.

### 23 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2 listing.

### **GREEN KNEES** a radio show for children Saturday mornings 7 to 8 on KSFR 101.1 FM Santa Fe



We have special guests who read stories and books.

We play music to sing and dance to and a special birthday song,

and Tumbleweeds reminds us of what there is for children to do in Santa Fe each week.

> 505-216-1855 greenkneesradio @gmail.com

### 23 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2

### 23 FRIDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

### 23 FRIDAY, 2:30-4:30 P.M. **Friday Afternoon Art**

Learn the Ukrainian art of Pysanky easter eggdecorating. Family program. All adults must be accompanied by a child. Registration required. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

### 23 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2 listina.

### 23 FRIDAY, 7-7:45 P.M. **Astronomy Show: Exoplanet Update**

How many exoplanets have been found? Which ones are similar to Earth? Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 24 SATURDAY, 10 A.M.-3 P.M. **Civil War Encampment**

Family-friendly events bring to life the Civil War in New Mexico. Pecos National Historical Park, 1 NM-63, Pecos, (505) 757-7241.

# Gentle Shepherd Preschool

(est. 1989)

Pre-Kindergarten Program (ages 3-5)

7:30AM - 12:30PM (after care available until 3PM) M - F Classes

### Highlights:

- Nuturing Environment
- Play and Exploration
- · Literacy, Music, Art
- Outside Classroom
- Christian Emphasis

505-983-9838

209 East Barcelona Road Santa Fe, NM 87505

# Spring 2018 Calendar – March/April



"Boris Crocodile Guy," exploration in clay by Ruby Taussig, 11, Dragonfly Art Studio

### 24 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 24 SATURDAY, 1:30-2:30 P.M. Diane the Magicienne

All ages magic show. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

### 24 SATURDAY, 2-2:45 P.M. Feature Film: Exoplanets

Venture past the edges of our solar system. Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 25 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4

### 26 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

### 26 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5

### 26 MONDAY, 10 A.M.-5 P.M. **Spring Break Special Hours**

Santa Fe Children's Museum. See March 12 listing.

### 26 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 26 MONDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing

### 27 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

### 27 TUESDAY, 10 A.M.-5 P.M. **Spring Break Special Hours**

Santa Fe Children's Museum. See March 12

### 27 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 27 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Oliver La Farge Branch Library. See March 6

### 28 WEDNESDAY, 9-11 A.M. Wee Wednesdays

Santa Fe Children's Museum. See March 7 listing.

### P 28 WEDNESDAY, 10-11 A.M. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Aqua Fria. See March 7 listing.

### 28 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listina.

### 28 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Southside Branch Library, March 7 listing.

### 28 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 29 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 29 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

### 29 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 29 THURSDAY, 4-6:30 P.M.

Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

### 29 THURSDAY, 4:30-5:30 P.M.

**Seeds and Sprouts** Santa Fe Children's Museum. See March 1 listing.

### **30 FRIDAY, ALL DAY** Santa Fe Public School Closure

Santa Fe Public Schools are closed today for mid-semester break.

### 30 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2 listing.

### **30 FRIDAY, 11 A.M.-NOON** Story Time

Vista Grande Public Library. See March 2 listing.

### 30 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

### 30 FRIDAY, 2:30-3:30 P.M.

**Nature Up Close: Reptiles** Los Alamos Nature Center. See March 2 listing.

### 30 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2 listing.

### 31 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum, See March 3 listina.

### 31 SATURDAY, 2-2:45 P.M. Feature Film: Incoming

Discover what impacts from above can say about the history of Earth, the solar system and the universe. Planetarium Dome. Adults \$6; children \$4. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 1 SUNDAY, ALL DAY **Easter Closures**

Closed in observance of Easter: New Mexico Museum of Natural History and Science, Museums of New Mexico, Santa Fe Public

Grow!



# **SFPS Summer Programs**

Research shows that students forget what they have learned if they do not use their brainpower over the summer. Summer programs, whether summer schools or enrichment programs, provide additional practice in academic skills and introduce students to new and different learning experiences that may not be available during the school year.

Santa Fe Public Schools - there's a lot to love!

Explore! Discover!



Summer programs posted in mid-March at: **www.sfps.info** 

# Spring 2018 Calendar – April

Libraries. Free First Sunday at the museums has been rescheduled to April 8.

### 1 SUNDAY, 7-8 P.M. Flat Earth Debate

Watch as an astronomer debates with a flat Earth believer. Los Alamos Nature Center. 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 2 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

### 2 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

### 2 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 2 MONDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing.

### ₽2 MONDAY, 6-7 P.M. **Hospital Tour for Expecting Couples**

Christus St. Vincent Regional Medical Center. See March 5 listing.

### 3 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

### 3 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 3 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Oliver La Farge Branch Library. See March 6

### 4 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7 listing.

### $\mathbb{P}$ 4 wednesday, 10-11 A.M Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

### 4 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 4 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Southside Branch Library. March 7 listing.

### 4 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 5 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 6 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2 listing.

### 6 FRIDAY, 11 A.M.-NOON Story Time

Vista Grande Public Library. See March 2 listing.

### 6 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

7 SATURDAY, 10:30 A.M.-NOON ¡Vamos al Museo!

Science. See March 2 listing.

6 FRIDAY, 6 P.M. AND 7 P.M.

6 FRIDAY, 8 P.M. AND 9 P.M.

First Friday Fractals

Fractals Rock!

Science. See March 2 listing.

National Hispanic Cultural Center. See March 3 listina.

New Mexico Museum of Natural History and

New Mexico Museum of Natural History and

### 7 SATURDAY, 11 A.M.-4 P.M. International Tabletop Gaming Day

A special day of tabletop gaming. Learn a new game, or show your skill at an old favorite. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

### 7 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 7 SATURDAY, 2-4 P.M. **Summer Camp Fair**

Discover 15+ local camps and great summer activities for kids (ages 2 to 12). Meet camp directors in person while your kids enjoy kid-friendly games and activities. Bring your calendar and even sign up on the spot. Free. Desert Montessori School, 316 Camino Delora, 983-8212

### 4 SUNDAY, 9 A.M.-5 P.M. Free First Sundays

The New Mexico Museum of Natural History and Science. See March 4 listing. (Rescheduled to the second Sunday this month because of museum closures on April 1 for Easter.)

### 8 SUNDAY, 10 A.M.-5 P.M. Free First Sundays

Admission is free on the first Sunday of every month to New Mexico residents with ID to the Museum of Indian Arts and Culture, Museum of International Folk Art, New Mexico History Museum and the New Mexico Museum of Art. (Rescheduled to the second Sunday this month because of museum closures on April 1 for Easter.)

### 8 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4 listing.



Untitled sand painting, by Quinn Seward, 12, Dragonfly Art Studio (based on a lesson on Navajo sand painting)

### 5 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

### 5 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 5 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1

### 5 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listina.

# Santa Fe Children's Museum. See March 2 6 FRIDAY, 5-7 P.M.

6 FRIDAY, 2:30-4:30 P.M.

Open Art Studio

6 FRIDAY, 2:30-3:30 P.M.

6 FRIDAY, 2:30-4:30 P.M.

Friday Afternoon Art

Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

Southside Branch Library, March 9 listina.

First Friday Art Activity Georgia O'Keeffe Museum. See March 2



Activities for All Ages Private Lessons Keyboard Lab Craft Table Live Music

Rock Band Test Drive Baby & Toddler Area Learning Circles

And More!

# It's All FREE ! Right down to the FREE-to Pies! Brought to you by: The Landyman strings & things

851 St. Michael's Drive In Santa Fe 505-983-5906 info@candymansf.com www.candymansf.com



Is your child gender nonconforming, non-binary, transgender?

Get facts and many different perspectives from parents, teens, doctors, researchers, psychologists, and more at 4thwavenow.com.

# Spring 2018 Calendar - April

### 8 SUNDAY, 3-5 P.M. Doktor Kaboom: It's Just Rocket Science

Hilarious, educational and highly interactive look at the science behind space travel. Adults \$15; children 12 and under, \$12. Lensic Center for Performing Arts, 211 West San Francisco Street, 988-1234.

### 9 MONDAY, 9-11 A.M. Toddler Time

Explora. See March 5 listing.

### 9 MONDAY, 10-11 A.M. Nature Playtimes

Los Alamos Nature Center. See March 5 listina.

# 9 MONDAY, 10:30-11:30 A.M. Monday Storytimes

Bee Hive Books. See March 5 listing.

### 9 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

# 10 TUESDAY, 9:30-10:15 A.M. Family Yoga

Family Strengths Network. See March 6 listing.

# **10 TUESDAY**, **10:30-11 A.M.** Books & Babies

Oliver La Farge Branch Library. See March 7 listing.

# 10 TUESDAY, 11-11:45 A.M. Preschool Story Time

Oliver La Farge Branch Library. See March 6 listing.

# 10 TUESDAY, 3:30-4:30 P.M. Science After School

For ages 6 to 12. Have fun with science. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

# 10 TUESDAY, 6-7 P.M. Family Night

Los Alamos Nature Center. See March 13 listing.

### 11 WEDNESDAY, 9-11 A.M. Wee Wednesdays

Santa Fe Children's Museum. See March 7 listing

### P 11 WEDNESDAY, 10-11 A.M. Yoga for Pregnant Women and New Moms

United Way Early Learning Center at Agua Fria. See March 7 listing.

# 11 WEDNESDAY, 10:30-11 A.M. Books & Babies

Oliver La Farge Branch Library. See March 7 listing.

# 11 WEDNESDAY, 10:45-11:30 A.M. Preschool Story Time

Main Branch Library. See March 1 listing.

# 11 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

# 11 WEDNESDAY, 3:30-4:30 P.M. Science After School

Main Library. See March 8 listing.



"Giving of the Torah," watercolor and ink, by Leah Israel, 9, Dragonfly Art Studio (based on a lesson on Pieter Bruegel)

# **12 THURSDAY, 10:45-11:15 A.M.**Books & Babies

Southside Branch Library. See March 1 listing.

# 12 THURSDAY, 11-11:45 A.M. Preschool Story Time

Main Branch Library. See March 1 listing.

# P 12 THURSDAY, 1-2 P.M. La Leche League

Indigo Baby. See March 8 listing.

# 12 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

# 12 THURSDAY, 3:30-4:30 P.M. Science After School

La Farge Library. See March 8 listing.

# 12 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

# 12 THURSDAY, 4:30-5:30 P.M. Seeds and Sprouts

Santa Fe Children's Museum. See March 1 listing.

### 13 FRIDAY, 10-11 A.M.

Garden Sprouts Pre-K Activities
Santa Fe Botanical Garden. See March 2 listing.

### 13 FRIDAY, 11 A.M.-NOON Story Time

Vista Grande Public Library. See March 2 listing.

### 13 FRIDAY, 1:30-2:30 P.M. Teatro Paraguas

Theatrical performance for all ages. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863

### 13 FRIDAY, 2-4 P.M. All Ages Chess

Vista Grande Public Library. See March 2 listing.

### 13 FRIDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

### 13 FRIDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum. See March 2 licting

### 13 FRIDAY, 3:30-4:30 P.M. Teatro Paraguas

Theatrical performance for all ages. Southside Branch Library, 6599 Jaguar Drive, 955-2828.

### 13 FRIDAY, 7-9 P.M. Family Movie Night

Vista Grande Public Library. See March 9 listing.

# 14 SATURDAY, 1-2:30 P.M. Family Art Workshops

Albuquerque Museum. See March 3 listing.

# 14 SATURDAY, 1:30-4 P.M. Family Movie Matinee

Southside Branch Library. See March 10 listing.

### 15 SUNDAY, 1:30-2:30 P.M. Teatro Paraguas

Theatrical performance for all ages. Main Library, 145 Washington Avenue, 955-6837.

# 15 SUNDAY, 3-4 P.M. Snake Sunday

Santa Fe Children's Museum. See March 4 listina.

### 16 MONDAY, 9-11 A.M. Toddler Time

Explora. See March 5 listing.

### 16 MONDAY, 10-11 A.M. Nature Playtimes

Los Alamos Nature Center. See March 5 listing.

# **16 MONDAY, 10:30-11:30 A.M.** Monday Storytimes

Bee Hive Books. See March 5 listing.

# 16 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

# 17 TUESDAY, 9:30-10:15 A.M. Family Yoga

Family Strengths Network. See March 6 listing.

# **17 TUESDAY, 10:30-11 A.M.**Books & Babies

Oliver La Farge Branch Library. See March 7 listing.

# 17 TUESDAY, 11-11:45 A.M. Preschool Story Time

Oliver La Farge Branch Library. See March 6 listing.

# 17 TUESDAY, 3:30-4:30 P.M. School Age Craft

For ages 6 to 12. Have fun creating. Southside Branch Library, 6599 Jaguar Drive. 955-2828.

# 18 WEDNESDAY, 9-11 A.M. Wee Wednesdays

Santa Fe Children's Museum. See March 7 listina.

### P 18 WEDNESDAY, 10-11 A.M. Yoga for Pregnant Women and New Moms

United Way Early Learning Center at Agua Fria. See March 7 listing.

# 18 WEDNESDAY, 10 A.M.-2 P.M. Earth Day Celebrations

Learn more about our planet and what you can do to protect the animals and plants that inhabit it. Discovery stations and hands-on activities at each facility will introduce you to the wonders of nature. Albuquerque BioPark (various locations). Events free with admission. 903 10th Street SW, Albuquerque, (505) 848-7180.

### 18 WEDNESDAY, 10:30-11 A.M. Books & Babies

Oliver La Farge Branch Library. See March 7 listing.

# 18 WEDNESDAY, 10:45-11:30 A.M. Preschool Story Time

Southside Branch Library. March 7 listing.

# 18 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

# 18 WEDNESDAY, 3:30-4:30 P.M. School Age Craft

Main Branch Library. See March 21 listing.

# 19 THURSDAY, 10 A.M.-2 P.M. Earth Day Celebrations

ABQ BioPark (various locations). See April 18 listing.

### 19 THURSDAY, 10:45-11:15 A.M. Books & Babies

Southside Branch Library. See March 1 listing.

# 19 THURSDAY, 11-11:45 A.M. Preschool Story Time

Main Branch Library. See March 1 listing.

# 19 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

# 19 THURSDAY, 3:30-4:30 P.M. School Age Craft

Oliver La Farge Branch. See March 15 listing.

# Spring 2018 Calendar – April

### 19 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

### 19 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listing.

### 20 FRIDAY, 10-11 A.M. Garden Sprouts Pre-K **Activities**

Santa Fe Botanical Garden. See March 2 listing.

### 20 FRIDAY, 10 A.M.-2 P.M. **Earth Day Celebrations**

ABQ BioPark (various locations). See April 18 listing.

### 20 FRIDAY, 11 A.M.-NOON Story Time

Vista Grande Public Library. See March 2 listing.

### 20 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

### 20 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2

### 20 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2 listing

### 20 FRIDAY, 6:30 P.M.- 21 SATURDAY, 8 A.M. **Aquarium Overnights**

Albuquerque BioPark Aquarium. See March 16 listing.

### 20 FRIDAY, 7-9 P.M. **WILD**

Inspired by Where the Wild Things Are and Maurice Sendak's mystifying biography, WILD is a touching and comedic story about the wonders and risks of being different, and believing in your imaginary friends, presented by the Santa Fe Performing Arts Student Ensemble. Use code "Rosie" for a special discounted ticket price at the door. Armory for the Arts Theater, 1050 Old Pecos Trail, 982-7992.



"Do Not Bite watercolor and ink, by Audriana Wood, 8, Dragonfly Art Studio (based on a lesson on Pieter Bruegel)

### 21 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 21 SATURDAY, 10 A.M.-2 P.M. **Earth Day**

Celebrate Earth Day at the Los Alamos Nature Center, with engaging activities, entertainment and food. Free. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, 662-0406.

### 21 SATURDAY, 10 A.M.-2 P.M. **Earth Day Celebrations**

ABQ BioPark (various locations), See April 18

### 21 SATURDAY, 7-9 P.M. WILD

Armory for the Arts Theater. See April 20 listing.

### 22 SUNDAY, 1-4 P.M. **Exhibition Opening: Beadwork Adorns the World**

Hands-on art activities, music, light refreshments and more. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

### 22 SUNDAY, 12-4 P.M. **Earth Day**

Celebrate Earth Day with special activities at the Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

### 22 SUNDAY, 2-4 P.M. **WILD**

Armory for the Arts Theater. See April 20 listing.

### 22 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4 listing.

### 23 MONDAY, 9-11 A.M. **Toddler Time**

Explora, See March 5 listing.

### 23 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center, See March 5 listina.

### 23 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 23 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

### 24 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listina.

### 24 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listing.

### 24 TUESDAY, 11-11:45 A.M. **Preschool Story Time**

Oliver La Farge Branch Library. See March 6 listing.

### 25 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7 listina.

### ${\mathbb P}$ 25 wednesday, 10-11 a.m. **Yoga for Pregnant Women and New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listina.

### 25 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 25 WEDNESDAY, 10:45-11:30 A.M. **Preschool Story Time**

Southside Branch Library. March 7 listing.

### 25 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 26 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library, See March 1 listing,

### 26 THURSDAY, 11-11:45 A.M. **Preschool Story Time**

Main Branch Library. See March 1 listing.

### 26 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.





# Spring 2018 Calendar - April/May



"This is the Woods," collage, First Presbyterian Church Child Development Center

### 26 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

### 26 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listing.

### 27 FRIDAY, 10-11 A.M.

**Garden Sprouts Pre-K Activities** Santa Fe Botanical Garden. See March 2 listing.

### 27 FRIDAY, 11 A.M.-NOON

**Story Time** Vista Grande Public Library. See March 2 listing.

### 27 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

### 27 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2

### 27 FRIDAY, 2:30-4:30 P.M. Friday Afternoon Art

Southside Branch Library. March 9 listing.

### 27 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2

# 27 FRIDAY, 7-9 P.M.

Armory for the Arts Theater. See April 20 listing.

### 28 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum, See March 3 listina.

# 28 SATURDAY, 7-9 P.M.

Armory for the Arts Theater. See April 20 listing.

# 29 SUNDAY, 2-4 P.M.

Armory for the Arts Theater. See April 20 listing.

### 29 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4 listing.

### 30 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

### 30 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

### 30 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 30 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

# MAY

### 1 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

### 1 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 2 WEDNESDAY, 9-11 A.M. Wee Wednesdays

Santa Fe Children's Museum. See March 7 listing.

### ${\mathbb P}$ 2 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listina.

### 2 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 2 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 3 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 3 THURSDAY, 2:15-2:45 P.M. Music Jam

Explora, See March 1 listing.

### 3 THURSDAY, 4-6:30 P.M. **Thursdays are Yours**

Santa Fe Children's Museum. See March 1

### 3 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1

### 4 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2

### 4 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2

### 4 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

### 4 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing.

### 4 FRIDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum. See March 2 listing.

### 4 FRIDAY, 5-7 P.M.

### First Friday Art Activity

Georgia O'Keeffe Museum. See March 2 listing.

### 4 FRIDAY, 6 P.M. AND 7 P.M. First Friday Fractals

New Mexico Museum of Natural History and Science. See March 2 listing.

### 4 FRIDAY, 8 P.M. AND 9 P.M. Fractals Rock!

New Mexico Museum of Natural History and Science. See March 2 listing.

### 4 FRIDAY, 9-10 P.M. Fractals Rock!

New Mexico Museum of Natural History and Science. See March 2 listing.

### 5 SATURDAY, 10:30 A.M.-NOON ¡Vamos al Museo!

. National Hispanic Cultural Center. See March

### 5 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 6 SUNDAY, 9 A.M.-5 P.M. Free Entry at the Museum of Natural

New Mexico Museum of Natural History and Science. See March 4 listing.

### 6 SUNDAY, 10 A.M.-5 P.M. Free First Sundays

Admission is free on the first Sunday of every month to New Mexico residents with ID to the Museum of Indian Arts and Culture, Museum of International Folk Art, New Mexico History Museum and the New Mexico Museum of Art.

### 7 MONDAY, 9-11 A.M.

**Toddler Time** 

Explora. See March 5 listing.

### 7 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

### 7 MONDAY, 10:30-11:30 A.M.

**Monday Storytimes** 

Bee Hive Books. See March 5 listing.

### 7 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listina.

### ₽7 MONDAY, 6-7 P.M. **Hospital Tour for Expecting Couples** Christus St. Vincent Regional Medical Center.

### See March 5 listing. 8 TUESDAY, 9:30-10:15 A.M.

**Family Yoga** Family Strengths Network. See March 6 listina.

### 8 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listing.

# Spring 2018 Calendar – May

### 9 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7

### $\mathbb{P}$ 9 wednesday, 10-11 A.M. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

### 9 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 9 WEDNESDAY, 2:15-2:45 P.M. Music Jam

Explora. See March 1 listing.

### 10 THURSDAY, 10 A.M.-6 P.M. Spring Book Sale

Used children's and adults' books, DVDs and CDs. Funds benefit Vista Grande Library. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

### 10 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### $\mathbb{P}$ 10 THURSDAY, 1-2 P.M. La Leche League

Indigo Baby. See March 8 listing.

### 10 THURSDAY, 2:15-2:45 P.M. **Music Jam**

Explora. See March 1 listing.

### 10 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1

### 10 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listina.

### 11 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2 listina.

### 11 FRIDAY, 10 A.M.-6 P.M. Spring Book Sale

Vista Grande Public Library, See March 10 listing.



Collage, by Eleanor, First Presbyterian Church Child Development Center

### 11 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2 listina.

### 11 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library. See March 2 listing.

# 11 FRIDAY, 2:30-3:30 P.M.

Nature Up Close: Reptiles Los Alamos Nature Center. See March 2 listing.

### 11 FRIDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum, See March 2 listing

### 12 SATURDAY, 10 A.M.-4 P.M. Spring Book Sale

Vista Grande Public Library, See March 10 listina.

### 12 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 12 SATURDAY, 2:30-4 P.M. **Family Movie Matinee**

Southside Branch Library. See March 10 listing.

### 12 SATURDAY, 6-8 P.M. **Sensory Friendly Family Night**

Enjoy a less sensory-stimulating visit without

the crowd, loud noises and bright lights. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

### 13 SUNDAY, 12-5 P.M. Free Admission for Moms

Free admission for moms in celebration of Mother's Day. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

### 13 SUNDAY, 3-4 P.M. **Snake Sunday**

Santa Fe Children's Museum. See March 4 listina.

### 14 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listina.

### 14 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

### 14 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 14 MONDAY, 2:30-3:30 P.M. Nature Up Close: Reptiles

Los Alamos Nature Center. See March 2 listing.

### 15 TUESDAY, 9:30-10:15 A.M. Family Yoga

Family Strengths Network. See March 6 listing.

### 15 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listina.

### 16 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7

### ${\mathbb P}$ 16 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing

### 16 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 16 WEDNESDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.





# Spring 2018 Calendar – May/Ongoing Events

### 17 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 17 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 17 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing

### 17 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum, See March 1 listing.

### 18 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden, See March 2

### 18 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2 listing.

### 18 FRIDAY, 2-4 P.M.

**All Ages Chess** 

Vista Grande Public Library. See March 2 listing.

### 18 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing.

### 18 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2 listing.

### 18 FRIDAY, 6:30 P.M.-19 SATURDAY 8 A.M. **Aquarium Overnights**

Albuquerque BioPark Aquarium. See March

### 19 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 20 SUNDAY, 3-4 P.M. Snake Sunday

Santa Fe Children's Museum. See March 4 listina.

### 21 MONDAY, 10-11 A.M. **Nature Playtimes**

Los Alamos Nature Center. See March 5 listing.

### 21 MONDAY, 10:30-11:30 A.M. **Monday Storytimes**

Bee Hive Books. See March 5 listing.

### 21 MONDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2

### 21 MONDAY, 9-11 A.M. **Toddler Time**

Explora. See March 5 listing.

### 22 TUESDAY, 10:30-11 A.M. **Books & Babies**

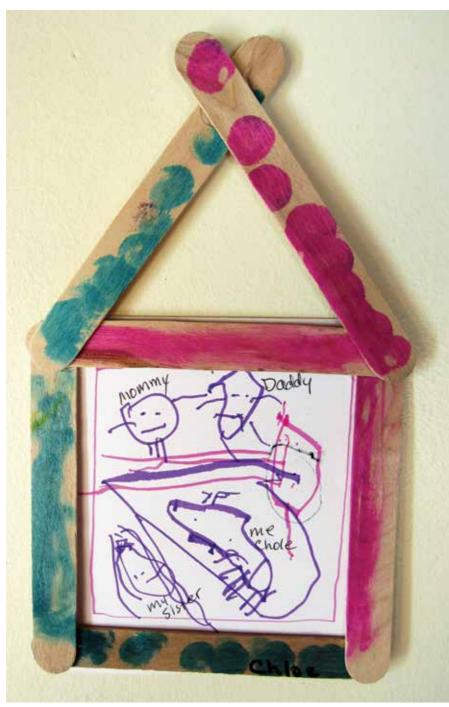
Oliver La Farge Branch Library. See March 7

### 22 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

### 23 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum, See March 7 listing



"My Family," by Chloe, First Presbyterian Church Child Development Center

### ${\mathbb P}$ 23 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

### 23 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7

### 23 WEDNESDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 24 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 24 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 24 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

### 24 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1

### 25 FRIDAY, 10-11 A.M. **Garden Sprouts Pre-K Activities**

Santa Fe Botanical Garden. See March 2

### 25 FRIDAY, 11 A.M.-NOON **Story Time**

Vista Grande Public Library. See March 2

### 25 FRIDAY, 2-4 P.M. **All Ages Chess**

Vista Grande Public Library, See March 2

### 25 FRIDAY, 2:30-3:30 P.M. **Nature Up Close: Reptiles**

Los Alamos Nature Center. See March 2 listing.

### 25 FRIDAY, 2:30-4:30 P.M. **Open Art Studio**

Santa Fe Children's Museum. See March 2 listing.

### 25 FRIDAY, 6-8 P.M. Stargazer Planetarium Night

Planetarium shows and activities. Special event pricing. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359 ext.108.

### 26 SATURDAY, 1-2:30 P.M. **Family Art Workshops**

Albuquerque Museum. See March 3 listing.

### 27 SUNDAY, 3-4 P.M.

Snake Sunday Santa Fe Children's Museum. See March 4 listing.

### 28 MONDAY, 10 A.M.-8 P.M. **Santa Fe Public Library Closures**

All Santa Fe Public Libraries are closed for Memorial Day

### 29 TUESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listing.

### 29 TUESDAY, 9:30-10:15 A.M. **Family Yoga**

Family Strengths Network. See March 6 listing.

### 30 WEDNESDAY, 9-11 A.M. **Wee Wednesdays**

Santa Fe Children's Museum. See March 7 listing.

### ${\mathbb P}$ 30 wednesday, 10-11 a.m. Yoga for Pregnant Women and **New Moms**

United Way Early Learning Center at Agua Fria. See March 7 listing.

### 30 WEDNESDAY, 10:30-11 A.M. **Books & Babies**

Oliver La Farge Branch Library. See March 7 listing.

### 31 THURSDAY, 10:45-11:15 A.M. **Books & Babies**

Southside Branch Library. See March 1 listing.

### 31 THURSDAY, 4-6:30 P.M. Thursdays are Yours

Santa Fe Children's Museum. See March 1 listing.

### 31 THURSDAY, 4:30-5:30 P.M. **Seeds and Sprouts**

Santa Fe Children's Museum. See March 1 listing.

# **ONGOING EVENTS**

Museums, cultural centers and other nonprofit organizations within an easy drive of Santa Fe offering exhibits, programing and activities for families.

### ABQ BIOPARK: ZOO, AQUARIUM AND **BOTANIC GARDEN**

Open daily 9 a.m. to 5 p.m. Admission options: Buy a ticket to Zoo only, Aquarium/Botanic

# Spring 2018 Calendar – Ongoing Events

Garden, or "BioPark Combo" for all three. Call for prices. Zoo, 903 Tenth Street, Albuquerque; Botanic Garden and Aquarium, 2601 Central Avenue NW, Albuquerque. (505) 768-2000, www.cabq.gov/biopark.

### **ABQ BIOPARK: TINGLEY BEACH**

Fish, hike, relax or sail a model boat. Open daily year-round from sunrise to sunset. Free 1800 Tingley Drive SW, Albuquerque. (505) 768-2000, www.cabq.gov/biopark.

### BATAAN MEMORIAL MUSEUM

Artifacts from the Bataan Death March. Medal of Honor ribbons and biographies Private tours available; call to arrange. Open Tuesday through Friday, 10 a.m. to 4 p.m. 1050 Old Pecos Trail, Santa Fe. 474-1670, www. bataanmuseum.com.

### **BRADBURY SCIENCE MUSEUM**

Displays, videos and interactive exhibits on the history of the atomic bomb and contemporary research conducted at Los Alamos National Laboratory. Open Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday and Monday 1 to 5 p.m. Fifteenth Street and Central Avenue, Los Alamos. (505) 667-4444, www.lanl.gov/museum.

### EL MUSEO CULTURAL DE SANTA FE

Nonprofit organization that preserves, protects and promotes the Hispano art, culture and traditions of northern New Mexico. Popular venue for classes and community events. Open Tuesday through Saturday 1 to 5 p.m. Call or visit website to view calendar for upcoming events. 555 Camino de la Familia, in the Santa Fe Railyard. 992-0591, www. elmuseocultural.org.

### EL RANCHO DE LAS GOLONDRINAS

Living history museum located on 200 acres just south of Santa Fe, dedicated to the history, heritage and culture of 18th and 19th century New Mexico. The museum is closed during the winter months but is open by appointment for docent-led tour in April May and October, and open to the public Wednesday through Sunday, June through September, 10 a.m. to 4 p.m. Adults \$6; seniors and ages 13 to 18 \$4; under 13 free; prices for special events vary. 334 Los Pinos Road, Santa Fe. 471-2261, www.golondrinas.org.

Family-oriented science center creating opportunities for discovery through interactive experiences in science, technology and art for all ages. Children and toddlers must be accompanied by a paying adult. Open Monday through Saturday 10 a.m. to 6 p.m.; Sunday noon to 6 p.m. Ages 12 and up \$8; seniors, students and military with ID \$5; ages 1 to 11 \$4; under age 1 free. 1701 Mountain Road NW, Albuquerque. (505) 224-8300, www.explora.us.

### **GEORGIA O'KEEFFE MUSEUM**

The largest single repository of O'Keeffe's work in the world. Exhibitions, education programs, family and youth programs. Open daily 10 a.m. to 5 p.m.; Friday 10 a.m. to 7 p.m. General admission \$13; New Mexico residents with ID free on the first Friday of the month; seniors and students over 18 with ID \$11; ages 17 and under free. 217 Johnson Street, Santa Fe. 946-1000, www.okeeffemuseum.org.

### HARWOOD MUSEUM OF ART

Historic and contemporary art and culture of the Taos region. Many family activities and events. Open Wednesday through Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Adults \$10; seniors, students and AAA members \$8; ages 18 and under free; free to Taos County residents on Sundays with proof of residence. 238 Ledoux Street, Taos. (575) 758-9826, www. harwoodmuseum.org.

### **MUSEUM OF CONTEMPORARY NATIVE ARTS**

The country's leading museum of contemporary Native arts, with 7,500 artworks in all media created in 1962 or later. Open Monday and Wednesday through Saturday, 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Adults \$10: seniors, students and New Mexico residents with ID \$5; Native people, veterans and their families, and under age 17 free; New Mexico residents free on Sunday. 108 Cathedral Place, Santa Fe. 983-8900, www.iaia.edu/museum.

### LEONORA CURTIN WETLAND PRESERVE

Adjacent to El Rancho de Las Golondrinas south of Santa Fe, this 35-acre nature preserve of the Santa Fe Botanical Garden hosts a diversity of plants and wildlife, trails with numbered interpretive markers, a pond and docents to answer questions. The preserve opens May through October, Saturday and Sunday 9 a.m. to 3 p.m. Third Saturday, Early Opening at 7:30 a.m. \$5 early entrance fee. 471-9103. www. santafebotanicalgarden.org/visit-us/leonoracurtin-wetland-preserve.

### **MEOW WOLF**

Meow Wolf's House of Eternal Return is a unique art experience featuring a new form of non-linear storytelling that unfolds through



'Do Not Climb a Tree Too High Because You Can Fall," watercolor and ink, by Isabella Miranda, 8, Dragonfly Art Studio (based on a lesson on Pieter Bruegel)

exploration, discovery and 21st century interactivity. Sunday to Thursday 10 a.m. to 8 p.m.; Friday and Saturday 10 a.m. to 10 p.m.; closed Tuesday. Adults \$20; children \$14; seniors \$18; free to children under 3. New Mexico residents: Adults \$17; Children \$12; Senior \$15. 1352 Rufina Circle, Santa Fe, 780-4458. www.meowwolf.com

### **MUSEUM OF INDIAN ARTS AND CULTURE**

Stories of peoples indigenous to the Southwest, including displays from prehistory through contemporary art. Open Tuesday through Sunday, 10 a.m. to 5 p.m. General admission \$12; New Mexico residents \$7 daily and free on the first Sunday of every month; New Mexico seniors with ID free on Wednesdays; New Mexico students with an ID, \$7; ages 16 and under free. Museum Hill,

710 Camino Lejo, Santa Fe. 476-1250, www. indianartsandculture.org.

### MUSEUM OF INTERNATIONAL FOLK ART

Wide range of folk art displays from around the world. Open Monday through Sunday, 10 a.m. to 5 p.m. General admission \$12; New Mexico residents \$7 daily and free on the first Sunday of every month; New Mexico seniors with ID free on Wednesdays: ages 16 and under free. Museum Hill, 706 Camino Lejo, Santa Fe. 476-1204, www. internationalfolkart.org.

### **MUSEUM OF SPANISH COLONIAL ART**

The only museum in the country dedicated to the art of the Spanish colonial era. Special activities for families and children include a

SHOWCASE BENEFIT CONCERT





LENSIC PERFORMING MAR 3, 7 P.M.

CONCERT + SWEET & SAVORY JAZZ RECEPTION \$150 @ SANTA FE OXYGEN & HEALING BAR



\$25-\$55

# Spring 2018 Calendar – Ongoing Events

Costume Corner and Youth Art and Activity Center. Open Tuesday through Sunday, 10 a.m. to 5 p.m. General admission \$10; free to New Mexico residents on Sundays; ages 16 and under free. Museum Hill, 750 Camino Lejo, Santa Fe. 982-2226, www.spanishcolonial.org/museum.

### **NEW MEXICO HISTORY MUSEUM** AND PALACE OF THE GOVERNORS

Explore New Mexico history from the pre-Columbian era through the Atomic Age, including the clash and melding of cultures. Features the Discovery Center for hands-on, self-paced family activities. Open Monday through Sunday, 10 a.m. to 5 p.m.; Fridays until 8 p.m. General admission \$12: New Mexico residents \$7 daily and free on the first Sunday of every month; under age 16 free; New Mexico seniors with ID free on Wednesdays; free Friday evenings 5 to 8 p.m. 113 Lincoln Avenue, Santa Fe. 476-5200, www.nmhistory.org.

### **NEW MEXICO MUSEUM OF ART**

Guided tours free with museum admission. Drop in and draw during regular museum hours, front desk provides sketchbooks and pencils. Open Monday through Sunday, 10 a.m. to 5 p.m.; Friday 10 a.m. to 8 p.m. General admission \$12; New Mexico residents \$7 daily and free on the first Sunday of every month; under age 16 free; New Mexico seniors with ID free on Wednesdays; free Friday evenings 5 to 8 p.m. 107 West Palace Avenue, Santa Fe. 476-5041, www.nmartmuseum.org.

### **NEW MEXICO MUSEUM OF NATURAL HISTORY AND SCIENCE**

Many exhibits on the history of Earth Planetarium and movies at the giant-screen Lockheed-Martin Dyna Theater. Open Wednesday to Monday, 9 a.m. to 5 p.m. Museum admission: Adults \$8; seniors \$7 and free Wednesdays; ages 3 to 12 years \$5; free to New Mexico residents with ID on the first Sunday of every month. Separate admission fees for DynaTheater and Planetarium. 1801 Mountain Road NW, Albuquerque. (505) 841-2800, www.nmnaturalhistory.org

### PAJARITO ENVIRONMENTAL EDUCATION CENTER

Nature center and outdoor education programs provide opportunities for people of all ages to explore the rich natural and cultural heritage of the Pajarito Plateau. Preschool and





'The Little Blue Saugre," Holden Harvey-Romero, 9, and "Untitled," by Leah Schwarz, 13, acrylic on canvas, Dragonfly Art Studio (based on a lesson on Piet Mondrian)

homeschool discovery programs, nature clubs, middle school and high school environmental clubs and many other activities. Registration required for most activities. Open Monday, Wednesday and Friday to Sunday from 10 a.m. to 4 p.m.: Tuesday 10 a.m. to 8 p.m.: closed Thursdays. 2600 Canyon Road, Los Alamos. (505) 662-0460, www.peecnature.org.

### RAILYARD ARTISAN MARKET

Local artists and craftspeople, farmers, ranchers and food artisans, musicians, refreshments and entertainment, in the heart of the Santa Fe Railyard. Open Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta, Santa Fe. 983-4098, www. artmarketsantafe.com.

### RANDALL DAVEY AUDUBON CENTER AND SANCTUARY

Over 135 acres of striking landscapes and wildlife, bounded by the Santa Fe National Forest and Santa Fe River Watershed land. Activities include guided bird walks and hikes, and tours of the Randall Davey home. Open Monday through Saturday from 8 a.m. to 4 p.m. 1800 Upper Canyon Road, Santa Fe. 983-4609, www.nm.audubon.org/randall-daveyaudubon-center-sanctuary.

### RIO GRANDE NATURE CENTER STATE PARK

270 acres of woods, meadows and farmland flourishing with native grasses, wildflowers, willows and cottonwoods, just outside of Albuquerque. Gates open 8 a.m. to 5 p.m. daily; visitor center open 10 a.m. to 5 p.m.

Admission \$5 per vehicle. 2901 Candelaria NW, Albuquerque. (505) 344-7240, www.rgnc.org.

# SANTA FE BOTANICAL GARDEN AT MUSEUM

Eleven acres of gardens that celebrate, cultivate and conserve the botanical heritage and biodiversity of our region. November through March, the garden is open Thursday through Sunday, from 11 a.m. to 3 p.m., adults \$7: seniors and military \$6: students and youth \$5; children 12 and under free. From April through October, the garden is open daily 9 a.m. to 5 p.m., out-of-state adults \$10; in-state adults \$9; seniors and military \$8; students and vouth \$7; children under 12 free. Members always free. Museum Hill, 715 Camino Lejo, Santa Fe. www.santafebotanicalgarden.org.

### SANTA FE CHILDREN'S MUSEUM

A learning laboratory with exhibits and programs designed to cultivate habits of inquiry. Wednesday 9 a.m. to 5 p.m.: Thursday 10 a.m. to 6:30 p.m.; Friday and Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. General admission \$7.50; children ages 16 and under \$5; free for children under age 1. Children under 16 free Thursdays after 4 p.m. Family memberships available. 1050 Old Pecos Trail, Santa Fe. 989-8359, www.santafechildrensmuseum.org.

### **SANTA FE FARMERS MARKET**

Over 150 active vendors selling hundreds of agricultural products, with locations in the Railyard and on the Southside. Railyard Farmers Market open Saturday and Tuesday, 7 a.m. to 1 p.m. June to September and from 8 a.m. to 1 p.m. October through May. 1607 Paseo de Peralta, Santa Fe. Southside Farmers Market open Tuesday 3 to 6:30 p.m. from July through September, outside Santa Fe Place Mall near JC Penny, 4250 Cerrillos Road, Santa Fe. 983-4098, www.santafefarmersmarket.com.

### SANTA FE MOMMY MEETUP GROUP

For all moms (and dads!) who delight in having fun with their children, primarily ages 0 to 5 years old. Mommy Meetup offers play dates, parents' events, charity and educational events, and an online discussion board. \$16 annual dues. www.meetup.com/santafemoms.

### SANTA FE PUBLIC LIBRARY

Main Library, 145 Washington Avenue, open Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; Sunday 1 to 5 p.m.;

955-6781. Oliver La Farge Branch, 1730 Llano Street, open Monday through Wednesday, 10 a.m. to 8 p.m.; Thursday to Saturday, 10 a.m. to 6 p.m.; closed Sundays; 955-4862. Southside Branch, 6599 Jaguar Drive, open Monday through Thursday, 10:30 a.m. to 8 p.m.; Friday and Saturday, 10:30 a.m. to 6 p.m.; Sunday 1 to 5 p.m.; 955-2820. www.santafelibrary.org.

### **VISTA GRANDE PUBLIC LIBRARY**

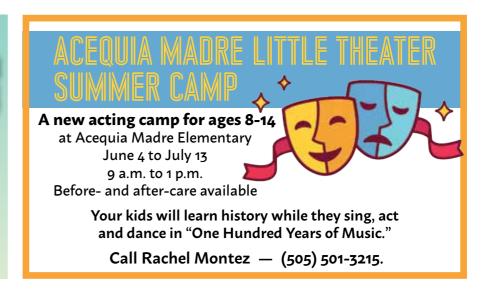
Story times, family movie nights, reading programs and special events. Open Tuesday 10 a.m. to 6 p.m. and Wednesday through Friday, noon to 6 p.m.; Saturday, 10 a.m. to 4 p.m. 14 Avenida Torreon, Eldorado. 466-7323, www.vglibrary.org.

### WHEELWRIGHT MUSEUM OF THE **AMERICAN INDIAN**

Contemporary and historic Native American art with an emphasis on the Southwest. Talks, seminars, meet-the-artist receptions and many other events. General admission \$8. Open daily 10 a.m. to 5 p.m. 704 Camino Lejo, Santa Fe. 982-4636, www.wheelwright.org

Please send us information about family events happening in June, July and August for our Summer 2018 Calendar. Email to calendar@sftumbleweeds. com. Deadline: April 27.





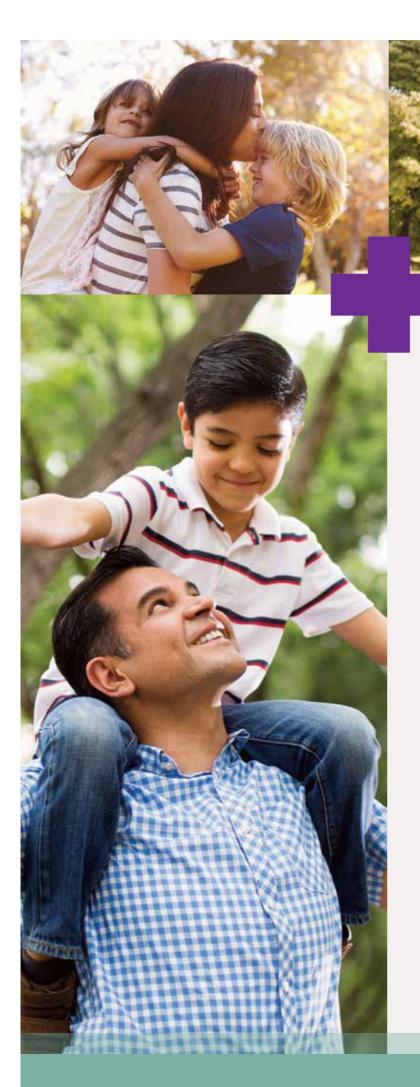
# SANTAFE

CALENDAR LODGING DINING SHOPPING ARTS & CULTURE









CHRISTUS ST. VINCENT PRIMARY CARE

# KEEP THEM HEALTHY THIS YEAR

Make sure your family stays healthy by keeping up-to-date with your health care appointments. Whether getting shots, scheduling sports physicals and routine check-ups, or if you need to be seen quickly — we are your convenient resource for health care.

Well-child visits, sports physicals and immunizations should be scheduled in advance.

### ENTRADA CONTENTA HEALTH CENTER AND URGENT CARE

5501 Herrera Dr. Santa Fe, NM 87507 Provider Offices: **(505) 913-3233** Laboratory: **(505) 913-4160** Urgent Care: **(505) 913-4180** 

# DEVARGAS HEALTH CENTER AND URGENT CARE

510 N. Guadalupe St., Suite C Santa Fe, NM 87501 Provider Offices: **(505) 913-4660** Urgent Care: **(505) 913-4664** 

### **FAMILY MEDICINE CENTER**

435 St. Michael's Dr., Suite B-104 Santa Fe, NM 87505 (505) 913-3450

### **POJOAQUE PRIMARY CARE**

5 Petroglyph Circle, Suite A Pojoaque, NM 87506 **(505) 455-1962** 

### **RODEO FAMILY MEDICINE**

4001 Rodeo Rd. Santa Fe, NM 87507 **(505) 471-8994** 

### ST. MICHAEL'S FAMILY MEDICINE

433 St. Michael's Dr. Santa Fe, NM 87505 **(505) 988-1232** 

### **ARROYO CHAMISO PEDIATRICS**

2025 S. Galisteo St. Santa Fe, NM 87505 (**505**) **913-4901** 

