

A photograph of three children standing in a forest. The child on the left is a boy wearing a dark blue jacket and a dark beanie. The child in the middle is a girl wearing a grey jacket and a light blue beanie. The child on the right is a boy wearing a blue and purple jacket and a blue beanie. They are all smiling and standing in front of a large tree trunk. The background shows a forest with many trees and some picnic tables in the distance.

# Tumbleweeds

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## ♥♥♥ GRAND-KITTY! ♥♥♥

### It was early on a Sunday

afternoon in October. The quiet in the kitchen was broken by the buzz of my cell phone. The screen lit up with the face of our 31-year-old son, Ariel.

"Hey, kiddo!" I said, surprised to get a call on a day when he's more likely to text than phone. "What's up?"

"Just calling to say hi," he said. Calm as you please. I filled him in our day — I'd just gone for a run; Dad was reading the paper; we were heading to Albuquerque later to see "Swan Lake" at Popejoy Hall — all the while wondering the real reason for his call.

"How about you?" I asked. "What you up to today?"

"Nothing much. I'm just sitting here playing with my new 2-month-old kitten, Gizmo."

"You're *what*?" I said, my voice gliding among octaves. "You got a kitten? When? Does Dad know yet? You mean I'm a ... a cat-grandma?"

It was just the reaction he'd dreamed of. Cat-craziness is something of a family affliction. And he knows I've been waiting, more or less patiently, for the arrival of "my grandbabies." A grand-cat is a good holdover.

His someday-plan to get a cat had finally found its moment. A month earlier he had bought his first house, in Casa Solana. The day before he called, he had lingered in bed thinking up cat names, then went to the Santa Fe Animal Shelter and picked out the kitty who tugged his heartstrings.

We only had a short time before heading to Albuquerque, but he wanted us to come meet the new arrival before the workweek geared up. And I suppose the chronicler in me wanted to catch this milestone at its beginnings.

So there was our son, in his sparsely furnished new living room, holding

his little bundle of joy, a tiny fur-ball with pointy ears and a barely audible squeak. I snapped pictures. Ariel was smitten. I kvelled — the Yiddish word for grinning like a fool.

A day or two later, Ariel texted me to see if I could keep the kitten company for an hour or so, while he was at work. He didn't want to leave him home alone all day. Twist my grandma-arm!



A new family member turns the whole world upside down.

"Hey there, little butterbean!" I called. (Ariel hadn't settled on a name yet. He was still considering Gizmo, or Ajax, but was waiting to see what name stuck.) It took a few seconds before the kitten came out from wherever he'd been sleeping. He mewed that barely audible squeak and looked up at me from my feet. I picked him up and laughed. Kittens that age seem to be about 60 percent

belly. Holding his in my palm was like nature's own mood enhancer.

I parked myself on the sofa with a cup of tea and some articles I was editing. The kitten found a world of joy in climbing my sweater and batting at my pen as I wrote, providing sweet entertainment but not much opportunity to work. So I put him in the laundry room, near his litter box and food bowls, and he fell asleep on his white

blankie. I brought him back out to the sofa and he settled next to me, resting his head on my notebook.

Eventually, Ariel settled on a name. After dreaming one night that the cat came into the bedroom while he was sleeping and started clawing his face, he named the kitten Freddy, for the slasher in "Nightmare on Elm Street." (Not my choice — but not my cat.) When he misbehaves, Ariel calls him Frederick.

I'm enjoying a taste of life as a grandmother (maybe more an "amuse-bouche" than a taste of the entree). I've shown his photo to everyone from the check-out guy at Trader Joe's to the pharmacist at CVS to — anyone. I feel I'm also getting a preview of my son as a dad.

He is protective and proud and joyous, much as he was greeted into the world. He worries more than need be, perhaps, but that fruit didn't

fall far from the tree, either. He is unflinchingly, goofily, besotted. It's a snapshot I hoped for years ago in the often-lonely trenches of parenthood: that treating our child with love might just produce a loving adult.

I realize that most of our readers have young children at home, and perhaps none who have reached adulthood yet. So, from my self-proclaimed

Courtesy photo

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## Tumbleweeds

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*Tumbleweeds* is a quarterly newspaper for all Santa Fe families and people who work with or care about children.

We welcome letters, artwork and articles from our readers on personal and professional experiences with children.

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**ON THE COVER:** Kaia (6), Reina (9) and Ezra (11), shown here enjoying a sunny, cold afternoon at the Los Alamos Nature Center, love living in beautiful New Mexico and look forward to skiing and snowboarding this winter. Photo © Ana June 2019.

**ARTWORK IN THIS ISSUE** is by children in Nadine Porterfield-Gurule and Stephanie Holladay's K-8 art classes at Nina Otero Community School. Look for more on our website, [sftumbleweeds.com](http://sftumbleweeds.com).

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Spring 2020 Deadlines

- Article Submissions: January 15
- Summer Camp Directory and Summer Calendar Listings: January 31
- Ad Reservations: January 31
- Ad Copy: February 7
- Publication Date: February 19



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Continued from page 4

perspective as “elder states-mom,” allow me to reflect on how the articles in this issue might help today’s parents shape tomorrow’s adults.

For those of us who want to raise readers, the wonderful Walter Cook, youth services librarian at the Santa Fe Public Library, shares more than a list of great children’s books in “A Winter of Reading.” He proffers creative ideas for building literacy into a lifelong joy. We’re glad his articles have become a quarterly feature in *Tumbleweeds*.

If you want to raise adults who are physically fit and who love to move, Adrienne Harvitz, PE teacher at Nina Otero Community School, shares evidence-based research that adequate levels of activity during the school day enhance children’s attitude, attention and ability to learn. Look for suggestions you can incorporate in your classroom and your home life, in “The Unbearable Stillness of Learning.” Nina Otero art teachers Nadine Porterfield-Gurule and Stephanie Holladay contributed the colorful artwork from their students for this issue, and our website.

If you want your children to become compassionate adults, it pays to involve them in compassionate deeds early in their lives, as Jennifer West and Sarah Carter of the Food Depot share in “Little Hands Make a Big Difference.” The Food Depot is one of a few organizations in town that allows children as young as preschool-age to volunteer onsite, with adult supervision.

Children who learn to cook delicious, nutritious foods develop lifelong healthy eating habits and curious palates, as Anna Farrier, director of Cooking with Kids, explains in “Recipe for Success.” She also offers recipes for minestrone soup and breadsticks that little hands can make and little (and big) mouths will love!

In the very best of worlds, *all* children would be safe from harm or malice and would grow up to honor the safety of others. In our real world, Resolve (formerly IMPACT Personal Safety) visits schools and other groups to help them become protective communities. The article “Safe and Sound,” by Alena Schaim, Resolve’s executive director and one of their instructors, is also here in Spanish, “Sanos y salvos,” translated by Flor de María Oliva.

Winter is STEM (Science, Technology, Engineering and Math) fair season at many Santa Fe public and private schools. The scientists and engineers who volunteer through the Santa Fe Alliance for Science as mentors and judges for

these fairs are a surefire way to build children’s innate curiosity into problems-solving skills and deeper curiosity about our world. “Ask and Answer,” by SFAFS board member Judy Reinhartz, also offers tips for a good science project and a “Save the Date” for the SFPS Innovation Expo in February.

We all hope to raise adults who still know how to have fun. Ashley O’Malley’s article “Let It Snow!” is a primer for parents looking for ways to introduce children to skiing, sledding and skating in the wet stuff we’re likely to have this winter.

Of course, the best way to raise healthy kids and adults is to start with healthy babies. Estefany Garrasco-González, Gabriela Gómez and Sarah Raine Cheney of the Santa Fe Community Foundation address the critical shortage of affordable, high-quality infant care in Santa Fe, and efforts by the Santa Fe Baby Fund and Opportunity Santa Fe: Birth to Career to fill that gap: “Creating an Oasis in the Desert.”

For a teenage activist’s perspective on responsible adults he encounters today, Artemesio Romero y Carver writes on behalf of the 11-member steering committee of Youth United for the Climate Crisis, a youth-led initiative of Earth Care, about the intergenerational protest at the state capitol this fall: “Generations Join for Justice.”

Since curiosity knows no age (or species), be sure to check out the book I review, “Raptors of North America,” which I’ll use and love as much as kids will — and which has a few tiny cat-tooth marks in the upper-right corner!

Have a delightful and warm-hearted winter.



**December  
January  
February**



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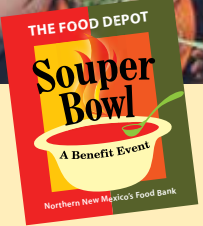
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## Color Me Carnivorous!

**The Raptors of North America**, published this fall by University of New Mexico Press, is subtitled “A Coloring Book of Eagles, Hawks, Falcons, and Owls.” But if you’re picturing drawings of cartoon birds for pre-readers, think again.

An earlier version of this book, written by Anne Price with illustrations by Donald Malick, was published under a different name in 1984, and was out of print for several years before being redesigned and reissued in this beautiful new edition. While it may indeed entice young children to grab a crayon, particularly if accompanied by their bird-loving parents, its real value is as a learning tool for older students and beginning adult birders.

The book highlights 52 raptor species: hawks, kites, vultures, eagles, falcons, owls, a harrier and an osprey. Each is illustrated with a large black-and-white line drawing, paired with a smaller, full-color version of the same illustration to use as a guide for copying the bird’s markings, colors and other features.

“This coloring book will make you more sensitive to the overall appearance and patterns of these magnificent birds,” Roger Tory Peterson writes in the foreword, excerpted from the original edition. The hands-on experience of replicating the full-color drawings (Peterson suggests colored pencils) is a fun way to learn to observe and identify these birds.

Each page also includes a description of the bird’s appearance, behavior and habitat, and a “Cool Fact” or two. The golden eagle lays two eggs, for instance, but the first one to hatch usually kills the second, which ornithologists call the Cain-Abel Syndrome. Ospreys can swivel the outer toes on each foot, which helps them hold on to a slippery fish. And the elf owl is the smallest

owl species in the world, with males weighing as little as 1¼ ounces.

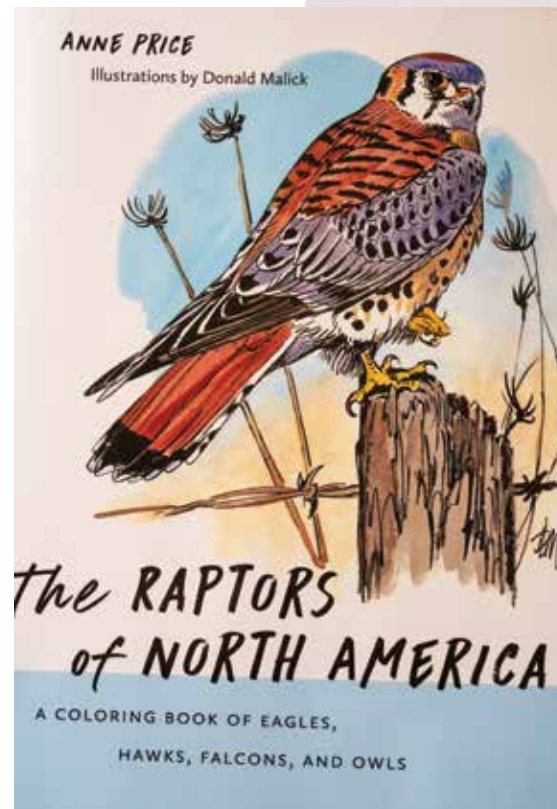
Short essays explain what defines a bird as a raptor, how birds evolved from dinosaurs and challenges raptor face in the 21<sup>st</sup> century. Other features include a raptor checklist, bibliography, glossary and instructions for building a kestrel box.

*The Raptors of North America* is part of UNM Press’s Barbara Guth Worlds of Wonder Science Series for Young Readers (other titles of which include *The Science of Soccer: A Bouncing Ball and a Banana Kick*, *Cell Phone Science: What Happens When You Call and Why* and several others).

Raptors are the ideal “first bird” for children interested in nature, the author notes, because they are big, slow and relatively easy to spot. For bird enthusiasts young and not-so-young, this creative learning tool is likely to expand your idea of coloring books. It will certainly expand your knowledge of these majestic and fascinating birds. Order your copy (paperback, \$14.95) at [unmpress.com](http://unmpress.com) or your local bookstore.

— Claudette E. Sutton

Photos by Susan Swartz



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## Creating an Oasis in the Desert



Courtesy photo

How collaboration in Santa Fe community addresses the drought in infant care

By Estefany Carrasco-González, Gabriela Gómez and Sarah Raine Cheney

### As New Mexico struggles to address our low

rankings in childhood well-being, early childhood education and, particularly, access to affordable infant care, the reality is that within Santa Fe we live in an infant care desert. We do not have enough high-quality, licensed childcare providers and centers to serve more than a small percentage of infants who need it.

In fact, the 2019 report “A Critical Shortage: Infant Care in Santa Fe,” issued by the Santa Fe Baby Fund of the Santa Fe Community Foundation, found our city has only enough high-quality, center-based care for about 7 percent of babies. That forces many working parents to rely on family, friends, neighbors and others, a largely unregulated market of providers who have varying levels of safety compliance or knowledge of early child development.

What can be done to address this ongoing shortfall? The Santa Fe Community Foundation has created two important initiatives out of a conviction that the vitality of society rests on the opportunities afforded to all children early in life: the Santa Fe Baby Fund, and Opportunity Santa Fe: Birth to Career. Together, they have been investing in local nonprofits and supporting them to engage in collective efforts to improve the lives of children and families.

The Santa Fe Baby Fund began in 2013, with an initial gift of \$1.1 million from the Brindle Foundation, a private family foundation based in Santa Fe. It promotes the healthy development of babies and toddlers in Santa Fe County through programs and reports that raise awareness of the importance of investing in early childhood and grants to nonprofit organizations working to promote the healthy development of babies and toddlers.

The “Critical Shortage” report provides valuable detail behind the general awareness that infant care is expensive. State regulations require providers to

meet higher caregiver-to-child ratios for babies and toddlers than for older children, as well as strict safety requirements that may require costly renovations. While these regulations undoubtedly improve the quality of care for our most vulnerable children, many working families are priced out of infant care at the going market rate — which the 2018 survey conducted by the Santa Fe Baby Fund found to be in the range of \$927 to \$1,200 per month for private, center-based care.

Yet while infant care costs are rising, the supply is declining. In 2018, Santa Fe had only 66 licensed child care sites and four registered sites, down from 80 licensed and 63 registered sites in 2010. We have only three center-based programs — Kids Campus at Santa Fe Community College, La Petite Academy and Early Head Start — with a capacity for about 92 children under 12 months old. This drop appears to be an unintended consequence of changes to the process by which providers register with the state and become qualified to receive child care assistance for low-income families and federal food reimbursements. These changes have set higher standards for health and safety, but also raised the cost to providers of compliance with the regulations.

The quantitative and qualitative information outlined in the “Critical Shortage” report has led to a wider understanding of the challenges our families face and how we as a community can better support them. As a result, Opportunity Santa Fe (OSF) invests in and supports the Early Childhood Steering Committee (ECSC) and Santa Fe ¡Convive!, two collaborative working groups composed of nonprofits and other key stakeholders, offered through the Santa Fe Birth to Career Initiative. Through OSF support, the ECSC was able to expand classrooms for early pre-K and pre-K at the United Way Early Learning Center



Photos by Susan Swartz



Left, a young visitor to the Santa Fe Baby Fund's annual Fiesta Para Bebés learns the tactile pleasures of books. Above, the Baby Fund's 2019 report details the scope of and reasons behind the infant care shortage, as well as ways to alleviate it.

at Kaune, train 40 early childhood educators and hold a hiring fair for early childhood staff vacancies. In spring 2019, the ECSC supported Senate Bill 22, which resulted in the newly established state Department of Early Childhood Care & Education, an exciting win for New Mexico. ¡Santa Fe Convive! takes a holistic approach by focusing on families and connecting them to the many resources available in the city, such as nutrition courses, Medicaid 101 and information on other assistance programs.

“Finding affordable and high-quality infant care is essential for parents to not only go back to work but find time to meet their own needs,” says Antoinette Villamil, co-leader of ¡Santa Fe Convive! and the executive director of Many Mothers, which provides families 36 hours of free, hands-on support after the birth or adoption of a new baby. “It’s essential that parents, particularly new moms, can find time to rest and recharge from the 24-hour demand of caring for young babies.”

State and federal policymakers have shown an increasing interest in early childhood education in recent years, but that support is often directed to 3- and 4-year-old care. A stronger commitment to improve access for families of children from birth to 3 years of age is still needed. Moving forward, the Santa Fe Baby Fund and Opportunity Santa Fe plan to work together with partner organizations to align investments in support of increased infant care options.

*Estefany Carrasco-González is the program officer for education and director for Opportunity Santa Fe, Gabriela Gómez is the director of development, and Sarah Raine Cheney is the project coordinator for Opportunity Santa Fe, all through the Santa Fe Community Foundation.*

# How You Can Help

## Donate

Visit [santafecf.org/give-now](http://santafecf.org/give-now) and designate your gift to the Santa Fe Baby Fund and/or Opportunity Santa Fe. Donations of all sizes are welcomed and encouraged. One hundred percent of your charitable contribution will be applied to programs supporting New Mexico children and families.

## Apply for a Baby Fund Grant

The Santa Fe Baby Fund awards grants to nonprofit organizations working to promote the healthy development of babies and toddlers in Santa Fe. The 2020 Baby Fund grant cycle opens Feb. 4, with applications due by March 9. Awardees will be notified by early June. The application information will be posted on Jan. 1 at [santafecf.org/nonprofits/grantseekers](http://santafecf.org/nonprofits/grantseekers).

## Get involved

Sign up for the Santa Fe Community Foundation's eNews to receive current updates on their work and upcoming community events: [santafecf.org/sign-up-for-email](http://santafecf.org/sign-up-for-email).

## Learn more

A downloadable PDF of “A Critical Shortage: Infant Care in Santa Fe” is available at [santafecf.org](http://santafecf.org). For a print copy and for additional information on how you can help improve child well-being in our community, contact Estefany Carrasco-González at [egonzalez@santafecf.org](mailto:egonzalez@santafecf.org) or (505) 988-9715.

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## Little Hands Make a Big Difference

At The Food Depot, youngest volunteers are welcome helpers

By Jennifer West

**“Mom, I’m not done with my bagging yet,”**

my 10-year-old daughter, Jaedyn, said as her volunteer shift of repackaging bulk rice came to an end. She wasn’t about to leave yet.

Jaedyn was determined to finish the 2,000-pound pallet with her group of volunteers. The rice is repacked into one-pound bags and sent out to partner nonprofits and families throughout northern New Mexico. To put it simply, Jaedyn knows The Food Depot needs a lot of bags of rice (and many other foods) because she’s my daughter and hears about people of all ages who don’t have enough to eat on a regular basis.

Jaedyn has volunteered for several years now for different organizations, but it can be difficult to find a good fit for younger volunteers. The challenges of maintaining kids’ safety, coping with limited attention spans and finding child-friendly projects that still make an impact can cause a nonprofit to shy away from a constant flow of little ones in the building.

But there is no shortage of work at the food bank, and The Food Depot has adapted activities for younger volunteers who are eager to help. The Food Depot loves involving children in preschool and up in our mission to end hunger in northern New Mexico.

Little ones and their parents, grandparents or guardians can spend as little as an hour at the warehouse and know their volunteer projects are helping feed our neighbors in need. Volunteers work in designated rooms separate from the main warehouse and work together to accomplish large projects. Simple projects appropriate for younger volunteers may include re-bagging apples, potatoes and other food items that are easy for small hands to maneuver. Not only does volunteering at The Food Depot help children learn empathy, compassion and responsibility, it also provides young learners with an opportunity to practice motor skills, following directions and counting skills, too!

Scheduling a volunteer project at The Food Depot is easy. Simply call or email Sarah Carter, The Food Depot’s volunteer program manager, and answer a few questions about your availability and the number of people in your family or group. Most preschoolers can meaningfully engage in a food repackaging project, and younger siblings are welcome to watch from a baby carrier or stroller. We just ask that families and volunteer groups bring enough adults to adequately supervise their children throughout the volunteer session.

When your group arrives for your first shift, we can provide you with a tour of our warehouse to help your little ones learn about The Food Depot and how their volunteer work will help others. A tour is also quite a spectacle for young and older volunteers alike. Wide eyes take in the giant totes of pinto beans stacked high on pallet racks, a refrigerator the size of a small house, and forklifts moving food throughout the building. Young volunteers usually scream in excitement after walking into the refrigerator or freezer, then they’re ready to warm up with an active volunteer session of repackaging bulk food.

Whether you’re looking for a one-time experience or want to make a regular commitment to giving back, know that every volunteer’s contribution at The Food Depot makes a difference. The staff simply could not accomplish all we do without our volunteers of every age. In 2018, the equivalent of more than 5.1 million meals were distributed in nine counties in northern New Mexico — that’s a lot of food to sort and repackage! With one in four children and one in six adults experiencing food insecurity in New Mexico, we’ll need even more food, resources and volunteers in 2020. We hope to see you in the coming months at the warehouse.

*Jennifer West is the community engagement coordinator at The Food Depot, the food bank serving nine counties in northern New Mexico: Santa Fe, Harding, Colfax, Taos, Los Alamos, Rio Arriba, San Miguel, Union and Mora. Volunteer Program Manager Sarah Carter contributed to this article.*



Jaedyn Grammer, left, repackages rice with Esther Rojas at Comcast Cares Day, one of the most popular family volunteer events at The Food Depot.

Courtesy photos





## How You Can Help: Volunteering & More

When you discuss volunteering and giving back with your little one, you build a foundation of empathy and giving that may last a lifetime. Whether or not you can make it into the warehouse to volunteer, there are important ways you and your children can get involved together in ending hunger in northern New Mexico.

### Help at the warehouse

Volunteer shifts are available for children ages 3 and up from 9 a.m. to noon Monday through Friday and 1:30-3:30 p.m. Monday through Thursday. Parent supervision is required. Please bring enough adults to adequately supervise the number of children in your group. Contact Volunteer Program Manager Sarah Carter at (505) 471-1633, ext. 115, or [volunteer@thefooddepot.org](mailto:volunteer@thefooddepot.org); or visit [thefooddepot.org](http://thefooddepot.org) for more information.

### Contribute food items

Encourage your child to help pick out an extra food item at the grocery store to donate or find an item to contribute from your pantry at home. Drop off the food at The Food Depot (1222-A Siler Road, Santa Fe) from 8 a.m to 5 p.m., Monday through Friday, or at local organization hosting a food drive. The Food Depot accepts fresh fruits and vegetables when taken directly

to the warehouse, and nonperishable foods either at the warehouse or in an off-site donation barrel. Find information on food drive locations at [thefooddepot.org](http://thefooddepot.org).

### Host a food drive

Looking to include more of your network? Host a food drive with your parents' group, your child's preschool or other organization you belong to and get friends involved. For support in hosting a food drive, contact Dot Greene, events and outreach coordinator, at [dgreene@thefooddepot.org](mailto:dgreene@thefooddepot.org).

### Give through special occasions

Mark a birthday or other occasion where gifts are given by asking attendees to bring a canned good or monetary donation instead. Discuss with your child the importance of giving back, and balance the act of receiving gifts with giving the gift of food to others.

### Harvest for others

With your child's help, plant an extra row of vegetables in your home garden to donate, or help harvest the bounty from a fruit tree that might otherwise go unpicked. The Food Depot is always looking for more produce and proteins distribute to those struggling to make ends meet.



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Adrienne Harvitz, PE teacher at Nina Otero Community School, believes an unused school playground or gymnasium has potential for brain-powering magic.

Photo by Claudette E. Sutton

## THE UNBEARABLE STILLNESS OF LEARNING

Building activity into a child's school day can boost brain power

By Adrienne Harvitz

### In a world of sitting at desks, in cars and in front of

screens, movement is becoming a rarity for the human body. Adults in the workplace and children in school alike are facing a common threat to their physical, mental and emotional well-being: the sedentary lifestyle.

Throughout history, humans have spent much of our time in motion. We evolved to walk, run, dig, lift, pick and jump. What price are we now paying for this still life? What effects are a lack of exercise having on our brains and bodies, especially those still developing? How can we fight the sedentary trends of these times to preserve our wild right to move and play? How is it that the needs and nature of the human brain and body have been so neglected in our modern lives?

As a physical educator, I have pondered and studied this topic considerably. Thankfully, there is a great array of writing and research out there. As neuroscientist Wendy Suzuki explains, "Exercise is the single most transformative thing that you can do for your brain." The scientific community agrees that physical activity is the simplest thing humans can do to enhance cognition, mood and other aspects of neurobiology.

The benefits of physical activity on the brain are many. Immediately after physical activity, reaction time, mood and attention can be improved for hours. Levels of good mood neurotransmitters can increase for days. Twenty-plus minutes of cardio, especially in the target heart rate zone, releases brain-derived neurotrophic factor (BDNF), a protein that stimulates growth of new brain cells, and has been shown on brain scans to stimulate neural activity in many regions of the brain at once (a term called "connectivity"). Over time, those who exercise regularly have a bigger and stronger prefrontal cortex and hippocampus and are less susceptible to neurodegeneration in the aging process.

Studies have also found that specific types of exercise and movement have particular benefits in the classroom setting, boosting children's moods and enthusiasm, raising student test scores and improving many aspects of cognition and behavior.

Despite all this knowledge, New Mexico lags behind other states when it comes to physical activity in our schools, and our students are suffering from health issues related to inactivity.

The Centers for Disease Control and Prevention (CDC) recommends children and adolescents do an hour or more of moderate-to-vigorous physical activity daily, as well as vigorous-intensity physical activity at least three days a week. That's considered the baseline amount required for the healthy development of fine and gross motor skills and muscle, maintenance of healthy body mass and composition, and obesity prevention.

From my firsthand experience working in public health and education in New Mexico for more than eight years, I can assure you that most kids are not getting that one hour of physical activity per day. Many kids get just 15 minutes of recess one to two times a day, an hour of PE once a week and no physical activity after school. I've seen 120-pound kindergarteners, fourth-graders who can't push themselves on a scooter, middle-schoolers who cannot shoot a basketball and children of all ages who don't know how to play any recess games.

School-provided PE and recess alone are not providing kids enough physical activity to meet the CDC's minimum recommendations. PE classes often evaluate kids based on their



ability to participate in team sports, instead of their ability to identify and cultivate lifelong habits for fitness. Adding to the problem, teachers are not educated in how to implement physical activity in their classrooms or throughout the day, or how (and why) to do so specifically to improve students' ability to learn, focus, and perform on tests and other classroom activities.

Yet there are ways teachers can bring more movement into their instruction for their students' health and as a tool to enhance learning. In fact, there's a whole study on this topic, championed by John Ratey, M.D., an associate clinical professor of psychiatry at Harvard Medical School, and longtime physical educator Paul Zientarski, called Learning Readiness Physical Education (LRPE).

LRPE was created in response to the question, "Can we take what we know about the effects of physical activity on cognition to design physical education to enhance learning?" The answer, my friends, is yes we can.

LRPE, an evidence-based body of curriculum and resources, is engaging, individually focused, fitness-based and designed to be properly placed in the school day for improved outcomes in student academic achievement, behavior, attendance and wellness. Among the many outcomes of LRPE are growing brain cells, enhancing eye tracking and balance improvement, improving cognition in reading and math, increasing alertness through cross-lateral movement, boosting student fitness levels and helping manage stress.

While this may sound like a lot to incorporate, there are many simple exercises and activities in LRPE that accomplish all of these goals. Some of these include throwing and catching a ball, gymnastics, tap dancing, shooting or passing a puck, physio-ball training, hitting a ball with a racquet or just walking or jogging laps.

In tests, students who participated in LRPE one to two hours before a reading evaluation — at least 20 minutes of cardio in the target heart rate zone, for a total of 50 minutes of activity including balance, eye tracking and cross-lateral movement — showed a 50 percent improvement in their reading scores. Students who did the same amount and type of LRPE saw a 93 percent improvement in math scores.

LRPE shows that physical activity with at least 20 minutes of moderate-to-vigorous aerobic and complex activity improves wellness and primes students' minds to learn better and faster. Ratey wrote: "The more complex the movements, the more complex the synaptic connections. Even though these circuits are created through movement, they can be recruited by other areas used for thinking. This is why learning how to play the piano makes it easier for kids to learn math. The prefrontal cortex will co-opt the mental power of the physical skills and apply it to other situations."

So how does a teacher bring these things into the classroom? I called Paul Zientarski myself to find out. He recommended incorporating movement into lessons at intervals coinciding with attention span for the children's age by child development standards. (Students are only able to stay focused on a given task for as many minutes as they are years old.)

Teachers should think about breaking up lessons with some kind of kinesthetic activity, interaction, or movement at those intervals. Use one- or two-minute "brain breaks" or "fit breaks" — activities not about "learning" but just about playing — at those intervals, then return to seated work afterward.

Teachers should also plan lessons in the most challenging content areas one to two hours after at least 20 minutes of sustained cardio and complex activities, such as a PE class or facilitated recess.

Zientarski recommends adjusting the school-day schedule so difficult topics are presented after currently scheduled recess or PE. Teachers can also plan their own properly placed recess or LRPE lesson in a gym or outdoor space within the school day — making sure students are reaching LRPE goals during this time.

Other ideas:

Teachers could create a designated area of the classroom for movement. Breaks in 5-20 minute time periods could be given to individual, small groups or the whole class for movement by choice or in a guided manner.

Also, hallways can be used for throwing and catching, jumping rope while reciting terms to memorize or definitions for a quiz, or walking in lines up and down the hall while reading text. Students can play catch, hula hoop or do squats or lunges while quizzing one another or reciting terms. When not being used, the playground or gymnasium could be a great destination for an impromptu game or just free-movement time.

The possibilities are endless. Knowing the underlying elements that transform play into brain-powering magic is a real game-changer. Some simple toys, clear instructions and structured activities can turn movement into a teacher's secret toolbox.

*Adrienne Harvitz, M.Ed., is a PE teacher at Nina Otero Community School. If you're interested in learning more or attending a workshop for educators, email her at [aharvitz@sfps.k12.nm.us](mailto:aharvitz@sfps.k12.nm.us).*

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## Recipe for Success

Kids who help plan, prepare and cook nutritious foods often learn to love nutritious foods

By Anna Farrier

**Food brings families together. Preparing meals** and snacks together can be some of the most meaningful and influential time you'll spend with your children. It's fun, it's messy, and it's teaching your kids skills that will last a lifetime.

And something we know from nearly 25 years of Cooking with Kids, which works in school classrooms and cafeterias to provide free nutrition education to more than 5,000 kids each year in northern New Mexico: When children help prepare nutritious foods, they are excited to try them!

Kids who help plan, prepare and cook meals are much more likely to enjoy a broad array of foods, many more than adults often imagine. Since 1995, thousands of public school children have participated in Cooking with Kids' unique and transformative food and nutrition education programing. We have seen firsthand the impact it has had on what kids will eat, both at school and at home. We have watched pint-sized participants taste a half-dozen varieties of late summer vine-ripened tomatoes from nearby farms, eyes wide and smiling mouths dribbling juice as they discover the remarkable range of flavors. We have seen the world become a little smaller, and a little more unified, when our kids make the connection between the tortillas common to Santa Fe cooking and the chapatis of India or injera breads of Ethiopia.

Kids love mixing up beans, tearing lettuce and grating cheese. It doesn't have to be complicated — and there are ways to involve even the smallest helpers in the kitchen. Little hands can tear leafy herbs into tiny pieces, roll dough, mash beans or potatoes, or whisk salad dressing. Older kids can use butter knives to dice zucchini, yellow squash, cucumbers and a variety of fruits. The trick is to ask yourself, "Could a child be doing this?" It may take a little extra time and effort, but it will turn cooking into a conversation that opens the doorway to healthy eating for your entire family.

Here are a few tips we've learned along the way:

- Start simple. Make

a fruit salad together or a green salad with dressing.

- Allow kids to do as much as possible — and make sure everyone has something to do.
- Be watchful, but encourage independence. The food doesn't have to look perfect to taste delicious.
- Younger kids are great at tearing herbs or lettuce, mashing, mixing and measuring.
- With guidance, older kids can use sharp tools, such as vegetable peelers, graters and even kitchen knives.
- Everyone helps make the mess, so everyone helps clean up.
- Let kids choose whether to taste. Keeping things positive (and not forcing "just one small bite") really paves the way for kids to develop a positive attitude toward food.
- Relax and have fun!

For more great ideas, check out our website: [cookingwithkids.org](http://cookingwithkids.org). You'll also find recipes, how-to videos and other family-friendly resources to get cooking with your kids. Ready to dive right in? Get *The Cooking with Kids Cookbook* by CWK founders Lynn Walters and Jane Stacey (available at many local retailers and at Amazon.com), full of all our tried-and-true recipes plus tons more tips for getting kids into the kitchen!

Anna Farrier is the executive director of Cooking With Kids.



Photo by Gabriella Marks



Photo by Kate Russell



Photo by Gabriella Marks



Photo by Jennifer Davidson



# WARM UP WITH HOT SOUP AND CRUNCHY BREADSTICKS!

As the days get shorter and the nights get chillier, warm up the season with some hearty minestrone soup and breadsticks. There are lots of great ways for kids to help out. You'll be amazed as they gobble up the vegetables they helped prepare!

## Minestrone Soup

Serves 6

Minestrone makes a delicious meal in one pot. In Italy there are many kinds of minestrone soup. This version uses kale, a highly nutritious green leafy vegetable. Cabbage, spinach or Swiss chard would also be good choices of greens in this soup.

2 tablespoons olive oil  
½ medium onion, chopped  
2 garlic cloves, chopped  
1 celery stalk, chopped  
1 carrot, chopped  
1 cup crushed tomatoes  
2 cups broth, chicken or vegetable  
2 cups water  
1 bay leaf  
½ teaspoon dried oregano  
¼ teaspoon dried thyme  
¼ teaspoon dried basil  
¾ teaspoon salt  
¼ teaspoon black pepper  
1 zucchini, quartered lengthwise and thinly sliced  
1 can (15-ounce) white beans (navy, cannellini or kidney beans)  
1 cup frozen Italian green beans  
¾ cup chopped kale  
2 tablespoons chopped fresh parsley  
¾ cup small whole wheat pasta, cooked  
Shredded Parmesan cheese for topping

Heat the olive oil in a large pot. Add the onion and garlic and sauté for 3-5 minutes over medium-high heat until softened. Add the celery and carrots. Cook for 5-7 minutes, stirring often. Stir in the crushed tomatoes. Add the broth, water, bay leaf, oregano, thyme, basil, salt and pepper. Increase heat to high and bring to a boil. Stir in the zucchini, canned beans and green beans. When the soup returns to boiling, reduce heat to medium and simmer, partially covered, for about 15 minutes, until all the vegetables are tender.

Add the chopped kale and parsley and cook for several minutes more, until the greens are wilted.

To serve: Spoon a small amount of pasta into the bottom of the bowl. Ladle hot soup over the pasta and top with shredded Parmesan cheese.

## Breadsticks

Makes 32

It is believed that breadsticks were first made in medieval times. The Italian word for breadsticks is grissini. These crispy breadsticks are fun and easy to make.

1¼ cups warm water  
2 teaspoons baking yeast  
2 tablespoons olive oil  
1 tablespoon honey  
1 teaspoon dried rosemary  
1½ teaspoons salt  
1 cup whole wheat flour  
2½ cups white flour  
Additional olive oil and kosher salt

Preheat oven to 425 degrees F.

In a bowl, combine the water and yeast. Let sit for 2 minutes, until the yeast is dissolved. Add the olive oil, honey, rosemary, salt and whole wheat flour, stirring well. Add the white flour, 1 cup at a time, stirring until a stiff dough forms. On a clean, lightly floured work surface knead the dough for 3-5 minutes, until smooth.

Divide the dough into 8 equal pieces. Form each piece into a circle about 3 inches in diameter. Now divide each piece into 4 equal pieces. You will have 32 pieces in all. Roll each piece of dough into a cylinder about 8 inches long and place on a baking sheet.

Lightly brush the breadsticks with olive oil and sprinkle with salt as desired. Bake the breadsticks for about 15-18 minutes, turning once during the baking, until lightly browned and almost crisp. Let the breadsticks cool before serving.



Participants in Cooking with Kids get to saute veggies, taste soup, cut dough, measure flour, roll breadsticks and eat!



# ASK AND ANSWER

How science taps kids' innate curiosity and teaches them to be problem-solvers

By Judy Reinhartz

## The words “science fair” or “STEM fair”

can elicit groans from students and parents alike. They might think it'll be a boring waste of time, just another assignment added to their already jam-packed lives.

But it doesn't have to be that way. Scientific investigations can harness students' natural curiosity and enthusiasm for learning about the world around them. These investigations are some of the most rewarding learning experiences students can undertake because they are asked to identify problems, form hypotheses, test ideas and adjust their thinking. Science's built-in appeal gives students permission to play with ideas that ignite their imaginations and in turn lead to authentic explorations that go beyond erupting table-top volcanoes, growing plants under different light sources and testing the speed of toy cars going down ramps of various heights.

At times, scientific investigations are made far more difficult than they need to be. To make them meaningful to students, investigations should be of interest to them, and bouncing ideas around with other students can result in formalizing questions that drive investigations. The goal of science learning is to create a culture of problem-solvers. So, what do problem-solvers do to find solutions?

Many people will start with the Internet, but as a STEM (science, technology, engineering and math) kindergarten through high school teacher and college professor, my advice is that the Internet is not necessarily a good place to look for quick and easy ideas. The Internet and the library *can*, however, be helpful in gaining background knowledge to enhance students' understanding of selected topics. Talking to interested scientists and engineers about the selected topic can also be rewarding.

Students must take time to think about a topic they want to explore. In the process of investigating, students recognize there are no quick fixes or ready-made answers; it takes time to figure things out and to learn from mistakes. Students should be encouraged to persevere and understand why things do not always work out. Learning through mistakes is a fundamental and worthwhile life lesson that plays out without students realizing it. They learn to develop coping skills to solve problems and deal with the issues at hand.

To keep the momentum going and move students' thinking to the next level, ask them clarifying



A Capitol High School participant in Expo 2019.

questions such as: “Your idea about ... is interesting, have you considered ...?” “What do you mean by ...?” “How will ... work when you do ...?” “What do you have to do next to show ...?” Getting students to verbalize ideas provides them with a platform for explaining and communicating them. The thinking step should not be rushed; it is central to the problem-solving process that results in a well-developed design and a clearer description of its purpose and the outcomes.

From here on, the process is more clear-cut. With a question or well-defined idea, students are ready to control the variables that they can test. For example, students might design safe cities next to an active volcano, develop packaging that keeps bread fresher longer, explore how different wheels impact a car's movement down a ramp, or grow plants that live in drought areas to learn more about their physical and behavioral adaptations. Students collect different kinds of measurable data when they conduct multiple trials to test variables. The data for each of the trials are recorded on a table, then plotted on a graph. The results and conclusions will be drawn from the plotted information on the graph. Are there any patterns present or relationships apparent between the different types of building materials that were used

for the houses, the packaging for the bread, the various wheels used or the adaptive structures that help plants survive? When writing results, students use the information from the graphs as evidence to support or refute their hypotheses.

Problem-solving sets off a chain reaction in which students engage in practices that scientists and engineers do every day that include spending time thinking, researching, designing, testing their ideas, observing, analyzing what took place and drawing conclusions. These practices are at the heart of the Next Generation Science Standards (NGSS). A first-grader at one of our local elementary schools summed up in writing what science meant to him: “figyoring things oat.” It is



Los Alamos National Laboratory scientist Hubert van Hecke sparks excitement with a Van de Graaf generator in the SFAFS Summer STEM Lab at Nina Otero Community School.

Courtesy photos



this “figuring things out” that is at the core of doing science and that enhances students’ investigative talents and abilities.

Since 2013, Santa Fe Alliance for Science (SFAFS) has placed professional scientists and engineers in schools as volunteer science fair judges, who also visit classrooms as students are getting ready for science fair projects. These volunteers engage students in hands-on classroom experiments that model the steps of a successful STEM fair project. The program is driven entirely by teachers’ requests to SFAFS, through the form on our website: [sfafs.org/contact](http://sfafs.org/contact).

Dedication to STEM learning has also spurred the initiation of the SFAFS Adopt-A-School Program at Nina Otero Community School in Santa Fe. The aim of the program is to connect SFAFS volunteers, practicing and retired scientists, engineers and science educators with students in a variety of ways during and after the school day. The science wrap-around experiences focus on making interactive classroom presentations, conducting experiments that inspire and engage students, using computer science and coding to unlock secrets, and learning about STEM careers. Teachers also have opportunities to learn more about integrating science and literacy into their instruction.

Implementing science and engineering practices and talking about STEM ideas form a context for students to investigate and present solutions to real-world problems. If students have these opportunities, they become better problem-solvers who can figure things out!

*Judy Reinhartz is a professor emeritus at the University of Texas at El Paso and a board member of the Santa Fe Alliance for Science.*

## STEPS FOR DOING A SCIENCE PROJECT

(from the Santa Fe Alliance for Science website)

- Ask a question that interests you.
- Do some reading about it.
- Make a prediction (hypothesis).
- Plan an experiment to test your question.
- Do the experiment and measure the result.
- Change one thing and measure the result.
- Test each change several times (many trials).
- Do your results prove your prediction? If not, why?

Parents, teachers and students: You’ll find links to many helpful resources for preparing a good project on the science fair page of the

SFAFS website ([sfafs.org/science-fairs](http://sfafs.org/science-fairs)), such as Choosing a Project, Characteristics of a Good Science Fair Project, Hints for Data Collection, Questions Judges May Ask at a Science Fair, a 12-minute video on How to Do a Science Fair Project, and much more.

In addition to providing volunteer judges for science fairs, SFAFS’s cadre of scientists and engineers offer tutoring, mentoring, professional development and in-school programs. Visit the website, [sfafs.org](http://sfafs.org), if you would like to sign up as a science fair judge, classroom tutor, science fair support or in other activity.

## SAVE THE DATE! INNOVATION EXPO FEB. 13

The science fairs being conducted this winter at many local public and private elementary through high schools will culminate at the annual district-wide fair, Innovation Expo: Full STEAM Ahead, presented by the Santa Fe Public Schools in alliance with SFAFS, Feb. 13 at the Santa Fe Convention Center, 201 W. Marcy Street.

The morning will be devoted to student and judge interviews (closed to the public)

of winners in individual school competitions. The Expo opens to the public at 5 p.m., showcasing STEAM (that’s science, technology, engineering, art and math) programs in our local schools and businesses, internship and career opportunities, exhibitions and hands-on, interactive activities. For more information or to enroll your school or group to participate, contact Chari Kauffman, SFPS science coordinator, at [ckauffman@sfps.k12.nm.us](mailto:ckauffman@sfps.k12.nm.us), or (505) 467-2515.

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# Children's Book Nook



Warm up with the wide world of books • By Walter N. Cook

## Winter with books! What should

I read? Families with motivated readers tend to take home big stacks of books from the library. I'm not sure they are reading *all* those books; however, if they are like me, they sample them, then read the one that says, "Read me first!" Visit the library, read online reviews or visit bookstores, and choose the books that call out to you. Here are a few suggestions to help you get started.

Wordless picture books, where the story is told entirely with illustrations and no text, are fun to share with children. Wordless books give readers the opportunity to verbalize what they see and, with practice, develop stories and plots with a full range of depth and emotion. This helps children develop narrative skills.

In Western cultures, "The Three Little Pigs" is a classic story for preschool and early school-aged readers. A good narration might say: "There are three pigs, and one pig builds a house of straw and a wolf blows it away. A second pig builds a stick house and the wolf blows it away. The third builds a brick house and the wolf can't blow it away."

An undeveloped narration might start with, "The wolf blew away the house and the pig wouldn't let the wolf come in. Not by the hair of my chinny-chin-chin." A child often identifies significant turning points but is not able to tell us the sequence of events. Wordless books can help children build these skills.

*Tuesday* by David Wiesner, which received the Caldecott Medal in 1991, is a

wordless picture book that enlivens the imagination and helps children develop a narrative story. The book has big, clear, beautiful illustrations that depict frogs floating through the air on lily pads. There is definitely a story there. What story would your child give to it? How about yourself?

In *Float*, a wordless picture book by Daniel Miyares, a young person has an adventure with a paper boat. Be sure to have paper-folding activity books ready as a reinforcement activity with this book.

*Making Origami Science Experiments* by Michael G. LaFosse has great step-by-step instructions for paper boats.

*That Neighbor Kid*, also by Daniel Miyares, is an exploration into developing friendships. Two new friends use wood to build a tree house. If you

are brave and have the facilities, *Maker Projects for Kids Who Love Woodworking* by Sarah Levete would complement *That Neighbor Kid* very nicely. In *Fairy House* by Mike and Debbie Schram, the authors show how to build incredible miniature furniture and dwellings using items found in nature. There are many more paper-folding and fairy house books to choose from in the library's online catalog.

Exploring cultures outside of Western ones can be an astounding enlightenment. Books in the *Enchantment of the World* series, published by Children's Press, address individual countries with overviews and useful information for school reports. Reading contemporary stories from other countries provides a different type of touchstone for cultural exploration. **Enchanted Lion Books**, an independent publisher based in Brooklyn, specializes in finding children's stories from other countries and translating them into English. Do an online search in a library catalog, search for "publisher: Enchanted Lion," and uncover many of their books at a local library.

A charming story from Enchanted Lion is *Chirri & Chirra* by Japanese author and illustrator Kaya Doi. Oftentimes meanings inherent to a culture do not translate into other cultures, but good stories can help us can get close. In this story, appropriate for preschoolers and early-school-aged children, two girls travel through the forest, have lunch, stop at a hotel and attend a concert. Just the thing for children who are living in the moment!



Photos by Susan Swartz



Back in the Western world, books by Jill Barklem make a perfect segue from *Chirri & Chirra*. In the ***Brambly Hedge*** series, dating from the 1980s, Barklem tells gentle stories of anthropomorphic woodland creatures. These books work well as read-alouds for younger children who are seasoned listeners and enjoy long stories. They also appeal to readers who not quite ready for chapter books.

Barklem's illustrations are full of rich details that offer incredible opportunities for visual delight. A fun game to play with preschoolers is "I spy." For example, choose an object from an illustration, such as a striped shirt, and say, "I spy with my little eye something with stripes." Your child then looks for stripes. Next, your child chooses something for you to look for. Besides being fun, this is an opportunity for your child to learn vocabulary rather than just point to objects. Chances are, your child will catch your blunders during this game. Have fun with it!

Moving up the difficulty scale for young readers, we get to beginner chapter books. What is a chapter in a book? It is a division in a long story but, for children to truly understand what a chapter is, they must experience it. An excellent example of a beginning chapter book is the ***King & Kayla*** series by Dori Hillestad Butler. King is a dog and his human is Kayla. King understands humans completely, but of course humans do not understand dogs as well. Together, they unravel life's misadventures.

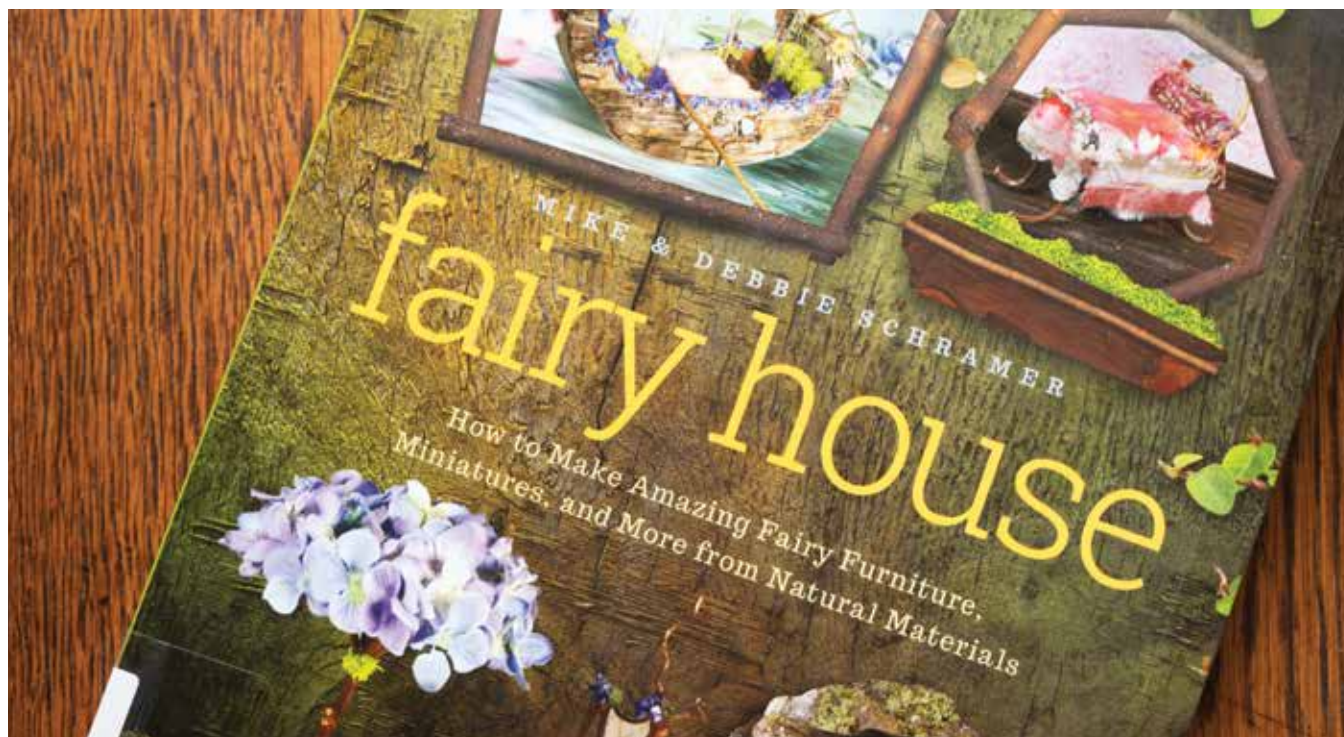
One book in the series is ***King & Kayla and the Case of the Secret Code***. I do not want to give away the story and steal the surprise, but a great companion book is the nonfiction ***Spy***, a DK Eyewitness series book by Richard Platt. Another follow-up nonfiction book is ***Spy Codes and Ciphers*** by Susan K. Mitchell. On a cold winter day, create your own personal secret code with your child. As you both get older it will be a mutual memory to cherish. There are dozens of secret-code books to choose from in library catalog collections. Use key words, "Secret *and* codes," and you will find them.

Discovering the truths behind secrets is perhaps an inherent human curiosity. One great book to pair up with a curious mind is ***The Astonishing Maybe*** by Shaunta Grimes. Middle-schooler Gideon is the new boy in town, having moved from the East Coast to Nevada. It is only natural that his neighbor, around the same age, should become his friend. However, this friend wears roller skates and a superhero blanket cape and enlists his help to find her missing father. This is a book worth reading and discussing together. It involves keeping secrets from parents, taking cross-country bus trips without parental knowledge, and parental depression. Perhaps the best tool to help deal with heartbreak is to first understand it through the words of an author.

It is very interesting to see how youth today enjoy and visit figures from world mythology. Rick Riordan's books, such as the ***Percy Jackson*** series, which are incredibly popular with both boys and girls, build stories around Greek mythology. J.K. Rowling, in the ***Harry Potter*** series, creates her stories primarily around Western European folklore. Ryan Calejo, in his new ***Charlie Hernandez*** series, constructs his stories around Iberian lore, Hispanic folk tales and Native Central/South American mythology. And yes (shudder!), there is even a La Llorona in his stories!

A common denominator to these mythological stories is the theme of the quest. In Calejo's book ***Charlie Hernandez and the League of Shadows***, Charlie's quest is to find his missing parents but, in the meantime, he starts growing feathers and horns. La Mano Negra, the cabal of evil, seeks to hinder his progress. With the help of his best friend, Violet, his knowledge of the ancient tales of South and Central America, and La Liga, legendary mythological creatures sworn to protect the land of the living, Charlie is able to meet his destiny with empowerment.

On the lighter side is ***Marigold Star*** by Elise Primavera. Middle-school girls will be the biggest audience for this story. This story has a pet dragon. Dragons have become hugely popular in our culture. If you can find a pet dragon for your children, you will be the best parent ever. In the meantime, share Marigold's story. Her pet dragon is supposed to be magical, but she is a bit of a bumbler.



She accidentally entraps herself in the land of humans, and the only way out is to make friends. We could all use a little of that.

During this time of year, when youth are spending time reading and absorbing school-related materials, taking time to explore areas of special interest can be enrichment for the mind and something akin to a breath of fresh air. There are simply not enough hours in the day for youth to explore all the astounding works that authors are putting together for them. As an adult, you have the opportunity to put on display a sample of the wonderful books available to your child and let them choose what calls out to them to be read.

Walter N. Cook is a youth services librarian for the Santa Fe Public Library, where all of the books he reviews in this article can be found.



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## Let It Snow!

From skiing to skating to sledding, bundle up for wintertime fun

By Ashley O'Malley

**Most of the time, the sun makes quick work of** our overnight snow here in Santa Fe. But our kids are lucky to have an abundance of cold-weather recreational options, here in town or just a short trip into the mountains, and not all of them depend on Mother Nature.

Many of the nearby skiing facilities offer chances for kids to learn to ski or snowboard. Two rinks (one indoors and one outdoors) can help them learn to skate or just have fun on the ice. And when we get that decent snowfall — and perhaps a cancelled school day — there are plenty of popular and lesser-known hills perfect for an exhilarating morning of sledding.

Whether your little one wants to ski, snowboard, skate or sled, here are some ways to make the most of your winter pursuits.

### Skiing

#### Ski Santa Fe

*(About 15 miles from the Santa Fe Plaza on NM Highway 475/Hyde Park Road, in the Santa Fe National Forest; [skisantafe.com](http://skisantafe.com))*

**Chipmunk Corner** is a full-service learning complex that offers top-notch instruction for kids and a peace of mind for parents and caregivers while out on the slopes. Between drop-off and pick-up, the children will learn to ski and ride in an area just for them. A day in Chipmunk Corner includes lessons, rentals, lunch and a kids-only ski slope with conveyor lift. Lessons are offered for children ages 3-11, with classes for all levels and abilities. Children are checked into Chipmunk Corner and placed into classes according to their age and ability.

**Snow Play** is a fun introduction to skiing program that includes indoor and

outdoor games and activities and even a movie during lunch! This program is for children ages 3 and 4, and the participants must be potty trained.

**The Nursery & Daycare Program** allows parents and caregivers to enjoy a day of skiing while the little ones are in safe hands. This program provides a snack, lunch and fun! This program is for children ages 3 months to 3 years old.

#### Sipapu Ski & Summer Resort

*(An hour and half northeast of Santa Fe, in Taos County; [sipapu.ski](http://sipapu.ski))*

**Children's Ski School** at Sipapu is for kids ages 3 to 12. The professional instructors are committed to safety and skill development, and they're also into laughter, games and instilling children with a passion for winter sports. If a child has never been skiing or snowboarding before, he or she can get up to three free lessons.

Sipapu also offers family lessons that allow parents and children to learn how to ski or snowboard together.

#### Pajarito Mountain Ski Area

*(An hour northwest of Santa Fe in the Jemez Mountains; [pajarito.ski](http://pajarito.ski))*

Every child age 10 and younger and kids in the fifth grade receive a free Power Kids season pass that's good every day at Pajarito Mountain Ski Area, Purgatory Resort, Sipapu Ski & Summer Resort, Arizona Snowbowl, Nordic Valley Ski Resort, Hesperus Ski Area and Spider Mountain. Reserve your child's pass online and take something with you that shows your child's age or grade (a report card will work) when you're ready to pick it up.

#### Taos Ski Valley

*(Two hours north of Santa Fe; [skitaos.com](http://skitaos.com))*

**The Rio Hondo Learning Center** is the headquarters for lessons for children



Landscape by Brandon Zambrano, grade 4.



The newly created Rio Hondo Learning Center is designed to create a lifelong love of the mountains through skiing and snowboarding.

# Ice Skating

*(3221 Rodeo Road, Santa Fe; chavezcenter.com)*

The ice arena at the GCCC is the “coolest” place in town! The arena offers public skate sessions seven days a week (check the ice schedule at [chavezcenter.com](http://chavezcenter.com)). The Santa Fe Skating Club offers Learn to Skate Classes for children ages 4 and up every Saturday for five weeks per session.

(4475 W Road, Los Alamos, NM; (505) 662-4500; [losalamosnm.us/government/departments/community\\_services/parks\\_recreation\\_and\\_open\\_spaces/icerink](https://losalamosnm.us/government/departments/community_services/parks_recreation_and_open_spaces/icerink))

Built in 1936, the Los Alamos County Ice Rink is the only refrigerated, NHL-regulation outdoor ice rink in New Mexico. The rink offers public skating, hockey and skating lessons for children 3 and up from November through February.

# Sledding

(12 miles from downtown Santa Fe on NM 475; [fs.usda.gov/recarea/santafe/recarea/?recid=75602](https://fs.usda.gov/recarea/santafe/recarea/?recid=75602))

Located in the Santa Fe National Forest on Highway 475, this sledding hill accommodates big and little kids, 12 miles from downtown Santa Fe, as well as trails for snowshoeing.

(8 miles from downtown Santa Fe on NM 475; [emnrd.state.nm.us/SPD/hydememorialstatepark.html](http://emnrd.state.nm.us/SPD/hydememorialstatepark.html))

One of Santa Fe's most popular areas for sledding is located in New Mexico's first state park, set in a forest of pine trees along Little Tesuque Creek, just 8 miles from the Santa Fe Plaza. Day-use passes are \$5 a vehicle, and there are public restrooms and a small visitor center. Only plastic slides and inner tubes are allowed. Metal and wood are prohibited for safety reasons.

*(740 Hyde Park Road, 8 miles from downtown Santa Fe; cottamsskishop.com)*

During the ski season, Cottam's Ski Shop rents the lodge building at Hyde Memorial Park and turns it into a store. The shop sells sleds as well as gloves and hats, and rents snow pants and other winter clothing. The hill located directly behind the store is a very popular area and can be quite thrilling as the hill is steep. The Ski Shop also sells snacks and hot chocolate when the kids (and adults) need some time to warm up after sledding.

(8 miles from downtown Santa Fe on NM 475; [fs.usda.gov/recarea/santafe/recarea/?recid=75604](https://fs.usda.gov/recarea/santafe/recarea/?recid=75604))

This area is a great place to play in the snow and has small, gentle hills that are perfect for sledding with younger kids. The campground is closed in the winter for camping but open for snow play.

(1010-1098 E. Alameda; [santafenm.gov/district\\_2\\_parks](http://santafenm.gov/district_2_parks))

This lovely eastside park with basketball courts, playground equipment and a large field also has a gentle hill perfect for little ones to go sledding down and is just a mile and half from the Plaza.

Wintry weather came early to Santa Fe this year, with a colder, snowier than average winter predicted. Bundle up, pack snacks and have fun!

*Ashley O'Malley is the president of the Santa Fe Mommy Meetup, open to moms and dads with young children, primarily age 0 to 5. She lives in Los Alamos with her 2-year-old son and loving husband. She loves to dance, hike and sing.*



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## Safe and Sound

Practical ways to keep our children protected

By Alena Schaim

### The safety of our children is a top

concern for most parents, and yet it's very difficult for many parents and caregivers to find an entry point to the topic. How can we address the topic of safety in an age-appropriate way?

When it comes to safety for children, adults often wonder how much they should say. We don't want to frighten a child by explaining dangers in graphic detail, but we also don't want them to be completely unprepared.

At Resolve (formerly IMPACT), a nonprofit organization dedicated to preventing violence in New Mexico, we discuss personal safety by using the example of crossing the street. Teaching a child to cross doesn't need to involve stories about trucks or injuries; most of us would simply tell our children to look out for cars before they cross. Similarly, when preparing our children to be safe in the world, we don't need to talk about molestation or kidnappings. We can just focus on ways children can keep themselves safe, just as they look both ways when crossing the street.

What we know is that our children *want* to hear from us, and the most important thing is that we *do* talk about it. Not talking about potential dangers can lead children to believe that we are uncomfortable with the topic, and they may go to pains to not make us uncomfortable, even when they have worries or concerns. By starting the conversation, we open the door for children to come to us when they need to.

So how do we decide what to say?

How can  
we have more  
productive  
conversations where  
we are truly  
supporting one  
another with plans,  
not fears?



Resolve instructors Darya Glass (above) and Matt O'Reilly (right) coach children in self-defense classes that emphasize listening to their intuition and setting boundaries.

### Sharing our stories

Storytelling is an important part of how we all learn, so it's useful to think about the moral of the story before we tell it. When it comes to personal safety, the moral is all too frequently:

- Be scared!
- Don't do that!
- It could happen to you.
- There's no way of foreseeing it/preventing it.
- You have to watch out for *those* people (promoting prejudice).
- All of the above.

In our children's self-defense classes, young participants often want to tell stories about frightening situations they have experienced. To reduce fear, we coach them to reframe their experiences: "And what did you do? Did that keep you safe? Sounds like a scary situation that you handled really well."

When I think of a story related to safety I might want to share, I try to consider:

- Does it avoid the points above, which may scare children more than anything else?



- Is it actually for this person's benefit, and if so, what's the lesson?
- Does it provide useful information that someone can use?

This is useful to consider with both children *and* adults. Often parents and guardians share fears with each other without sharing anything actionable. Venting and looking for support has its place, but it is helpful to consider whether we are just watering the seeds of fear rather than strengthening our safety plan. How can we have more productive conversations where we are truly supporting one another with plans, not fears?

To best prepare our children for safety, we also need to examine the cultural messages we tell about what "kind" of person is dangerous.

Nearly every elementary school student I've met is quick to tell you about "stranger danger!" But the data simply doesn't support a focus on strangers when it comes to safety. Over 90 percent of child sexual abuse happens by someone the child knows. Kidnappings by strangers are extremely rare. And yet almost all information children receive is about strangers. Why? In our programs, we talk about a few of the most common reasons people generally prefer to focus on strangers:

- The media often reports stories involving strangers harming children (it's because they're so rare that these events are news), so they seem more prevalent than they actually are.
- Many adults are worried that children will be easily tricked, so they emphasize avoiding all strangers rather than emphasizing listening to their intuition and providing tools they can use.
- Denial. We simply don't want it to be true that our families and community members are more likely to harm our children than strangers.
- It's easier to talk to children about staying safe around strangers than beloved family and community members who might harm them.

Many people understand the idea of "stranger danger" is inaccurate, and some have shifted the focus to talking about "tricky people." But "tricky people" does not help children navigate the complexity of violence perpetrated by people we trust or love. We need to focus on behavior rather than the person.

A child is unlikely to think of their favorite uncle or teacher as a "tricky person." It is better to talk about what a child can do when someone talks to them or touches them in a way they don't like, regardless of who that person is. Focusing on behaviors and boundaries also makes it easier for us as adults to identify ways we may not be adequately respecting a young person's boundaries and needs.

## Everyday prevention: Body autonomy and feelings

Prevention is done daily and doesn't need to focus on sexual abuse specifically. Helping young people feel in charge of their bodies — whether it's letting a toddler choose what to wear or asking if a child wants to say goodbye to Grandpa with a hug, high five or a wave — all reinforce that they get to decide what feels right for their bodies.

In many families, hugging or kissing everyone goodbye is expected — which unfortunately teaches children it's more important to avoid hurting someone's feelings than to set their own boundaries. To help family members understand these expectations, we can say, "I'd like you to be a part of my child's safety plan." This helps it feel like a collaborative effort rather than an accusation of wrongdoing. Validating emotions and seeking consent is at the core of all sexual-violence prevention. Finding ways to consistently support young people may take more time, but it sends a strong message.

## Creating protective communities

It's important to remember violence prevention doesn't work in a vacuum. We need to work together to create safer communities while simultaneously boosting individuals' ability to navigate an imperfect world.

Resolve and Santa Fe's Solace Crisis Treatment Center collaborate to offer free sessions for staff and families in daycares, schools, faith-based organizations and more on how not just individuals but entire communities are targeted and groomed for violence and how to create protective factors for the entire community.

These trainings address risk factors such as promotion of rigid gender roles, revering authority and fear of conflict, and emphasize protective factors such as encouraging body autonomy, validating emotions and proactive, age-appropriate sex education. Resolve also offers training for parents and guardians to practice for these conversations as well as setting boundaries for their child's safety.



Resolve also offers children's self-defense classes, where participants ages 6 to 12 practice listening to their intuition, setting boundaries with strangers as well as familiar people in their lives, and developing physical self-defense skills. To learn more, visit us at [resolvenm.org](http://resolvenm.org) or call (505) 992-8833.

*Alena Schaim is the executive director and an instructor at Resolve (formerly IMPACT Personal Safety).*

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## SANOS Y SALVOS

Maneras prácticas de mantener protegidos a los niños

Por Alena Schaim • Traducción por Flor de María Oliva

### La seguridad de nuestros hijos les preocupa

mucho a la mayoría de los padres de familia y aún así es muy difícil para ellos y quienes cuidan a los niños encontrar una manera de abordar el tema.

¿Cómo podemos tratar el asunto de la seguridad en una forma apropiada para la edad de los niños?

Cuando se trata de la seguridad de los hijos, los adultos con frecuencia se preguntan cuánto deberían decir. No queremos asustar a un niño explicándole los peligros en detalle gráfico, pero tampoco queremos que esté desprevenido totalmente.

En Resolve (antes IMPACT), una organización no lucrativa dedicada a prevenir la violencia en Nuevo México, hablamos del tema de la seguridad personal por medio del ejemplo de cruzar la calle. Enseñar a un niño a cruzar la calle no necesariamente requiere historias de camiones o lesiones; la mayoría de nosotros simplemente les decimos a nuestros hijos que vean hacia ambos lados antes de cruzar la calle. Igualmente, cuando queremos prepararlos para que estén seguros en el mundo, no tenemos que hablarles de abuso sexual o secuestros. Sólo tenemos que enfocarnos en las maneras en que los niños pueden mantenerse seguros, así como miran hacia ambos lados antes de cruzar la calle.

Sabemos que nuestros hijos quieren oírnos y lo más importante es que hablemos del tema con ellos. Evitar hablar de posibles peligros puede hacer que los niños crean que nos sentimos incómodos con el tema y que tengan que hacer un gran esfuerzo para no incomodarnos aunque ellos tengan preocupaciones.

Con tan solo empezar la conversación, abrimos la puerta para que los niños se acerquen a nosotros cuando les sea necesario.

Entonces, ¿cómo decidimos qué decir?

### COMPARTIR HISTORIAS

Contar historias es una parte importante para aprender, por eso es útil pensar sobre la moraleja de la historia antes de contarla. Cuando se trata de la seguridad personal, la moraleja con frecuencia resulta ser:

- ¡Teme!
- ¡No hagas eso!
- Te podría suceder a ti.
- No hay manera de preverlo/evitarlo.
- Debes tener cuidado con esas personas. (Crea prejuicios.)
- Todo lo indicado arriba.

En nuestras clases de autodefensa para niños, los chicos con frecuencia quieren contar historias de situaciones aterradoras que han experimentado. Para reducir el miedo, les enseñamos a reformular sus experiencias: “¿Y qué hiciste? ¿Eso te mantuvo seguro? ¿Suena como algo aterrador que realmente manejaste muy bien!”

Cuando pienso en una historia relacionada con la seguridad que talvez quisiera compartir, trato de hacerme las siguientes preguntas:

- ¿Evita los puntos mencionados arriba, los cuales más que nada podrían asustar a los niños fácilmente?
- ¿Es realmente para beneficio de esa persona y, en tal caso, cuál es la lección?
- ¿Provee información útil que otros pueden usar?

Vale la pena considerar esto tanto con niños como con adultos. A menudo los padres de familia y tutores comparten sus temores entre ellos sin compartir algo práctico. Desahogarse y buscar apoyo tienen su lugar; sin embargo, ayuda considerar si sólo estamos cultivando el miedo en lugar de mejorar nuestro plan



de seguridad. ¿Cómo podemos tener conversaciones más productivas en las cuales verdaderamente nos apoyamos los unos a los otros con planes, no temores?

Para preparar mejor a nuestros hijos para que estén seguros, también necesitamos examinar los mensajes culturales que enviamos sobre qué “clase” de persona es peligrosa.

Casi todos los estudiantes de primaria que he conocido saben eso de “¡cuidado con los desconocidos!” Pero las estadísticas simplemente no respaldan concentrarse en los desconocidos cuando de seguridad se trata. Más del 90 por ciento del abuso sexual de menores viene de parte de alguien que el niño conoce. Los secuestros por desconocidos son muy raros. Aún así casi toda la información que los niños reciben es sobre desconocidos. ¿Por qué? En nuestros programas, hablamos sobre algunas de las pocas razones más comunes por las cuales generalmente la gente prefiere enfocarse en los desconocidos:

- Los medios de comunicación suelen reportar historias que tienen que ver con desconocidos que les hacen daño a los niños (estos eventos son noticias porque son raros), así es que parecen más comunes de lo que realmente son.
- A muchos adultos les preocupa que los niños sean fáciles de engañar, así es que les enfatizan que eviten a todo desconocido en lugar de recalcarles que es importante que escuchen su intuición y darles herramientas que los niños puedan usar.
- Negación: Simplemente, no queremos admitir que es mucho más posible que sean miembros de nuestra familia y comunidad quienes causan daño a nuestros niños y no desconocidos.
- Es más fácil decirles a los niños que se mantengan seguros alrededor de desconocidos que de queridos miembros de la familia o comunidad que podrían causarles daño.

Muchos entienden que la idea de “cuidado con los desconocidos” es errónea y algunos han cambiado su enfoque y hablan de “gente engañosa”. Sin embargo, eso de “gente engañosa” no ayuda a los niños a navegar la complejidad de la violencia cometida por personas que amamos y en las que confiamos. Necesitamos enfocarnos en el comportamiento en lugar de enfocarnos en la persona.

A un niño se le dificulta pensar en su tío o maestro favorito como “gente engañosa”. Es mejor hablar sobre lo que el niño puede hacer cuando alguien le habla o lo toca en una forma que no le gusta, sin importar quién es esa persona. El enfocarse en comportamientos y límites también hace más fácil para nosotros como adultos identificar formas en las que talvez no estamos respetando debidamente los límites y necesidades de un menor.

## PREVENCIÓN DIARIA: AUTONOMÍA CORPORAL Y SENTIMIENTOS

La prevención se hace a diario y no tiene que enfocarse en el abuso sexual específicamente. Se ayuda a los menores a que se sientan a cargo de sus cuerpos — ya sea cuando se le permite a un chiquillo escoger qué ropa se va a poner o se le pregunta si quiere despedirse del abuelito con un abrazo o un saludo de mano — todo eso reafirma que son ellos quienes deciden lo que les hace sentirse bien.

Entre muchas familias, dar abrazos y besos a todo el mundo para saludarse o despedirse es lo esperado. Desafortunadamente, eso enseña a los niños que es más importante evitar herir los sentimientos de los demás que establecer sus propios límites. Para ayudar a las familias a entender estas expectativas, podemos decir: “Quisiera que fueras parte del plan de seguridad de mi hija”. Esto ayuda a sentir que se trata de un esfuerzo de colaboración y no una acusación de algo indebido. Validar las emociones y buscar consentimiento es esencial para la prevención de toda violencia sexual. Hallar maneras de apoyar a los menores constantemente puede tomar más tiempo, pero envía un fuerte mensaje.

## CREAR COMUNIDADES DE PROTECCIÓN

Es importante recordar que la prevención de la violencia no funciona en un vacío. Necesitamos trabajar en conjunto para crear comunidades seguras mientras que simultáneamente aumentamos la habilidad personal de navegar un mundo imperfecto.

En colaboración, Resolve y el Centro de tratamiento de crisis Solace de Santa Fe ofrecen sesiones gratuitas para el personal y familias de guarderías, escuelas, organizaciones de fe, etc., sobre cómo no se trata sólo de individuos sino comunidades enteras a las cuales se dirige y se prepara para la violencia, además de crear factores de protección para toda la comunidad.

Estas sesiones de capacitación abordan factores de riesgo, tales como el fomento de papeles de género rígidos, la veneración de la autoridad y el temor al conflicto y enfatizan factores de protección, tales como la autonomía corporal, validar emociones y educación sexual proactiva y de acuerdo a la edad de la persona. Resolve también ofrece a padres de familia y tutores capacitación para practicar estas conversaciones así como para establecer límites para la seguridad de sus hijos. Igualmente, Resolve tiene clases de autodefensa en las cuales los participantes de 6 a 12 años de edad aprenden a ponerle atención a su intuición, a fijar límites por igual con desconocidos y conocidos en su vida y a desarrollar habilidades de autodefensa física.

*Alena Schaim es directora ejecutiva e instructora en Resolve (antes Seguridad personal IMPACT).*



Fotos por Chris Quinn

Darya Glass (página izq.), instructora de Resolve, guía a un estudiante en una clase de autodefensa, en la cual se anima a los niños de 6 a 12 años de edad a que escuchen su intuición, establezcan límites y también encuentren tiempo para reír (arriba).



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## Generations Join for Justice

What responsible adults look like in the age of climate crisis

By Artemisio Romero y Carver

**On Oct. 30, we walked into the Roundhouse, New Mexico's state Capitol building, with very little to lose.**

With us were members and supporters of our group, Youth United for Climate Crisis Action (YUCCA), a youth-led initiative of Earth Care; the Albuquerque-based Fight For Our Lives; and the New Mexico Climate Strikers: high schoolers and recent college graduates, all linked by a sense of urgency and desperation.

"We are going upstairs to the governor's office, and you're welcome to come with us," Faith Pennell-Sutton, one of YUCCA's leaders, shouted with purpose. People drained out of the rotunda and funnelled up the stairs. Teenagers with signs and songs led the way for adults and elders to follow — an intergenerational parade for climate justice.

We reached the third floor, where we met 21 of our allies, seated in position on the ground in a circle, arms linked, with large images of clocks at the 11<sup>th</sup> hour hanging from their necks and displayed on banners, superimposed over images of the California wildfires.

In the circle, I caught the eye of older woman named Mary, whom I've come to know quite well. We smiled at each other, two generations linked by a common cause: saving the planet we call home.

Four weeks earlier, our coalition of youth activists had planned the Sept. 20 climate strike at the Capitol and in the streets of Albuquerque. We had successfully turned out thousands of young people and thousands of allies. We promised ourselves then that our strike would become a movement.

Ten days later, we returned to the Capitol to fulfill that vow. On Sept. 30, we had delivered a letter to Gov. Michelle Lujan Grisham during a public press conference. Included in that letter were our demands:

- Declare a climate emergency.
- Create a just transition fund from oil and gas revenues to support the research, planning and implementation necessary to end New Mexico's dependence on fossil fuel revenues, to achieve carbon neutrality — meaning net zero carbon emissions — for our state by 2040, and build a sustainable economy that works for all New Mexicans, with no more sacrifice zones.
- Pass a moratorium on fracking to protect our water and our health and preserve the countless sacred indigenous sites threatened by fracking.
- Pass community solar legislation by 2020.
- Ensure New Mexico is powered by 100 percent renewable energy no later than 2030.

In that letter we promised we would return in a month, either to thank the governor for protecting our futures, or to share our disappointment and outrage. Throughout the month of October we held rallies every Friday in the tradition of activist Greta Thunberg's Fridays for Future and delivered weekly messages to the governor.

For a month we hoped. And at the end of that month, nothing had happened. Nothing of note, anyway. Five days before our deadline, Secretary of the En-



photo courtesy of Earth Care



Photo by Anni Elwell Hanna

Top: Adult allies join youth protesters for a sit-in at Gov. Michelle Lujan Grisham's office to let her know "Time's Up!" Bottom: YUCCA and Albuquerque Climate Strikers hold a press conference at the Roundhouse and deliver their letter of demands to the

vironment James Kenney told us the governor was unavailable to meet but that he and the secretary of energy wanted to share their work as the co-chairs of the governor's Climate Change Task Force.

In that meeting we learned that the report from New Mexico's Climate Task Force, directed by executive order to be released on Sept. 15, did not yet exist in finished form. We learned that the report does not include *any* intention of achieving carbon neutrality for our state nor any trackable path to achieve the obligations of the Climate Alliance and the Paris Agreement goals to reduce carbon emissions by 45 percent by 2030 compared to 2005 levels. The plan does not address how to transition from our dangerous dependence on oil and gas revenues in the Permian Basin and includes no plan to put an end to fracking.

The meeting was meant to reassure us of the governor's commitment to address climate change. Instead, we left with confirmation that our leaders are not acknowledging the crisis we are all in and that we're speaking two different languages. When I shook Kenney's hand at the end of the meeting, I felt my generation had been abandoned.

I carried that sense of fear with me on Oct. 30 as we filed into the hallway, packed shoulder to shoulder as we shouted chants and protest songs.

*"We are  
All your children  
If you hear us  
Join us now."*



A kind of impromptu stage formed in front of the circle of allies, and young people began to share their stories. We spoke of fracking spills, fires and fears. Kids my age and younger, scared for their lives, cried in front of the New Mexico State Seal. I cried a little myself. I saw the door to the governor's office as an impossible barrier between us and our future, and I wondered if anything will ever change.

Then, something did.

A Capitol employee warned us we'd have to leave when the governor's office closed at 5. Ten minutes later, he told us, "You need to leave now."

"No," someone replied. And just like that, our sit-in began.

Among the allies refusing to leave the building were Mary and her husband, Bill, older citizens who put their bodies and their freedom on the line for the young people of New Mexico.

Earlier that day, Mary showed me the oversized red wool hat she wore. Her kids, as beginning knitters, had made it for her as a purse, but it was

so big she thought it worked better as a hat. We both laughed. Her children have grown and moved away, but wearing the hat reminded her of them — and of why we can't afford to give up hope.

As our allies stood firm in the Capitol, YUCCA and the remainder of our supporters headed to a policy hearing being held by the environment department, the next part of our two-part action.

The hearing's purpose was to break the news to New Mexicans that our state government is working with the fracking industry to address its toxic waste problem by developing ways for the radioactive wastewater to be dumped in our waterways and used in our agricultural fields. The industry calls these chemically contaminated substances "produced water" — a term that is only a euphemism for poison. You can't "produce" water any more than you can manufacture air.

The hearing was being held in the St. Francis Auditorium of the New Mexico Museum of Art, which

is built in the tradition of a missionary church, complete with rigid wooden pews, religious iconography and a palpable air of mourning.

As I sat in the second pew from the front, an older man leaned toward me. "So far," he said in a deceptively calm voice, "I count 10 officers."

I straightened my back and tried not to look like a teenager.

I looked up and recognized on stage, the face of Cabinet Secretary James Kenney. We'd packed the pews, and the crowd we brought with us was feeling empowered. Among us were community members

to leave. They now face months of court proceedings. I pray that Mary, Bill and every other member of the YUCCA 21 know how deeply I, along with my entire generation, thank them for standing in solidarity and making a sacrifice to save our future.

It's hard not to compare people like Mary and Bill to people like Secretary James Kenney. Too many in power now would rather continue with business as usual than tackle the complex questions, quagmires, and sacrifices necessary to save a future they won't be around to face.

In my lifetime, I have seen the climate crisis parch the

land, flood cities and burn millions of acres of forests and homes.

I have also seen it push apart generations. A tragic reality is that the people who have caused the worst effects of climate change are several generations older than the people who will bear the consequences. It's a hard distance to travel. A hard betrayal to undo. A hard wound to heal.



YUCCA members and allies stage a climate sit-in at the governor's office.

Photo courtesy of Earth Care

from Sandoval County and Eastern Navajo Agency who know firsthand the horror of fracking.

We reached crescendo after crescendo of booing, shouting and chanting. Community members asked pointed questions punctuated by applause, and organizers unraveled banners that they had snuck in. We had one question: "Why are we making fracking easier and more lucrative for the industry when we need to find a path to end our dependence on the dangerous practice?"

The government officials never seemed able to provide an answer.

Back at the governor's office, a very different kind of adult leadership was being modeled.

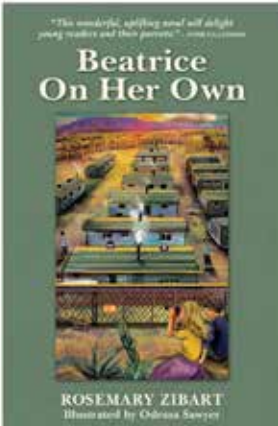
Mary, wearing her children's purse-hat, and the others faced down eight state police officers, each replying "yes" when they were asked one last time if they refused to leave. They were placed under arrest.

After being escorted out of the building, they received citations for criminal trespass and were told

But on Oct. 30, on the floor of the Governor's office and in the hearts of those who sat in protest, I experienced, for the first time in my lifetime, adults rising to that responsibility, and an opportunity for us to come together, young and old, in defense of future generations.

*Artemisio Romero y Carver serves on the 11-member steering committee of Youth United for Climate Crisis Action, a youth-led initiative of Earth Care, and is a junior at the New Mexico School for the Arts. To join in their work to save our future, visit [climatestrikenm.org](http://climatestrikenm.org).*

*Got a Noisy Acorn? This column promotes volunteering, legislative action and other advocacy steps on behalf of children and families. Send us your ideas: [info@sftumbleweeds.com](mailto:info@sftumbleweeds.com) or (505) 984-3171.*



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# Winter Program Directory

## After-school, weekend and winter break programs

### AFTER-SCHOOL TENNIS

After-school tennis programs are underway at the Santa Fe Tennis and Swim Club. Program offers two and three-day a week group lessons for ages 8 and up, beginners through advanced. Scholarships available. Located at our beautiful facility in the Museum Hill neighborhood, at 1755 Camino Corrales. Call (505) 988-4100, email [club@santafetennis.net](mailto:club@santafetennis.net), or visit [santafetennis.net](http://santafetennis.net) for more information.

### BELISAMA IRISH DANCE

Belisama Irish Dance offers classes for the whole family to enjoy. Performance opportunities in the community, local competition and fun choreography classes. Ages 5 and up. Santa Fe and Los Alamos locations. Call Adrienne Bellis, director, (505) 670-2152, or go to [belisamadance.com](http://belisamadance.com).

### DRAGONFLY ART STUDIO

Our fine art classes, for ages 5 to 16, stimulate kids' imagination and creativity while they have fun experimenting with a range of art mediums. After-school art classes meet once a week from 3:30 to 5:30 p.m. on Tuesdays or Wednesdays and end with a student art show. We also offer School Closure Art Days, Art Birthday Parties and holiday workshops where kids can create unique, handmade gifts. For details, please visit [dragonflyartsf.com](http://dragonflyartsf.com) or call Oceanna at (505) 670-5019.

### MARTIAL ARTS TRAINING CENTER AFTER-SCHOOL PROGRAMS

After-school van pick-up and classes: We will pick your child up from Carlos Gilbert or Gonzales. Kids attend classes, work on homework and are ready to go home between 5:30 and 6 p.m.! We offer regular classes as well, right after school for tots, kids, teens and adults. Kids learn traditional Japanese karate, empower themselves, improve grades and boost self-confidence. No experience required. Call (505) 982-7083 or visit [martialartstrainingcenter.biz](http://martialartstrainingcenter.biz).

### NDI-NEW MEXICO AT THE DANCE BARN

Over 70 classes per week to choose from including ballet, jazz, tap, modern, theater, fusion jazz, pointe, hip-hop and voice. Teen and adult classes available. Visit [ndi-nm.org/thedancebarnsreg](http://thedancebarnsreg.org) or call (505) 983-7646.

### NEW MEXICO FENCING

New Mexico Fencing Foundation is Santa Fe's only full-time



Food Truck by Kathy S., fourth grade

facility dedicated to fencing. The club offers a relaxed, supportive environment that builds the skills that make a successful youth fencer — whether training to be a recreational athlete or an international competitor. Classes and private coaching are available for youth and teen fencers. Equipment is provided for beginning classes. 1306 Clark Road, Santa Fe. Contact [nmfencing@gmail.com](mailto:nmfencing@gmail.com), or register at [nmfencing.org](http://nmfencing.org).

### PANDEMONIUM PRODUCTIONS' MUSICAL THEATRE PROGRAM

Musical theater after-school program for students ages 6 to 16, ready for your Broadway stars! Students study acting, singing and dancing. Rehearsals at El Museo de Cultural, Monday, Wednesday and Friday from 3:45 to 5:45 p.m. Space is limited; scholarships available. Tuition is \$795 if paid in advance, \$810 with a payment plan. \$100 registration deposit. Call (505) 920-0704 or visit [pandemoniumprod.org](http://pandemoniumprod.org) for more information.

### SANTA FE CHILDREN'S MUSEUM WINTER CAMP

Calling all Wizard Kids to the Santa Fe Children's Museum this winter break! Students will engineer an electromagnetic levitation wand (yes, real objects will float), make their own clock, craft a handmade book and discover "invisible powers" through chemistry experiments and Stargazer explorations in space. Dec. 16 to 20, 9 a.m. to 3:30 p.m., for ages 5 to 12. Limited space available. Register at [santafechildrensmuseum.org](http://santafechildrensmuseum.org).

### SANTA FE CLIMBING CENTER

After-school classes emphasize fun and games while introducing your child to climbing with a qualified instructor. Winter Sessions: Jan. 6 to March 7, and March 9 to May 16. Classes offered 3:30 to 5 p.m. Tuesdays for ages 9 to 13; Wednesdays ages 5 to 10; Thursday for ages 7 to 10, and Saturdays 10 to 11:30 a.m. for ages 5 to 12. Junior climbing teams are open to ages 8 to 19. 3008 Cielo

Court, Santa Fe. Call (505) 986-8944 or visit [climbsantafe.com](http://climbsantafe.com).

### SANTA FE SCHOOL FOR THE ARTS AND SCIENCES

Delve into a new experience at Santa Fe School for the Arts and Sciences! Enrichment programs for students third through eighth grade including Dungeons and Dragons, Tang Soo Do (Korean martial arts), Rhythm Drum Club, Soccer, Math Club, Beginning Group Guitar and Art Studio, in a supportive, hands-on expeditionary learning environment. Bright minds. Kind hearts. Whole child. Students from other schools welcome but must provide their own transportation. Contact [office@santafeschool.org](mailto:office@santafeschool.org), call (505) 438-8585 or visit [santafeschool.org](http://santafeschool.org).

### SHIVA JAMBA MUSIC

Come join the fun, play and make music together! We sing and dance, play a variety of musical instruments, play games and have a great time. Children are exposed to diverse genres of music including world, rock, folk, jazz, musicals, reggae and a collection of children's songs from around the world. Classes for 3 to 5 year olds. Classes for parents/caregivers, and birth to 5-year-olds. Classes are for 45 minutes at various days, times and locations. Ten-week session for \$165. Discounts for siblings. Contact Devorah at [shivajambaentertainment.com](http://shivajambaentertainment.com).

### SKATEBOARD SCHOOL

Indoor ramps for year-round fun! After-school and home school programs are now underway. Sessions and lessons for all abilities, ages 3 and up. Skateboards and gear provided to get started, with a complete shop specializing in safety gear. Curriculum includes skateboard homework and exploring the history of skateboarding using our museum and video library. Birthdays, parents' nights out and monthly events. 825 Early Street #H. For more information, call (505) 474-0074 or visit [skateboardsafety.com](http://skateboardsafety.com).

### THE SCHOOL OF ASPEN SANTA FE BALLET

Learn in a supportive environment that fosters confidence, technique and artistry. Classes for children ages 3 and up in creative dance, ballet, jazz, folklórico, modern and more. Performance opportunities. Call (505) 983-5591. Enroll online at [aspensantafeballet.com](http://aspensantafeballet.com).

### WISE FOOL WINTER BREAK CAMP

Wise Fool camps and classes allow kiddos to run away with the circus, without leaving home! At the Winter Break Camp, for ages 7 to 12, students learn stilt-walking, unicycling, aerial fabric, trapeze, juggling, puppet-making, clowning and more, all in a safe, non-competitive environment. Camps fill up quickly. Camp runs 9 a.m. to 3:30 p.m., Dec. 16 to 20, for \$285, with before- and after-care options. Tuition assistance is available. Register at [wisefoolnewmexico.org](http://wisefoolnewmexico.org) or call (505) 992-2588. Wise Fool Studios, 1131-B Siler Road, Santa Fe.

## Get Ready for Spring Break & Summer Camp!

List your program in the Spring Break & Summer Camp and Program Directory in our Spring & Summer Issues!

Questions? Call 984-3171 or [info@sftumbleweeds.com](mailto:info@sftumbleweeds.com)

Listings are free for display advertisers and \$60 plus tax for others. Double-Shot Special: List your program in the Spring and Summer issues for just \$100 plus tax.

Submit a description of up to 85 words by email: [calendar@sftumbleweeds.com](mailto:calendar@sftumbleweeds.com)

Or use the easy click-and-send form on our website, [www.sftumbleweeds.com](http://www.sftumbleweeds.com).

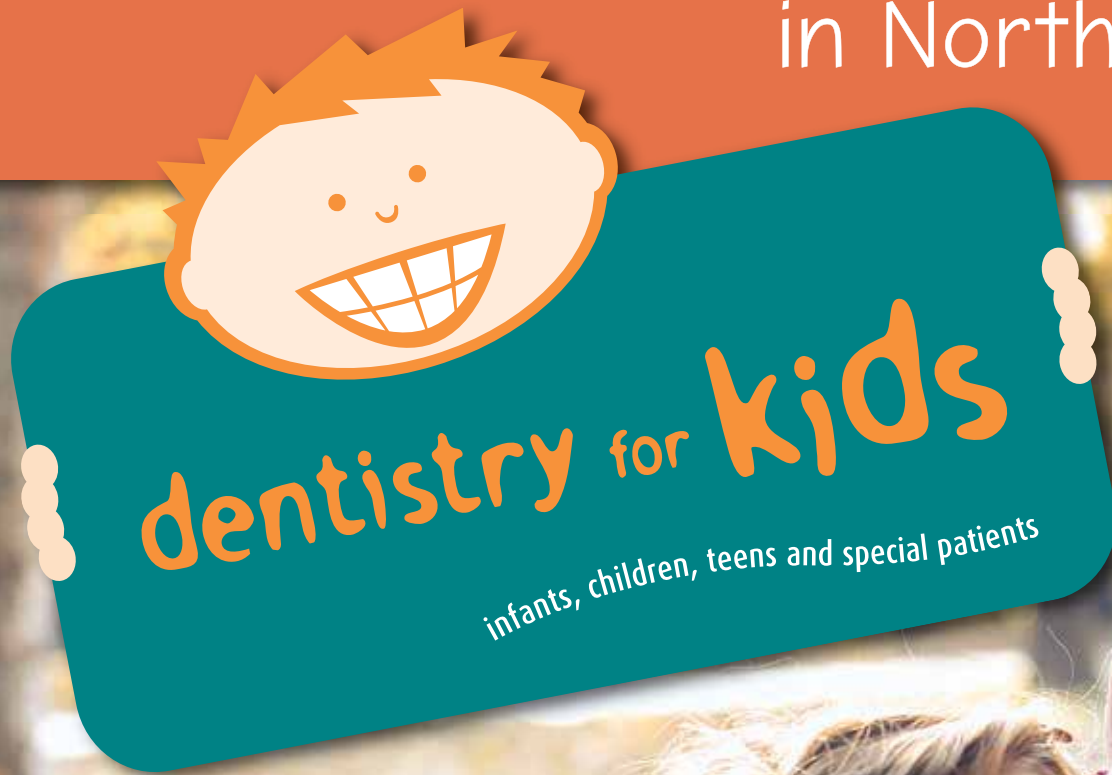
Deadline for sending directory listings and reserving display ads is January 31 for our Spring 2020 (March, April, May) issue.

Publication date is February 19.





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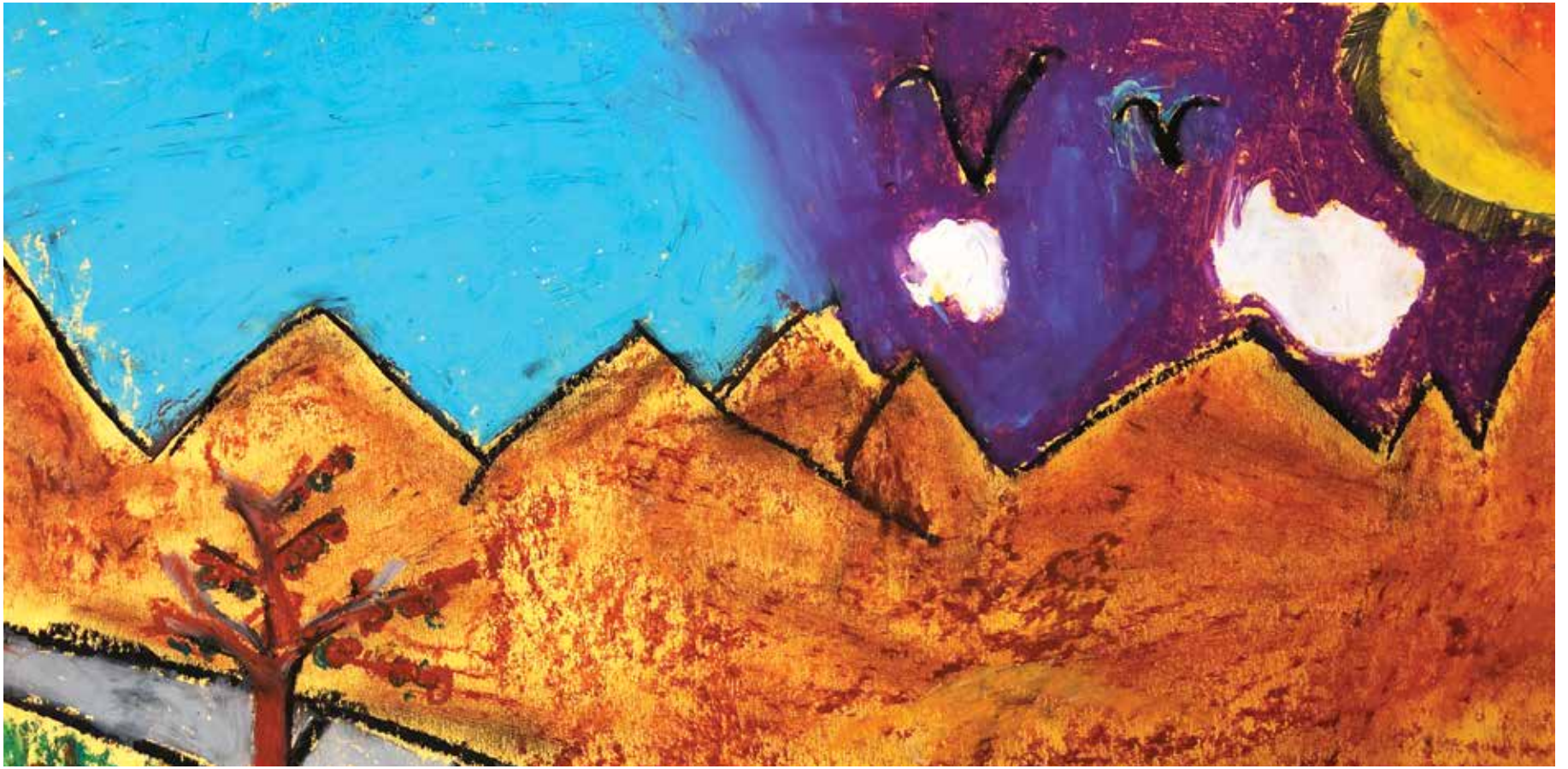
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# Winter 2019-2020 Calendar – December



Landscape by Kahlila Chesney, fourth grade

**Events are free, or included in the price of museum admission, unless otherwise noted. Be sure to check our website, [sftumbleweeds.com/calendar](http://sftumbleweeds.com/calendar), for events scheduled after we go to press.**

## DECEMBER

### 1 SUNDAY, 9 A.M.-5 P.M.

#### **Free Entry at the Museum of Natural History**

On the first Sunday of every month, admission is free to all New Mexico residents. Bring ID or proof of residence. New Mexico Museum of Natural History & Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2800.

### 1 SUNDAY, NOON-5 P.M.

#### **Stargazer Portable Planetarium**

Stargazer docks at the museum every weekend for "Saturday Shows" and "Sunday Movies," exciting films and educational programs. Reserve your spot at the front desk for these shows, free with museum admission. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

### 1 SUNDAY, 2-4 P.M.

#### **The Nutcracker**

Experience the magical Nutcracker Ballet presented by New Mexico Ballet company. Tickets \$9-\$55. Popejoy Hall, 203 Cornell Drive NE, Albuquerque, (505) 277-8010.

### 1 SUNDAY, 3-4 P.M.

#### **Meet Cornelius and Friends**

Come say "hi" to Cornelius the Corn Snake and watch him eat his weekly dinner. Please be aware that Cornelius will not be able to come out when he is shedding or not feeling well. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359. Events are free, or included in the price of museum admission, unless otherwise noted.

### 1 SUNDAY, 4-6 P.M.

#### **Circus Luminous 2019 (Sensory Friendly)**

Explore the ups and downs of chaos, with acrobats, dancers, aerialists, jugglers, contortionists, a live band and more. This performance is modified for a sensory-sensitive audience. Adult tickets \$20-\$45. Children 12 and under \$12-\$27. Lensic Performing Arts Center, 211 W. San Francisco St., Santa Fe, (505) 988-1234.

### 1 SUNDAY, 5-8 P.M.

#### **GLOW - A Winter Lights Event**

Thousands of twinkle lights and large-scale light installations illuminate the Botanical Garden. Enjoy live music and festive beverages, and meet Santa. Children under 12 are admitted free. Santa Fe Botanical Garden, 715 Camino Lejo, Santa Fe, (505) 471-9103.

### 1 SUNDAY TO 30 MONDAY, 6-9:30 P.M.

#### **River of Lights**

Enjoy the magic of millions of twinkling lights and dazzling holiday display at New Mexico's largest walk-through light show. Ages 13 and over \$14, ages 3-12 \$7, 3 and under are free. ABQ BioPark Botanic Garden, 2601 Central Ave. NW, Albuquerque, (505) 764-6200.

### 2 MONDAY, 10-11 A.M.

#### **Nature Playtimes**

Join local families for fun, hands-on activities, hikes, games and stories in nature. Los Alamos

Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 2 MONDAY, 10:30-11 A.M.

#### **Monday Story Time**

Songs, stories and community. All ages welcome. Bee Hive Books, 328 Montezuma Ave., Santa Fe, (505) 780-8051.

### 2 MONDAY, 6:30-8 P.M.

#### **Birth Talk Los Alamos**

Community talk circle for people hoping for, expecting and remembering their transition into parenthood. Safe space to share stories and learn about options in pregnancy, childbirth and the postpartum period. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

### 3 TUESDAY, 10:30-11 A.M.

#### **Books and Babies**

Books, songs and finger games for ages 6 months to 2 years. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

### 3 TUESDAY, 10:30-11 A.M.

#### **Preschool Story Time**

Stories, rhymes, songs and crafts for ages 2 to 5. Oliver La Farge Branch Library, 1730 Llano St., Santa Fe, (505) 955-4873.

### 3 TUESDAY, 11-11:30 A.M.

#### **Story Time**

Bring your toddlers and preschoolers for stories, songs and crafts just for them. Drop-ins welcome. Vista Grande Public Library, 14 Avenida Torreon, Santa Fe, (505) 466-7323.

### 3 TUESDAY, NOON-4:30 P.M.

#### **Nature Up Close: Plants**

Every Tuesday, plant expert Chick Keller will be in the Herbarium to answer questions about plants. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 4 WEDNESDAY, 9-11 A.M.

#### **Wee Wednesday**

The museum opens an hour early with a special exploration, activities and story time for young children. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

### 4 WEDNESDAY, 10 A.M.-NOON

#### **Nature Up Close: Birds**

Every Wednesday, bird expert Robert Walker will talk about birds and answer questions. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

### 4 WEDNESDAY, 10:30-11 A.M.

#### **Books and Babies**

Books, songs and finger games for ages 6 months to 2 years. Oliver La Farge Branch Library, 1730 Llano St., Santa Fe, (505) 955-4863.

### 4 WEDNESDAY, 10:30-11 A.M.

#### **Toddler Tunes**

Children and parents sing and dance together, while Kate Ramsey shares simple ways to engage children in music and movement. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

### 4 WEDNESDAY, 10:45-11:30 A.M.

#### **Preschool Story Time**

Stories, rhymes, songs and crafts for ages 2 to 5. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2836.

### 4 WEDNESDAY, 1-4 P.M.

#### **Library Open House**

Drop in to see holiday cards handmade by New Mexico artists. New Mexico Museum of Art, 107 West Palace Ave., Santa Fe, (505) 476-5063.

### 5 THURSDAY, 10:30 A.M.-12:30 P.M.

#### **Seeds and Sprouts**

Hands-on gardening and nature craft projects in the Earthworks Garden (weather permitting).



# Winter 2019-2020 Calendar – December

Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 5 THURSDAY, 10:45-11:15 A.M.

### Books and Babies

Books, rhymes, songs and finger games for ages 6 months to 2 years. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

## 5 THURSDAY, 11-11:45 A.M.

### Preschool Story Time

Stories, rhymes, songs and crafts for ages 2 to 5. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

## 5 THURSDAY, 4-6:30 P.M.

### Thursdays are Yours

The museum says "thank you" to Santa Fe and New Mexico with free admission for children under 16. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 6 FRIDAY TO 8 SUNDAY, 7 A.M.-8 P.M.

### WinterFest Weekend in Los Alamos

A weekend-long family-oriented holiday event that includes a North Pole Workshop, Breakfast with Santa, Mainstreet Holiday Lights Parade and Tree Lighting at Ashley Pond. Visit [losalamosmainstreet.com](http://losalamosmainstreet.com) for a full schedule of events. Downtown Los Alamos.

## 6 FRIDAY, 10-11 A.M.

### Garden Sprouts Pre-K Activity

A hands-on program including stories and interactive nature- and garden-related activities in the outdoor classroom for 3- to 5-year-olds and their caregiver, weather-permitting. Santa Fe Botanical Garden, 715 Camino Lejo, Santa Fe, (505) 471-9103.

## 6 FRIDAY, 10 A.M.-NOON

### Many Mothers Postpartum Parenting Group

Join other mothers and little ones for company and conversation. For more information, email [sharonaga@yahoo.com](mailto:sharonaga@yahoo.com). St. Bede's Episcopal Church, 550 W. San Mateo Road, Santa Fe.

## 6 FRIDAY, 2-4 P.M.

### Fine Art Friday

Weekly explorations into the arts with special guests and hands-on activities. Themes change monthly and activities change weekly. See museum calendar for details. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 6 FRIDAY, 2:30-4:30 P.M.

### Friday Afternoon Art

Family arts and crafts program. All adults must be accompanied by a child. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

## 6 FRIDAY, 3-4 P.M.

### Nature Up Close: Reptiles

Come pet a snake or ask questions about animal exhibits with a member of the critter team. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

## 6 FRIDAY, 3-5 P.M.

### All Ages Chess Club

All ages and skill levels welcome. Vista Grande Public Library, 14 Avenida Torreon, Santa Fe, (505) 466-7323.

## 6 FRIDAY, 5-7 P.M.

### First Friday Art Activity

Create your own masterpiece in the museum galleries with supplies from the monthly Art Cart. All ages welcome, free with museum



Meet the senior animals and tour the grounds at the Kindred Spirits Animal Sanctuary's annual Holiday Celebration, Dec. 7 from 3:30-6:30 p.m., and Valentine's Party, Feb. 8 from 1:30-3:30 p.m.

admission. Georgia O'Keeffe Museum, 217 Johnson St., Santa Fe, (505) 946-1000.

## 6 FRIDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 6 FRIDAY, 5-9 P.M.

### Free Entry at Explora

Free Explora admission, fun activities and store discounts during Old Town Holiday Stroll. Explora, 1701 Mountain Road NW, Albuquerque, (505) 224-8300.

## 6 FRIDAY, 5:30-9 P.M.

### Parents' Night Out

Let the kiddos enjoy an evening of facilitated fun while you have an evening out. Ages 5 and up. \$25 per child, register at [santafechildrensmuseum.org](http://santafechildrensmuseum.org). Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 6 FRIDAY, 6 AND 7 P.M.

### First Friday Fractals

An award-winning full-dome planetarium show that takes viewers on a tour of fractals in nature. The show is educational and entertaining, for audiences 3 and up. Two showings, with separate admission: Adults \$10, children (ages 3-12) \$5. New Mexico Museum of Natural History & Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2800.

## 6 FRIDAY, 6:30-8:30 P.M.

### Santa Fe Women's Ensemble

Family-friendly concert featuring Christmas carols and other masterpieces from around the world. Tickets \$20-\$35, available at [brownpapertickets.com](http://brownpapertickets.com) or at the door. Loretto Chapel, 207 Old Santa Fe Trail, Santa Fe.

## 6 FRIDAY, 8 AND 9 P.M.

### Fractals Rock!

Zoom into the infinite world of fractals in this dramatic and beautiful show. Similar to the Friday Fractals show but with "less talk more rock!". Two showings, with separate admission: Adults \$10, children (ages 3-12) \$5. New Mexico Museum of Natural History & Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2800.

## 7 SATURDAY, 9 A.M.-2 P.M.

### Milagro Holiday Art Bazaar

A silent auction of hand-crafted gifts and curiosities and vendor booths by local artists and artisans. Proceeds benefit the Milagro PTO and Art Thunder, the schools' Art Club. Milagro Middle School, 1720 Llano St., Santa Fe, (505) 467-3300.

## 7 SATURDAY, 9:30-11 A.M.

### Parenting Class

Monthly drop-in parenting class led by Sharon Gonzalez-Alei, on a new topic each session. Today: Understanding Attachment Parenting. Email [sharonaga@yahoo.com](mailto:sharonaga@yahoo.com) to register. Many Mothers, 1919 Fifth St., Suite 1, Santa Fe, (505) 983-5984.

## 7 SATURDAY, 10 A.M.-3 P.M.

### 33rd Annual Holiday Faire

Games, craft making, gift shopping, children's book sale, food and entertainment for the whole family on the school's 13-acre campus. Admission and parking are free. Some activities require the purchase of tickets. Santa Fe Waldorf School, 26 Puesta del Sol, Santa Fe, (505) 983-9727.

## 7 SATURDAY, 10 A.M.-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 7 SATURDAY, 10:30 A.M.-NOON

### ¡Vamos al Museo!

A morning of art-making for children of all ages and families of all sizes. A visit to the museum is included in this artist-led workshop. Meet in the Creative Classroom in the Pete V. Domenici Building. \$5 donation suggested. Please preregister. National Hispanic Cultural Center, 1701 Fourth St. SW, Albuquerque, (505) 246-2261.

## 7 SATURDAY, 2-4 P.M.

### The Nutcracker

Popejoy Hall. See Dec. 1 listing.

## 7 SATURDAY, 3:30-6:30 P.M.

### Kindred Spirits Holiday Party

Tour the sanctuary and visit with senior dogs, horses and poultry; enjoy vegan refreshments and the traditional candle-lighting of the tree

at 5:30 p.m. Kindred Spirits Animal Sanctuary, 3749-A Highway 14, (505) 471-5366.

## 7 SATURDAY, 4-6 P.M.

### Heroes & Villains On Ice

Annual ice skating show presented by Santa Fe Skating Club features over 70 local skaters. \$10 ages 12 and up, \$5 kids, free for 2 and under. Genoveva Chavez Community Center, 3221 Rodeo Road, Santa Fe, (505) 395-0781.

## 7 SATURDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 7 SATURDAY, 7-9 P.M.

### The Nutcracker

Popejoy Hall. See Dec. 1 listing.

## 8 SUNDAY, 10 A.M.-4 P.M.

### Community Day at the Garden

Free admission to the Santa Fe Botanical Garden for New Mexico residents and students. Please bring ID. Santa Fe Botanical Garden, 715 Camino Lejo, Santa Fe, (505) 471-9103.

## 8 SUNDAY, NOON-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 8 SUNDAY, 1-3 P.M.

### Heroes & Villains On Ice

Genoveva Chavez Community Center. See Dec. 7 listing.

## 8 SUNDAY, 1-3 P.M.

### Polar Express

Come warm up with a bilingual reading of the Polar Express. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 8 SUNDAY, 1-4 P.M.

### Yokai: Japanese Ghosts and Monsters Exhibit Opening

Listen to Japanese and New Mexican ghost stories with Joe Hayes and Satori Murata, and learn to draw Yokai monsters with artist Joel Nakamura. Free for New Mexico residents. Museum of International Folk Art, 706 Camino Lejo, Santa Fe, (505) 476-1212.

## 8 SUNDAY, 2-4 P.M.

### The Nutcracker

Popejoy Hall. See Dec. 1 listing.

## 8 SUNDAY, 3-4 P.M.

### Meet Cornelius and Friends

Santa Fe Children's Museum. See Dec. 1 listing.

## 8 SUNDAY, 5-7 P.M.

### Iluminarte! 2019

The second annual celebration of a New Mexico tradition, "farolitos"/"luminarias." Activities include illuminated bike parade, create your own "iluminarte" workshop, a student art and writing show and more. National Hispanic Cultural Center, 1701 Fourth St. SW, Albuquerque, (505) 246-2261.

## 8 SUNDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 9 MONDAY, 10-11 A.M.

### Nature Playtimes

Los Alamos Nature Center. See Dec. 2 listing.



# Winter 2019-2020 Calendar – December

## 9 MONDAY, 10:30-11 A.M.

### Monday Story Time

Bee Hive Books. See Dec. 2 listing.

## 9 MONDAY, 5:30-7:30 P.M.

### Grandparents Raising Grandchildren

Join this support group to connect with others who are navigating the challenges of raising a grandchild and to learn about resources that can help. RSVP for dinner and childcare. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 9 MONDAY, 6:30-8:30 P.M.

### Santa Fe Women's Ensemble

Loretto Chapel. See Dec. 6 listing.

## 10 TUESDAY, 10:30-11 A.M.

### Books and Babies

Main Library. See Dec. 3 listing.

## 10 TUESDAY, 10:30-11 A.M.

### Preschool Story Time

Oliver La Farge Branch Library. See Dec. 3 listing.

## 10 TUESDAY, 10:30-11:30 A.M.

### Toddler Crafts

Monthly crafts that are fun for grown-ups and kids. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 10 TUESDAY, 11-11:30 A.M.

### Story Time

Vista Grande Public Library. See Dec. 3 listing.

## 10 TUESDAY, NOON-4:30 P.M.

### Nature Up Close: Plants

Los Alamos Nature Center. See Dec. 3 listing.

## 10 TUESDAY, 3:30-4:30 P.M.

### Science After School

Fun science experiments for ages 6 to 12. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

## 10 TUESDAY, 4-5:30 P.M.

### Family Board Game Time

Enjoy tabletop games such as Fireball Island, Sequence for Kids, Azul and more in this new monthly event for families and individuals. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6780.

## 10 TUESDAY, 5:30-8 P.M.

### Sensory Friendly Night

Explore the museum with bright lights turned down, louder exhibits muted and enjoy a special planetarium show. Admission \$5. New Mexico Museum of Natural History & Science, 1801 Mountain Road NW, Albuquerque, (505) 841-2800.

## 10 TUESDAY, 6-7 P.M.

### Family Night

Songs, games and crafts with the Mesa Public Library's Melissa Mackey. Los Alamos Nature Center, 2600 Canyon Road, Los Alamos, (505) 662-0460.

## 11 WEDNESDAY, 9-11 A.M.

### Wee Wednesday

Santa Fe Children's Museum. See Dec. 4 listing.

## 11 WEDNESDAY, 10 A.M.-NOON

### Nature Up Close: Birds

Los Alamos Nature Center. See Dec. 4 listing.



Baseball Multimedia by Armando Martinez Sanchez, seventh grade

## 11 WEDNESDAY, 10:30-11 A.M.

### Books and Babies

Oliver La Farge Branch Library. See Dec. 4 listing.

## 11 WEDNESDAY, 10:30 A.M.-NOON

### Gingerbread House Building

For toddlers, \$10, registration required. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 11 WEDNESDAY, 10:45-11:30 A.M.

### Preschool Story Time

Southside Branch Library. See Dec. 4 listing.

## 11 WEDNESDAY, 1:30-3:30 P.M.

### Gingerbread House Building

For elementary-aged children, \$20, registration required. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 11 WEDNESDAY, 3:30-4:30 P.M.

### Science After School

Fun science experiments for ages 6 to 12. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

## 11 WEDNESDAY, 6:30-8:30 P.M.

### Santa Fe Women's Ensemble

Loretto Chapel. See Dec. 6 listing.

## 12 THURSDAY, 10:30 A.M.-12:30 P.M.

### Seeds and Sprouts

Santa Fe Children's Museum. See Dec. 5 listing.

## 12 THURSDAY, 10:45-11:15 A.M.

### Books and Babies

Southside Branch Library. See Dec. 5 listing.

## 12 THURSDAY, 11-11:45 A.M.

### Preschool Story Time

Main Library. See Dec. 5 listing.

## 12 THURSDAY, 3:30-4:30 P.M.

### Science After School

Fun science experiments for ages 6 to 12. Oliver La Farge Branch Library, 1730 Llano St., Santa Fe, (505) 955-4873.

## 12 THURSDAY, 4-6:30 P.M.

### Thursdays are Yours

Santa Fe Children's Museum. See Dec. 5 listing.

## 13 FRIDAY, 10-11 A.M.

### Garden Sprouts Pre-K Activity

Santa Fe Botanical Garden. See Dec. 6 listing.

## 13 FRIDAY, 2-4 P.M.

### Fine Art Friday

Santa Fe Children's Museum. See Dec. 6 listing.

## 13 FRIDAY, 3-4 P.M.

### Nature Up Close: Reptiles

Los Alamos Nature Center. See Dec. 6 listing.

## 13 FRIDAY, 3-5 P.M.

### All Ages Chess Club

Vista Grande Public Library. See Dec. 6 listing.

## 13 FRIDAY, 4-6 P.M.

### Gingerbread House Building

For teens and adults, \$20, registration required. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 13 FRIDAY, 4-7 P.M.

### Museum Hill Holiday Stroll

Paint holiday gourd ornaments, enjoy music by Pasion Flamenca and visit all the museums on Museum Hill and the Botanical Garden, for family-friendly activities and music performances. Free for New Mexico residents. Museum of International Folk Art, 706 Camno Lejo, (505) 476-1212.

## 13 FRIDAY, 5-7 P.M.

### Canyon Road Holiday Block Party

Galleries located on Canyon Road come together to host a smorgasbord of seasonal festivities, including farolito displays, bonfires, live music and seasonal refreshments. Canyon Road, Santa Fe. 13 Friday, 4-7 P.M.

## 13 FRIDAY, 5-8 P.M.

### Glow - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 13 FRIDAY, 5:30-8 P.M.

### Christmas at the Palace

An evening of hot cider, cookies, live music, old-fashioned activities and a visit from Mr. and Mrs. Claus. All in the legendary magic of the Palace of the Governors and Courtyard. Palace of the Governors, 105 W. Palace Ave., Santa Fe, (505) 476-5200.

## 13 FRIDAY, 6:30-8:30 P.M.

### Santa Fe Women's Ensemble

See Dec. 6 listing.

## 13 FRIDAY, 7-9 P.M.

### Family Movie Night

Free showing of a family film on the big screen. Popcorn and juice included. Call for title and rating. Vista Grande Public Library, 14 Avenida Torreon, Santa Fe, (505) 466-7323.

## 14 SATURDAY, 9 A.M.-4 P.M.

### IAIA Holiday Market

Prints, pottery, painting, jewelry and more. IAIA Museum of Contemporary Native Arts, 108 Cathedral Place, Santa Fe, (505) 983-8900.

## 14 SATURDAY, 10 A.M.-NOON

### Train Club

Members of the Santa Fe Model Railroad Club host activities and do demonstrations with the train sets at the museum. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 14 SATURDAY, 10 A.M.-3 P.M.

### Santa's Village

Family-friendly event featuring games, crafts, interactive displays, mini-train rides, pictures with Santa. The Violet Crown will show a classic holiday movie. Railyard Plaza, 1607 Paso De Peralta, Santa Fe, (505) 983-7726.

## 14 SATURDAY, 10 A.M.-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.



# Winter 2019-2020 Calendar – December

## 14 SATURDAY, 10:30-11:30 A.M.

### Meet the Doulas

Families can learn about how doulas make a different in pregnancy, birth and the postpartum period. Partners are encouraged to come along. RSVP: info@thebirthingtree.com The Birthing Tree, 1315 St. Francis Drive, Santa Fe, (505) 552-2454.

## 14 SATURDAY, 1:30-3:30 P.M.

### Gingerbread House Building

For elementary-aged children \$20, registration required. Los Alamos Family Strengths Network, 3540 Orange St., Los Alamos, (505) 662-4515.

## 14 SATURDAY, 2-4 P.M.

### The Nutcracker

Aspen Santa Fe Ballet puts a whimsical twist on this classic story, with a cast of over 60 performers including local children and professional dancers. Tickets from \$36 to \$94. Lencic Performing Arts Center, 211 W. San Francisco St., Santa Fe, (505) 988-1234.

## 14 SATURDAY, 3-5 P.M.

### Santa Fe Women's Ensemble

Family-friendly concert featuring Christmas carols and other masterpieces from around the world. General admission \$25, available at brownpapertickets.com or at the door. Immaculate Heart of Mary Chapel, 50 Mt. Carmel Road, Santa Fe.

## 14 SATURDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 14 SATURDAY, 6-9 P.M.

### Las Noches de Las Luminarias

Enjoy holiday music, a cozy campfire and a warm cup of cheer as you tour the grounds covered with glowing candles. \$5 for adults, children under 16 free. Fort Seldon Historic Site, Radium Springs, (575) 202-1638.

## 14 SATURDAY, 7:30-9:30 P.M.

### The Nutcracker

Lencic Performing Arts Center. See Dec. 14 listing.

## 15 SUNDAY, NOON-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 15 SUNDAY, 1-3 P.M.

### The Nutcracker

Lencic Performing Arts Center. See Dec. 14 listing.

## 15 SUNDAY, 3-4 P.M.

### Meet Cornelius and Friends

Santa Fe Children's Museum. See Dec. 1 listing.

## 15 SUNDAY, 5-7 P.M.

### The Nutcracker

Lencic Performing Arts Center. See Dec. 14 listing.

## 15 SUNDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 15 SUNDAY, 5-8 P.M.

### Farolito Walk

This laid-back evening will offer visitors the opportunity to leisurely take in the magic and ambiance of more than 3,500 farolitos. Enjoy a winter's evening as you follow the illuminated 1-mile trail to the Spanish Mission Church. Pecos National Historical Park, 1 Peach Drive, Pecos.

## 15 SUNDAY, 5:30-7 P.M.

### Las Posadas

This rendition of the candle-lit procession of Las Posadas travels around the Santa Fe Plaza and concludes in the Palace of the Governors Courtyard. Stay for carols, cookies and hot cider. Santa Fe Plaza, 63 Lincoln Ave., Santa Fe, (505) 476-5200.

## 16 MONDAY – 3 FRIDAY JANUARY

### Santa Fe Public Schools

Santa Fe Public Schools will be closed for winter break.

## 16 MONDAY, 10-11 A.M.

### Nature Playtimes

Los Alamos Nature Center. See Dec. 2 listing.

## 16 MONDAY, 10:30-11 A.M.

### Monday Story Time

Bee Hive Books. See Dec. 2 listing.

## 17 TUESDAY, 10:30-11 A.M.

### Books and Babies

Main Library. See Dec. 3 listing.

## 17 TUESDAY, 10:30-11 A.M.

### Preschool Story Time

Oliver La Farge Branch Library. See Dec. 3 listing.

## 17 TUESDAY, 11-11:30 A.M.

### Story Time

Vista Grande Public Library. See Dec. 3 listing.

## 17 TUESDAY, NOON-4:30 P.M.

### Nature Up Close: Plants

Los Alamos Nature Center. See Dec. 3 listing.

## 17 TUESDAY, 3:30-4:30 P.M.

### Folk Art Afternoons

Learn about folk art with hands-on art-making for ages 6 to 12. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

## 18 WEDNESDAY, 9-11 A.M.

### Wee Wednesday

Santa Fe Children's Museum. See Dec. 4 listing.

## 18 WEDNESDAY, 10 A.M.-NOON

### Nature Up Close: Birds

Los Alamos Nature Center. See Dec. 4 listing.

## 18 WEDNESDAY, 10:30-11 A.M.

### Books and Babies

Oliver La Farge Branch Library. See Dec. 4 listing.

## 18 WEDNESDAY, 10:45-11:30 A.M.

### Preschool Story Time

Southside Branch Library. See Dec. 4 listing.

## 19 THURSDAY, 10:30 A.M.-12:30 P.M.

### Seeds and Sprouts

Santa Fe Children's Museum. See Dec. 5 listing.

## 19 THURSDAY, 10:45-11:15 A.M.

### Books and Babies

Southside Branch Library. See Dec. 5 listing.

## 19 THURSDAY, 11-11:45 A.M.

### Preschool Story Time

Main Library. See Dec. 5 listing.

## 19 THURSDAY, 4-6:30 P.M.

### Thursdays are Yours

Santa Fe Children's Museum. See Dec. 5 listing.

## 20 FRIDAY, 10-11 A.M.

### Garden Sprouts Pre-K Activity

Santa Fe Botanical Garden. See Dec. 6 listing.

## 20 FRIDAY, 10 A.M.-NOON

### Many Mothers Postpartum

### Parenting Group

St. Bede's Episcopal Church. See Dec. 6 listing.

## 20 FRIDAY, 2-4 P.M.

### Fine Art Friday

Santa Fe Children's Museum. See Dec. 6 listing.

## 20 FRIDAY, 2:30-4:30 P.M.

### Friday Afternoon Art

Southside Branch Library. See Dec. 6 listing.

## 20 FRIDAY, 3-4 P.M.

### Nature Up Close: Reptiles

Los Alamos Nature Center. See Dec. 6 listing.

## 20 FRIDAY, 3-5 P.M.

### All Ages Chess Club

Vista Grande Public Library. See Dec. 6 listing.

## 20 FRIDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 20 FRIDAY, 5:30-8 P.M.

### Winter Solstice Celebration

Annual celebration featuring a farolito labyrinth, live drumming and roasting s'mores over a bonfire. Members \$3, nonmembers \$5.

Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

## 21 SATURDAY, 9:30-11:30 A.M.

### Family Program: Clouds & Crafts

Children 4-12 and their grown-ups are invited to learn, create and have fun making cloud-inspired art. Georgia O'Keeffe Museum, 217 Johnson St., Santa Fe, (505) 946-1000.

## 21 SATURDAY, 10 A.M.-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 21 SATURDAY, 5-8 P.M.

### GLOW - A Winter Lights Event

Santa Fe Botanical Garden. See Dec. 1 listing.

## 22 SUNDAY, NOON-4 P.M.

### Holiday Open House

Puppet plays, art-making projects, photos with Santa Claus and other holiday festivities. New Mexico Museum of Art, 107 West Palace Ave., Santa Fe, (505) 476-5063.

## 22 SUNDAY, NOON-5 P.M.

### Stargazer Portable Planetarium


Santa Fe Children's Museum. See Dec. 1 listing.

## 22 SUNDAY, 3-4 P.M.

### Meet Cornelius and Friends

Santa Fe Children's Museum. See Dec. 1 listing.

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## Tumblewøeds



# Winter 2019-2020 Calendar – December/January

**22 SUNDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**23 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**23 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**23 MONDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**24 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**24 TUESDAY, 6-9 P.M.**

**Christmas Eve Farolito Walk**

Thousands of farolitos cast a glow on the gardens, courtyards and adobe walls of the century-old buildings lining Canyon Road and sidestreets. The walk starts at dusk and draws thousands of people, so dress warmly and be prepared to walk at a slow pace. Strollers are not advised. Continuous free bus service from South Capital Rail Runner Station starts at 5 p.m. (505) 955-2001.

**26 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**26 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**26 THURSDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**26 THURSDAY, 7:30-9 P.M.**

**Entreflamenco 2019 Christmas Season**

Spanish Flamenco dancer Antonio Granjero presents Entreflamenco Christmas shows. Tickets start at \$25. Children 12 and under are free on Thursdays. El Flamenco de Santa Fe, 135 W. Palace Ave., Santa Fe, (505) 209-1302.

**27 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**27 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**27 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**27 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**27 FRIDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**28 SATURDAY, 10 A.M.-NOON**

**Train Club**

Santa Fe Children's Museum. See Dec. 14 listing.

**28 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.



Painting by Alex Vargas, third grade

**28 SATURDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**29 SUNDAY, NOON-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**29 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**29 SUNDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**30 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**30 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**30 MONDAY, 5-8 P.M.**

**GLOW - A Winter Lights Event**

Santa Fe Botanical Garden. See Dec. 1 listing.

**31 TUESDAY, 5-8 P.M.**

**GLOW - Kids' New Year's Eve**

Live music, festive beverages and a special countdown to ring in 2020 at 7 p.m. Santa Fe Botanical Garden, 715 Camino Lejo, Santa Fe, (505) 471-9103.

## JANUARY

**2 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**2 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**3 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**3 FRIDAY, 10 A.M.-NOON**

**Many Mothers Postpartum**

**Parenting Group**

St. Bede's Episcopal Church. See Dec. 6 listing.

**3 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**3 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**3 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**3 FRIDAY, 5-7 P.M.**

**First Friday Art Activity**

Georgia O'Keeffe Museum. See Dec. 6 listing.

**3 FRIDAY, 6 AND 7 P.M.**

**First Friday Fractals**

New Mexico Museum of Natural History & Science. See Dec. 6 listing.

**3 FRIDAY, 8 AND 9 P.M.**

**Fractals Rock!**

New Mexico Museum of Natural History & Science. See Dec. 6 listing.

**4 SATURDAY, 9:30-11 A.M.**

**Parenting Class**

Today's topic: Habits of Quality Parenting. Many Mothers. See Dec. 7 listing.

**4 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**5 SUNDAY, 9 A.M.-5 P.M.**

**Free Entry at the Museum of Natural History**

New Mexico Museum of Natural History & Science. See Dec. 1 listing.

**5 SUNDAY, 11 A.M.-12:30 P.M.**

**Family Mornings at Folk Art**

All-ages program featuring story time, hands-on art activities and explorations in the galleries. Museum of International Folk Art, 706 Camino Lejo, Santa Fe, (505) 476-1212.

**5 SUNDAY, NOON-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**5 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**6 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**6 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**6 MONDAY, 6:30-8 P.M.**

**Birth Talk Los Alamos**

Los Alamos Family Strengths Network. See Dec. 2 listing.

**7 TUESDAY, 10:30-11 A.M.**

**Books and Babies**

Main Library. See Dec. 3 listing.

**7 TUESDAY, 10:30-11 A.M.**

**Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**7 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**7 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**7 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Books, songs and finger games for ages 6 months to 2 years. Oliver La Farge Branch Library, 1730 Llano St., Santa Fe, (505) 955-4873.

**7 TUESDAY, 4-5:30 P.M.**

**Family Board Game Time**

Main Library. See Dec. 10 listing.

**8 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**8 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**8 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.



# Winter 2019-2020 Calendar – January

## 8 WEDNESDAY, 10:30-11 A.M.

### Bilingual Books & Babies

Books, songs and finger games for ages 6 months to 2 years. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

## 8 WEDNESDAY, 10:45-11:30 A.M.

### Preschool Story Time

Southside Branch Library. See Dec. 4 listing.

## 8 WEDNESDAY, 4-4:30 P.M.

### Bilingual Books & Babies

Books, songs and finger games for ages 6 months to 2 years. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

## 8 WEDNESDAY, 5:45-7:45 P.M.

### Chess Club

Learn to play chess, improve your techniques and participate in competitions. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

## 9 THURSDAY, 10:30 A.M.-12:30 P.M.

### Seeds and Sprouts

Santa Fe Children's Museum. See Dec. 5 listing.

## 9 THURSDAY, 10:45-11:15 A.M.

### Books and Babies

Southside Branch Library. See Dec. 5 listing.

## 9 THURSDAY, 11-11:45 A.M.

### Preschool Story Time

Main Library. See Dec. 5 listing.

## 9 THURSDAY, 4-6:30 P.M.

### Thursdays are Yours

Santa Fe Children's Museum. See Dec. 5 listing.

## 10 FRIDAY, 10-11 A.M.

### Garden Sprouts Pre-K Activity

Santa Fe Botanical Garden. See Dec. 6 listing.

## 10 FRIDAY, 2-4 P.M.

### Fine Art Friday

Santa Fe Children's Museum. See Dec. 6 listing.

## 10 FRIDAY, 2:30-4:30 P.M.

### Friday Afternoon Art

Southside Branch Library. See Dec. 6 listing.

## 10 FRIDAY, 3-4 P.M.

### Nature Up Close: Reptiles

Los Alamos Nature Center. See Dec. 6 listing.

## 10 FRIDAY, 3-5 P.M.

### All Ages Chess Club

Vista Grande Public Library. See Dec. 6 listing.

## 10 FRIDAY, 5:30-9 P.M.

### Parents' Night Out

Santa Fe Children's Museum. See Dec. 6 listing.

## 10 FRIDAY, 7-9 P.M.

### Family Movie Night

Vista Grande Public Library. See Dec. 13 listing.

## 11 SATURDAY, 10 A.M.-NOON

### Train Club

Santa Fe Children's Museum. See Dec. 14 listing.

## 11 SATURDAY, 10 A.M.-NOON

### Open House at Little Earth School

Parents and children are invited to visit classrooms and meet teachers. Little Earth School, 321 W. Zia Road, Santa Fe, (505) 988-1968.

## 11 SATURDAY, 10 A.M.-2 P.M.

### Celebration of Our Love For The Earth: Growing Our Compassionate Hearts

For 7-10 year olds concerned about climate change and what's happening to the world. For information or to register: [childcounselingcenterofnm.com](http://childcounselingcenterofnm.com) or call Diana Lightmoon at (505) 577-4607. Child Counseling Center of New Mexico, 1400 Maclovía St., Santa Fe.

## 11 SATURDAY, 10 A.M.-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 12 SUNDAY, NOON-5 P.M.

### Stargazer Portable Planetarium

Santa Fe Children's Museum. See Dec. 1 listing.

## 12 SUNDAY, 3-4 P.M.

### Meet Cornelius and Friends

Santa Fe Children's Museum. See Dec. 1 listing.

## 13 MONDAY, 10-11 A.M.

### Nature Playtimes

Los Alamos Nature Center. See Dec. 2 listing.

## 13 MONDAY, 10:30-11 A.M.

### Monday Story Time

Bee Hive Books. See Dec. 2 listing.

## 14 TUESDAY, 10:30-11 A.M.

### Books and Babies

Main Library. See Dec. 3 listing.

## 14 TUESDAY, 10:30-11 A.M.

### Preschool Story Time

Oliver La Farge Branch Library. See Dec. 3 listing.

## 14 TUESDAY, 11-11:30 A.M.

### Story Time

Vista Grande Public Library. See Dec. 3 listing.

## 14 TUESDAY, NOON-4:30 P.M.

### Nature Up Close: Plants

Los Alamos Nature Center. See Dec. 3 listing.

## 14 TUESDAY, 3:30-4:30 P.M.

### Science After School

Southside Branch Library. See Dec. 10 listing.

## 14 TUESDAY, 4-4:30 P.M.

### Bilingual Books & Babies

Oliver La Farge Branch Library. See Dec. 7 listing.

## 15 WEDNESDAY, 9-11 A.M.

### Wee Wednesday

Santa Fe Children's Museum. See Dec. 4 listing.

## 15 WEDNESDAY, 10 A.M.-NOON

### Nature Up Close: Birds

Los Alamos Nature Center. See Dec. 4 listing.



## Celebrating 30 Years Supporting Santa Fe's Public School Teachers and Students

Since 1988, Partners in Education has supported creative, hands-on, educational experiences, including:

- ArtWorks
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- Teachers Who Inspire Awards

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[www.artworkssantafe.org](http://www.artworkssantafe.org)

505-474-0240



# Winter 2019-2020 Calendar – January

**15 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**15 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**15 WEDNESDAY, 10:45-11:30 A.M.**

**Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**15 WEDNESDAY, 3:30-4:30 P.M.**

**Science After School**

Main Library. See Dec. 11 listing.

**15 WEDNESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**15 WEDNESDAY, 5:45-7:45 P.M.**

**Chess Club**

Main Library. See Jan. 8 listing.

**16 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**16 THURSDAY, 10:45-11:15 A.M.**

**Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**16 THURSDAY, 11-11:45 A.M.**

**Preschool Story Time**

Main Library. See Dec. 5 listing.

**16 THURSDAY, 3:30-4:30 P.M.**

**Science After School**

Oliver La Farge Branch Library. See Dec. 12 listing.

**16 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**17 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**17 FRIDAY, 10 A.M.-NOON**

**Many Mothers Postpartum Parenting Group**

St. Bede's Episcopal Church. See Dec. 6 listing.

**17 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**17 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**17 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**17 FRIDAY, 5-7 P.M.**

**Sensory Friendly Friday**

A special evening for friends with sensory needs featuring low lighting and a relaxed environment. Members \$3, nonmembers \$5. Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

**17 FRIDAY, 6:30 P.M. TO 18 SATURDAY, 8 A.M.**

**Aquarium Overnight**

Pack your pajamas and pillow for the ultimate sleepover. Explore the aquarium at night, meet



Egyptian Self-Portrait Sarcophagus by Mia Zavala, Ethan Plaza, Josue Arreola Perez, Madalynn Ortega, Nikki Archuleta and Camila Erives, sixth grade

marine animals up close at the touchpools, play a game, get crafty and take in a marine movie. \$30 per person. ABQ BioPark Aquarium, 2601 Central Ave. NW, Albuquerque, (505) 758-2000.

**18 SATURDAY, 9 A.M.-4:30 P.M.**

**Half-Price Weekend**

Tickets to the Zoo or Aquarium and Botanic Garden are half-price for one weekend each quarter. ABQ BioPark Zoo, 903 10th St. NW, Albuquerque; Botanic Garden and Aquarium, 2601 Central Ave. NW, Albuquerque, (505) 758-2000.

**18 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**19 SUNDAY, 9 A.M.-4:30 P.M.**

**Half-Price Weekend**

ABQ BioPark Zoo, Aquarium and Botanic Garden. See Jan. 18 listing.

**19 SUNDAY, NOON-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**19 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**20 MONDAY - ALL DAY**

**Santa Fe Public Schools**

Santa Fe Public Schools will be closed for Martin Luther King Jr. Day.

**20 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**20 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**21 TUESDAY, 10:30-11 A.M.**

**Books and Babies**

Main Library. See Dec. 3 listing.

**21 TUESDAY, 10:30-11 A.M.**

**Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**21 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**21 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**21 TUESDAY, 3:30-4:30 P.M.**

**School Age Craft**

Crafts for ages 6-12. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

**21 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**22 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**22 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**22 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**22 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**22 WEDNESDAY, 10:45-11:30 A.M.**

**Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**22 WEDNESDAY, 3:30-4:30 P.M.**

**School Age Craft**

Crafts for ages 6-12. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

**22 WEDNESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**22 WEDNESDAY, 5:45-7:45 P.M.**

**Chess Club**

Main Library. See Jan. 8 listing.

**23 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**23 THURSDAY, 10:45-11:15 A.M.**

**Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**23 THURSDAY, 11-11:45 A.M.**

**Preschool Story Time**

Main Library. See Dec. 5 listing.

**23 THURSDAY, 3:30-4:30 P.M.**

**School Age Craft**

Crafts for ages 6-12. Oliver La Farge Library, 1730 Llano St., Santa Fe, (505) 955-4873.

**23 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**24 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**24 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**24 FRIDAY, 2:30-4:30 P.M.**

**Friday Afternoon Art**

Southside Branch Library. See Dec. 6 listing.

**24 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.



# Winter 2019-2020 Calendar – January/February

**24 FRIDAY, 3-5 P.M.**

## **All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**24 FRIDAY, 5-7 P.M.**

## **Family Night**

Visit the museum after-hours for fun for the whole family! Santa Fe Children's Museum, 1050 Old Pecos Trail, Santa Fe, (505) 989-8359.

**25 SATURDAY, 10 A.M.-NOON**

## **Train Club**

Santa Fe Children's Museum. See Dec. 14 listing.

**25 SATURDAY, 10 A.M.-5 P.M.**

## **Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**25 SATURDAY, 10:30-11:30 A.M.**

## **Meet the Doulas**

The Birthing Tree. See Dec. 14 listing.

**26 SUNDAY, NOON-5 P.M.**

## **Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**26 SUNDAY, 3-4 P.M.**

## **Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**27 MONDAY, 10-11 A.M.**

## **Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**27 MONDAY, 10:30-11 A.M.**

## **Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**28 TUESDAY, 10:30-11 A.M.**

## **Books and Babies**

Main Library. See Dec. 3 listing.

**28 TUESDAY, 10:30-11 A.M.**

## **Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**28 TUESDAY, 11-11:30 A.M.**

## **Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**28 TUESDAY, NOON-4:30 P.M.**

## **Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**28 TUESDAY, 3:30-4:30 P.M.**

## **Folk Art Afternoons**

Southside Branch Library. See Dec. 17 listing.

**28 TUESDAY, 4-4:30 P.M.**

## **Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**29 WEDNESDAY, 9-11 A.M.**

## **Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**29 WEDNESDAY, 10 A.M.-NOON**

## **Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**29 WEDNESDAY, 10:30-11 A.M.**

## **Bilingual Books & Babies**

Main Library. See Dec. 8 listing.



Landscape by Joshua Rouse, eighth grade

**29 WEDNESDAY, 10:30-11 A.M.**

## **Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**29 WEDNESDAY, 10:45-11:30 A.M.**

## **Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**29 WEDNESDAY, 4-4:30 P.M.**

## **Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**29 WEDNESDAY, 5:45-7:45 P.M.**

## **Chess Club**

Main Library. See Jan. 8 listing.

**30 THURSDAY, 10:30 A.M.-12:30 P.M.**

## **Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**30 THURSDAY, 10:45-11:15 A.M.**

## **Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**30 THURSDAY, 11-11:45 A.M.**

## **Preschool Story Time**

Main Library. See Dec. 5 listing.

**30 THURSDAY, 4-6:30 P.M.**

## **Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**31 FRIDAY, 10-11 A.M.**

## **Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**31 FRIDAY, 2-4 P.M.**

## **Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**31 FRIDAY, 3-4 P.M.**

## **Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**31 FRIDAY, 3-5 P.M.**

## **All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

## FEBRUARY

**1 SATURDAY, 9:30-11 A.M.**

## **Parenting Class**

Today's topic: Responding vs. Reacting in Parenting. Many Mothers. See Dec. 7 listing.

**1 SATURDAY, 10 A.M.-5 P.M.**

## **Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**1 SATURDAY, 10:30 A.M.-NOON**

## **Opera Makes Sense**

Music, crafts and active play for ages 2-5 led by the Santa Fe Opera. Oliver La Farge Branch Library, 1730 Llano St., Santa Fe, (505) 955-4873.

**1 SATURDAY, NOON-2:30 P.M.**

## **Souper Bowl 2020**

Sample and vote for soups from 25 favorite

local chefs while raising money for the Food Depot, northern New Mexico's food bank. Early Bird tickets: adults \$30, children ages 6-12 \$5, through Jan. 2. Advance tickets: adults \$30, children \$10, through 2 p.m. Jan. 31. Day of event: adults \$45, children \$10. Free for children under 6. Tickets available at thefooddepot.org, Santa Fe Convention Center, W Marcy St., Santa Fe, (505) 471-1633.

**2 SUNDAY, 9 A.M.-5 P.M.**

## **Free Entry at the Museum of Natural History**

New Mexico Museum of Natural History & Science. See Dec. 1 listing.

**2 SUNDAY, NOON-5 P.M.**

## **Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**2 SUNDAY, 1-4 P.M.**

## **Lunar New Year Celebration**

Lion Dance performances, Japanese Taiko drumming, art-making and more. Museum of International Folk Art, 706 Camino Lejo, Santa Fe, (505) 476-1212.

**2 SUNDAY, 3-4 P.M.**

## **Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**3 MONDAY, 10-11 A.M.**

## **Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**3 MONDAY, 10:30-11 A.M.**

## **Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**3 MONDAY, 6:30-8 P.M.**

## **Birth Talk Los Alamos**

Los Alamos Family Strengths Network. See Dec. 2 listing.

**4 TUESDAY, 10:30-11 A.M.**

## **Books and Babies**

Main Library. See Dec. 3 listing.

**4 TUESDAY, 10:30-11 A.M.**

## **Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

## Visit the Los Alamos Nature Center

Interactive exhibits,  
local critters,  
planetarium shows,  
hikes and outings,  
& so much more.

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# Winter 2019-2020 Calendar – February

**4 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**4 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**4 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**4 TUESDAY, 4-5:30 P.M.**

**Family Board Game Time**

Main Library. See Dec. 10 listing.

**5 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**5 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**5 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**5 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**5 WEDNESDAY, 10:45-11:30 A.M.**

**Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**5 WEDNESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**5 WEDNESDAY, 5:45-7:45 P.M.**

**Chess Club**

Main Library. See Jan. 8 listing.

**6 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**6 THURSDAY, 10:45-11:15 A.M.**

**Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**6 THURSDAY, 11-11:45 A.M.**

**Preschool Story Time**

Main Library. See Dec. 5 listing.

**6 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**7 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**7 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**7 FRIDAY, 2:30-4:30 P.M.**

**Friday Afternoon Art**

Southside Branch Library. See Dec. 6 listing.

**7 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**7 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**7 FRIDAY, 5-7 P.M.**

**First Friday Art Activity**

Georgia O'Keeffe Museum. See Dec. 6 listing.

**7 FRIDAY, 6 AND 7 P.M.**

**First Friday Fractals**

New Mexico Museum of Natural History & Science. See Dec. 6 listing.

**7 FRIDAY, 8 AND 9 P.M.**

**Fractals Rock!**

New Mexico Museum of Natural History & Science. See Dec. 6 listing.



Drawing by Kayla Urioste, fourth grade

**8 SATURDAY, 10 A.M.-NOON**

**Train Club**

Santa Fe Children's Museum. See Dec. 14 listing.

**8 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**8 SATURDAY, 10:30 A.M.-NOON**

**Opera Makes Sense**

Music, crafts and active play for ages 2-5 led by the Santa Fe Opera. Main Library, 145 Washington Ave., Santa Fe, (505) 955-6837.

**8 SATURDAY, 1:30-3:30 P.M.**

**Kindred Spirits Valentine's Day Party**

Take a tour of the sanctuary led by senior dogs and enjoy vegan refreshments. Kindred Spirits Animal Sanctuary, 3749-A Highway 14, (505) 471-5367.

**9 SUNDAY, NOON.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**9 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**10 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**10 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**11 TUESDAY, 10:30-11 A.M.**

**Books and Babies**

Main Library. See Dec. 3 listing.

**11 TUESDAY, 10:30-11 A.M.**

**Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**11 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**11 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**11 TUESDAY, 3:30-4:30 P.M.**

**Science After School**

Southside Branch Library. See Dec. 10 listing.

**11 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**12 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**12 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**12 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**12 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**12 WEDNESDAY, 10:45-11:30 A.M.**

**Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**12 WEDNESDAY, 3:30-4:30 P.M.**

**Science After School**

Main Library. See Dec. 11 listing.

**12 WEDNESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**12 WEDNESDAY, 5:45-7:45 P.M.**

**Chess Club**

Main Library. See Jan. 8 listing.

**13 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**13 THURSDAY, 10:45-11:15 A.M.**

**Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**13 THURSDAY, 11-11:45 A.M.**

**Preschool Story Time**

Main Library. See Dec. 5 listing.

**13 THURSDAY, 3:30-4:30 P.M.**

**Science After School**

Oliver La Farge Branch Library. See Dec. 12 listing.

**13 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**14 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**14 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**14 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**14 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**14 FRIDAY, 5:30-9 P.M.**

**Parents' Night Out**

Santa Fe Children's Museum. See Dec. 6 listing.

**14 FRIDAY, 7-9 P.M.**

**Family Movie Night**

Vista Grande Public Library. See Dec. 13 listing.

**15 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**15 SATURDAY, 10:30 A.M.-NOON**

**Opera Makes Sense**

Music, crafts and active play for ages 2-5 led by the Santa Fe Opera. Southside Branch Library, 6599 Jaguar Drive, Santa Fe, (505) 955-2828.

**16 SUNDAY, NOON.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**16 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**17 MONDAY - ALL DAY**

**Santa Fe Public Schools**

Santa Fe Public Schools will be closed for Presidents' Day.

**17 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**17 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.



# Winter 2019-2020 Calendar – February

**18 TUESDAY, 10:30-11 A.M.**

**Books and Babies**

Main Library. See Dec. 3 listing.

**18 TUESDAY, 10:30-11 A.M.**

**Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**18 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**18 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**18 TUESDAY, 3:30-4:30 P.M.**

**School Age Craft**

Southside Branch Library. See Jan. 21 listing.

**18 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**19 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**19 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**19 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

**19 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**19 WEDNESDAY, 10:45-11:30 A.M.**

**Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**19 WEDNESDAY, 3:30-4:30 P.M.**

**School Age Craft**

Main Library. See Jan. 22 listing.

**19 WEDNESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**19 WEDNESDAY, 5:45-7:45 P.M.**

**Chess Club**

Main Library. See Jan. 8 listing.

**20 THURSDAY, 10:30 A.M.-12:30 P.M.**

**Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**20 THURSDAY, 10:45-11:15 A.M.**

**Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**20 THURSDAY, 11-11:45 A.M.**

**Preschool Story Time**

Main Library. See Dec. 5 listing.

**20 THURSDAY, 3:30-4:30 P.M.**

**School Age Craft**

Oliver La Farge Library. See Jan. 23 listing.

**20 THURSDAY, 4-6:30 P.M.**

**Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**21 FRIDAY, 10-11 A.M.**

**Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.



Butterfly Multimedia by Rosalinda Quintana, seventh grade

**21 FRIDAY, 2-4 P.M.**

**Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**21 FRIDAY, 2:30-4:30 P.M.**

**Friday Afternoon Art**

Southside Branch Library. See Dec. 6 listing.

**21 FRIDAY, 3-4 P.M.**

**Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**21 FRIDAY, 3-5 P.M.**

**All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**21 FRIDAY, 5-7 P.M.**

**Sensory Friendly Friday**

Santa Fe Children's Museum. See Jan. 17 listing.

**21 FRIDAY, 6:30 P.M. TO 22 SATURDAY, 8 A.M.**

**Aquarium Overnight**

ABQ BioPark Aquarium. See Jan. 17 listing.

**22 SATURDAY, 10 A.M.-NOON**

**Open House at Little Earth School**

Little Earth School. See Jan. 11 listing.

**22 SATURDAY, 10 A.M.-NOON**

**Train Club**

Santa Fe Children's Museum. See Dec. 14 listing.

**22 SATURDAY, 10 A.M.-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**22 SATURDAY, 10:30 A.M.-NOON**

**Opera Makes Sense**

Southside Branch Library. See Feb. 15 listing.

**23 SUNDAY, NOON-5 P.M.**

**Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**23 SUNDAY, 3-4 P.M.**

**Meet Cornelius and Friends**

Santa Fe Children's Museum. See Dec. 1 listing.

**24 MONDAY, 10-11 A.M.**

**Nature Playtimes**

Los Alamos Nature Center. See Dec. 2 listing.

**24 MONDAY, 10:30-11 A.M.**

**Monday Story Time**

Bee Hive Books. See Dec. 2 listing.

**25 TUESDAY, 10:30-11 A.M.**

**Books and Babies**

Main Library. See Dec. 3 listing.

**25 TUESDAY, 10:30-11 A.M.**

**Preschool Story Time**

Oliver La Farge Branch Library. See Dec. 3 listing.

**25 TUESDAY, 11-11:30 A.M.**

**Story Time**

Vista Grande Public Library. See Dec. 3 listing.

**25 TUESDAY, NOON-4:30 P.M.**

**Nature Up Close: Plants**

Los Alamos Nature Center. See Dec. 3 listing.

**25 TUESDAY, 3:30-4:30 P.M.**

**Folk Art Afternoons**

Southside Branch Library. See Dec. 17 listing.

**25 TUESDAY, 4-4:30 P.M.**

**Bilingual Books & Babies**

Oliver La Farge Branch Library. See Dec. 7 listing.

**26 WEDNESDAY, 9-11 A.M.**

**Wee Wednesday**

Santa Fe Children's Museum. See Dec. 4 listing.

**26 WEDNESDAY, 10 A.M.-NOON**

**Nature Up Close: Birds**

Los Alamos Nature Center. See Dec. 4 listing.

**26 WEDNESDAY, 10:30-11 A.M.**

**Bilingual Books & Babies**

Main Library. See Dec. 8 listing.

**26 WEDNESDAY, 10:30-11 A.M.**

**Books and Babies**

Oliver La Farge Branch Library. See Dec. 4 listing.

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# Winter 2019-2020 Calendar – February/Ongoing Events

**26 WEDNESDAY, 10:45-11:30 A.M.**

## **Preschool Story Time**

Southside Branch Library. See Dec. 4 listing.

**26 WEDNESDAY, 4-4:30 P.M.**

## **Bilingual Books & Babies**

Southside Branch Library. See Dec. 8 listing.

**26 WEDNESDAY, 5:45-7:45 P.M.**

## **Chess Club**

Main Library. See Jan. 8 listing.

**27 THURSDAY, 10:30 A.M.-12:30 P.M.**

## **Seeds and Sprouts**

Santa Fe Children's Museum. See Dec. 5 listing.

**27 THURSDAY, 10:45-11:15 A.M.**

## **Books and Babies**

Southside Branch Library. See Dec. 5 listing.

**27 THURSDAY, 11-11:45 A.M.**

## **Preschool Story Time**

Main Library. See Dec. 5 listing.

**27 THURSDAY, 4-6:30 P.M.**

## **Thursdays are Yours**

Santa Fe Children's Museum. See Dec. 5 listing.

**28 FRIDAY, 10-11 A.M.**

## **Garden Sprouts Pre-K Activity**

Santa Fe Botanical Garden. See Dec. 6 listing.

**28 FRIDAY, 2-4 P.M.**

## **Fine Art Friday**

Santa Fe Children's Museum. See Dec. 6 listing.

**28 FRIDAY, 3-4 P.M.**

## **Nature Up Close: Reptiles**

Los Alamos Nature Center. See Dec. 6 listing.

**28 FRIDAY, 3-5 P.M.**

## **All Ages Chess Club**

Vista Grande Public Library. See Dec. 6 listing.

**28 FRIDAY, 5-7 P.M.**

## **Family Night**

Santa Fe Children's Museum. See Jan. 24 listing.

**29 SATURDAY, 10 A.M.-5 P.M.**

## **Stargazer Portable Planetarium**

Santa Fe Children's Museum. See Dec. 1 listing.

**29 SATURDAY, 10:30-11:30 A.M.**

## **Meet the Doulas**

The Birthing Tree. See Dec. 14 listing.

## ONGOING EVENTS

**Museums, cultural centers and other nonprofit organizations within an easy drive of Santa Fe offering exhibits, programing and activities for families.**



Food Truck by Mason Trujillo, third grade

### **ABQ BIOPARK: ZOO, AQUARIUM AND BOTANIC GARDEN**

Open daily 9 a.m. to 5 p.m. Admission options: Buy a ticket to Zoo only, Aquarium/Botanic Garden, or BioPark Combo for all three. Call for prices. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Zoo, 903 Tenth Street, Albuquerque; Botanic Garden and Aquarium, 2601 Central Avenue NW, Albuquerque. (505) 768-2000, cabq.gov/biopark.

### **ABQ BIOPARK: TINGLEY BEACH**

Fish, hike, relax or sail a model boat. Open daily year-round from sunrise to sunset. Free. 1800 Tingley Drive SW, Albuquerque. (505) 768-2000, cabq.gov/biopark.

### **BATAAN MEMORIAL MUSEUM**

Artifacts from the Bataan Death March, Medal of Honor ribbons and biographies. Private tours available; call to arrange. Open Tuesday through Saturday, 10 a.m. to 4 p.m. 1050 Old Pecos Trail, Santa Fe. (505) 474-1670, bataanmuseum.com.

### **BRADBURY SCIENCE MUSEUM**

Displays, videos and interactive exhibits on the history of the atomic bomb and contemporary research conducted at Los Alamos National Laboratory. Open Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday and Monday 1 to 5 p.m. Closed on Nov. 28 for Thanksgiving. 1350 Central Avenue, Los Alamos. (505) 667-4444, lanl.gov/museum.

### **EL MUSEO CULTURAL DE SANTA FE**

Nonprofit organization that preserves, protects and promotes the Hispano art, culture and traditions of northern New Mexico. Popular venue for classes and community events. Open Tuesday through Saturday 1 to 5 p.m. Call or visit website to view calendar for upcoming events. 555 Camino de la Familia, in the Santa Fe Railyard. (505) 992-0591, elmuseocultural.org.

### **EL RANCHO DE LAS GOLONDRINAS**

Living history museum located on 200 acres just south of Santa Fe, dedicated to the history, heritage and culture of 18th and 19th century New Mexico. The museum is closed during the winter months but is open by appointment for docent-led tours in April, May and October, and open to the public Wednesday through Sunday, June 1 through Oct. 6, 10 a.m. to 4 p.m. Limited admission after 3 p.m. A free daily guided tour is available with admission at 10:30 a.m., except for festivals and theme weekends. Adults \$6, seniors and ages 13 to 17 \$4, under 12 free; prices for special events vary. 334 Los Pinos Road, Santa Fe. (505) 471-2261, golondrinas.org.

### **EXPLORA**

Family-oriented science center creating opportunities for discovery through interactive experiences in science, technology and art for all ages. Children and toddlers must be accompanied by a paying adult. Open Monday through Saturday 10 a.m. to 6 p.m.; Sunday noon to 6 p.m. Ages 12 and up \$10; seniors, students and military with ID \$7; ages 1 to 11 \$6; under age 1 free. Closes early at 2 p.m. Dec. 24 for Christmas Eve, closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 1701 Mountain Road NW, Albuquerque. (505) 224-8300, explora.us.

### **GEORGIA O'KEEFE MUSEUM**

Dedicated to the Georgia O'Keeffe's life, art and role in the history of American Modernism. Revolving exhibitions, education programs, family and youth programs. Open daily 10 a.m. to 5 p.m.; Friday 10 a.m. to 7 p.m. General admission \$13; New Mexico residents with ID free on the first Friday of the month; seniors and students over 18 with ID \$11; ages 17 and under free. Closes at 3 p.m. on Dec. 24 and 31. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 217 Johnson Street, Santa Fe. (505) 946-1000, okeeffemuseum.org.

### **HARWOOD MUSEUM OF ART**

University of New Mexico-affiliated collection of historic and contemporary art and culture of northern New Mexico. Many family activities and events. Open Tuesday through Friday 10 a.m. to 5 p.m.; Saturday and Sunday noon to 5 p.m. Adults \$10; seniors, students and AAA members \$8; ages 18 and under free; free to UNM faculty and students, military and their families, and Taos County residents on Sundays with proof of residence. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 238 Ledoux Street, Taos. (575) 758-9826, harwoodmuseum.org.

### **LEONORA CURTIN WETLAND PRESERVE**

Adjacent to El Rancho de las Golondrinas south of Santa Fe, this 35-acre nature preserve of the Santa Fe Botanical Garden hosts a diversity of plants and wildlife, trails with numbered interpretive markers, a pond and docents to answer questions. Open May through October, Saturday and Sunday, 9 a.m. to 3 p.m. Early opening at 7:30 a.m. on every third Saturday with \$5 early entrance fee donation. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. (505) 471-9103, santafebotanicalgarden.org/visit-us/leonora-curtin-wetland-preserve.

### **MEOW WOLF**

Meow Wolf's House of Eternal Return is a unique immersive art experience based on non-linear storytelling and exploration through strange, but familiar, realms. Sunday to Thursday 10 a.m. to 8 p.m.; Friday and Saturday 10 a.m. to 10 p.m.; closed Tuesday. Adults \$29; children \$21; seniors \$25; free to children under 3. New Mexico residents: Adults \$24; Children \$17; senior/military, \$22. Must purchase tickets online, after 6 p.m. tickets sold at front desk. Closed Dec. 25 for Christmas Day. 1352 Rufina Circle, Santa Fe, (505) 780-4458, meowwolf.com.

### **MUSEUM OF CONTEMPORARY NATIVE ARTS**

The country's premier museum of contemporary Native arts, with 7,500 artworks across media created in 1962 or later. Open Monday and Wednesday through Saturday, 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Adults \$10; seniors, students and New Mexico residents with ID \$5; Native people, veterans and their families, and under age 17 free; New Mexico residents free on Sunday. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 108 Cathedral Place, Santa Fe. (505) 983-8900, iaia.edu/museum.

### **MUSEUM OF INDIAN ARTS AND CULTURE**

Stories of peoples indigenous to the Southwest, including displays from prehistory through contemporary art. November to May open Tuesday through Sunday, 10 a.m. to 5 p.m. May to October open daily 10 a.m. to 5 p.m. General admission \$12; New Mexico residents \$7 daily and free on the first Sunday of every month; New Mexico seniors with ID \$7, free on Wednesdays; New Mexico students with an ID, \$7; ages 16 and under free. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Museum Hill, 710 Camino Lejo, Santa Fe. (505) 476-1250, indianartsandculture.org.

### **MUSEUM OF INTERNATIONAL FOLK ART**

Wide range of folk art displays, including long and short-term exhibitions, from around the



# Winter 2019-2020 Calendar – Ongoing Events

world. May to October open daily, 10 a.m. to 5 p.m. November to April open Tuesday through Sunday, 10 a.m. to 5 p.m. Adults and seniors, \$12; New Mexico residents: adults and seniors, \$7; students, \$6 daily and free on the first Sunday of every month; New Mexico seniors with ID free on Wednesdays; ages 16 and under free. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Museum Hill, 706 Camino Lejo, Santa Fe. (505) 476-1204, internationalfolkart.org.

## MUSEUM OF SPANISH COLONIAL ART

The only museum in the country dedicated to the art of the Spanish colonial era. Special activities for families and children include a Costume Corner and Youth Art and Activity Center. Winter schedule, open Tuesday through Sunday, 10 a.m. to 5 p.m. General admission \$10; free to New Mexico residents on Sundays; ages 16 and under free. Museum Hill, 750 Camino Lejo, Santa Fe. (505) 982-2226, spanishcolonial.org/museum.

## NEW MEXICO HISTORY MUSEUM AND PALACE OF THE GOVERNORS

Explore New Mexico history from the pre-Columbian era through the Atomic Age, including the clash and melding of the regions' cultures. Features the Discovery Center for hands-on, self-paced family activities. Open Monday through Sunday, 10 a.m. to 5 p.m.; Closed Mondays November through April. Open for free to New Mexico residents on Fridays 5 p.m. to 7 p.m. May to October, and the first Friday of the month November to April. General admission \$12; New Mexico residents \$7 daily, free on the first Sunday of every month; under age 16 free; New Mexico seniors with ID free on Wednesdays. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 113 Lincoln Avenue, Santa Fe. (505) 476-5200, nmhistory.org.

## NEW MEXICO MUSEUM OF ART

Guided tours free with museum admission. Drop in and draw during regular museum hours (front desk provides sketchbooks and pencils). May to October, open Saturday through Thursday 10 a.m. to 5 p.m.; Friday 10 a.m. to 7 p.m. November to April, open Tuesday through Sunday 10 a.m. to 5 p.m.; Friday 10 a.m. to 7 p.m. on the first Friday of the month. General admission \$12; New Mexico residents \$7 daily and free on the first Sunday of every month; under age 16 free; New Mexico seniors with ID free on Wednesdays; free Friday evenings 5 p.m. to 7 p.m. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 107 West Palace Avenue, Santa Fe. (505) 476-5041, nmartmuseum.org.

## NEW MEXICO MUSEUM OF NATURAL HISTORY AND SCIENCE

Exhibits on the history of Earth, Planetarium and movies at the giant-screen Lockheed-Martin Dyna Theater. Open seven days a week, 9 a.m. to 5 p.m. Open 5:30 p.m. to 9 p.m. on the first Friday of the month. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Museum admission: Adults \$8; seniors \$7 and free Wednesdays; ages 3 to 12 years \$5; free to New Mexico residents with ID on the first Sunday of every month. Separate admission fees for DynaTheater and Planetarium. 1801 Mountain Road NW, Albuquerque. (505) 841-2800, nmnaturalhistory.org.

## PAJARITO ENVIRONMENTAL EDUCATION CENTER

Nature center and outdoor education programs provide opportunities for people of all ages to explore the rich natural and



Landscape by Karsen Patten, fifth grade

cultural heritage of the Pajarito Plateau. Preschool and homeschool discovery programs, nature clubs, middle school and high school environmental clubs and many other activities. Registration required for most activities. Open Monday, Wednesday and Friday to Sunday 10 a.m. to 4 p.m.; Tuesday 10 a.m. to 8 p.m.; closed Thursdays. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Free. 2600 Canyon Road, Los Alamos. (505) 662-0460, peecnature.org.

## RAILYARD ARTISAN MARKET

Local artists and craftspeople, farmers, ranchers and food artisans, musicians, refreshments and entertainment, in the heart of the Santa Fe Railyard. Open Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta, Santa Fe. (505) 983-4098, artmarketsantafe.com.

## RALPH T. COE CENTER FOR THE ARTS

A collection of nearly 2,000 objects from Africa, Oceania, Asia and North America. Get a personal, behind-the-scenes tour, converse with the curators and handle one-of-a-kind objects. Open the first Friday of every month from 1 to 4 p.m. and available for private tours upon request. Admission is free. 1590 B Pacheco Street, Santa Fe. (505) 983-6372, coeartcenter.org.

## RANDALL DAVEY AUDUBON CENTER AND SANCTUARY

Over 135 acres of striking landscapes and wildlife, bounded by the Santa Fe National Forest and Santa Fe River Watershed land. Activities include guided bird walks and hikes, and tours of the Randall Davey home. Trails and gardens open Monday through Saturday 8 a.m. to 4 p.m. Will be closed Dec. 21 to Feb. 2 for winter holidays and maintenance. 1800 Upper Canyon Road, Santa Fe. (505) 983-4609, nm.audubon.org/randall-davey-audubon-center-sanctuary.

## RIO GRANDE NATURE CENTER STATE PARK

270 acres of woods, meadows and farmland flourishing with native grasses, wildflowers, willows and cottonwoods, just outside of Albuquerque. Gates open 8 a.m. to 5 p.m. daily; visitor center open 10 a.m. to 5 p.m. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. Admission \$3 per vehicle. 2901 Candelaria NW, Albuquerque. (505) 344-7240, rgnc.org.

## SANTA FE BOTANICAL GARDEN AT MUSEUM HILL

Eleven acres of gardens that celebrate, cultivate and conserve the botanical heritage and biodiversity of our region. November through March, open Wednesday through Sunday 10 a.m. to 4 p.m. Closed Dec. 24 and 25 for Christmas and Jan. 1 for New Year's Day. Adults \$7; seniors and military \$6; students and youth \$5; children 12 and under free. April through October, open daily 9 a.m. to 5 p.m., Adults \$10; New Mexico residents, \$9; seniors and military \$8; students and youth \$7; children under 12 free. Members always free. Museum Hill, 715 Camino Lejo, Santa Fe. (505) 471-9103, santafebotanicalgarden.org.

## SANTA FE CHILDREN'S MUSEUM

A learning laboratory with exhibits and programs designed to cultivate habits of inquiry. Wednesday 9 a.m. to 5 p.m.; Thursday 10 a.m. to 6:30 p.m.; Tuesday, Friday and Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. General admission \$7.50; children ages 16 and under \$5; free for children under age 1. Children under 16 free Thursdays after 4 p.m. Family memberships available. 1050 Old Pecos Trail, Santa Fe. (505) 989-8359, santafechildrensmuseum.org.

## SANTA FE FARMERS MARKET

Over 150 active vendors selling hundreds of agricultural products, with locations in the Railyard and on the Southside. Railyard Farmers Market open Saturday and Tuesday, 7 a.m. to 1 p.m. June to September and 8 a.m. to 1 p.m. October through May. 1607 Paseo de Peralta, Santa Fe. Southside Farmers Market open Tuesday 3 p.m. to 6 p.m. July through September, outside the Presbyterian Medical Center, 4801 Beckner Road, Santa Fe. (505) 983-4098, santafefarmersmarket.com.

## SANTA FE MOMMY MEETUP GROUP

For all moms (and dads!) who delight in having fun with their children, primarily ages 0 to 5 years old. Mommy Meetup offers play dates, parents' events, charity and educational events, and an online discussion board. \$16 annual dues. meetup.com/santafemoms.

## SANTA FE PUBLIC LIBRARY

Main Library, 145 Washington Avenue, open Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; Sunday 1 to 5 p.m.; 955-6781. Oliver La Farge Branch, 1730 Llano Street, open Monday through

Wednesday, 10 a.m. to 8 p.m.; Thursday to Saturday, 10 a.m. to 6 p.m.; Sunday 1 p.m. to 5 p.m.; 955-4862. Southside Branch, 6599 Jaguar Drive, open Monday through Thursday, 10:30 a.m. to 8 p.m.; Friday and Saturday, 10:30 a.m. to 6 p.m.; Sunday 1 to 5 p.m. (505) 955-2820, santafelibrary.org.


## VISTA GRANDE PUBLIC LIBRARY

Story times, family movie nights, reading programs and special events. Open Tuesday through Friday 10 a.m. to 6 p.m., Saturday, 10 a.m. to 4 p.m. 14 Avenida Torreon, Eldorado. (505) 466-7323, vglibrary.org.

## WHEELWRIGHT MUSEUM OF THE AMERICAN INDIAN

Contemporary and historic Native American art with an emphasis on the Southwest. Talks, seminars, meet-the-artist receptions and many other events. General admission, \$8. Open daily 10 a.m. to 5 p.m. Closed Dec. 25 for Christmas and Jan. 1 for New Year's Day. 704 Camino Lejo, Santa Fe. (505) 982-4636, wheelwright.org.

Please send us information about family events happening in March, April and May for our Spring 2020 calendar. Email to [calendar@sftumbleweeds.com](mailto:calendar@sftumbleweeds.com). Deadline: Jan. 31.



## Gentle Shepherd Preschool

(est. 1989)

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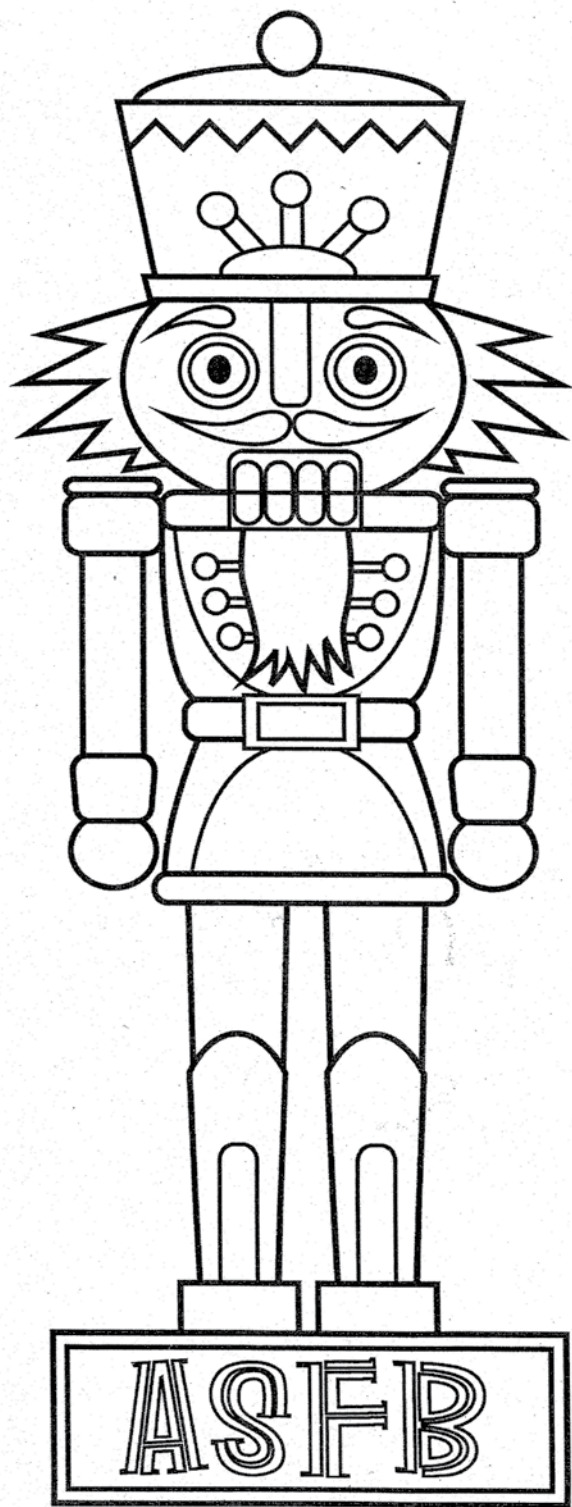
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- Play and Exploration
- Literacy, Music, Art
- Outside Classroom
- Christian Emphasis

**505-983-9838**

209 East Barcelona Road  
Santa Fe, NM 87505





## HAPPY HOLIDAYS FROM TUMBLEWEEDS!

Have fun coloring and decorating this Nutcracker, courtesy of Aspen Santa Fe Ballet, and enjoy ASFB's magical live performances of "The Nutcracker" at the Lensic Performing Arts Center, Dec. 14 at 2 and 7:30 p.m., and Dec. 15 at 1 and 5 p.m. Tickets are available at the Lensic Box Office, 211 W. San Francisco St.; (505) 988-1234; or [tickets.lensic.org/events](https://tickets.lensic.org/events).

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5501 Herrera Dr.

Santa Fe, NM 87507

Provider Offices: **(505) 913-3233**

Laboratory: **(505) 913-4160**

Urgent Care: **(505) 913-4180**

## **DeVargas Health Center**

510 N. Guadalupe St., Suite C

Santa Fe, NM 87501

**(505) 913-4660**

## **Arroyo Chamiso Pediatrics**

465 St. Michael's Dr., Suite 200

Santa Fe, NM 87505

**(505) 913-4901**

## **Family Medicine Center**

2025 Galisteo St.

Santa Fe, NM 87505

**(505) 913-3450**

## **Pojoaque Primary Care**

5 Petroglyph Circle, Suite A

Pojoaque, NM 87506

**(505) 455-1962**

## **Rodeo Family Medicine**

4001 Rodeo Rd.

Santa Fe, NM 87507

**(505) 471-8994**

## **St. Michael's Family Medicine**

465 St. Michael's Dr., Suite 240

Santa Fe, NM 87505

**(505) 988-1232**