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Tumbleweeds

FALL 2024 | FREE

MAGAZINE

ADDICTION, FAMILY, &
SURVIVAL

Balloon Fiesta
Insider's Guide

4-H & FFA
Programs

*Autumn
Vibes*

2024 HEALTH &
WELLNESS GUIDE

PG. 21

CALENDAR OF EVENTS

PG. 26

PATIENT EDUCATION

VOLUME 4: DENTAL EMERGENCIES

Dental emergencies may happen anywhere and at any time, especially with active children running around! One moment is filled with fun when the next is filled with tears, so it's important to know how to handle a dental emergency and what to do to help your kids. Learn more about what to do if your kid is having an emergency below:

If you find your child is suffering from a **toothache**, help identify the area first. Clean around the sore tooth, use warm salt water to clean the area and remove any food or bacteria that's trapped between the teeth. If appropriate, use temporary pain relief medicine like ibuprofen or Tylenol. If their face is swelling, apply a cold compress to the area. When swelling is present, or if the pain continues for more than a day, we recommend contacting us to schedule an appointment.

A **cracked tooth** is serious business! Without caring for it, your child could develop an infection rather quickly. Be sure to rinse their mouth out with water to properly clean the area. Schedule an appointment with us as soon as possible.



If a permanent **tooth is knocked out**, ensure your child doesn't have a serious injury anywhere else, then see if the tooth that's been knocked out is still in its same stable structure. If so, keep it moist at all times! If the child can hold it in their mouth, that is the best. If not, a cup with some of their own saliva is a second best. Milk is a good last resort (definitely don't use treated tap water.) Above all, contact us immediately. When a permanent tooth is knocked out it must be put back within a matter of hours. We don't replace baby teeth that get knocked out, but we do recommend we see your child to make sure the traumatized area is ok. We also need to ensure the entire tooth came out since it can be hard to tell by looking at the tooth alone.

We also know know emergencies sometimes occur on the weekends or at night. If so you can call or text a picture to our after hours emergency line. Our doctors will determine the correct course of action for your emergency. (505) 473-5437

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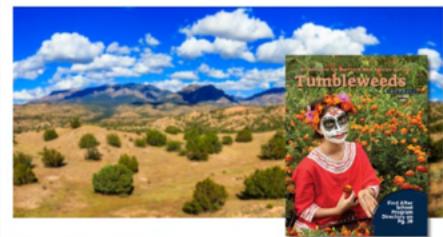
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First Look



Dear Readers,

As we say goodbye to summer, tucking away our swimsuits and pulling out our sweaters, it's time to prepare for Fall 2022. With the newest issue of *Tumbleweeds Magazine*, we've loaded the pages with plenty of back-to-school tips and the latest on what's happening in Northern New Mexico. Inside you'll find:

- [Tips for reducing anxiety for the beginning of school](#)
- [Telehealth resources for pediatric patients](#)
- [Diverse and inclusive children's books](#)
- [A look at Santa Fe's latest community event - Día de Los Muertos](#)

Pick up your free copy around town or read the digital edition now!

- Jen Paul Schroer, Editor

[Read the Digital Edition!](#)

Tumbleweeds

VOLUME 30 | NUMBER 3

MAGAZINE

Cover Kid Q&A

ON THE COVER:

JAY BACA, 10 YRS

How do you like to spend your time?

Jay: I like to spend my time playing basketball, reading, and building things.

What do you think will be different about the world when you are an adult?

Jay: It will have more advanced science than we do now, and I will probably see the world differently than I do now.

Who are your best friends and why do you like each other?

Jay: I don't want to disclose their names because I don't have confirmation that they want to be in this magazine or

not, but we all like each other because we are the same age and I guess you could say we don't like each other for any specific reason, we just do.

What do you think your parents do at work all day?

Jay: Well, I didn't go to law school so it's kind of unclear what my dad and my stepmom do, and my mom paints murals.

What's the most important rule that you know of?

Jay: Well, I guess it depends on the question, but just in my principles, I would probably say it's don't burn the house down.



Jay Baca harvesting apples.

JOIN THE CONVERSATION

Connect with us on social media or write to us at HELLO@TUMBLEWEEDSMAG.COM. Letters, artwork, and articles from our readers on personal and professional experiences with children are welcome. Tumbleweeds Magazine strives to connect families to resources and to each other.

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As the #1 resource for Northern New Mexico families, you may include your business in Tumbleweeds Magazine's online Family Directory for FREE. Submit your business information at: FamilyDirectory@TumbleweedsMag.com

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Contents

04

Community

Fostering Bananas: Understanding the Layers of Support

Health
A Balancing Act

06

08

Traditions

Balloon Fiesta Insider's Guide for Families

Voces de la Familias
Guía del Festival de los globos para familias

10

12

Agriculture

Competitions, Character Building, and Camaraderie at the New Mexico State Fair

16

Book Nook

Library Adventures

Outdoors
Exploring New Mexico's Outdoors Year-Round

18

20

Noisy Acorns

Election 2024

2024 Health & Wellness Guide

21

26

September/October
Calendar of Events

Be a Part of Tumbleweeds Magazine!

2024 Holiday Issue Deadlines



ARE YOU INTERESTED IN CONTRIBUTING AN ARTICLE? OR DO YOU HAVE A STORY IDEA?

Contact Jen@TumbleweedsMag.com

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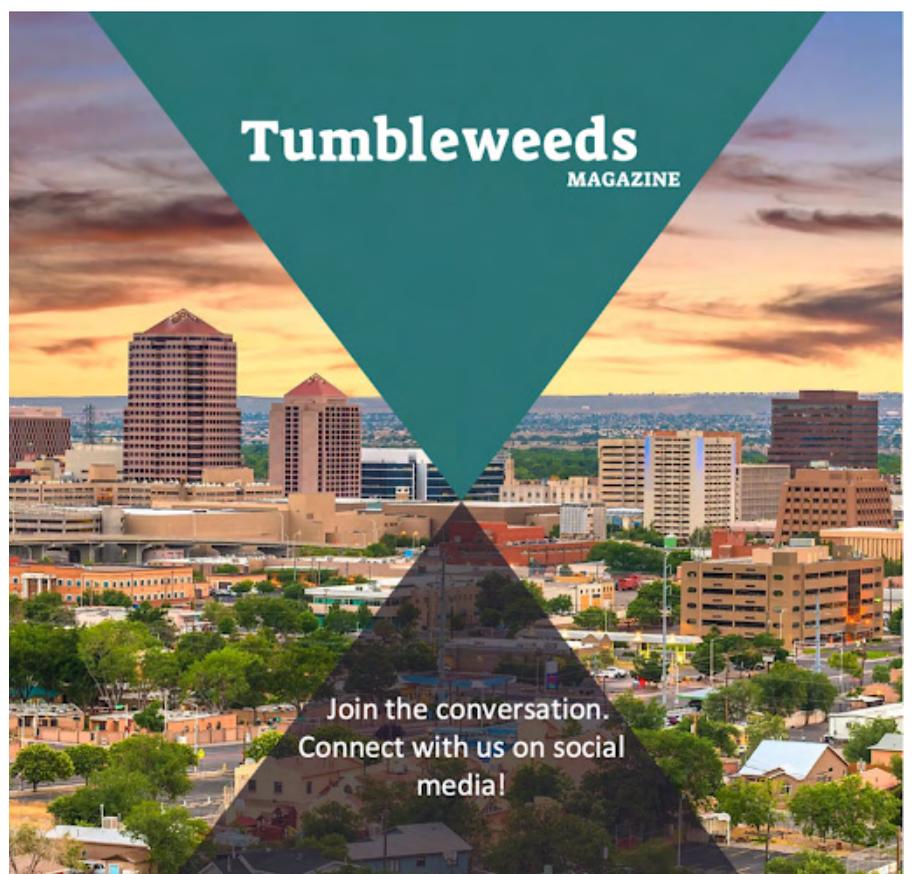
ON THE COVER:

Jay Baca, age 10, exploring the apple orchard at Reunity Resources, a nonprofit community farm in Santa Fe. Photo by Kitty Leaken.

ARTWORK IN THIS ISSUE:

Tumbleweeds Magazine partnered with Art School Santa Fe, Dragonfly Art Studio and JF Mazur Studio to share children and teen artwork. Art School Santa Fe offers courses in numerous genres including illustration, creature design, fantasy art, comic book drawing, animals, landscapes and cartooning. Dragonfly Art Studio is a place where kids and adults develop their creative talent in a fun and stimulating environment. JF Mazur Studio offers children's art workshops and private painting classes. See more artwork on our website, TumbleweedsMag.com.

POSTED



Fostering Bananas:

Understanding the Layers of Support

MOMMA KIKI

Learning how to build your support system.

/Re-source/ *noun*

Providing a person or family with assets in order to support them and help them function effectively.

/Su-pport-Sy-stem/ *noun*

Network of people who offer an individual or family practical or emotional support.

Four years ago, I began the foster care journey convinced that although I did not have a partner at the time, I would be able to do it alone. Foster care was always something I knew I would be doing, and it was my plan since I was 18 years old. Supporting children in need and being a resource for them filled my heart. But once I stepped into this journey, it was apparent to me

that doing it alone was never going to be the case.

Any parent will tell you that bringing children into your home and your life not only affects you but all the people around you. This includes your family, friends, and your community. In the almost four years that I have been a licensed foster parent, there have been eight children that have come into my care, and each one made an impression. They connect with you as the parent figure, your partner, your parents, siblings, extended family, friends, and even your own children. When they leave, it breaks your heart and those around you, a unique form of grief comes over you for your loss, you fear for their future, you feel a sadness for those around you that made a connection, but you can also feel hope for the chance for them to rejoin and restart with those closest to them.

As a foster parent, you endure similar hardships that any parent goes through, but in your situation there will always be to a certain degree instances that are not relatable. You are not their parent, you are not a babysitter, you may know nothing about them, nor will you learn from their worker, and due to your circumstance you are being heavily monitored by others for how

you care for them. And with all this comes unique troubles and uncharted territory. When things get really hard, all you can do is lean on those closest to you. Your partner is always the first person you turn to, because they are going through the same emotions and they are in your shoes. If you have a family like me, then they are the ones who you turn to next. Your parents can come in and provide you with respite care and relief. Your siblings can jump in and be the fun aunt or uncle who takes the kids for a quick treat and can give you the needed straight talk. Your extended family can add to that support and love. Your friends are the ones who you call for an ear to listen or a shoulder to cry on, or in a pinch in the middle of the night an emergency pack and play. Each of these people all play a critical role in how we as foster/resource parents are able to continue to do this as they are the foundation of a strong and necessary support system.

Being a foster family means juggling twice as many doctor appointments, home visits, therapy sessions, and school evaluations. Children in care often need additional support for their education, emotional health, and physical well-being. Researching and accessing these resources takes significant time and effort. Our family has benefited from various community



Courtesy photo: Playing house at the Santa Fe Children's Museum.



Courtesy photo: Washing the dishes after prepping cookies with BBBS Mountain Region.

resources, which have provided the necessary tools for a well-functioning home. While Santa Fe offers many resources, finding the right ones can be challenging and time-consuming. Here, I share the resources we use and trust, which have become integral to our support system.



Courtesy photo: Playtime at Many Mothers.

TeamBuilders Behavioral Health
TeamBuilders supports adults, children, adolescents, and families at risk of behavioral health disorders. For more than two years, they have provided our family with weekly therapy, family support, respite care, and psychological assessments, which have been crucial for our children's well-being. Their holistic approach has made them a key part of our support system. teambuilders.org

Presbyterian Medical Services Flores del Sol Head Start
PMS offers quality, accessible, integrated health, education, and human services. After a negative experience with another facility, we enrolled our 3-year-old in their Head Start program. Now, our child has graduated to kindergarten well-prepared emotionally, socially, and academically. pmsnm.org

Thrive Community School
Thrive is a diverse K-8 learning community that focuses on social and emotional learning and evidence-based teaching to advance educational equity. Our son, who struggled academically and behaviorally, has thrived here, ending the school year with straight A's and a newfound love for learning. thriveschools.org

Reading Quest
Reading Quest provides free literacy tutoring and social-emotional support. After two years of weekly sessions and summer camps, our child now reads at grade level and enjoys reading nightly. This organization is highly recommended for children needing reading assistance. readingquestcenter.org

Here are a few more resources we've used and highly recommend:

Foster Momma Kiki grew up in a loving home right here in Northern New Mexico. A home that openly took in children and teens throughout her upbringing. She learned from her parents the selfless act of caring for others. She currently lives with her husband and their three children (5, 9, and 17) who they have recently adopted or are the legal guardians. You can connect with Momma Kiki at fostermommakiki@gmail.com.

New Mexico Friends of Foster Children provides birthday presents, scholarships, and family outings for foster families. nmffc.org

Boys and Girls Club offers aftercare programs and seasonal camps for boys and girls ages 5 to 16. bgcsantafe.org

The Food Depot/Diaper Depot distributes food weekly and diapers biweekly. thefooddepot.org

Dentistry for Kids and Arroyo Chamiso Pediatrics (Christus) are health organizations for young children.

Communities in Schools provides school-based programs supporting students with tutoring and resources. communitiesinschools.org

City of Santa Fe, Recreation Division provides aftercare and seasonal camps.

Big Brothers Big Sisters Mountain Region offers one-on-one mentoring. bbbsmountainregion.org

Rainbow Road Therapies provides various therapies for adults and children. rainbowroadtherapiesnm.com

Las Cumbres Community Services provides services for families facing social, emotional, and developmental challenges. lascumbres-nm.org
Many Mothers offers support for women through pregnancy and early childhood. manymothers.org

Queen Bee Music Association offers music programs for children ages 0 to 5, helping parents provide musical experiences at home. queenbeemusicassociation.org

Growing up New Mexico & Dolly Parton Imagination Library provide free family support services and books for children aged 0 to 5. growingupnm.org

Santa Fe Children's Museum offers open play, birthday parties, and outdoor space. santafechildrensmuseum.org

Del Norte LOV Foundation supports youth and families with financial literacy and nonprofit resources. delnortelovfoundation.org

Santafam is the Instagram account of a local mom sharing resources and experiences in Santa Fe. [@santafam](https://www.instagram.com/santafam)

Are you a foster family or a parent who is in need of resources? Reach out to Momma Kiki, and I can assist you in finding what you might need. We are all in this together.

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A Balancing Act



E. QUINONES

When a family member is battling addiction, we are all impacted

As our blended family continues to grow with new relationships and babies being born, the complexities come along, too. I want to focus on a topic that impacts many families, a subject that we often have a hard time talking about: addiction. The dictionary definition of “addiction” is, “The fact or condition of being addicted to a particular substance, thing, or activity.” In this article, I am referring to alcohol and drug addiction specifically.

At the beginning of a romantic relationship there is a euphoria. We are under a spell of sorts. There is a sense of newness, excitement, and love. With



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all these positive emotions swirling, we often see only the parts of the relationship—and of the other person—that we want to see. We don’t focus on the possessive behavior we experienced that one time when they had too much to drink. We don’t focus on the times they were nonresponsive to texts or phone calls for hours or even overnight. We don’t want to think about the times that they were just ‘gone’ overnight and didn’t fully answer our question when we saw them again—Where were you? We don’t want to see the signs that this relationship may not be the best for us. Sometimes we get out, we move on, and life continues. Other times, we continue to be under the spell, hopeful that things are different than we think they may actually be. We live in a land of denial for a while, until suddenly things have changed and a baby is on the way.

Now, circumstances change for everyone. Now, the family gets involved because it’s not just about you making decisions about your own life. Now, you have brought a new life into the family—my

grandbaby. And, you better believe that I’m going to get involved.

I begin to open my eyes to this relationship. I see the arguments. I see the lies. I see the constant drama. I see addictive behaviors. I see the substance use. I see the adults around this beautiful baby swirling out of control. They have been swirling since they were brought into my life, but I didn’t pay much attention before my grandbaby came along. I make deliberate choices to stay close to the parent that I’m not biologically attached to: The mom. I choose to befriend them, to stay close to the grandbaby because I see that the relationship with my son isn’t going to last and this child’s life is only going to be pulled deeper into the out-of-control spiral.

I recognize that this swirling motion didn’t start with this generation. A quick glance at the mother’s family

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dynamics reveal that drama, addiction, trauma, ACE numbers, and more have been part of this family for generations. It breaks my heart. This isn’t what I wanted for my son. This isn’t what I want for my grandbaby. This was not my choice. But, I do have choices now, and my actions from this point forward are very deliberate.

She says she wants to give this baby a different life than she had. She says she wants to be a better mom than the mom she had growing up. She says that she was hurt so much as a child and wasn’t

listened to by her mother. She wants her baby to trust her as she grows. She says she wants to be the mom that she never had. She says a lot, but the actions speak louder than words. The alcohol brings her down. The other stuff helps her to come up. I'm not exactly sure what drugs she's taking, but she is definitely under the influence of something, often. Somehow she is trying to find a balance to live in.

I feel like I'm sitting at an intersection watching a car accident happening in slow motion. I try to intercede while staying in my lane. I offer help without enabling. I speak with empathy to hopefully help her realize her self worth. I remind her of the words of hope she spoke a few years ago, when the baby was born. I encourage her that she can still be the mom that she always wanted. Unfortunately, today the pull of the addiction is stronger than my words, stronger than everything. It's stronger than the love for her child.

I am grateful that my son has found sobriety and is in a positive, healthy relationship now with another woman. His new wife loves his child and has joined our effort to protect the child from the negative effects from the biological mother's choices. This is a blessing that I am extremely grateful for. It's been hard for her to understand my actions at times. I work to explain that all I have done for the mother is truly for the child. If the mother is

sober then my grandchild will have a better life, because after all, she is her biological mother and always will be. My grandchild loves their mother, even through the addiction. I sometimes worry about my grandchild's future. In those moments, I focus on today. I focus on teaching my grandchild about their own self worth to help build their resilience as they grow older and face their own challenges.

As I walk the line of a grandparent with a beautiful grandchild, and a mother watching their adult child try to navigate a relationship engulfed in addiction, I work to protect the child. I deliberately choose to be involved and engaged. I understand that not everyone chooses this and I respect that, again, we all make our own choices. I work to become educated. I seek out informed professionals. I remain a curious learner because I am not going through the addiction and I don't know what she is going through. I can't fully relate and I'm not going to pretend to.

If you, your family, or a family that you know are working to navigate parental addiction, I found a great resource that I want to share with you today: Sesame Workshop has series where Elmo is talking with Karlie about her parental addiction situation. (You can find it at sesameworkshop.org/topics/parental-addiction/) One of the best tools I've found to share with my grandchild is this.

The 7 C's

You didn't **Cause** the problem.

You can't **Control** it.

You can't **Cure** it.

But...

You can help take **Care** of yourself.

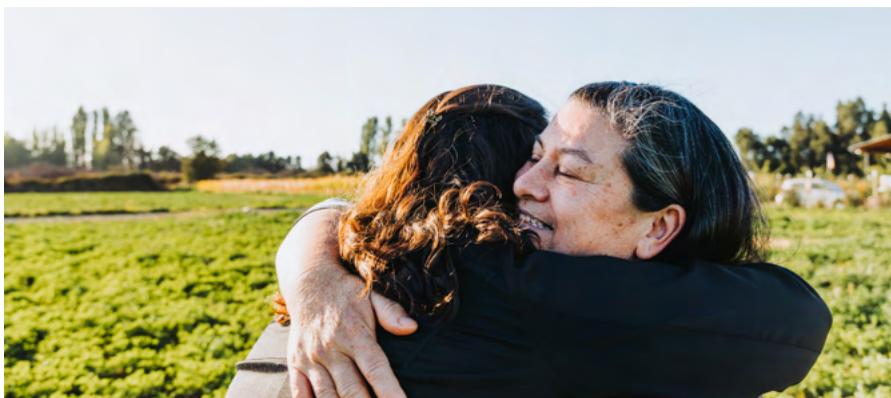
You can **Communicate** your feelings.

You can make healthy **Choices**.

You can **Celebrate** yourself!

If you are in a similar situation, know that you are fighting a good fight for your family member. Don't give up on that child. They didn't choose to be born into this lifestyle. Know that you are not alone. Together, we are making a positive difference on the next generation, one baby at a time.

Written by E. Quinones. This is a true story and reflection from the author, who has asked to remain anonymous under a pen name.



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HALLOWEEN CARNIVAL
Saturday, October 26, 2024 12-5 pm
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 Haunted House · Tricks & Treats · info & raffle tickets: carlosgilbertptk.com



JF Mazur Studio courtesy photo.

Balloon Fiesta

Insider's Guide for Families



TOM GARRITY

The event's 52nd year launches this October

When it comes to family travel, finding a destination that captivates both young and old can be a challenge. The Albuquerque International Balloon Fiesta, held annually in Albuquerque, is one such destination that promises a blend of excitement, education, and entertainment, making it an ideal choice for a memorable family getaway.

The 52nd event is scheduled to launch October 5 and run through October 13. Featuring more than 500 hot air balloons flown by pilots from around the world, Balloon Fiesta is renowned for its stunning launches and displays of hot air balloons.

Every October, the sky above Albuquerque transforms into a canvas of vivid colors as hundreds of balloons take flight. The sheer scale and beauty of the event are awe-inspiring—especially for children, who marvel at the sight of these giants floating gracefully against the backdrop of the blue New Mexico sky. The event's signature mass ascensions and themed balloon displays—ranging from whimsical shapes to intricate designs—create a feast for the eyes that captivates all ages.

The morning events feature hot air balloons launching in mass ascensions. The evening events provide hot air balloons in static display. All events are

dependent upon good flying weather. Check the Balloon Fiesta's social media channels (Facebook and Twitter) to find insight on the day's flying events. You can also sign up to receive text message alerts. (Visit balloonfiesta.com and look for the link at the bottom of the page.)

For more than 30 years, I've had a front row seat to watch the event grow, contract and then right size—many of those years as its spokesperson. Guests travel from around the world to watch balloons launch in this geographically unique part of Albuquerque. Here, over the 360-acre Balloon Fiesta Park, the weather converges to create the Albuquerque Box. The Box allows pilots to take off and land from Balloon Fiesta Park. The pilots like it and the guests love it, as it allows balloons to keep flying, time and time again, over the park.

So what do you need to know about bringing your family to the event?

Balloonfiesta.com is the hub for planning a trip. On the website you will find information about tickets, parking, park and ride, and bike valet. Children 12 and under are free. Also, New Mexico families have an extra treat this year: Monday, October 7 is New Mexico Day at Balloon Fiesta. Residents can show proof of residency and get in for free.

Courtesy photo: Special shapes fly during the nine-day event. The Special Shape Rodeo is a favorite, scheduled to occur Thursday, October 10 and Friday, October 11. Photo credit: Tom Garrity.

Driving to the park is the same for all of the 14 sessions that launch from Balloon Fiesta Park over the nine-day event. The website also has information on where the ride share programs will drop you off and pick you up from Balloon Fiesta. The Fiesta Express park and ride is a worry-free way to get to Balloon Fiesta Park. Make a reservation for park and ride based on the time and location that works best for your family. It really is the easiest way to access Balloon Fiesta.

If your family enjoys riding bikes, consider parking in the Journal center area of Albuquerque and pedaling up the North Diversion Channel to Balloon Fiesta Park. The bike path will cross over the channel and lead to the free bike valet area (located north of the Balloon Museum). You will still need to pay admission to get into Balloon Fiesta.

The opportunity to fly in a hot air balloon during the Balloon Fiesta



Courtesy photo: Balloon Fiesta is a magical place to watch hot air balloons lift to life with the help of a lot of hot air. Photo credit: Tom Garrity.



Courtesy photo: Balloon glows are when hot air balloons are in static display during the dark hours of the day, and the special shapes make balloon glows special. There are five glows occurring during this year's event. Photo credit: Tom Garrity.

provides unique views. Rainbow Ryders is the official ride vendor. You can learn more about their availability and pricing by visiting their website, Rainbowryders.com. Book early, months before the event. If there are no openings, ask to be put on a waiting list.

Walking into Balloon Fiesta Park, families should keep in mind that there will be security at all of the public gates. Here is some information about what is allowed to go through the metal detectors at the public gates and how to proceed: One backpack/bag per person,

and clear bags will expedite the process. Blankets or bulky clothing should be carried over the shoulder to be screened more quickly. Folding chairs are allowed, but will have to be removed from the carrying case for inspection. You can also bring food of any kind for personal consumption (resale is prohibited). More information about what isn't allowed is listed on the website.

For the first Saturday, planning to arrive at Balloon Fiesta Park by 5 a.m. (at the latest) is very reasonable. Opening day traffic is always a challenge. After that, being on the field by 6 a.m. for morning events and 5 p.m. for afternoon events will position your family for success.

Dress in layers, and bring sunscreen, a hat, and sunglasses. Morning temperatures can hover between 40 to 50 degrees. Once the sun peeks over the Sandia Mountains and blankets Balloon Fiesta Park, temperatures will raise quickly to 70–80 degrees for afternoon highs.

Families should also plan to visit the Balloon Discovery Center at the north end of Balloon Fiesta Park. It is a great place to learn about hot air ballooning, the science of flight, and the importance of weather.

If you choose to go to the balloon glows (a favorite event for my daughters), encourage your children to ask hot air balloon pilots for a trading card. All of the pilots are provided trading cards and they are fun to collect and trade. They have them during the mass ascensions,

but the crews are often focused on preparing their aircraft for flight. Evening events are a lot more laidback for this kind of activity.

Other events happening during the Balloon Fiesta include drone shows, parachute teams, evening fireworks, and a lot of traveling entertainment along main street. The main stage, located on the east side of the field in the middle of the concessions, has local bands playing after each of the morning and evening sessions.

Perhaps the most important thing for parents to do is to take a picture of your children the morning of Balloon Fiesta. Sometimes parents and children get separated. Showing event staff, launch directors, or uniformed first responders a picture of your lost child or parent is very helpful. Reunions will take place at the public safety center, the two-story building located behind the Main Stage.

To make the most of your Balloon Fiesta experience, a bit of planning can go a long way. Arrive early to secure good viewing spots and avoid the busiest crowds. Additionally, staying hydrated and having snacks on hand will keep everyone energized and happy.

Tom Garrity is the spokesperson for the Albuquerque International Balloon Fiesta. His public relations firm, the Garrity Group, coordinates the event's social media channels on Facebook, Instagram, TikTok, and Twitter. His first visit to Balloon Fiesta was in 1991 as a reporter/producer with KOAT-TV. He started coordinating the events media relations effort in 1994.



Courtesy photo: Watching the morning mass ascensions from the south end of the park typically provides one of the best views of the 500+ mass launches. Photo credit: Tom Garrity.



1958 - 2024

In Loving Memory of Scott Appelman

As the founder and president of Rainbow Ryders, he was a cherished mentor, colleague, and friend to many.

He also helped make New Mexico the **Hot Air Ballooning Capital of the World!**

He will be missed.

Guía del *Festival los globos* para familias



TOM GARRITY

El año 52 del evento comienza en octubre

—
Cuando de viajar en familia se trata, encontrar un lugar que cautive tanto a jóvenes como a mayores puede ser un desafío. El Festival internacional de los globos de Albuquerque, que se lleva a cabo anualmente en Albuquerque, es uno de esos destinos que promete entusiasmo, educación y entretenimiento y por eso lo hace una opción ideal para unas vacaciones familiares memorables.

En su año 52, el evento inicia el 5 de octubre y concluye el 13. Presenta más de 500 globos aerostáticos que conducen pilotos de todo el mundo y se le reconoce por sus despampanantes ascensos y presentaciones de globos.

Cada octubre el cielo de Albuquerque se transforma en un lienzo de intensos colores cuando cientos de globos se elevan. La simple escala y belleza del evento es impresionante — especialmente para los niños, quienes se maravillan al ver estos gigantes flotar airosamente contra el fondo azul del cielo de Nuevo México. Las ascensiones en masa y las presentaciones temáticas —que van desde formas juguetonas hasta complejos diseños— crean una fiesta visual que encanta a chicos y grandes.

Los eventos matinales presentan globos que despegan en masa. Los eventos vespertinos ofrecen globos en

exposiciones estáticas. Todos los eventos dependen de que haya un clima bueno para volar. Chequee los canales de los medios sociales del Festival (Facebook y Twitter) para averiguar cuáles son los eventos del día. También puede apuntarse para recibir mensajes de alerta en texto. (Visite balloonfiesta.com y busque la conexión que aparece al pie de la página).

Por más de 30 años, he estado en primera fila para ver el evento crecer, contraerse y, luego, llegar a su tamaño preciso —muchos de esos años como su portavoz. Visitantes de muchas partes del mundo vienen para admirar el vuelo de los globos en esta parte de Albuquerque tan única geográficamente. Aquí, en el parque del Festival, de más de 360 acres, el clima converge para formar la Caja de Albuquerque. Ésta permite que los pilotos puedan despegar y aterrizar desde el parque del Festival de globos, lo cual agrada a los pilotos y a los visitantes todavía más pues permite que los globos vuelen repetidamente por encima del parque.

¿Qué necesita saber para traer a su familia al evento?

Para planificar su viaje consulte balloonfiesta.com. En el sitio encontrará información sobre boletos, estacionamiento, estacionamiento disuasorio y servicio para que estacionen

Globos de formas especiales vuelan en el evento de nueve días. Favorita entre las formas especiales es la Rodeo, programada para el jueves, 10 de octubre, y viernes, 11 de octubre. Foto por Tom Garrity.

su bicicleta. Los niños menores de 12 años entran gratis. Este año las familias de Nuevo México tienen un regalo extra: con prueba de residencia la entrada es gratis.

Llegar en carro es lo mismo para las 14 sesiones que se inician en el parque del Festival de globos durante el evento de nueve días. El sitio en la red también tiene información de dónde se abordan los servicios de transporte compartido que lo dejan y lo recogen en el Festival. El servicio Fiesta Express ofrece una

manera de llegar al parque de los globos libre de preocupaciones. Puede hacer una reservación para dejar su vehículo estacionado y que lo conduzcan al Festival. Haga la reservación con base en la hora y lugar que más le conviene a Ud. y a su familia. Realmente es la mejor forma de acceder al Festival de globos.

Si a su familia le gusta montar en bicicleta, considere estacionar su automóvil en el área del centro Journal en Albuquerque y pedalear por el canal de desvío norte hasta el parque



Foto de cortesía: El Festival de los globos es un lugar mágico para mirar globos aerostáticos elevarse con la ayuda de mucho aire caliente. Foto por Tom Garrity.



Foto de cortesía: El espectáculo de los globos iluminados ocurre cuando estos se presentan en forma estática durante las horas de la penumbra, lo cual resalta el fulgor de las formas especiales. Foto por Tom Garrity.

del Festival de globos. La ciclovía cruza el canal y llega al área donde le estacionan su bicicleta gratuitamente (ubicada al norte del Museo de los globos). Es necesario pagar el ingreso al Festival de globos.

La oportunidad de volar en un globo aerostático durante el Festival de globos le ofrece vistas singulares. Rainbow Ryders es el proveedor oficial de este servicio. En el sitio Rainbowryders.com hay información sobre disponibilidad y precios. Haga reservaciones pronto, incluso meses antes del evento. Si no hay cupo, pida que agreguen su nombre a la lista de espera.

Si piensa caminar al parque del Festival de globos, tome nota que habrá personal de seguridad en todas las entradas públicas. Lo siguiente indica lo que se permite pasar por los detectores de metal en las entradas públicas y cómo proceder: Una mochila/bolsa por persona; las bolsas transparentes expeditan el proceso. Mantas o ropa gruesa deben llevarse en el hombro para que se puedan revisar más rápidamente. Se permite sillas plegables, pero hay que sacarlas de su funda portátil para inspección. También puede llevar comida de cualquier clase para consumo personal (se prohíbe la reventa). En el sitio en la red hay más información sobre lo que no se permite entrar.

Para el primer sábado, es razonable hacer planes para llegar al parque del Festival de globos a más tardar a las 5 a.m. El tránsito el día de la inauguración es un desafío. Después de ese día, llegar a las 6 a.m. para los eventos mañaneros y a las 5 p.m. para los del atardecer le permitirá a Ud. y su familia una posición de éxito.

Vístase en capas, no olvide el protector y los anteojos de sol. Las temperaturas en la mañana oscilan entre los 40 y 50 grados Fahrenheit. Apenas aparece el sol sobre las montañas Sandía y cubre el parque del Festival, la temperatura sube

rápidamente hasta los 70-80 grados en la tarde.

Le sugerimos que haga planes con su familia para visitar el Balloon Discovery Center al norte del parque del Festival. Es un lugar excelente para aprender sobre los globos aerostáticos, la ciencia de volar y la importancia del clima.

Si opta por asistir al espectáculo de los globos iluminados (un evento favorito para mis hijas), sugiera a sus chicos que pidan a los pilotos de los globos una tarjeta de canje. Todos los pilotos tienen tarjetas de canje y es divertido coleccionarlas y canjearlas. Las tienen durante los ascensos masivos, pero con frecuencia las tripulaciones están enfocadas en preparar el globo para el vuelo. Los eventos vespertinos

son más tranquilos para este tipo de actividad.

Otros acontecimientos durante el Festival de globos incluyen presentaciones de drones, equipos de paracaídas, fuegos artificiales nocturnos y mucha entretención a lo largo de la calzada central. El escenario principal, ubicado al lado oriente del campo en medio de las ventas, tiene conciertos de bandas locales que tocan después de los eventos de la mañana y de la tarde.

Quizás lo más importante para los padres de familia es tomar fotografías de sus hijos en la mañana o antes de llegar al Festival de globos. A veces los padres y los niños se separan. Mostrar una foto de su niño perdido al personal del evento, directores de lanzamiento o personal con uniforme de primeros auxilios es de gran ayuda. Se les reunirá en el centro de seguridad pública, el edificio de dos pisos situado detrás del escenario principal.

Para aprovechar al máximo su experiencia en el Festival de globos, planear un poquito vale la pena. Llegue temprano para encontrar un buen lugar para mirar los globos y evitar las aglomeraciones. Además, permanecer hidratado y tener a mano tentempiés los mantendrá a todos con energía y contentos.

Tom Garrity es el portavoz del Festival internacional de los globos de Albuquerque. Su empresa de relaciones públicas coordina los canales de medios sociales del evento en Facebook, Instagram, TikTok y Twitter. Su primera visita al Festival de los globos fue en 1991 como reportero y productor con KOAT-TV. Inició la coordinación de las relaciones mediáticas del evento en 1994.



Foto de cortesía: Típicamente, mirar el ascenso masivo matutino desde la parte sur del parque ofrece una de las mejores vistas de los más de 500 lanzamientos masivos. Foto por Tom Garrity.

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Competitions, Character Building and Camaraderie at the New Mexico State Fair

ERIN THOMPSON

Like the main event itself, 4-H and FFA programs are a proud New Mexico tradition

As a former EXPO New Mexico employee (and mother to a state fair superfan), I've had the good fortune to spend a lot of time at our beloved New Mexico State Fair over the past decade or so. I've witnessed firsthand how kids' programming at the fair—including the Sensory Station for special needs fairgoers, School Days which hosts entire classrooms of curious learners, and art competitions for our state's youngest emerging artists—provides a fun and rewarding experience for New Mexico youth.

For young people growing up in rural New Mexico (and some more populated areas of our state as well) with familial roots or a general interest in agriculture, programs such as 4-H and Future Farmers of America (FFA) are more than extracurricular activities. They're reflective of an often multigenerational way of life. For the New Mexico State Fair, the competitions, shows, and livestock sales are fundamentally intertwined as part of the fabric of our annual event. The fair is a platform for kids to build their skills, boost

their confidence, and compete for the big prizes.

Since the fair's inception in 1938, agriculture has been at the heart of New Mexico's biggest show. From cattle growers to chile farmers to dairy producers, our state's ag families have persevered from season to season, tackling unique challenges and raising generations of children who share their hardworking values. These kids often become part of 4-H and FFA programs, creating and solidifying communities of youth who share a common bond to learn and carry on the concepts fundamental to our state's rich agricultural history.

For those unfamiliar with 4-H and FFA, they're similar yet different programs. One main distinction is the age of participants, with 4-H serving youth ages 5 to 18 while FFA is a school-based program for students ages 12 to 21. Both programs are agriculturally based and designed to build character, knowledge, and leadership skills, and provide hands-on experience. These kids are

Courtesy photo: Youth from all around the state come to the New Mexico State Fair to show their livestock inside the Jr. Livestock Pavilion, including this steer.

like any other kids but perhaps with a few extra chores. In addition to playing on the basketball team or serving on the student council for their local school, they raise animals throughout the year. They never have a day off

from their labors in preparation to show and compete. They lovingly and meticulously care for the animals all the while looking forward to local and regional events as well as the state fair.



Courtesy photo: Grand champion and reserve grand champion livestock parade through Tingley Coliseum during the PRCA Rodeo.



Courtesy photo: A show pig rests his head on the pen before the Junior Livestock Sale, the biggest sale in State Fair history.

Our state fair represents the culmination of weeks and months of hard work for the young competitors. For some of these dedicated exhibitors, the big prize happens when their beloved animal is selected for the livestock sale. This event is the apex of considerable time and effort spent breeding, raising, grooming and preparing their animals for the fair. The Junior Livestock Sale has long been a tradition at the event and continues to be the premier showcase for the state's finest livestock. Not only do they receive the honor of having a prize pig or a reserve grand champion beef animal, but they are also compensated for their tireless work. In recent years, prize amounts have reached all-time highs, an exciting reward for the months and years of work that the youth have invested in their animals. More often than not, the award money goes right back into the next year's project, although frequently it also goes toward funding their college education.

During a recent chat with State Fair general manager Dan Mourning, who has been CEO of the state fair for more than a dozen years, he shared his perspective about the state fair and its relationship to the agricultural events. He takes pride in the ways in which the fair supports agricultural projects, families and youth.

"Programs like 4-H and FFA teach the value of hard work, leadership skills, and responsibility. Students who participate in these programs are provided with opportunities to learn about careers in the agriculture and farming industries, and are encouraged to volunteer in their local communities."

In addition to the skills they build, Mourning believes the fair serves another equally important role for young 4-H and FFA students. "Our New Mexico State Fair and similar events are also a place where youth of all ages from every corner of New Mexico experience a unique sense of camaraderie. Entire families bond and connect over their shared interests and fellow competitors become lifetime friends."

We also had a chance to catch up with New Mexico Department of Agriculture

cabinet secretary Jeff Witte. Housed at NMSU, the department has oversight for much of the youth programming. Secretary Witte, who himself grew up in a ranching family in rural New Mexico, was glad to share his take on the importance of 4-H and FFA as part of the state fair.

"The 4-H and FFA programs provide so many opportunities for our youth as they develop into the next generation of leaders. Participating in competitions at the New Mexico State Fair provides that forum to stretch their skills and grow. But it is so much more than that, as they also develop lifelong friendships. It's more than livestock, it's more than arts and crafts, it's life skills and fun."

The New Mexico State Fair is proud to provide a venue to showcase the work product of our state's agricultural community. Consistent with our state fair theme of Generations of Fun, this year's fair celebrates the New Mexico traditions passed on from generation to generation. Topping the list is our state's agricultural traditions and industries and more importantly the people behind the efforts. We're embracing the opportunity to celebrate the men, women and yes, the kids who raise the animals and produce the crops that sustain our communities.

You can see the fruits of their labors first-hand at this year's New Mexico State Fair, which runs September 5-15.

Erin Thompson is a retired government administrator and current freelance writer. She was previously a regular employee of the fair and now a communications consultant to EXPO New Mexico and several other agencies. When not working with the New Mexico State Fair, she is an enthusiastic attendee of the event along with her husband and 14-year-old daughter.

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Kurt Cobain illustration by Kylee, age 13. Art School Santa Fe courtesy photo.

Library Adventures

TIFFANY PAISLEY

Built by the community for the community

The Santa Fe Public Library was thrilled to host this year's summer reading program, *Adventure Begins at Your Library*. As the school year winds down for teachers, spring and summer ramp up for children's librarians across the country, planning special programs and reading challenges for our youngest patrons. In a School Library Journal survey, 97 percent of libraries in the United States increase youth programming in the summer months, and Santa Fe Public Library is no exception.

Thanks to the generous support by the Friends of the Santa Fe Public Library, we hosted 122 programs with 4,277 attendees.

Kicking off the summer, the Alas de Agua Art Collective held screen-printing workshops, creating an original design for kids to print on tote bags they received upon registering for our program. This seven-week reading challenge awarded weekly prizes for reading, and culminated in grand prizes of custom-fit bicycles for 22 kids and three teens from Rob and Charlie's, funded by Core Crew. One of the library's biggest heroes was Stephen Newhall, from Rob and Charlie's. Stephen rode his bike to each location's party to support summer reading participants and honor the grand prize bicycle winners. We also received support from the Governor's Commission on Disability's Brain Advisory Support Council, who provided bicycle helmets and fittings.

Friends of the Library community partners also helped support weekly reading with activity passes and coupons for special treats. Families enjoyed summer fun and activities at the Santa Fe Botanical Garden, the Santa Fe Children's Museum, the Alley, ENMU, and the Genoveva Chavez Community Center, topped off with treats from Dairy Queen, Dion's, and McDonald's. And, of course, kids received their very own books to keep from the Friends of the Library. We couldn't do what we do without the support from our colleagues at the New Mexico State Library, who ensure we have the resources we need to develop and promote our summer reading program.

As a recent newcomer to Santa Fe, I had the chance to soak in all the offerings from our three libraries. Each branch—Main, La Farge, and Southside—has unique features and dedicated children's librarians who bring a special flavor to each location. Most importantly, these librarians work together to encourage reading in all its forms for families and kids across our community.

At Main Library, Ms. Kate hosts *Craft-O-Mania*, a relaxed process art activity where kids can choose their own adventure from a selection of supplies to make their own creations. There is no definitive outcome; they simply get to create.

This aligns with an important aspect of our summer reading program: Self-selection. When the school year ends, many students lose interest in reading and experience the "summer

Courtesy photo: La Farge Glow Party.

slide," a setback in their reading development. When children choose the books they read, they tend to be more motivated to continue. A three-year study by the Graduate School of Library and Information Science at Dominican University found that kids in summer reading programs experience higher reading achievement in the fall. Another aspect of self-selection is that we support reading graphic novels and listening to audiobooks. Discouraging these formats can have a detrimental impact on the development of lifelong reading habits. They also provide options for accessibility, and can help overcome barriers some may have to reading the printed word.

We also have pre-reading activities for our littlest patrons. Ms. Kate offers a Baby and Toddler Play hour—unstructured time where children can explore and interact with others and new educational toys. Research shows that unstructured play builds neuron connections in the brain. Without play, these neurons do not connect, which can slow development. Play provides children with a foundation for developing literacy skills. They gain narrative skills as they share and tell stories, fine and gross motor skills when acting out stories and moving in various settings, vocabulary development as they learn new words while exploring, counting skills when assessing what



Courtesy photo: Main Friends of the Library Book Giveaway.

they see, and social skills while engaging with others. Ms. Kate is always ready to play and up for fun and adventure.

After visiting Main, families can head to midtown's La Farge Library, where they can find Ms. Lydia tending to the children's garden and hosting nature parties. Children explore traditional folk crafts, sustainability, and creative eco-consciousness. Recently, a child nearly knocked me over when running to a seedling station to check on the development of a growing plant—they were on a mission. Ms. Lydia brings a sense of wonder and enchantment to every child who walks through the legendary rainbow arch into her realm. Children develop literacy skills by talking about and naming what they



Courtesy photo: SRP 2024 Grand Prize.

see, enriching their vocabulary. There is always a new flower in bloom or a new bug to discover. She often has guests from the Audubon Center and the Xerces Society providing enrichment activities.

Next stop is the Southside Library. Not a day goes by without a child asking if Ms. Susan is around. Having worked for SFPL the longest, she has had the joy of connecting with families and watching children grow up. Teens and college students stop by to see Ms. Susan, who they remember fondly from their childhood visits. Developing long-term relationships with the community is not the only thing Ms. Susan builds. This summer she offered opportunities such as making bird feeders and cardboard box creations. Kids explored multiple locations worldwide through photo booths set up in the children's room. Partnering with the Santa Fe Children's Museum, Ms. Susan also provides a weekly pajama storytime and craft for families who cannot attend daytime story hours. Ms. Susan is deeply knowledgeable about early childhood development and passionate about supporting young readers.

One of the best experiences this summer was seeing many of the same families at all three libraries. We can't be a public library without the support of the people who use it. Ms. Kate, Ms.



Courtesy photo: Alas de Agua Art Collective Screen Printing.

Lydia, and Ms. Susan coordinated our end-of-summer glow parties, and it was heartwarming to see some people attend all three. We finished strong with 1,080 participants in our summer reading program. The three schools with the most participation were Wood Gormley Elementary, Turquoise Trail Charter School, and Pinon Elementary. Shout out to those students! We also had a high number of home-schooled participants.

This is only scratching the surface, the library offers many more programs and resources, for all ages. Please check the online calendar for more opportunities (santafe.librarycalendar.com/events/upcoming). Santa Fe Public Library is fortunate to have strong community support from the Friends of the Library, who financially support our programming efforts and as program volunteers, to library users who attend events, and to community partners like the Georgia O'Keeffe Museum and the Santa Fe Animal Shelter who facilitate special programming at all three libraries. Margaret Mead's quote comes to mind: "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Tiffany Paisley is a librarian with 17 years of experience. She discovered a passion for children's librarianship while shelving books part-time. Paisley holds an MLIS from San Jose State University and has managed both neighborhood and urban libraries in Colorado. Now she serves as the youth programs manager for the Santa Fe Public Library, Tiffany thrives on community connections, the values deeply shared by her colleagues, and her new community.



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Dragonfly Art Studio courtesy photo.

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JESSICA FOX

An adventure for anyone and everyone

A trip on the Sandia Peak Aerial Tramway will transport you above deep canyons and breathtaking terrain for a distance of 2.7 miles, watching nature's beauty unfold. During the day, you will see an 11,000-square-mile panoramic view of the Land of Enchantment, and at sunset, the desert skies produce a spectacular array of color. Hang around a little longer and watch the Albuquerque city lights begin to glow in the distance. All of this can be found at an unbeatable vantage point, the observation deck, atop 10,378-foot Sandia Peak in Cibola National Forest.

At the Peak, guests will discover the exquisite TEN 3 restaurant which is home to some of the finest dining views of Albuquerque and the east side of the Sandias. Our visitors can dine in the casual area after a day of hiking or skiing, or celebrate a special occasion in TEN 3's spectacular Fine Dining room. Planning to ride with us this winter? Keep an eye out for our City Light Flights, which provide a \$10 discount on each tram ticket for adult, senior, military, and young adult tickets purchased for 4 to 8 p.m. Details will be available at sandiapeak.com in October. This is the best way to see the vistas shift from glowing sunset hues to glistening city lights.

The Sandia Peak Tramway has been a staple in Albuquerque since 1966. Founded by Robert Nordhaus and Ben Abruzzo, the Tramway was originally

built to help skiers access the Sandia Peak Ski Area, which opened to skiing years earlier. Little did they know it would become one of the top destinations in the state for both visitors and locals to access some of the best outdoor adventure in Albuquerque's backyard. Young couples can challenge themselves on a long-distance hike, while families with little ones can explore the beautiful nature trails. Those seeking relaxation can immerse themselves in stunning vistas and refreshing mountain air. Our facilities, including the Tram cars, walkways, and parts of the trails, are wheelchair accessible, ensuring that all visitors can create lasting memories in this breathtaking setting.

There are more than 100 miles of hiking trails that can be accessed from the bottom and the top of the Tram. These trails range from some of the most challenging hikes, like the La Luz, which takes four to six hours on average, to some of the easiest trails, like the Nature Trail, accessible at the peak, which takes about 30 minutes. We recommend visiting friendsofthesandias.org for information on trails, hiking safety, and more.

Over the past 57 years, the Tram has transported over 12 million guests to the Peak. These guests have crafted many wonderful memories with us: engagements, birthdays, weddings, high school dances, field trips. It's this

TEN 3 and Tram. Photo credit: Jeff Caven.

very mountain that holds more than 12 million memories that we refer to as Sandia moments—memories made by our guests that will carry on for years to come. We are calling all New Mexico locals and visitors to come up and create their Sandia moments with us.

Heading a bit farther North, check out Ski Santa Fe, a 1.5-hour drive from Albuquerque. When visiting the beautiful town of Santa Fe, one will see the snow-covered peaks of the Sangre de Cristo Mountains in the distance. Nestled in those mountains is Ski Santa Fe with a base elevation of 10,350 feet. Ski Santa Fe is the launching point for a memorable ski and snowboard experience. It's located only 16 miles from the heart of Santa Fe, and it's the country's most inclusive and unique ski destination.

Over the years, the team at Ski Santa Fe, has worked closely with our staff to create a variety of programs to provide the ski or snowboard experience our guests are interested in. Our team works diligently in every department to provide an inclusive, family-friendly environment that will bring you and your family back to the mountain for years to come.

Our partnership with the Adaptive Sports Program of New Mexico (ASPNNM) holds a special place at Ski Santa Fe. The mission of ASPNNM is to enhance the lives of children and adults with



Courtesy photo: Tram in the Fall, Leaves Changing. Photo credit: Jay Blackwood.

disabilities through recreation. Through this program, Ski Santa Fe hosts an estimated 500 visits per ski season from the Adaptive Ski Program at no cost to the individuals. Our team works closely with ASPNNM to ensure that everyone has the opportunity to savor the freedom and joy of gliding down the mountain. We are grateful for this partnership and the opportunity to be a part of something so special for these individuals and their families. For more information on ASPNNM, visit adaptivesportsprogram.org.



Courtesy photo: Happy Youth in Ski School at Ski Santa Fe. Photo credit: Dave Cox.

Outside of the Adaptive Sports Program, Ski Santa Fe offers a variety of ski and snowboard lessons for all ages and abilities. These programs are hosted through our Snow Sports Program, where guests will find welcoming, skilled, and enthusiastic instructors. These programs provide lessons for anyone ages 3 years and up ranging from beginner to experienced skiers and snowboarders.

One of the most popular lesson offerings at Ski Santa Fe is known as Chipmunk Corner, specifically designed for our younger guests, ages 4 to 10. We believe in creating a fun and engaging environment that keeps these little ones excited about the sport. Within Chipmunk Corner, snowboarding lessons are available for ages 6 and up, while 3-year-olds can begin their journey with special one-hour private lessons.

For those 11 years and older, we offer a broad spectrum of beginner to advanced lessons designed in both group and private formats. For anyone needing gear, we offer packages with group or private lessons, lift tickets, and rentals. A popular variation of the group lesson is the family lesson, designed for families with two to five members. This package allows guests to have

fun with those closest to them, which increases the likelihood of continuing the sport after the lesson is complete.

Primarily designed for locals looking to greatly improve their skills, comfort level, and knowledge of the mountain, we offer multi-week programs, including White Tornadoes (for ages 5 to 12), Seasoned Skiers, Women's Programs, and Men's Programs. Multi-week programs offer a few significant benefits not seen in our other lesson formats and allow our instructors the opportunity to understand each guest's personal needs and help build upon their skills throughout the course of the program. Guests can anticipate an empowering progression that will give them the confidence to take control of their own ski/snowboard experience. Group lessons can be reserved at skisantafe.com. If a private or family lesson is more your speed, call our ski school directly



Courtesy photo: TEN 3 Fine Dining at Night. Photo credit: Jeff Caven.

at 505-992-5084, and we can place you with an instructor to fit your needs.

Our Tram and Ski Santa Fe teams are ready to greet you and your family on either mountain. With the TEN 3 Restaurant and great hiking trails at Sandia Peak or 86 skiable trails and a new high speed quad lift at Ski Santa Fe, we have an accessible adventure for anyone. The Tram, TEN 3 and Ski Santa Fe are owned and operated by the same family with one specific goal: Make our guests feel like family when they visit. Visit sandiapeak.com or skisantafe.com for information.

Jessica Fox was born and raised in New Mexico. Since she could walk, she has spent many weekends in the mountains with family and friends, enjoying all the fun snow sports that New Mexico has to offer. She is currently the marketing manager for Sandia Peak Tram, TEN 3 Restaurant, and Ski Santa Fe. For additional questions or inquiries regarding Ski Santa Fe, you can reach Jessica at jfox@sandiapeak.com.

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JAMES JIMENEZ

Voting our Values at the Polls in November

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These days, campaigns and elections have become so much about the cult of personality that it can be difficult to sort out the issues that really impact us. By focusing on policies instead of personalities, we can get a better sense of how to vote our values when we go to the polls. Since most public policies are not placed on the ballot for our direct input, we select representatives who will work to pass those policies on our behalf when they go to Santa Fe or Washington, D.C. At the state level, several public policies that can improve outcomes for families may be decided in the next legislative session, which will begin in January 2025. There are three such issues that New Mexico advocates will be advancing come January.

We'll start off with the biggest one: Paid family and medical leave (PFML). Parents know the value of having time off of work when welcoming a new child to the family. But it is equally as important to be able to take time off of work to care for a sick child, a family member, or yourself when ill. Unfortunately, the U.S. is the only wealthy country that does not guarantee every worker some sort

of paid sick or family leave. That's why the states are stepping up to ensure that their families have this most basic work support. A few years back, New Mexico enacted a paid sick leave policy for all employees, which was a great first step. But a PFML policy would offer more paid leave to employees for instances and illnesses that take more than just a few days to resolve.

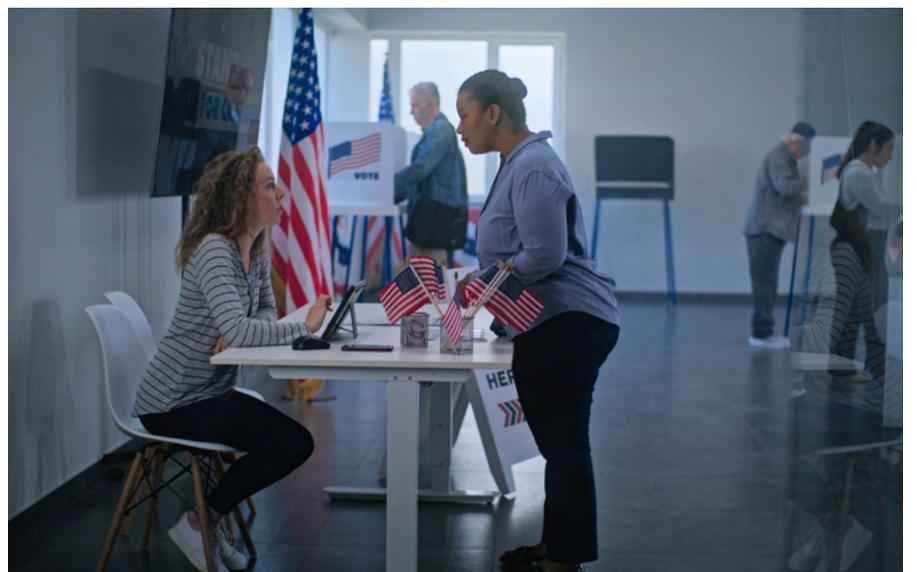
PFML is a win-win for businesses and their employees—especially for small, home-grown businesses that cannot compete against larger employers that offer big benefit packages. With PFML, these smaller businesses can improve employee recruitment and retention. It's also a huge plus for families, as no one should have to choose between their job and having the time they need to bond

with a new baby, to take care of a loved one, or recover from their own serious health problem. Those states that have already implemented PFML programs have found that they reduce infant mortality rates and child abuse injuries while improving the physical and mental well-being of parents.

This past legislative session, the New Mexico Senate passed a PFML Act (SB 3). If you want to dig in more about how it works and how it's paid for, check out the Southwest Women's Law Center's website at swomenslaw.org. Unfortunately, the same measure failed

by just two votes in the House, forcing families to keep waiting for the support they deserve. In November, we need to ensure that we have the votes to pass this legislation in 2025.

The second policy is one many of you have already benefited from: The state Child Tax Credit. If you missed claiming this refundable credit on your 2023 tax form, find out how to file an amended form online at the state Taxation and Revenue Department (bit.ly/3YSNMP1). Refundable tax credits like the Child Tax Credit are one of the most effective anti-poverty programs the government



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has, but it can do even more for kids and families if our elected officials increase the refund amount for parents with children younger than 5.

The reasoning behind this is simple: Child poverty rates are highest when children are young. The state CTC is already adjusted so that those who earn the lowest incomes receive the highest refunds, and the credit is refundable, meaning that any amount that is left over what you owe in income taxes comes to you in the form of a check. If you owe no income taxes, you receive the whole amount, which is best for families living on very low incomes. New Mexico's CTC is an already beneficial policy that can be made even better.

The final policy pushed by advocates is one that hasn't had much traction yet: Baby bonds. They are essentially small, publicly funded trust funds set up by the state for each baby when they are born. The amount at birth varies but is between \$500 and \$2,000. The idea is to help families build wealth for their children by starting them out with a savings account, and parents can add to the account as their children grow and finances allow. When the child reaches adulthood, they have a small nest egg to help put them through college, start a business, or invest in their futures. Research shows that baby bonds help bridge the wealth gap that falls along racial and ethnic lines while giving parents and their children greater hope for the future.

Finding out whether the candidates running for office in your district support one of the above policies can



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be as easy as going to their website. If the policy isn't listed among those that the candidate supports, you may need to contact the candidate themselves. To find out who is running for the seats in the legislative districts where you live, go to the New Mexico Secretary of State's office at bit.ly/3SIIx0b. By entering your name, birth date, and the county where you reside, this site will pull up everything from your voter registration information to your voting locations to a sample ballot, which will tell you who is running in the various districts where you live.

If you're not yet registered to vote, you can find the House and Senate districts you live in on the New Mexico Legislature's website at nmlegis.gov/members/find_my_legislator. Simply type in your address, and the site will pull up your district numbers and tell you who the sitting legislator is for that district. If your sitting legislator is running for reelection, you can find out how they voted on the PFML Act by searching for Senate Bill 3 from the 2024 regular session on the website at nmlegis.gov/Legislation/BillFinder/Number. Once the site pulls up SB 3, select 'Votes' from the blue buttons on the lower left of the screen.

The sitting legislators representing northern New Mexico districts who are running for reelection, are endorsed by the NMVC Action Fund, and voted for SB 3 are: Representatives Susan Herrera (House District 41), Christine Chandler (House District 43), Matthew McQueen (House District 50), and Derrick Lente (House District 65), and Senators Peter Wirth (Senate District 25) and Liz Stefanics (Senate District 39).

If you still need to register to vote, please do that through your county clerk's office. Information for who's eligible to vote, what kinds of identification you need to register, and how you register can all be found on your county clerk's website.



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James Jimenez is the executive director of NMVC Action Fund, the 501c4 arm of New Mexico Voices for Children. After serving for many years in state and local government, including as the cabinet secretary of the state Department of Finance and Administration, he is currently semi-retired and lives in Rio Rancho.



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The 2024
HEALTH & WELLNESS GUIDE
is brought to you by:



The **#1 Guide** for Health & Wellness services
across Northern New Mexico

LEGEND

- BEHAVIORAL & MENTAL HEALTH
- BEHAVIORAL HEALTH
- CHILD ABUSE ASSESSMENT
- DENTISTRY
- PEDIATRIC ANXIETY
- PEDIATRIC AUTISM
- PEDIATRIC PSYCHOLOGY
- PEDIATRIC URGENT CARE
- PEDIATRICS
- PRIMARY CARE
- SPORTS PHYSICALS

HOSPITALS & MEDICAL PRACTICES

ARROYO CHAMISO PEDIATRICS

465 St. Michaels Dr. Ste. 200
Santa Fe, NM 87506
505-913-4901

- BEHAVIORAL HEALTH ● PEDIATRIC ANXIETY ● PEDIATRIC AUTISM ● PEDIATRICS ● PRIMARY CARE ● SPORTS PHYSICALS

ENTRADA CONTENTA HEALTH CENTER

5501 Herrera Dr.
Santa Fe 87507
505-913-3233

- BEHAVIORAL HEALTH ● PEDIATRIC AUTISM ● PEDIATRIC PSYCHOLOGY ● PEDIATRIC URGENT CARE ● PEDIATRICS ● PRIMARY CARE

FAMILY MEDICINE CENTER

2025 Galisteo St.
Santa Fe, NM 87505
505-913-3450

- BEHAVIORAL & MENTAL HEALTH ● PEDIATRIC PSYCHOLOGY ● PEDIATRICS ● PRIMARY CARE

POJOAQUE PRIMARY CARE

5 Petroglyph Cir. Ste. A
Santa Fe, NM 87506
505-455-1962

- BEHAVIORAL HEALTH ● CHILD ABUSE ASSESSMENT ● PEDIATRIC ANXIETY ● PEDIATRIC PSYCHOLOGY ● PEDIATRICS ● PRIMARY CARE

Presbyterian Healthcare Services phs.org

PRESBYTERIAN SANTA FE MEDICAL CENTER

5 Petroglyph Cir. Ste. A
Santa Fe, NM 87506
505-455-1962

- PEDIATRICS ● PRIMARY CARE



JF Mazur Studio courtesy photo.



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PRESBYTERIAN MEDICAL GROUP

454 St. Michael's Dr.
Santa Fe, NM 87505

505-303-5000

- BEHAVIORAL HEALTH ● PRIMARY CARE ● PEDIATRIC URGENT CARE

PRESBYTERIAN ESPAÑOLA HOSPITAL

1010 Spruce St.
Española, NM 87532

505-753-7111

- BEHAVIORAL HEALTH ● PEDIATRICS ● PRIMARY CARE ● PEDIATRIC URGENT CARE

Presbyterian Medical Services phsnm.org

SANTA FE FAMILY HEALTH CENTER

4730 Beckner Rd.
Santa Fe, NM 87507
505-989-4500

- BEHAVIORAL HEALTH ● DENTISTRY ● PEDIATRICS ● PRIMARY CARE ● SPORTS PHYSICALS

HOPEWELL FAMILY HEALTH CENTER

1775 Hopewell St.
Santa Fe, NM 87505
505-443-3100

- PRIMARY CARE



Mushroom Folk illustration by Kylee, age 13. Art School Santa Fe courtesy photo.

ESPAÑOLA FAMILY WELLNESS CENTER

1200 North Paseo de Oñate
Espanola, NM 87532
505-443-2800

● BEHAVIORAL HEALTH

VALLEY COMMUNITY HEALTH CENTER

835 Spruce St. Ste. C & D
Espanola, NM 87532
505-747-7400

● BEHAVIORAL HEALTH

La Familia Health
lafamiliasf.org

ALTO STREET CLINIC

1035 Alto St.
Santa Fe, NM 87501
505-982-4425

● BEHAVIORAL HEALTH ● PEDIATRICS
● PRIMARY CARE ● SPORTS PHYSICALS

SOUTHSIDE CLINIC

2145 Caja Del Oro Grand Rd.
Santa Fe, NM 87507
505-982-4425

● BEHAVIORAL HEALTH ● PEDIATRICS
● PRIMARY CARE ● SPORTS PHYSICALS

DENTAL CLINIC

6401 Richards Ave.
Santa Fe, NM 87508
505-984-5048

● DENTISTRY

SANTA FE MOBILE MD

1640 Calle Medico Ste. E
Santa FE, NM 87505
505-386-1380

● PEDIATRIC URGENT CARE
● PEDIATRICS ● PRIMARY CARE

SOUTHWEST CARE

1035 Alto St.
Santa Fe, NM 87501
505-982-4425

● BEHAVIORAL HEALTH ● PEDIATRICS
● PRIMARY CARE

ASPEN MEDICAL CENTER

Santa Fe Clinic
3450 Zafarano Dr. Ste. C
Santa Fe, NM 87507
505-596-4657
aspenmedicalcenter.com

● PRIMARY CARE ● PEDIATRIC URGENT CARE
● SPORTS PHYSICALS



JF Mazur Studio courtesy photo.



Lake Farmington



WIZARD OF OZ

AUG 8-18

Farmington Civic Center: Thursday-Sunday at 7:30pm, with matinee performances at 2pm on Saturdays & Sundays

SAN JUAN COUNTY FAIR

AUG 10-18

At McGee Park and features a parade, livestock shows, a salsa competition, fine arts exhibition, a carnival and more!

TOTAH FESTIVAL

AUG 30-SEPT 1

Indian Market, Navajo Rug Auction, Powwow, 5k Run/Walk

4 CORNERS 4X4 WEEK

SEPT 2-8

Off-Road Part Swap, Trail Rides, Downtown Takeover & WE Rock Grand Nationals

4 CORNERS BALLOON RALLY

SEPT 27-29

Morning Launches Over Lake Farmington & Evening Glows

SOUTHWEST APPLE & CHILE FEST

OCT 4-5

Maker's Market, Art Walk, Chile Cookoff & More

ROAD APPLE RALLY

OCT 4-5

Longest Continually Run Mountain Bike Race in the United States

For more event info and other ways to play in Farmington, visit: FarmingtonNM.org.



2024 HEALTH & WELLNESS GUIDE



Dragonfly Art Studio courtesy photo.

CHILDREN'S CLINIC, P.A.

3917 West Rd.
Los Alamos, NM 87544
505-662-4234
lachildrensclinic.com

● PEDIATRICS

MEDICAL ASSOCIATES OF NORTHERN NEW MEXICO

3917 West Rd.
Los Alamos, NM 87544
505-661-8900
mannm.com

● PRIMARY CARE ● SPORTS PHYSICALS

DENTISTS & ORTHODONTISTS

ADVENTURE DENTAL, VISION & ORTHODONTICS

2027 Cerrillos Rd.
Santa Fe, NM 87505
505-820-1212
dental-santafe@adventurenewmexico.com
kidsdentalvisioncare.com

DARMITZEL ORTHODONTIST

125A Siringo Rd.
Santa Fe, NM 87505
505-982-6656
info@darmitzelortho.com
darmitzelortho.com

DENTISTRY FOR KIDS

1439 S. St. Francis Dr.
Santa Fe, NM 87505
505-473-5437
santafedentistryforkids@gmail.com
santafedentistryforkids.com

DENTISTRY FOR KIDS SOUTHSIDE

6640 Cerrillos Rd. Ste. E
Santa Fe, NM 87507
505-473-5437
santafedentistryforkids@gmail.com
santafedentistryforkids.com

JUST FOR GRINS

490B W. Zia Rd.
Santa Fe, NM 87505
505-428-7878
pdsf505@gmail.com
just-for-grins.com

RUDD ORTHODONTICS

490 B W. Zia Rd.
Santa Fe, NM 87505
505-428-2101
office@ruddortho.com
ruddortho.com

SANTA FE DENTISTRY & ORTHODONTICS

1406 Luisa St. Ste. 1
Santa Fe, NM 87505
505-303-4503
santafedentistry@mb2dental.com
santafedentalandortho.com

SANTA FE MODERN DENTISTRY

3569 Zafarano Dr.
Santa Fe, NM 87507
505-986-8000
santafemoderndentistry@smilegeneration.com
Santafemoderndentistry.com

SUCCESS SMILES ORTHODONTICS

400 Kiva Ct. Ste. A
Santa Fe, NM 87505
505-257-6486
info@successsmiles.com
successsmiles.com

FAMILY CHIROPRACTIC

FAMILY CHIROPRACTIC CENTER OF SANTA FE

Galisteo Center Office Park
2019 Galisteo St. Ste. M6
Santa Fe, NM 87505
505-984-0006
info@spchiro.net
spchiro.net

NEW MEXICO FAMILY CHIROPRACTIC

3600 Rodeo Ln. Ste. D2
Santa Fe, NM 87507
505-984-0821
gonsteadnm@msn.com
gonsteadnm.org



JF Mazur Studio courtesy photo.

BEHAVIOR, MENTAL HEALTH & OCCUPATIONAL THERAPY

CHILD COUNSELING CENTER & PLAY THERAPY INSTITUTE OF NM

1400 Maclovía, Ste.1
Santa Fe, NM 87505
505-772-0459
childcounselingcenterofnm@gmail.com
childcounselingcenterofnm.com

DOG TRAINING ELITE NEW MEXICO

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505-207-0383
newmexico@dogtrainingelite.com
dogtrainingelite.com/nm

SANTA FE PLAY

19 Plaza La Prensa Ste. B
Santa Fe, NM 87507
505-819-3749
santafeplay1@gmail.com
santafeplay.com



JF Mazur Studio courtesy photo.

SANTA FE PSYCHOLOGY

2204 Brothers Rd. Ste. B
Santa Fe, New Mexico 87505
505-795-5566
sfpsychology@yahoo.com
santafepsychology.com

SANTA FE THERAPY ASSOCIATES

1800 Old Pecos Trail, Ste.1
Santa Fe, NM 87505
505-424-8777
sftherapyassoc@gmail.com
sftherapyassoc.com

SMALL STEPS CHILD COUNSELING

1010 Marquez Pl. Ste. D-7
Santa Fe, NM 87505
505-933-4639
smallstepschildcounseling@gmail.com
smallstepschildcounseling.com

SOLACE

6601 Valentine Way
Santa Fe, NM 87507
505-988-1951
800-721-7273 (24/7 hotline)
info@findsolace.org
findsolace.org

SOUTHWEST FAMILY GUIDANCE CENTER & INSTITUTE

4001 Office Ct. Dr. Ste. 603
Santa Fe, NM 87507
505-310-4764
swfamily.com

THE SKY CENTER

Ortiz Middle School
4164 South Meadows Rd.
Santa Fe, New Mexico 87507
505-473-6191

988

National Suicide Prevention Lifeline

FREE FAMILY FUN!

Every Second Sunday at the Georgia O'Keeffe Museum

Family Day
217 Johnson Street
Second Sunday | 10:30 AM–2:30 PM



Bring the whole family to the Georgia O'Keeffe Museum for fun activities happening throughout the day including hands-on art-making, storytime, and other surprises! Families can also enjoy free access to the Museum Galleries.

This event is free and open to the public.

Family Day is offered in partnership with the Santa Fe Children's Museum and Santa Fe Public Libraries.

Georgia
O'Keeffe
Museum

SANTA FE
CHILDREN'S
MUSEUM



SANTA FE
PUBLIC LIBRARY

505-946-1000 | gokm.org



Calendar of Events

September

LEGEND

★ SPOTLIGHT



SPECIAL EVENTS

SUPPORT & COMMUNITY

SPORTS & ACTIVITY

VISUAL ARTS



PERFORMING ARTS

EDUCATION/ENRICHMENT

NATURE

ENTERTAINMENT

Sunday	Monday	Tuesday	Wednesday
<p>1</p> <p><u>Dawn 'til Dusk Day Los Luceros All Day</u> <u>Dawn 'til Dusk Day Coronado All Day</u> <u>Free First Sundays All Day</u> <u>Family Art Making at New Mexico Museum of Art-Vladem Contemporary 10 AM - 12 PM</u> <u>Can You Dig It? 11 AM - 3 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u></p>	<p>2</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Nature Playtime 10 - 11 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Monday Funday at Meow Wolf 3 - 8 PM</u> <u>Birth Talk Los Alamos 6:30 - 8:30 PM</u> LABOR DAY</p>	<p>3</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Babytime Los Alamos 10:15 - 11 AM</u> <u>Storytime and Craft at Southside Library 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Santa Fe Farmers' Market - Del Sur 3 - 6 PM</u> <u>Wags & Words at Main Library 6 - 7 PM</u> <u>Special Needs/Autism Support Group 6:30 - 8:30 PM</u></p>	<p>4</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Main Library 10 - 11 AM</u> <u>Toddler Tunes at LAFSN 10:30 - 11 AM</u> <u>Storytime at La Farge Library 10:30 - 11:30 AM</u> <u>Storytime and Craft at White Rock Library 10:30 - 11:30 AM</u> <u>Wee Wednesdays 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>What's Up Wednesdays 1:30 - 3 PM</u> <u>Teen Lounge at La Farge Library 2 - 4 PM</u> <u>Youth Chess at the Main Library 5:45 - 7:45 PM</u></p>
<p>8</p> <p><u>Free First Sundays All Day</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u></p>	<p>9</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Nature Playtime 10 - 11 AM</u> <u>Many Mothers' Play Area 10 AM - 12 PM</u> <u>Elements of Art: Storytime 10 - 11 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Monday Funday at Meow Wolf 3 - 8 PM</u> <u>Paws and Pages 4:30 - 5:30 PM</u></p>	<p>10</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Padres y niños preescolares 9:30 - 10 AM</u> <u>Babytime Los Alamos 10:15 - 11 AM</u> <u>Storytime and Craft at Southside Library 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Santa Fe Farmers' Market - Del Sur 3 - 6 PM</u> <u>Wags & Words at Main Library 6 - 7 PM</u> <u>Special Needs/Autism Support Group 6:30 - 8:30 PM</u></p>	<p>11</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Main Library 10 - 11 AM</u> <u>Storytime at La Farge Library 10:30 - 11:30 AM</u> <u>Storytime at White Rock Library 10:30 - 11:30 AM</u> <u>Wee Wednesdays 10:30 - 11:30 AM</u> <u>Can You Dig It? 11 AM - 3 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>What's Up Wednesdays 1:30 - 3 PM</u> <u>Teen Lounge at La Farge Library 2 - 4 PM</u> <u>Youth Chess at the Main Library 5:45 - 7:45 PM</u></p>
<p>15</p> <p>★ <u>Santa Fe Renaissance Faire 10 AM - 5 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u></p>	<p>16</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Nature Playtime 10 - 11 AM</u> <u>Many Mothers' Play Area 10 AM - 12 PM</u> <u>Monday Funday at Meow Wolf 3 - 8 PM</u> <u>Paws and Pages 4:30 - 5:30 PM</u></p>	<p>17</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Padres y niños preescolares 9:30 - 10 AM</u> <u>Babytime Los Alamos 10:15 - 11 AM</u> <u>Storytime and Craft at Southside Library 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Santa Fe Farmers' Market - Del Sur 3 - 6 PM</u> <u>Wags & Words at Main Library 6 - 7 PM</u> <u>Special Needs/Autism Support Group 6:30 - 8:30 PM</u></p>	<p>18</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Main Library 10 - 11 AM</u> <u>Toddler Craft at LAFSN 10 - 11 AM</u> <u>Storytime at La Farge Library 10:30 - 11:30 AM</u> <u>Storytime at White Rock Library 10:30 - 11:30 AM</u> <u>Wee Wednesdays 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>What's Up Wednesdays 1:30 - 3 PM</u> <u>Teen Lounge at La Farge Library 2 - 4 PM</u> <u>Youth Chess at the Main Library 5:45 - 7:45 PM</u></p>
<p>22</p> <p>★ <u>Pop-up Playground 11 AM - 3 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u></p>	<p>23</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Nature Playtime 10 - 11 AM</u> <u>Elements of Art: Storytime 10 - 11 AM</u> <u>Many Mothers' Play Area 10 AM - 12 PM</u> <u>Monday Funday at Meow Wolf 3 - 8 PM</u> <u>Paws and Pages 4:30 - 5:30 PM</u></p>	<p>24</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Padres y niños preescolares 9:30 - 10 AM</u> <u>Babytime Los Alamos 10:15 - 11 AM</u> <u>Storytime and Craft at Southside Library 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Santa Fe Farmers' Market - Del Sur 3 - 6 PM</u> <u>Wags & Words at Main Library 6 - 7 PM</u> <u>Special Needs/Autism Support Group 6:30 - 8:30 PM</u></p>	<p>25</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Main Library 10 - 11 AM</u> <u>Storytime at La Farge Library 10:30 - 11:30 AM</u> <u>Storytime at White Rock Library 10:30 - 11:30 AM</u> <u>Wee Wednesdays 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>What's Up Wednesdays 1:30 - 3 PM</u> <u>Teen Lounge at La Farge Library 2 - 4 PM</u> <u>Youth Chess at the Main Library 5:45 - 7:45 PM</u></p>
<p>29</p> <p><u>Can You Dig It? 11 AM - 3 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> ★ <u>Lantern-Lit Legacies at Fort Union National Park 7 PM</u> ★ <u>An International Dark Sky Park at Fort Union National Park 7:45 PM</u></p>	<p>30</p> <p><u>Origami in the Garden 9 AM - 1 PM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Nature Playtime 10 - 11 AM</u> <u>Many Mothers' Play Area 10 AM - 12 PM</u> <u>Monday Funday at Meow Wolf 3 - 8 PM</u> <u>Paws and Pages 4:30 - 5:30 PM</u></p>		



Thursday	Friday	Saturday
<p>5</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Storytime and Craft at Main Library 10:30 - 11:30 AM</u> <u>Seeds and Sprouts Backyard Program 10:30 - 11:30 AM</u> <u>Fun With Firefighters at Santa Fe Children's Museum 1 - 2 PM</u> <u>Meet Cornelius the Snake 1 - 2 PM</u></p>	<p>6</p> <p><u>Bilingual Books and Babies at La Farge Library 10 - 10:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</u> <u>Paseo Pottery Throw Down 5 - 8 PM</u> ★ <u>Stargazing in the Caldera at Valles Caldera 7 PM</u> <u>First Friday Fractals 8 - 9 PM</u></p>	<p>7</p> <p><u>Santa Fe Farmers' Market 8 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Southside Library 10 - 10:30 AM</u> <u>Queen Bee Sing-Along 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Read to a Pup! At the Southside Library 11:30 AM - 12:30 PM</u> <u>Science Saturdays 2 - 4 PM</u> ★ <u>"A Play of Candlelight" Annual Program 6:30, 7:30, 8:30 PM</u></p>
<p>12</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Storytime and Craft at Main Library 10:30 - 11:30 AM</u> <u>Seeds and Sprouts Backyard Program 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Meet Cornelius the Snake 1 - 2 PM</u> <u>Anime Club 5:30 - 7:30 PM</u> <u>Pajama Storytime at Southside Library 6:30 - 7:30 PM</u></p>	<p>13</p> <p><u>Bilingual Books and Babies at La Farge Library 10 - 10:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</u></p>	<p>14</p> <p><u>Santa Fe Farmers' Market 8 AM - 1 PM</u> <u>Santa Fe Conservation & Trust 2024 Vamonos Walks 9 - 11 AM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Southside Library 10 - 10:30 AM</u> ★ <u>Santa Fe Renaissance Faire 10 AM - 5 PM</u> <u>Storytime at Mesa Public Library 10:15 - 10:45 AM</u> <u>Baby and Toddler Play Hour at the Main Library 10:30 - 11:30 AM</u> <u>Free Family Fun at Georgia O'Keeffe Museum 10:30 - 2:30 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Science Saturdays 2 - 4 PM</u></p>
<p>19</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Storytime and Craft at Main Library 10:30 - 11:30 AM</u> <u>Seeds and Sprouts Backyard Program 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Meet Cornelius the Snake 1 - 2 PM</u> <u>Throwback Movie Night at La Farge Library 5:30 - 7:30 PM</u> <u>Pajama Storytime at Southside Library 6:30 - 7:30 PM</u></p>	<p>20</p> <p><u>Bilingual Books and Babies at La Farge Library 10 - 10:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</u></p>	<p>21</p> <p><u>Santa Fe Farmers' Market 8 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Southside Library 10 - 10:30 AM</u> <u>Toddler Craft at LAFSN 10 - 11 AM</u> <u>Caregiver and Tot Creative Movement at Main Library 10 - 11 AM</u> <u>Storytime at Mesa Public Library 10:15 - 10:45 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Read to a Pup! At the Southside Library 11:30 AM - 12:30 PM</u> <u>Science Saturdays 2 - 4 PM</u></p>
<p>26</p> <p><u>Tot Time at GCCC 8:15 - 9:30 AM</u> <u>Origami in the Garden 9 AM - 1 PM</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Storytime and Craft at Main Library 10:30 - 11:30 AM</u> <u>Seeds and Sprouts Backyard Program 10:30 - 11:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Many Mothers' Play Area 12 - 2 PM</u> <u>Meet Cornelius the Snake 1 - 2 PM</u> <u>Random Fandom 6 - 7 PM</u> <u>Pajama Storytime at Southside Library 6:30 - 7:30 PM</u></p>	<p>27</p> <p><u>Bilingual Books and Babies at La Farge Library 10 - 10:30 AM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</u> ★ <u>Lantern-Lit Legacies at Fort Union National Park 7 PM</u> ★ <u>An International Dark Sky Park at Fort Union National Park 7:45 PM</u></p>	<p>28</p> <p><u>Santa Fe Farmers' Market 8 AM - 1 PM</u> ★ <u>Convivio/Southside Community Day All Day</u> <u>Music and Movement in Los Alamos 9:30 - 10 AM</u> <u>Queen Bee Sing-Along 9:30 - 10 AM</u> <u>Bilingual Books and Babies at Southside Library 10 - 10:30 AM</u> <u>Lucky Day Carnival 10 AM - 2 PM</u> <u>Animal Encounters 11:30 AM - 12:30 PM</u> <u>Science Saturdays 2 - 4 PM</u> ★ <u>Lantern-Lit Legacies at Fort Union National Park 7 PM</u> ★ <u>An International Dark Sky Park at Fort Union National Park 7:45 PM</u></p>

Calendar of Events

October

LEGEND

★ SPOTLIGHT



SPECIAL EVENTS

SUPPORT & COMMUNITY

SPORTS & ACTIVITY

VISUAL ARTS



PERFORMING ARTS

EDUCATION/ENRICHMENT

NATURE

ENTERTAINMENT

Sunday	Monday	Tuesday	Wednesday
		<p>1</p> <p>Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Babytime Los Alamos 10:15 - 11 AM Storytime and Craft at Southside Library 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Many Mothers' Play Area 12 - 2 PM The Great Halloween Costume Swap 5 - 7 PM Wags & Words at Main Library 6 - 7 PM Special Needs/Autism Support Group 6:30 - 8:30 PM</p>	<p>2</p> <p>Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Bilingual Books and Babies at Main Library 10 - 11 AM Toddler Tunes at LAFSN 10:30 - 11 AM Storytime at La Farge Library 10:30 - 11:30 AM Storytime at White Rock Library 10:30 - 11:30 AM Wee Wednesdays 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM What's Up Wednesdays 1:30 - 3 PM Teen Lounge at La Farge Library 2 - 4 PM Youth Chess at the Main Library 5:45 - 7:45 PM</p>
<p>6</p> <p>★ Albuquerque International Balloon Fiesta All Day Dawn 'til Dusk Day Los Luceros All Day Dawn 'til Dusk Day Coronado All Day Free First Sundays All Day Family Art Making at New Mexico Museum of Art-Vladem Contemporary 10 AM - 12 PM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM ★ Santa Fe Harvest Festival 10 AM - 4 PM Animal Encounters 11:30 AM - 12:30 PM</p>	<p>7</p> <p>★ Albuquerque International Balloon Fiesta All Day Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Nature Playtime 10 - 11 AM Elements of Art: Storytime 10 - 11 AM Many Mothers' Play Area 10 AM - 12 PM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Many Mothers' Play Area 12 - 2 PM Monday Funday at Meow Wolf 3 - 8 PM Paws and Pages 4:30 - 5:30 PM Birth Talk Los Alamos 6:30 - 8:30 PM</p>	<p>8</p> <p>★ Albuquerque International Balloon Fiesta All Day Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Babytime Los Alamos 10:15 - 11 AM Storytime and Craft at Southside Library 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Many Mothers' Play Area 12 - 2 PM The Great Halloween Costume Swap 5 - 7 PM Wags & Words at Main Library 6 - 7 PM Special Needs/Autism Support Group 6:30 - 8:30 PM</p>	<p>9</p> <p>★ Albuquerque International Balloon Fiesta All Day Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Bilingual Books and Babies at Main Library 10 - 11 AM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Storytime at La Farge Library 10:30 - 11:30 AM Storytime at White Rock Library 10:30 - 11:30 AM Wee Wednesdays 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM What's Up Wednesdays 1:30 - 3 PM Teen Lounge at La Farge Library 2 - 4 PM Youth Chess at the Main Library 5:45 - 7:45 PM</p>
<p>13</p> <p>★ Albuquerque International Balloon Fiesta All Day ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Animal Encounters 11:30 AM - 12:30 PM</p>	<p>14</p> <p>★ Albuquerque International Balloon Fiesta All Day Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Nature Playtime 10 - 11 AM Many Mothers' Play Area 10 AM - 12 PM Many Mothers' Play Area 12 - 2 PM Monday Funday at Meow Wolf 3 - 8 PM Paws and Pages 4:30 - 5:30 PM INDIGENOUS PEOPLES' DAY</p>	<p>15</p> <p>★ Albuquerque International Balloon Fiesta All Day Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Babytime Los Alamos 10:15 - 11 AM Storytime and Craft at Southside Library 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Many Mothers' Play Area 12 - 2 PM Wags & Words at Main Library 6 - 7 PM Special Needs/Autism Support Group 6:30 - 8:30 PM</p>	<p>16</p> <p>Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Bilingual Books and Babies at Main Library 10 - 11 AM Storytime at La Farge Library 10:30 - 11:30 AM Storytime at White Rock Library 10:30 - 11:30 AM Wee Wednesdays 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM What's Up Wednesdays 1:30 - 3 PM Teen Lounge at La Farge Library 2 - 4 PM Youth Chess at the Main Library 5:45 - 7:45 PM</p>
<p>20</p> <p>Animal Encounters 11:30 AM - 12:30 PM</p>	<p>21</p> <p>Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Nature Playtime 10 - 11 AM Elements of Art: Storytime 10 - 11 AM Many Mothers' Play Area 10 AM - 12 PM Puzzling Adventures Scavenger Hunt 11 AM - 11 PM Monday Funday at Meow Wolf 3 - 8 PM Paws and Pages 4:30 - 5:30 PM</p>	<p>22</p> <p>Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Parents & Preschoolers 9:30 - 10 AM Babytime Los Alamos 10:15 - 11 AM Storytime and Craft at Southside Library 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Many Mothers' Play Area 12 - 2 PM Wags & Words at Main Library 6 - 7 PM Special Needs/Autism Support Group 6:30 - 8:30 PM</p>	<p>23</p> <p>Origami in the Garden 9 AM - 1 PM Queen Bee Sing-Along 9:30 - 10 AM Bilingual Books and Babies at Main Library 10 - 11 AM Toddler Craft at LAFSN 10 - 11 AM Storytime at La Farge Library 10:30 - 11:30 AM Storytime at White Rock Library 10:30 - 11:30 AM Wee Wednesdays 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM What's Up Wednesdays 1:30 - 3 PM Teen Lounge at La Farge Library 2 - 4 PM Youth Chess at the Main Library 5:45 - 7:45 PM</p>
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Thursday	Friday	Saturday
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<p>10</p> <p>★ Albuquerque International Balloon Fiesta All Day Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM ★ Music and Movement in Los Alamos 9:30 - 10 AM Valles Caldera Fall Fiesta 10 AM - 4 PM Storytime and Craft at Main Library 10:30 - 11:30 AM Seeds and Sprouts Backyard Program 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Meet Cornelius the Snake 1 - 2 PM Anime Club 5:30 - 7:30 PM Pajama Storytime at Southside Library 6:30 - 7:30 PM</p>	<p>11</p> <p>★ Albuquerque International Balloon Fiesta All Day Bilingual Books and Babies at La Farge Library 10 - 10:30 AM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Animal Encounters 11:30 AM - 12:30 PM Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</p>	<p>12</p> <p>★ Albuquerque International Balloon Fiesta All Day Santa Fe Farmers' Market 8 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Bilingual Books and Babies at Southside Library 10 - 10:30 AM ★ Valles Caldera Fall Fiesta 10 AM - 4 PM Storytime at Mesa Public Library 10:15 - 10:45 AM Baby and Toddler Play Hour at the Main Library 10:30 - 11:30 AM Free Family Fun at Georgia O'Keeffe Museum 10:30 - 2:30 PM Animal Encounters 11:30 AM - 12:30 PM Science Saturdays 2 - 4 PM</p>
<p>17</p> <p>Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Storytime and Craft at Main Library 10:30 - 11:30 AM Seeds and Sprouts Backyard Program 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Meet Cornelius the Snake 1 - 2 PM Throwback Movie Night at La Farge Library 5:30 - 7:30 PM Pajama Storytime at Southside Library 6:30 - 7:30 PM</p>	<p>18</p> <p>Bilingual Books and Babies at La Farge Library 10 - 10:30 AM Animal Encounters 11:30 AM - 12:30 PM Fine Art Fridays at Santa Fe Children's Museum 2 - 4 PM</p>	<p>19</p> <p>Santa Fe Farmers' Market 8 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Bilingual Books and Babies at Southside Library 10 - 10:30 AM Storytime at Mesa Public Library 10:15 - 10:45 AM Caregiver and Tot Creative Movement at Main Library 10 - 11 AM Animal Encounters 11:30 AM - 12:30 PM Read to a Pup! At the Southside Library 11:30 AM - 12:30 PM Science Saturdays 2 - 4 PM</p>
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<p>31</p> <p>Tot Time at GCCC 8:15 - 9:30 AM Origami in the Garden 9 AM - 1 PM Music and Movement in Los Alamos 9:30 - 10 AM Storytime and Craft at Main Library 10:30 - 11:30 AM Seeds and Sprouts Backyard Program 10:30 - 11:30 AM Animal Encounters 11:30 AM - 12:30 PM Meet Cornelius the Snake 1 - 2 PM Pajama Storytime at Southside Library 6:30 - 7:30 PM</p> <p>HALLOWEEN</p>		

Calendar of Events

LEGEND

 CELEBRATION & HOLIDAY	 PERFORMING ARTS
 SUPPORT & COMMUNITY	 EDUCATION/ENRICHMENT
 SPORTS & MOVEMENT	 NATURE
 VISUAL ARTS	 ENTERTAINMENT

SPOTLIGHT EVENTS

CELEBRATION & HOLIDAY

★ **ALBUQUERQUE INTERNATIONAL BALLOON FIESTA**

OCTOBER 5 - 13 | ALL DAY
Any local will tell you that October is the most beautiful time of year in New Mexico, made so in large part by the much-anticipated sight of colorful balloons punctuating the skyline. During this season, the sky is bluer, the days are gentler, and the mornings crisper—almost as though the landscape has taken a deep sigh—and on the desert's warm breath sails the annual Albuquerque International Balloon Fiesta.

★ **CARLOS GILBERT ELEMENTARY HALLOWEEN CARNIVAL**

OCTOBER 26 | 12 - 5 PM
The Halloween Carnival is a monster-sized fundraiser held at Carlos Gilbert Elementary every October. The PTK organizes this event to raise money to support the students and teachers at CGE. The money raised is used to pay for classroom expenses, clubs, team equipment, tutoring, field trips, and grade-level enrichment programs for the students including dance, theater, trout raising, cooking, and team-building activities.

★ **SANTA FE HARVEST FESTIVAL**

OCTOBER 5 - 6 | 10 AM - 4 PM
As the autumn breeze sweeps through the historic ranch grounds, join us for a celebration of the bountiful harvest season. Learn the time-honored tradition of crafting vibrant red chile ristras, or wander through the pumpkin patch to pick the perfect pumpkin for your fall decor.

★ **SANTA FE RENAISSANCE FAIRE**

SEPTEMBER 14 - 15 | 10 AM - 5 PM
Hear ye hear ye, welcome, lords and ladies, to the 16th Annual Santa Fe Renaissance Faire. Join us for a day of merriment and magic at New Mexico's premier Renaissance Faire, where adventure awaits around every corner.

★ **SANTA FE SPIRITS OF NEW MEXICO**

OCTOBER 26 | 5 - 9 PM
Hear ye hear ye, welcome, lords and ladies, to the 16th Annual Santa Fe Renaissance Faire. Join us for a day of merriment and magic at New Mexico's premier Renaissance Faire, where adventure awaits around every corner.

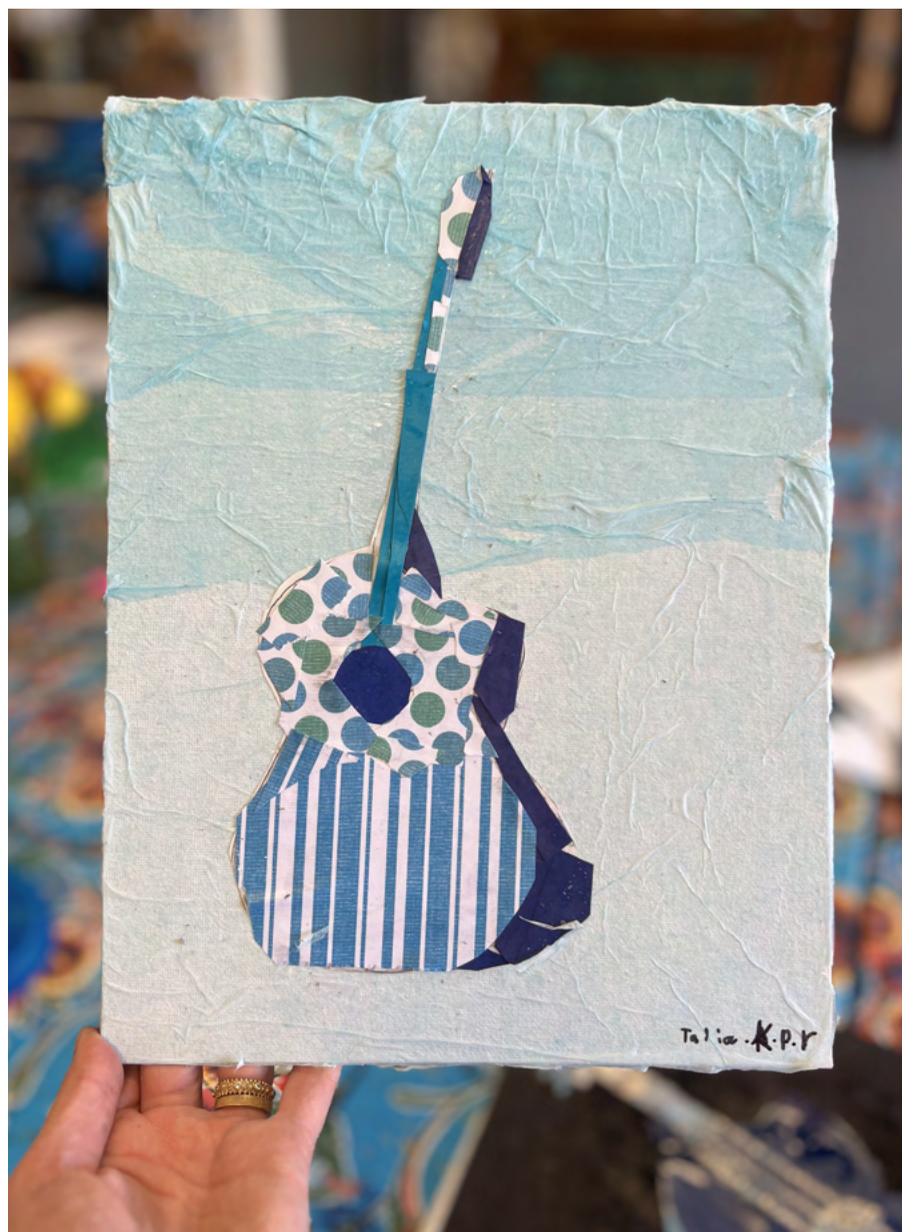
EDUCATION & ENRICHMENT

★ **"A PLAY OF CANDLELIGHT" ANNUAL PROGRAM**

SEPTEMBER 7 | 6:30, 7:30, 8:30 PM
Dressed in historic costumes, staff will guide visitors on a lantern-lit tour to meet some of the personalities who helped weave the fabric of Fort Union National Park. Reservations are required. Each tour will last about 45 minutes and is limited to 22 reservation-holders. Reservations are required for this program by calling the visitor center at 505-425-8025, ext.0 beginning August 1.

★ **AN INTERNATIONAL DARK SKY PARK AT FORT UNION NATIONAL PARK**

SEPTEMBER 27 - 29 | 7:45 PM
Experience the night sky as rangers share fun facts, celestial stories, and guide you in the observation of deep-sky objects through park-provided telescopes. 90 minutes. This program immediately follows the Lantern-lit Legacy Tour. (Historic area trails closed at 4 p.m. Park gates re-open at 6 p.m. All grounds and gates will close at 9:30 p.m.)



JF Mazur Studio courtesy photo.



Dragonfly Art Studio courtesy photo.

★ **LANTERN-LIT LEGACIES AT FORT UNION NATIONAL PARK**

SEPTEMBER 27 - 29 | 7 PM

Why preserve these ruins? Discover this site's legacy as the sun has set and lanterns now shine during this 45-minute tour. This tour immediately precedes the dark sky program. (Historic area only open for this tour's participants after 4 p.m. on these dates.)

★ **POP-UP PLAYGROUND**

SEPTEMBER 22 | 11 AM - 3 PM

The Railyard Park Conservancy hosts its sixth Pop-Up Playground, where kids of all ages are invited to build the ultimate fort city using recycled materials like logs, pallets, boxes, rope, and fabric. Join us in celebrating kids, their imaginations, and their boundless creativity with a free, fun-filled event in the open field at Santa Fe's beautiful Railyard Park (free parking all day).

★ **STARGAZING IN THE CALDERA AT VALLES CALDERA**

SEPTEMBER 6 | 7 PM

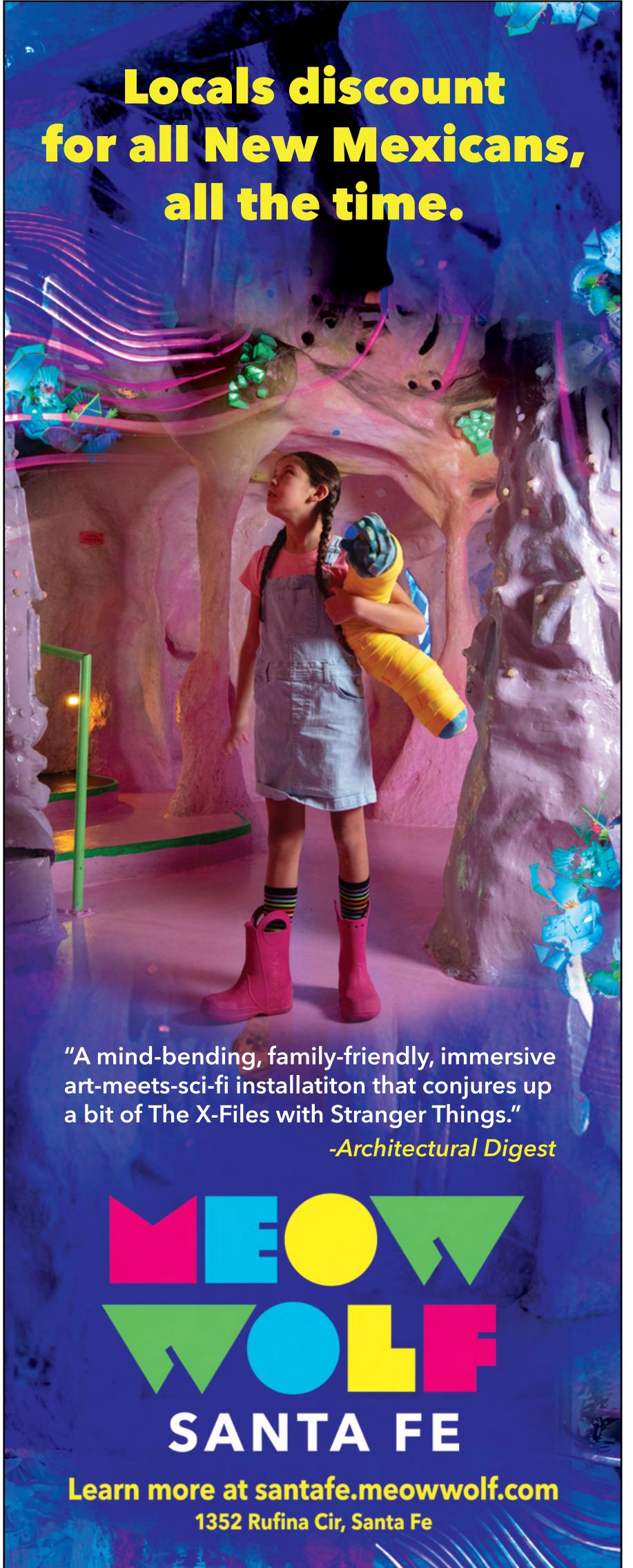
Take in the majesty of the celestial sky and learn about the stars, constellations, and planetary bodies in this International Dark Sky Park. Registration required. Meet at the park's main entrance 15-30 minutes before the start of the program. Bring water, snacks, a red light, telescope, and your own seating. Wear warm clothing. 1.5 hours. Program will be canceled if inclement weather or cloud cover is forecast. Spots are limited. Registration required.

★ **VALLES CALDERA FALL FIESTA**

OCTOBER 5 - 13 | 10 AM - 4 PM

Valles Caldera Fall Fiesta takes place October 5-13 in the Cabin District. Join us for special programs and events, guest speakers, and cultural demonstrators. More information coming soon.

Locals discount for all New Mexicans, all the time.



"A mind-bending, family-friendly, immersive art-meets-sci-fi installation that conjures up a bit of The X-Files with Stranger Things."

-Architectural Digest

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► RECURRING ACTIVITIES



Portrait by Kieren, age 13. Art School Santa Fe courtesy photo.

SUPPORT & COMMUNITY

BABY AND TODDLER PLAY HOUR AT MAIN LIBRARY

1030 - 11:30 AM

A free community talk circle for pregnant women and mothers. Birth Talk Los Alamos is a safe place to learn about options in pregnancy and childbirth. Hosted virtually.

DATES: Every second Saturday

BABYTIME IN LOS ALAMOS

10:15 - 11 AM

Babytime is best for ages 0 to 2 and their caregivers at Mesa Public Library. Library staff shares songs, bounces, and rhymes to help babies develop early literacy skills. The program might include scarves, bells, or rattles. It includes focused play and free play. Free admission.

DATES: Every Tuesday

BIRTH TALK LOS ALAMOS

6:30 - 8:30 PM

A free community talk circle for pregnant women and mothers.

Birth Talk Los Alamos is a safe place to learn about options in pregnancy and childbirth. Hosted virtually.

DATES: First Mondays

DAWN 'TIL DUSK DAY AT LOS LUCEROS HISTORIC SITE

SUNRISE TO SUNSET

Los Luceros Historic Site will extend its hours on the first Sunday of each month. During this time, entrance into Los Luceros is free for New Mexico residents and includes access to the site's visitor center, historic buildings, trails, and picnic areas.

DATES: First Sundays

DAWN 'TIL DUSK DAY AT CORONADO HISTORIC SITE

SUNRISE TO SUNSET

Coronado Historic Site offers extended hours from dawn until dusk on the First Sunday of each month to allow visitors an opportunity to see the site at these beautiful times of day. The early mornings are a great time to see a multitude of different birds, while the evenings offer

Pre-Kindergarten Program

(AGES 3-5)



-  NURTURING ENVIRONMENT
-  LITERACY, MUSIC & ART
-  CHRISTIAN EMPHASIS

PARENTS!

Apply NOW for funding through
NM Early Childhood Education & Care:

nmeccd.org/apply-for-services

REGISTER TODAY 505-577-5344

209 E BARCELONA RD | SANTA FE, NM 87505

unparalleled views of the Sandia Mountains glowing pink at sunset. Activities for people of all ages are available throughout the day. First Sundays are free to all New Mexico residents with ID. Regular admission of \$7 for adults for nonresidents. Children 16 and younger free.

DATES: First Sundays

DAWN 'TIL DUSK DAY AT LOS LUCEROS HISTORIC SITE

SUNRISE TO SUNSET

Los Luceros Historic Site will extend its hours on the first Sunday of each month. During this time, entrance into Los Luceros is free for New Mexico residents and includes access to the site's visitor center, historic buildings, trails, and picnic areas.

DATES: First Sundays

PADRES Y NIÑOS PREESCOLARES EN ESPAÑOL

9:30 - 10:30 AM

Jamie Thorsdon-Monroy dirige esta clase sobre la conexión entre padres e hijos que se alinea con la teoría del "Círculo de Seguridad" y brinda lecciones para apoyar el apego, la sintonía y la base del Círculo. Ideal para niños de 1 a 4 años y un(a) cuidador(a). Gratis; es necesario registrarse en lafsn.org.

DÍAS: Todos los martes (del 9 al 24 de septiembre).

PARENTS & PRESCHOOLERS

9:30 - 10:30 AM

Los Luceros Historic Site will extend its hours on the first Sunday of each month. During this time, entrance into Los Luceros is free for New Mexico residents and includes access to the site's visitor center, historic buildings, trails, and picnic areas.

DATES: Every Tuesday (From October 22 to November 19).

SANTA FE

FARMER'S MARKET

8 AM - 1 PM

Shop a great selection of fresh produce, eggs, meat, honey, bread, chile, apothecary, and much more. At our market, 100% of the vegetables, fruits, and nursery plants available are grown right here in northern New Mexico.

DATES: Every Saturday

SANTA FE FARMERS' MARKET - DEL SUR

3 - 6 PM

The Santa Fe Farmers' Market, in partnership with Presbyterian Santa Fe Medical Center, is excited to bring local growers together with families all across Santa Fe! Join us at the Santa Fe Farmers' Market - Del Sur for a fun-filled experience where you can shop for fresh, healthy food and enjoy a lively community atmosphere. It's the perfect way for parents and kids to connect

with local farmers, discover delicious produce, and make new friends while having a great time!
DATES: Every Tuesday until 9/24

**SPECIAL NEEDS/
 AUTISM SUPPORT GROUP**

6 - 7 PM
 All parents and caregivers raising children with an Autism diagnosis are welcome. This is an in-person meeting at the Los Alamos Center (1060 Nugget St, Los Alamos). Email Abbie.Nelson@lccs-nm.org with any questions about this group.
DATES: Every Tuesday

**TEEN LOUNGE AT
 LA FARGE LIBRARY**

2 - 4 PM
 A safe space for teens to decompress after school. La Farge Library has art supplies, homework tables, laptops and Wi-Fi, board games, tea, and snacks.
DATES: Every Wednesday

**THURSDAYS ARE
 YOURS AT SANTA FE
 CHILDREN'S MUSEUM**

4 - 7 PM
 Extended hours and free admission for children under 17 at the Santa Fe Children's Museum.
DATES: Every Thursday

 **SPORTS &
 MOVEMENT**

TOT TIME AT GCCC
8:15 AM - 9:30 AM
 Leisure pool for kids 4 and under. No registration needed, \$2 per person.
DATES: Every Tuesday and Thursday

 **VISUAL ARTS
 & CULTURE**

**CREATE WITH O'KEEFFE AT
 LA FARGE LIBRARY**

3:30 - 4:30 PM
 The Georgia O'Keeffe Museum and the Santa Fe Public Library



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 3 PM**

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JF Mazur Studio courtesy photo.

are proud to offer free drop-in artmaking. Perfect for kids of all ages, expand your creativity and explore your imagination with new art activities every month. All supplies provided.
DATES: Second Thursdays

**CREATE WITH O'KEEFFE AT
 SOUTHSIDE LIBRARY**

3:30 - 4:30 PM
 The Georgia O'Keeffe Museum and the Santa Fe Public Library are proud to offer free drop-in artmaking. Perfect for kids of all ages, expand your creativity and explore your imagination with new art activities every month. All supplies provided.
DATES: Third Thursdays

**CREATE WITH O'KEEFFE
 AT MAIN LIBRARY**

3:30 - 4:30 PM
 The Georgia O'Keeffe Museum and the Santa Fe Public Library are proud to offer free drop-in artmaking. Perfect for kids of all ages, expand your creativity and explore your imagination with new art activities every month. All supplies provided.
DATES: Fourth Thursdays

**FAMILY ART MAKING
 AT NEW MEXICO
 MUSEUM OF ART-
 VLADEN CONTEMPORARY**

10 AM - 12 PM
 The first Sunday of each month we invite families to join us in a fun art-making session at the new Vladem Contemporary. Explore the galleries to find inspiration and enjoy the power of creating with your loved ones and friends. Light snacks will be available. These events are free for all New Mexico residents.
DATES: First Sundays

**FINE ART FRIDAYS
 AT SANTA FE
 CHILDREN'S MUSEUM**

2 - 4 PM
 A weekly exploration into the arts with special guests and hands-on activities.
DATES: Every Friday



JF Mazur Studio courtesy photo.

**FREE FAMILY
FUN AT GEORGIA
O'KEEFFE MUSEUM**

10:30 AM - 2:30 PM
Bring the whole family to the Georgia O'Keeffe Museum for fun activities happening throughout the day including hands-on art-making, storytime, and other surprises. Families can also enjoy free access to the Museum Galleries.
DATES: Second Saturdays

**FREE FIRST SUNDAYS AT
NEW MEXICO MUSEUMS**

10 AM - 5 PM
Admission is free on the first Sunday of every month to New Mexico residents with ID to the Museum of Indian Arts and Culture, the Museum of International Folk Art, the New Mexico History Museum, and the New Mexico Museum of Art.
DATES: First Sundays

**ELEMENTS OF ART:
STORYTIME AT THE NEW
MEXICO MUSEUM OF ART**

10 - 11 AM
Children ages 3 to 5 are invited to the New Mexico Museum of Art Library to learn about a basic element of art through story, song, and craft. This program will introduce children to

concepts such as color, line, and form. This is a free program.
DATES: Every other Monday (9/9, 9/23, 10/7, 10/21, 11/4, 11/18)

**MONDAY FUNDAY: NM
APPRECIATION DISCOUNT
AT MEOW WOLF**

3 - 8 PM
Make the first day of the workweek a little less Monday and a lot more Funday with Meow Wolf's weekly New Mexico 50% off appreciation discount.
DATES: Every Monday

TODDLER CRAFT AT LAFSN

10 - 11 AM
FSN's monthly crafts are a pleasure for grown-ups and kids. Free; drop in
DATES: Third Wednesday & Following Saturday.

 **PERFORMING
ARTS**

**KIDS SING-ALONG WITH
QUEEN BEE MUSIC
9:30 - 10 AM**

Join us every Monday for joyful music and games at Queen Bee Music Association.
DATES: Every Monday

**KIDS SING-ALONG WITH
QUEEN BEE MUSIC
9:30 - 10 AM**

Join us for joyful music and games at the Railyard Park.
DATES: Every Wednesday

**KIDS SING-ALONG WITH
QUEEN BEE MUSIC
9:30 - 10 AM**

Join us for joyful music and games at Randall Davey Audubon Center.
DATES: Last Saturdays

**KIDS SING-ALONG WITH
QUEEN BEE MUSIC
9:30 - 10 AM**

Join us for joyful music and games at Reunity Resources.
DATES: First Saturdays

**MUSIC AND MOVEMENT
IN LOS ALAMOS
9:30 - 10 AM**

Musical fun for children ages 0 to 6 and their caregivers. Music and Movement (M&M) is great for brain and body development. M&M uses songs, scarves, bells, rhythm sticks, and more to count, clap, sing, jump, and wiggle together.
DATES: Tuesdays, Thursdays, & Saturdays at Mesa Public Library, Wednesdays at White Rock Library

TODDLER TUNES AT LAFSN

10:30 - 11 AM
Children and parents sing, play instruments, and dance together, while Rachel Josephson shares simple ways to engage children in music and movement. Free; drop in.
DATES: First Wednesdays

 **EDUCATION &
ENRICHMENT**

**BILINGUAL BOOKS
AND BABIES AT
LA FARGE LIBRARY**

10 - 10:30 AM
The power of music and song is used as an introduction to language in this program for babies and toddlers. Exposure to new and different language sounds in early childhood can help children with language acquisition skills as they grow.
DATES: Every Friday

**BILINGUAL BOOKS AND
BABIES AT MAIN LIBRARY
10 - 11 AM**

The power of music and song is used as an introduction to language in this program for babies and toddlers. Exposure to new and different language sounds in early childhood can help children with language acquisition skills as they grow.
DATES: Every Wednesday

**BILINGUAL BOOKS
AND BABIES AT
SOUTHSIDE LIBRARY
10 - 10:30 AM**

The power of music and song are used as an introduction to language in this program for babies and toddlers. Exposure to new and different language sounds in early childhood can help children with language acquisition skills as they grow.
DATES: Every Saturday

**CAREGIVER AND TOT
CREATIVE MOVEMENT AT
THE MAIN LIBRARY
10 - 11 AM**

This gentle introductory class for children and their caregiver utilizes a curriculum based on child development theories and discovery of dance through

play, which sparks a lifelong appreciation for movement arts.

DATES: Every first and third Saturday (starting 9/21)

FUN WITH FIREFIGHTERS AT SANTA FE CHILDREN'S MUSEUM

1 - 2 PM

Join the Santa Fe Fire Department for story time at the Santa Fe Children's Museum and then go outside to visit their fire truck. Free with admission to the museum.

DATES: First Thursdays

MANY MOTHERS' PLAY AREA

12 PM - 2 PM

Did You know Many Mothers have an indoor play area for children 0-3 years old? Monday through Thursday, 12 to 2 PM, you and your little one are invited to stop by to play, have fun, and explore indoors.

DATES: Mondays - Thursdays

ORIGAMI IN THE GARDEN - SCULPTURE GARDEN

9 AM - 1 PM

We are so excited to be open for our 2024 season with our biggest, boldest, brightest traveling exhibition to date - FLORIGAMI!! Our Cerrillos, NM sculpture garden and garden welcome gallery will be open Mon-Fri 9 am-1 pm. We hope that you will have the opportunity to visit our gardens for a very unique experience where you can explore, discover, and engage all of your senses!

DATES: Mondays - Thursdays

PAJAMA STORYTIME/ HORA DEL CUENTO EN PAJAMA AT SOUTHSIDE LIBRARY

6:30 - 7:30 PM

A social storytime where parents can receive parenting information and chat with other parents. This program is for preschool-age children and their adults. A meal is provided on the first Thursday of the month.

DATES: Every Thursday

PASEO POTTERY THROW DOWN

5 - 8 PM

The first Friday of every month, Paseo Pottery hosts a Pottery Throw Down to celebrate our local nonprofit organizations. Each month we will invite a local nonprofit and proceeds from the event are donated to them as our way of saying thanks for the important work they do in Santa Fe. There will be live pottery demos, libations, music, and a chance for newbies to try their hand at the wheel with the help of our volunteers. Grab a friend and come play in the mud with us. Cost: \$25/person.

DATES: First Fridays

PAWS AND PAGES AT LA FARGE LIBRARY

4:30 - 5:30 PM

Practice reading aloud to a friendly therapy dog from the Santa Fe Animal Shelter Pet Outreach Program. Our dogs are patient, cuddly, and love to hear stories! Reluctant readers will gain confidence and seasoned readers will enjoy practicing their read-aloud skills in a relaxed environment.

DATES: Every Monday (Except 9/2)

READ TO A PUP AT SOUTHSIDE LIBRARY

11:30 AM - 12:30 PM

Children can practice their reading skills by sharing a story with a furry friend. A local therapy dog will be here at the library eagerly waiting. This program is for early school-age children.

DATES: Every first and third Saturday

SCIENCE SATURDAYS

2 - 4 PM

Scientists and STEM instructors visit the Santa Fe Children's Museum to conduct experiments, explorations, and demonstrations. Free with admission. Presented in the Woods Family Outdoor Classroom.

DATES: Every Saturday



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STORYTIME AND CRAFT AT LA FARGE LIBRARY

10:30 - 11:30 AM

Created with early childhood teaching techniques, this story hour and craft provide social, physical, and cognitive skill practice for kindergarten readiness. This program is for preschool-age children.

DATES: Every Wednesday

STORYTIME AND CRAFT AT MAIN LIBRARY

10:30 - 11:30 AM

Created with early childhood teaching techniques, this story hour and craft provide social, physical, and cognitive skill practice for kindergarten readiness. This program is for preschool-age children.

DATES: Every Thursday

STORYTIME AND CRAFT AT SOUTHSIDE BRANCH LIBRARY

10:30 - 11:30 AM

Created with early childhood teaching techniques, this story hour and craft provide social, physical, and cognitive



JF Mazur Studio courtesy photo.

skill practice for kindergarten readiness. This program is for preschool-age children.

DATES: Every Thursday

STORYTIME AT WHITE ROCK LIBRARY

10:15 - 10:45 AM

Children ages 3 to 5 years old are invited to attend storytime at White Rock Library. Storytime is meant to teach and affirm early literacy concepts, songs, and fun with kids who can listen to a few books and are starting to put the world together in story form. Babies and older siblings are welcome, but caregivers should be aware of the program's focus.

DATES: Every Wednesday

WAGS & WORDS AT MAIN LIBRARY

6 - 7 PM

Children can practice their reading skills by sharing a story with a furry friend. This program is for early school age children. No registration required. These wonderful dogs are from the Santa Fe Animal Shelter Pet Outreach Program.

DATES: Every Tuesday

WEE WEDNESDAYS

10:30 - 11:30 PM

Santa Fe Children's Museum offers storytime for toddlers and special exploration and activities.

DATES: Every Wednesday

WHAT'S UP WEDNESDAY AT MESA PUBLIC LIBRARY

1:30 - 3 PM

Activities for elementary-age kids weekly. It might be Legos, an art project, board games, physical games, a special guest, or something else. Best for children 6 to 11 years old. Children 5 and under must have a caregiver with them.

DATES: Every Wednesday

YOUTH CHESS AT THE MAIN LIBRARY

5:45 - 7:45 PM

Youth chess is a weekly chance for school-age youth to continue to improve their critical thinking skills through the game of chess. While playing with other youth, new techniques, strategies, and tricks are introduced. This program is for youth of all ages who know the basic elements of chess and can play without aid.

DATES: Every Wednesday

NATURE

ANIMAL ENCOUNTERS AT THE NEW MEXICO WILDLIFE CENTER

11:30 AM - 12:30 PM

Meet an animal ambassador.

DATES: Tuesdays - Sundays

CAN YOU DIG IT? HANDS- ON ARCHAEOLOGY FOR FAMILIES

11 AM - 3 PM

Calling all junior explorers! Unearth the wonders of the past at the Can You Dig It? program, an exciting hands-on archaeology dig designed especially for kids and families. The program is included in regular museum admission (member families and kids 12 and under always receive free admission). New Mexico residents get free admission to the museum on Wednesdays, with a valid state ID. The program is suitable only for ages 5 and older. Parent supervision is required.

DATES:

Wednesdays: 9/11, 9/25;

Sundays: 9/1, 9/29

FIRST FRIDAY FRACTALS

8 - 9 PM, 9 - 10 PM

First Friday Fractals is the spectacular, award-winning full dome planetarium show that takes viewers on a tour of the fractals in nature and zooms through infinitely complex mathematical fractals. Featuring original music, the show is both educational and highly entertaining and suitable for audiences aged 3 and up.

DATES: First Fridays

MEET CORNELIUS THE SNAKE

1 - 2 PM

Come say hello to beloved corn snake Cornelius and watch him eat his weekly dinner at the Santa Fe Children's Museum. Please be aware that Cornelius will not be able to come out when he is shedding or not feeling well.

DATES: Every Thursday

NATURE PLAYTIME

10 - 11 AM

Start the week off by playing outside at the Pajarito Environmental Education Center. An opportunity for toddlers, preschoolers, and their caregivers to explore the nature center and explore the natural world. Each playtime features outdoor play, sensory exploration, and activities focused on a theme in nature. Dress for the weather, we will be outside year-round. Admission is free.

DATES: Every Monday

SEEDS AND SPROUTS BACKYARD PROGRAM

10:30 - 11:30 AM

Hands-on gardening and nature-themed craft projects in the Earthworks Garden (weather permitting) at the Santa Fe Children's Museum.

DATES: Every Thursday

ENTERTAINMENT

ANIME CLUB

5:30 - 7:30 PM

Anime Club is for anyone in grades 7 to 12. This chill program provides snacks and a comfortable place with friendly people to watch two hours of anime at the Zone at Mesa Public Library. Anime may be rated TV-14/PG-13. Art and freebies.

DATES: Second Thursdays

RANDOM FANDOM

6 - 7 PM

Hang out time for youths in grades 7 to 12 to make stuff, play games, eat, and talk. Held at the Zone at Mesa Public Library.

DATES: Fourth Thursdays

THROWBACK MOVIE NIGHT AT LA FARGE LIBRARY

5:30 - 7:30 PM

Join us for our monthly Throwback Movie Night at La Farge Library for a free movie screening.

DATES: Third Thursdays



An illustration of a girl with an adorable fox by Sarah, age 10. Art School Santa Fe courtesy photo.



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Our acre-plus outdoor playscape is open Wednesdays – Saturday (10 am – 6 pm)
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